



THE DANCE LOFT
STUDIO B SCHEDULE 2025-2026
AUGUST 18, 2025-JUNE 16, 2026

DAY	CLASS	TIME	AGE	INSTRUCTOR
Monday	Lyrical/Jazz	4:15-5:00p	7-9 Years	CVG
Monday	Beginning Hip Hop	5:00-5:30p	7-9 Years	BD
Monday	Hip Hop Companies - Follow DC Calendar	5:30-6:00p	DC	BD
Monday	Conditioning, Theraband & Blocks	6:00-6:45p	Open Age	HS
Monday	*NEW CLASS* Beg/Int Lyrical/Jazz	6:45-7:30p	9-12 Years	HS
Tuesday	Ballet 1	4:30-5:15p	6-8 Years	JC
Tuesday	Jazz	5:15-6:00p	6-8 Years	JC
Tuesday	Mini Hip Hop	6:00-6:30p	5-7 Years	JC
Tuesday	*NEW CLASS* Move & Groove	6:30-7:00p	3-5 Years	JC
Tuesday	Ballet I/II	7:00-7:45p	9-11 Years	JC
Wednesday	Tiny Ballerina	4:45-5:15p	3-4 Years	JC
Wednesday	Ballet/Jazz Combo	5:15-6:00p	5-7 Years	JC
Wednesday	Pre Pointe/Ankle Strengthening	6:00-6:30p	Teacher Approval	JC
Wednesday	Turning Balance & Leg Strengthening	6:45-7:15p	9 & Up	JC
Wednesday	Beg/Int Hip Hop/Jazz	7:15-8:00p	9 & Up	JC
Thursday	Beginning Tap	4:45-5:15p	7-9 Years	MGM
Thursday	Intermediate Tap	5:15-6:00p	Open Age	MGM
Thursday	Musical Theater	6:00-6:30p	7-9 Years	MGM
Thursday	Adult Hip Hop Cardio	6:30-7:15p	18 & Up	MGM
Thursday	Musical Theater	7:15-8:00p	10 & Up	MGM

MUST HAVE 4 STUDENTS ENROLLED FOR A CLASS TO REMAIN OPEN

INSTRUCTORS:

Cate Van Gorp – CVG

Brielle DeSimone – BD

Haley Shike – HS

Jenn Conidi – JC

Mary Grace Martens - MGM