WHITE TIGER MARTIAL ARTS

2nd Dan 3rd Gup Black Belt

Techniques:
• Form
• Kicking
• Self-Defense
• Nun-chucks

Knowledge: The Korean Flag Part 2

The four trigrams at the corners (called “Kwe” in Korean) also represent the concept of opposites and balance. The trigrams are heaven (upper left) and at the other corner earth (lower left), water (upper right) and at the other corner fire (lower right). Looking at symbols of the trigrams, you can see that they are opposites as well. Three unbroken bars (heaven) vs three broken bars earth.

Counting Numbers:
61. Yukship eel 62. Yukship Ee 63. Yukship Sam 64. Yukship Sah
69. Yukship Ku 70. Chil Ship

Home Rules: Age 13 & under