



57th Annual Institute on Addiction Studies

Who Should Attend:

Addiction Workers

Problem Gambling
Prevention Workers

Substance Abuse
Prevention Workers

Medical & Health Care
Professionals

Police, Fire, EMS &
Corrections Workers

Employee Assistance
Providers

First Nations Support
Workers

Social Workers

Educators

Clergy & Spiritual
Counsellors

Human Resource
Professionals

*57 years of Personal and
Professional Development*

July 10th - July 14th, 2016
Kempenfelt Conference Centre
Barrie, Ontario, Canada

Offering full day
courses and a special 2
day certification course
back by demand

Addiction Studies Forum Inc.
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Virgil, Ontario L0S 1T0
1-866-278-3568 (toll free)
info@addictionstudies.ca
www.addictionstudies.ca



Proudly Canadian



Welcome to the 57th Annual Institute on Addiction Studies.

I will always maintain and insist, that our event provides the value of face to face human interaction and networking that online courses, webinars and distance learning, simply cannot replicate. Nestled in the beautiful surroundings of Kempenfelt Bay, the Kempenfelt Conference Centre has been our favoured venue of choice. Over the years, this location continues to exceed our requirements that we believe cannot be offered at any other facility. With modern conference amenities, excellent food and accommodations, we still manage to provide a premium conference at an affordable price.

Our Planning Committee works all year around to ensure that we continue to provide a learning experience that combines quality education, self-care and networking opportunities amongst colleagues and other professionals who are working in the field of addiction and mental health. Whether you are attending for the first time, or you are a returning delegate, I am confident you will not be disappointed.

Welcome and enjoy.

Tom Gabriel, President
Addiction Studies Forum Inc.

Keynote Address

Sunday, July 10th - 7:00 pm



Patrick Smith PhD

"The Passion for Helping: The Plus's, the Practicalities, and Potential Pitfalls"

Just about everyone who does front-line work as an addiction counselor is driven, at least in part, by passion for their work.

Many people who take up this line of work do it to give back. They've had their own struggles with the horrors of addiction and they've embraced the beauty of recovery and they want to help others. Like in any line of work, passion can help fuel the process and turn what to others would be a job into more of a mission or personal calling. This session will focus on the many positive aspects that passion can bring to working in the field of addictions and will also explore the many pitfalls that can be associated with passion. The session will attempt to leverage the experiences of those in the room to explore the ways in which our passion can get the best of us and actually, at times, get in the way of doing good work. We will explore how passion, not properly channeled, can lead to negative consequences such as blurring of boundaries, burnout, and poor judgment. Issues of vicarious trauma, often experienced by front-line workers in addictions, and the need to focus on self-care will also be explored.

Dr. Patrick Smith is the new National CEO of the Canadian Mental Health Association. Previously, Patrick served as CEO of Renascent, Canada's leading abstinence-based residential addictions treatment provider. He also previously served as the Vice President, Research, Networks and Academic Development at the BC Mental Health and Addictions Services of the Provincial Health Services Authority in British Columbia and was founding Head of UBC's Addiction Psychiatry Program. Prior to that, Patrick served as the Vice President of Clinical Programs at the Centre for Addiction and Mental Health (CAMH) and was Head of the Addiction Psychiatry Division for the University of Toronto. As a clinical psychologist focusing on addictions, he received his PhD from the University of Nebraska and internship and NIDA postdoctoral fellowship at the Yale University School of Medicine. He was a Fulbright Scholar at the University of Canterbury in Christchurch, New Zealand. A founding member of the Canadian Executive Council on Addictions, Dr. Smith represented Canada as a delegate to the United Nations Committee on Narcotic Drugs (UN-CND) in both 2004 and 2009 and co-chaired the development of Canada's National Addictions Treatment Strategy. In addition to his clinical and research background, his primary focus has been in health leadership and health systems planning and development.

Course Ratings

-  **Level 1 - Entry Level**
Entry level courses for those who have little or limited experience in the addictions or helping field.
-  **Level 2 - Intermediate**
Entry level to advanced. For those with some experience or knowledge in the addictions or helping field.
-  **Level 3 - Advanced**
For those with substantial experience in the addictions or helping field. Some material is at the clinical level of learning and is suitable for those with post secondary to university level education.

NOTE: Ratings are determined on course content and the course presenters input. Addiction Studies Forum Inc. reserves the right to make the final determination of a course rating level.



All courses and presentations have been pre-approved for Continuing Educational Units (CEUs) by the Canadian Addiction Counsellors Certification Federation.

Plenary Address

Thursday, July 14th - 9:00 am



Ralph Wolf Thistle "A Journey of Hope and Recovery"

After several traumatic events as a Toronto Police officer and being diagnosed with PTSD, Alcoholism and Depression, Ralph Wolf Thistle found himself alone without his family and friends. Ralph eventually spiraled out of control and quit policing one week before he was eligible to retire. This led him down a path that resulted in him being arrested several times under the Mental Health Act and homeless. After many years of failed attempts in treatment centers, he moved to British Columbia where he planned to commit suicide. This plan failed as he was arrested and taken to a mental health facility and eventually incarcerated in jail. In his presentation, Ralph will focus on his journey of hope and recovery that brought him to where he is today. He will speak on how volunteering with the homeless and reconnecting with his Metis and First Nations traditions, was the key in assisting him recover and manage his PTSD, Addiction and Mental illness. Combined with participating in Alcoholics Anonymous and practicing the concept of living "one day at a time", he now

lives a healthy lifestyle and enjoys life. Ralph will also speak on the topic of missing and murdered indigenous people from a personal view, as he shares his family's immeasurable loss of his older brother who was reported missing 37 years ago. His brother's missing case then took a turn as the police discovered evidence that his brother was actually murdered. To this day, his brother has never been found and the case remains unsolved.

Ralph Wolf Thistle is a former 30 year veteran of the Toronto Police Service. During his career as a front line police officer, he served in many units that included uniform policing and at one time as a investigator in the Homicide Squad. He is presently enrolled at McMaster University (Addictions Program) and is presently employed as a support worker at Hope Place Centers for Addiction (Halton Hills Recovery House for men). He continues in his quest to assist front-line responders and others who are currently suffering from concurrent disorders. Ralph has made numerous media appearances, presents regularly about his experiences and promotes health and wellness in the community in order to help others. Ralph remains connected within the aboriginal community and is particularly proud of being presented with the Eagle Feather by a Native Elder. He carries the Eagle Feather with pride and is proud of his Native roots. Ralph's recovery continues to grow as he has been reunited with his daughters and friends who are back in his life.

SEMINARS . . .

SUNDAY, JULY 10th - 1:30pm - 4:30pm

CHOOSE **ONE** of the following . . .

A1

The 12 Steps to Organizational Trauma Management

Sylvio (Syd) A Gravel, M.O.M.

During his presentation, Syd will share an overview of examples and experiences of the many best practices that exist in Canada on the implementation of trauma management in First Responder Environments. The 12 Steps to Organizational Trauma Management includes establishing the driving force, preparedness, training, anti-stigma campaigns, communications strategies, development of mental health teams, family support plans and peer team development, selection training and management. Syd will lead the participants in an exercise for decision making and planning process.

Syd Gravel is a former Staff Sergeant from the Ottawa Police Service, with 31 years' experience. He is one of the founding fathers of Robin's Blue Circle, a post-shooting trauma team of peers, first established in 1988. Syd is an over 28 year PTSD survivor and has been a peer supporter since 1988. In 2007, he was nominated and inducted by his peers and the Canadian Association of Chiefs of Police, for the Order of Merit in Policing, Canada. Since his retirement, he has devoted all his time and energy to addressing the development of resilience and resistance to trauma and peer support within the emergency and enforcement environments, including the writing of his two books, "56 Seconds" and "How to Survive PTSD and Build Peer Support" available at www.56secondsbook.com. Syd is a Team Lead for the Peer and Trauma Support Systems Team for the Mood Disorders Society of Canada; the senior advisor for Badge of Life Canada; and the course developer on Organizational Structure and Stigma Reduction for the First Responders Trauma Prevention and Recovery Certification at Simon Fraser University.

2

A2

Positive Psychology: The Science of Happiness

Angela Rolleman MSW, RSW

Positive psychology (dubbed "the science of happiness") is the scientific study of optimal human functioning and the conditions that lead to this. While traditional psychology has focused on discovering the causes and effective treatments of mental illness, and has made great advances to this end, positive psychology posits that we can do more. Angela will explain the fundamental concepts of positive psychology and how practitioners can use these evidence-based interventions to help clients not only move past depression but to find happiness and fulfillment.

Angela Rolleman is a registered social worker, speaker & trainer. Currently, she is an instructor for the Wilfrid Laurier University Faculty of Social Work Professional Development Program; she has her own business providing on-site training workshops for organizations as well as personal development workshops for individuals; and she works part-time as a social worker at the Family Health Team in Woodstock. Angela has been a speaker at several conferences on topics including addiction, Motivational Interviewing, self-esteem, overcoming limiting beliefs, and positive psychology. Recently, Angela has been offering "Happiness: 101" groups for clients, based on the principles of positive psychology.

2

A3

The Medicine Wheel and Counselling Styles

Barb Robinson B.Ed., B.M.Sc., ICADC, LSC

Counselling and counselling styles have existed since ancient times. However, labeling the styles and discovering the potential and nature of the skills keeps evolving over time with new names. In this session, you will be introduced to the elements of and hear how the tradition of counselling has been taught through the use of the medicine wheel including the significance of the medicine wheel and how it relates to addictions counselling, counselling styles and developing counselling style potentials. Using a First Nation traditional approach, you will be able to identify your counselling style, counselling strengths and weaknesses and what you need to further develop your counselling potentials using an ancient aboriginal technique. Where we start on the wheel helps us understand what natural counselling skills we have and gives us direction as to where to continue on the wheel to further develop our potentials.

Barb Robinson is the Program Head/Instructor at the Saskatchewan Polytechnic Addictions Counselling Program. By blending the traditional teachings and formal training, Barb has been actively involved in developing and delivering training for addictions professionals, community developers, group facilitation and community and addictions counselling for over 30 years. Besides being the current program head and instructor for the Addictions Counselling Program, Barb was instrumental in designing and delivering the first First Nations on-line training program for the front line Mental Health and Addictions Worker program integrating mental health, addictions and First Nations philosophy including the role of traditional medicine in assessment and recovery into an entire program. Barb is a Board Member for the Canadian Addiction Counsellors Certification Federation (CACCF), co-chair of the CACCF Curricula review committee, an item writer for international and Canadian certification examinations and specializes in developing addictions certification/leadership standards blending traditional First Nations philosophy and techniques with non-native techniques.

1

AA & NA meetings

(Sunday Night)

Discussion Groups

Daily Networking

Silent Auction

Evening Activities

Special Film

Presentation

(Tuesday Night)



Seminars Special Evening Session 7:00 PM - 9:30 PM

Monday, July 11 . . . Choose **one** full day session or **two** half day sessions

B1 (full day session) 

Clinical Implications in Living in a Digital World
Shawn Rumble BA, B.Ed, MES, CPGC, CCAC
Chelsea Romualdi BA, MA

This presentation will offer an overview of Gambling and Internet Gaming Disorder as found in Section III of the DSM V. It will highlight best practices, clinical tools, initiatives, and provide access to an emerging community of practice. The presenters will demonstrate the link and cross-cutting factors that contribute to both gambling and internet/gaming dependency, mainly among youth and emerging adults. Wearable technology and virtual reality consoles are emerging as the latest must-have items, giving way to a number of questions regarding their safety, use, and motivating mechanisms. Due to the fact that the use of technology is not only normalized, but is required in daily life, finding a balance is proving difficult for many individuals. As technology evolves at an exponential rate, harm reduction strategies will be discussed to better regulate their use.

Shawn Rumble is a certified Behavioural and Chemical Addictions Therapist and Trainer with specialization in Internet and Video Game Dependencies. He has been instrumental in the creation of two Outpatient and one Residential Treatment Program for Internet and Video Game Dependencies within Southwestern Ontario, advancing best practices through resource sharing, and aiding with the development of Soul Crush Story as well as the companion Facilitator's Manual. Shawn is currently a Program Coordinator at Withdrawal Management Services and Program Consultant to Problem Gambling Services at Hôtel-Dieu Grace Healthcare in Windsor, Ontario, Canada.

Chelsea Romualdi is a former Youth Outreach Worker for the YMCA's Youth Gambling Awareness Program. She currently serves as a Gambling Counsellor at Problem Gambling Services at Hôtel-Dieu Grace Healthcare in Windsor, Ontario, Canada. Having graduated from Wilfrid Laurier University with her M.A. in Medical Sociology, her area of research focused on the social determinants of health and risk society. Chelsea is currently contributing to program development aimed at treating youth and emerging adults with problem gambling/video game/internet use at Problem Gambling Services.

B2 (morning session) 

Build Resiliency to Fight Stress Induced Addiction
Brad Coulbeck CTSS

Stress can aggravate and intensify addictive behaviour. Acute stress can cause a person to relapse. Past trauma can cause moral injuries that leave victims with a desire to escape, and the easiest way is a drug of choice. Chronic stress is behind many five o'clock martinis. By giving people tools to build their resilience and cope with stress, it has the secondary effect of reducing the need to use drugs and alcohol as a coping mechanism. This session will teach specific factors that help increase resilience. These "resiliency factors" are research based and proven to help people bounce back from traumatic stress and also resist day-to-day chronic stressors. The workshop will include a formula for applying resiliency factors when experiencing stress. There will be tools such as breathing exercises, visualization exercises, and mindfulness that can be used to put space between desire and response.

Brad Coulbeck is a Certified Trauma Services Specialist (CTSS) through the Association of Traumatic Stress Specialists. In his career, he is the Detachment Commander for the Ontario Provincial Police in Chatham Ontario. Brad is trained in Critical Incident Stress Management and is a certified Hypnotherapist. He is the Vice-President of the Board of Directors of Chatham Kent Victim Services. Brad is also Vice-President of the Board of Directors of the Association of Traumatic Stress Specialists. Brad is passionate about resiliency and speaks and blogs about the topic.

B3 (morning session) 

Vicarious Trauma and Compassion Fatigue
K. Paul MacKenzie CADC, CTR, CTSS

Compassion Fatigue and Vicarious Trauma have become too common consequences of working in the helping field. This interactive workshop will look at both Compassion Fatigue and Vicarious Trauma, understanding the concepts of both and the signs and symptoms of both as well as the differences between them. Topics will also include strategies to prevent Compassion Fatigue and Vicarious Trauma, identify triggers/vulnerabilities and ways to cope with Compassion Fatigue and Vicarious Trauma.

K. Paul MacKenzie of the Mi'kmaq First Nation, Warrior of the Wolf Clan, is a former Halifax Regional Police Officer (Rtd), having served in Patrol Division, Mounted Division and as the Employee and Family Assistance Program Coordinator. Paul is presently the Firefighters and Family Assistance Program Manager for the Halifax Regional Fire and Emergency. Paul has also worked with the Native Community in the Maritimes as the liaison officer between the Regional Police and the Native Community. He continues to work with the Native Community across Canada. He has served on the Atlantic First Nations Task Force on HIV/AIDS, former healing consultant for Teachings of the Sweet Grass Braid Society (survivors of residential school), a facilitator of the teachings of the Medicine Wheel and an associate counselor for the Eagles' Nest Recovery House. Paul is the former Director of the Spirit of the Eagles' Feather Society. Paul is a past member of the Board of Directors for the Canadian Traumatic Stress Network. He is currently a member in good standing with the International Critical Incident Stress Foundation, the Association of Traumatic Stress Specialists, the Canadian Association of Suicide Prevention, the Suicide Information & Education Centre, the former Nova Scotia EAP Association (Past President) and recently served as the Atlantic Regional Director on the National Board of Directors for MADD Canada. He is presently serving as a Peer Support Special Advisor with the Mood Disorders of Canada Board.

B4 (morning session) 

Addiction, the Disease of Isolation - Modern Society Helping or Hurting
Robert E. McArthur RSW, CCAC, ICADC
David Earls

The purpose of this workshop is to explore how isolation is one of the primary causes of stifled growth in addiction recovery. We will use science and researched methodology to support this premise. In modern society, where we are connected by so much technology, yet we are lonelier than ever. Looking at our bias and preconceived ideas that influence our treatment modalities.

Robert E. McArthur comes with over 25 years experience in the addiction and mental health field and over 27 years of personal recovery. He is a graduate of Loyalist College as a Social Service Worker and went on to receive diplomas from McMaster University in Addictions Studies and Addictions Careworker. He is a registered Internationally Certified Alcohol & Drug Counsellor, certified by the Canadian Addiction Counsellors Certification Federation. He is also a member in good standing of the Ontario Social Workers and Social Services Workers. He has experience working in outpatient, in-patient, youth, severe mental health, individual and group. He is presently in private Practice in Kitchener, Ontario.

David Earls currently works in the Mental Health Addiction Program at Grand River Hospital and is a student at Fanshawe College. Dave has seven years of experience in addiction and mental health and is currently the union representative for Unifor Local 1106.

B5 (afternoon session) 

Transgenerational Dynamics in Addictions and Concurrent Disorders: Learning from Aboriginal Children and Residential School Survivors
Dennis Kimberley BA, MSW, PhD, RSW

In 1969, a Canadian launched the children of alcoholics movement by giving a strong voice to children of alcoholics. While much has been written about transgenerational impacts of addictions, recent scholarship considering the relationship among complex trauma, vicarious trauma, and "Indian" residential school syndrome, permits us to better understand: transgenerational biopsychosocial dynamics in addictions; complex trauma and compounding vicarious trauma; and implications for assessment and treatment which respects complexity. This workshop examines the need for all cultures to learn from the transgenerational impacts on aboriginal children, as children and as adults, to inform our broader understanding of COA and ACOA dynamics faced: in life as lived by vulnerable persons; psychosocial intervention in assessing for clinical significance; as influenced by supportive treatment; and in applying active therapies. The dynamic interplay between here-and-now foci, and social-contextual history, foci will be addressed as they relate to individuals, couples, groups and families.

Dr. Kimberley has been involved in addictions practice as a therapist, supervisor, educator, consultant, scholar, and professional-expert witness since 1966. He has 45 years experience and over 40,000 hours of clinical experience. As a former psychiatric social worker, and Director with the Addiction Research Foundation, Dennis promoted integrated intervention with clients experiencing sexual exploitation interacting with substance abuse as part of his interest in concurrent disorders and complex trauma in addictions. His experience resulted in him being appointed to Canadian expert panels and training activities on concurrent disorders (1990's). Dennis' work with sex abuse victims and sex offenders (1980's), led him to become a leader in promoting treatment of sex addictions (1990's). As well, Dennis has had a longstanding interest in transgenerational addictions and transgenerational developmental impacts. Among his current projects is the impact of complex trauma on addictions and mental health issues, associated with transgenerational survivors of unjust "Indian" residential schools placements. He has presented, offered training and has written numerous chapters and articles, nationally and internationally.

B6 (afternoon session) 

Personality Dimensions
Liana Sullivan M. Sc., ICADC

Personality Dimensions® is the latest evolution in presenting Personality Temperament Theory. It builds on research conducted in Canada for over two decades, and the foundations established by the work of Carl Jung, David Keirse, Linda Berens, as well as a history of Temperament that spans 25 centuries. The Personality Dimensions® system utilizes a convenient card sort and short questionnaire to reveal your temperament preference. In addition to being the first Temperament assessment to incorporate the Introversion/Extraversion dichotomy, Personality Dimensions also uses four colours along with short descriptors and symbols to represent the Temperament preferences: Inquiring Green™, Organized Gold™, Authentic Blue™, Resourceful Orange™. These combined aspects create a common language of understanding of yourself and others. (Career Life skills web page) This will be an interactive workshop that will engage the participants and provide them with knowledge in expressing themselves, appreciating themselves and others, supporting and encouraging others, and influencing others in a positive way.

Liana Sullivan has a Master's degree in Psychology, and has been working in the addiction and mental health field for over 20 years. She currently works as Lead Case Manager of the Renfrew County ASH Program and teaches part time at Algonquin College, Pembroke Campus, in the SSW program. Liana was first introduced to the idea of personality temperaments at the Concerns Canada conference in 1995, then received her certification shortly after and has used this model with clients since.

B7 (afternoon session) 

Practical tips from Addiction Psychiatry
Beth Reade MD, FRCPC

Individuals who have an addiction plus a co-occurring mental illness face a worse prognosis and often require additional help in their recovery. This workshop will: review the principles of assessing and managing co-occurring psychiatric symptoms, demystify psychiatric medications and teach and practice useful clinical skills.

Dr. Elizabeth Reade is a Psychiatrist and Medical Director, Return to Work Services at Homewood Health Inc., in Guelph ON. Dr. Reade also serves as the medical consultant to Homewood's Out-patient Clinics nationwide and as medical consultant to the Admitting Department at Homewood Health Centre. Dr. Reade has spent more than 20 years providing medical care in various capacities at Homewood Health Centre, including treating depression and anxiety, addiction and chronic mental illnesses. Dr. Reade has also worked as a consulting psychiatrist at the University of Guelph and at the University of Waterloo. She is an Associate Professor of Psychiatry at McMaster University. Dr. Reade has published and presented numerous papers at national medical conferences. A graduate in Medicine from University of Toronto in 1982, Dr. Reade initially trained in Family Medicine in Ottawa ON. She completed her psychiatry residence at the University of Calgary, Alberta. Dr. Reade is a Fellow of the Royal College of Physicians and Surgeons of Canada in Psychiatry. Dr. Reade is a member of the Canadian Medical Association, Ontario Medical Association, Canadian Psychiatric Association and Ontario Psychiatric Association. She is involved in public speaking on mental health issues for cable television, CBC documentaries and local agencies. Dr. Reade is an exceptional advocate of mental health and an invaluable asset to Homewood Health Centre.

B8 (7:00 PM - 9:30 PM) 

S.C.A.R. of the Feather Healing Through Song
Corene Cheeseman CAG II, CGC, SSW
H. Neil Monague

S.C.A.R. (Spirit, Culture, Attitude, Responsibilities) is a workshop that includes information on the losses and changes experienced by Native Nations since the arrival of other Non-Native Nations. Topics will include residential schools and the changes that have occurred to the various Nations over 500 years. This interactive workshop will also engage participants in a journey of healing through native song. This is an excellent opportunity to gain the cultural knowledge and background of Native Nations when working with native clients who are suffering from addiction.

H. Neil Monague is of the Beausoleil First Nation and has been on a spiritual journey for 25 years in which he has gathered much of his traditional teachings from his teachers and surroundings. Dealing with his own spirit has given him the opportunity to embark on a road in helping others to strengthen their own spirit by way of song, drum, and smudge. H. Neil also works in the aboriginal community as an alcohol and drug counsellor.

Corene Cheeseman of the Mohawk Nation, Turtle Clan was born and raised on Six Nations in a family of 10 children. A college graduate and Certified Addictions Counsellor, Corene's background has been in the addictions field for the last 20 years. She presently is an Aboriginal Alcohol and Drug worker at the Hamilton Regional Indian Centre in Ontario.

Tuesday, July 12 . . . Choose **one** full day session or **two** half day sessions

C1 (1st day of a 2 day session) **2** **Acupuncture Detoxification Specialist Certification** **Brian Irving CACII, CYC, ADSRt**

The National Acupuncture Detoxification Association (NADA) protocol is a non-verbal treatment approach that involves the gentle placement of five sterile, disposable needles into designated acupoints on the ears. This unique approach to treatment has shown to be clinically effective, cost-efficient and compatible cross-culturally. In clinical studies, NADA acupuncture has demonstrated numerous benefits including reduced cravings for substances and addictive behaviours, minimized withdrawal symptoms, increased ability to sleep, decrease in agitation, improved client retention rates, and as an aid in the development of therapeutic relationships. During this intensive two day course, participants will receive education regarding the role of acupuncture and other holistic approaches in treatment, the development and maintenance of effective NADA based programs and proper needle handling techniques. Participants will also gain practical, hands on experience providing treatments, in order to develop competency in delivering services.

NOTE: This 2 day certificate course must be taken in its entirety to receive a certificate.

Brian Irving is a Certified Addictions Counsellor, Certified Child and Youth Counsellor and a Registered Trainer for the National Acupuncture Detoxification Association (NADA). He has over 15 years experience in mental health and addictions, working in a variety of settings, including the youth criminal justice system, community treatment agencies and hospital based inpatient and outpatient treatment programs. He is currently employed at Royal Victoria Hospital as a Counsellor and Addictions Specialist where he has developed and maintains a NADA program for patients and staff. He currently serves on the Board of Directors for NADA and maintains a private practice.

C2 (morning session) **3** **Sexual Exploitation and Substance Use and Abuse: Paradoxes of Strengths and Resilience** **Dennis Kimberley BA, MSW, PhD, RSW**

The link between sexual exploitation and addictions has been a repeated theme in novels, movies, documentaries and in addictions treatment. This workshop examines various forms and paths of sexual exploitation throughout the life-cycle (e.g. sex abuse; pornographic identities; sex trade; drug exchange for sexual favours; sex trafficking; sexting) and associated interactions among various biopsychosocial dimensions: psychosocial neurological; biochemical; biomedical; biophysical; affect and emotional expression; cognitive ability and expression; behaviour and action patterns; motivational patterns and paths; biopsychosocial development; sexual development and sexual functioning; attachment-bond and interpersonal relationships; existential-spiritual connections; social-situational context; identity formation and self-stability. The clinical significance of the distinction between sexualization and eroticization will be explored. Within this context the paradoxes of strengths and resilience thinking, and the limits of CBT, in addressing the interaction of sexual exploitation and addictions, will also be addressed.

Dr. Kimberley has been involved in addictions practice as a therapist, supervisor, educator, consultant, scholar, and professional-expert witness since 1966. He has 45 years experience and over 40,000 hours of clinical experience. As a former psychiatric social worker, and Director with the Addiction Research Foundation, Dennis promoted integrated intervention with clients experiencing sexual exploitation interacting with substance abuse as part of his interest in concurrent disorders and complex trauma in addictions. His experience resulted in him being appointed to Canadian expert panels and training activities on concurrent disorders (1990's). Dennis' work with sex abuse victims and sex offenders (1980's), led him to become a leader in promoting treatment of sex addictions (1990's). As well, Dennis has had a longstanding interest in transgenerational addictions and transgenerational developmental impacts. Among his current projects is

the impact of complex trauma on addictions and mental health issues, associated with transgenerational survivors of unjust "Indian" residential schools placements. He has presented, offered training and has written numerous chapters and articles, nationally and internationally.

C3 (morning session) **1** **The Essence of Addiction Counselling: Essential Skills of an Addiction Counsellor** **Jefferson Ribout BA CRM, ACW, ICADC, CCAC**

In this interactive presentation and workshop, we will take an in depth look at the vocation of addiction counselling and the skills and traits it takes to best serve our clients. We will go beyond the exploration of fundamental skills and explore the essence of the complex work we do by discussing concepts such as compassionate curiosity and empathy. We will explore the traditional approaches and changes or trends that are happening in our field as well as the evolution of our field. We will also look at ethics, morality and professionalism as the backbone of what we do as clinicians.

Jefferson Ribout is the Director of Addiction Services at Helix Healthcare Group, a treatment centre specializing in addictions, trauma, and mental health. He is a certified addictions counselor with a bachelors degree in Criminology from the University of Ottawa and an Addiction Care-worker Diploma from McMaster University. Jefferson has been working in the field of addictions for over 6 years and is an Internationally Certified Alcohol and Drug Counsellor as well as a Canadian Certified Addiction Counsellor. He specializes in assessment, counselling and case management. His philosophy is humanistic and his approach is client-centred, holistic and solution focused.

C4 (morning session) **1** **PAWSitive Reflections: How the Work of a Therapy Dog Can Support a Trauma- Informed Approach to Health** **Colleen Anne Dell PhD**

This workshop will start with the insights of a therapy dog handler about her dog's interactions with prisoners and others with mental health and addictions concerns and their work together to support a trauma-informed approach. SAMHSA's principles will be used as a lens to share what the therapy dog appears to offer to facilitate individuals' emotional regulation, relational connection and healing. For the dog, the six SAMHSA principles – safety, trustworthiness and transparency, peer support, collaboration and mutuality, empowerment voice and choice, and cultural historical and gender issues – seem to be instinctive and effortless in her interactions. This workshop will incorporate interactive learning opportunities where the participants can share their own wellness-related experiences with animals in their own lives and with clients.

Colleen Anne Dell is Professor and Research Chair in Substance Abuse at the University of Saskatchewan in the Department of Sociology and School of Public Health. She is also a Senior Research Associate with the Canadian Centre on Substance Abuse. Her research program is grounded in an empowering, community-based participatory approach and is specific focusses on healing from addictions. Her research draws upon her front-line work experience in the field. She has been working and researching alongside her three St. John Ambulance Therapy Dogs for the past 3 years in a variety of addiction treatment, university and criminal justice institutions.

Special Film Presentation
Tuesday Night
"The Golden Boy"
**See addictionstudies.ca for
further details.**

C5 (afternoon session) **2** **Using Tools that Harness the Biological Phenomenon of Intentionality** **Matt Hayes MS, MSW, RSW** **Clinton Thomas BA**

What is intentionality? Why is it seen as essential to a good therapeutic experience? And what of the clients intentions? This presentation will explore the neuro-biology behind the role of intentionality in the change process, how conscious attention accelerates neuroplasticity. Tools will be presented to harness this biological imperative, through the co-creation of intentions for therapeutic activities with clients which increase mindfulness of their historical behaviour patterns and impel the client to change. We will demonstrate how these tools are used at the Shunda Creek, a 90 Day Addiction Treatment program to accelerate change for clients on 1-5 day wilderness and adventure therapy experiences.

Matt Hayes has over 10 years experience working therapeutically with groups in the wilderness, and 8 years experience in Addiction Treatment. He has completed the Adventure Therapy Dual Masters in Social Work and Outdoor Education program at the University of New Hampshire. He is presently working as Program Therapist at Enviro - Shunda Creek Addiction Centre for men aged 18-24 in Alberta, Canada.

Clinton Thomas graduated from the University of Waterloo in the spring of 2006 and seemingly found his niche in therapeutic wilderness programming, spending 3 years in Ontario working with youth dealing with addiction at the Pine River Institute in various capacities ranging from supervisory to a role as a wilderness field instructor. Since the fall of 2009 though, he has worked for the Enviro Wilderness School in Alberta mainly at the Shunda Creek program, specializing in wilderness therapy and treatment for men aged 18-24.

C6 (afternoon session) **2** **Navigating the System and building Allies - How to Assist People with Limited Resources** **Sarah Collins RSW** **Daina Hodgson RSW**

This session will speak to and engage service providers/ participants around how to assist people with limited resources. Our aim is to address how to assist the clients we serve in an ever changing system that can sometimes feel hopeless and hard to manage. We will provide strategies around knowing your community and building networking systems to assist when you are feeling at a loss. It is okay to not have all the answers and information, but knowing where to get the information and who to ask for answers is an important skill. We will look at ways to help in navigating the systems in such areas as: finance, health care (including physical health, psychiatry and counselling), addictions, homeless services, etc. We will look at breaking down complex situations in order to keep things simple, manageable and attainable. We will speak to resiliency and where we can go as clinicians when we are feeling overwhelmed, to mitigate the effects of burn out and maintain personal health and boundaries necessary to achieve in our day to day adventures. Learning Goals and Objectives:

- Learning how to access the necessary resources to meet clients' goals
- Prioritizing and keeping it simple while focusing on our scope of practice
- Creating and nurturing our personal and professional networks

Sarah Collins holds a diploma in Social Service Work from Seneca College and graduated as Valedictorian in 2006. Sarah has been working at Toronto North Support Services for 10 years in various programs including Street Outreach, Follow Up, Mental Health and Justice Program, Coordinated Access to Care from Hospital (CATCH- Homeless Program) and is currently the Team Lead and Case Manager for the Multi-Disciplinary Access to Care and Housing Program (MATCH). Sarah has played an active role in creating the MATCH Program and is

dedicated to providing solid leadership through strong case management, advocacy and understanding of populations which often get over looked. Sarah has significant training and experience in addictions and substance use, complex mental health, homelessness issues and housing, Critical Time Intervention as well as working with a very diverse population on the path to recovery. Sarah has been trained to facilitate DBT Model Skills Groups through the BPD Clinic at CAMH in 2015 and is committed to ongoing professional development and learning.

Daina Hodgson is a Registered Social Service Worker and a graduate of George Brown College. Daina has been practicing for 14 years in the field and currently works for Toronto Public Health as a Needle Exchange Counsellor. Daina has extensive experience from such employment roles and personal experience as an Ontario Works Case worker, Intensive Mental Health Case Manager, Group Facilitator, and current Public Health Counsellor. Daina has a strong history of clinical practice, academic participation and community development.

C7 (afternoon session) **1** **Yoga Warriors Post Traumatic Stress Disorder and the Mind Body Connection** **Karen McCullough, RYT**

This presentation shows how Yoga helps release emotional issues and puts us in touch with our emotional body. Yoga allows us to safely express stored emotions such as guilt, shame, anger, sadness and grief so we can better understand, make peace with, and manage those feelings. Through yoga, the body becomes associated with pleasant sensations. This is so important for many traumatized individuals who associate their bodies with unpleasant sensations. Through Yoga movements, a person can unfreeze bad memories and create a new bodily memory. Specific yoga postures can be used for nurturing and comfort, which is particularly important for those First Responders who may not be receiving comfort from family members due to anger issues, self-imposed isolation, addiction issues and so on. Participants will learn how Yoga focuses on the mind body connection.

Karen McCullough has worked with the Peel Regional Police for 16 years. She worked as a Communicator for 8 years before being assigned to the Service's Organizational Wellness Bureau where she works today. Karen works with First Responders and members with Critical Incident Stress and Peer Support. She is a Registered Yoga Instructor at her own Yoga Studio "Explore Yoga" where she teaches students Hatha Yoga and Yoga Warriors.

C8 (afternoon session) **2** **Human Animal Interaction and Substance Abuse** **Janet Yorke PhD**

This workshop will explore Dr. Yorke's experience as a frontline worker in substance abuse, crisis and intervention work over 30 years and how it has brought her to examine the use of non-human animals as conduits for intervention, in social work. She will discuss her research with adults and children who were challenged with various forms of trauma, who sought comfort and healing through the use of animal assisted therapy as well as human animal companionship. She will also discuss other kinds of human animal interaction (HAI) that can impact substance abuse prevention, treatment and therapy with other non-human animals in activities/interventions.

Janet Yorke is a graduate of Wilfrid Laurier University in Social Work (MSW), and the University of Tennessee, Knoxville (PhD, Social Work), with a speciality in veterinary social work. She has worked frontline in downtown Toronto in mental health/substance abuse and with the homeless for many years. She was the director of the withdrawal management service at the Royal Victoria Hospital in Simcoe County for over 9 years. She conducted the Nova Scotia HIV/AIDS policy consultation, completed in 2001. She is currently an Assistant Professor in the School of Social Work at Laurentian University, Barrie, Ontario. Her research focuses on therapeutic communication, human-animal interaction, First Nations' advocacy, and LGBTQ populations.

Seminars

NOTE: session D1 is the 2nd part of a 2 day certificate course

Wednesday, July 13 Choose **one full day session or **two** half day sessions**

D1 (2nd day of a 2 day session)  **Acupuncture Detoxification Specialist Certification**
Brian Irving CACII, CYC, ADSrt

The National Acupuncture Detoxification Association (NADA) protocol is a non-verbal treatment approach that involves the gentle placement of five sterile, disposable needles into designated acupoints on the ears. This unique approach to treatment has shown to be clinically effective, cost-efficient and compatible cross-culturally. In clinical studies, NADA acupuncture has demonstrated numerous benefits including reduced cravings for substances and addictive behaviours, minimized withdrawal symptoms, increased ability to sleep, decrease in agitation, improved client retention rates, and as an aid in the development of therapeutic relationships. During this intensive two day course, participants will receive education regarding the role of acupuncture and other holistic approaches in treatment, the development and maintenance of effective NADA based programs and proper needle handling techniques. Participants will also gain practical, hands on experience providing treatments, in order to develop competency in delivering services.

NOTE: This 2 day certificate course must be taken in its entirety to receive a certificate.

Brian Irving is a Certified Addictions Counsellor, Certified Child and Youth Counsellor and a Registered Trainer for the National Acupuncture Detoxification Association (NADA). He has over 15 years experience in mental health and addictions, working in a variety of settings, including the youth criminal justice system, community treatment agencies and hospital based inpatient and outpatient treatment programs. He is currently employed at Royal Victoria Hospital as a Counsellor and Addictions Specialist where he has developed and maintains a NADA program for patients and staff. He currently serves on the Board of Directors for NADA and maintains a private practice.

D2 (full day session)  **Narrative Practices: Possibilities for Working with People with Addiction**
Laura Béres MSW, RSW, PhD

In this one-day workshop, the presenter will describe some of the main underlying philosophies and direct practice approaches associated with Narrative therapy as developed by Michael White and David Epston. The workshop will begin with a description of what makes up a storyline (a series of events linked over time according to a plot) and the need to assist people in moving from problem saturated story lines towards preferred and alternative story lines. This will also incorporate discussions about the benefits of moving away from pathologizing and totalizing accounts of people, suggesting the need to engage with people as "people with problems" rather than "people as problems." Having begun the day by highlighting some of the philosophical and theoretical underpinnings of narrative practices, the workshop will move on to assist participants in developing beginning skills in re-authoring and externalizing conversations for those with addiction issues. There will be sufficient time for discussion and practice relating to the addiction field.

Laura Béres is Associate Professor in the School of Social Work at King's University College at Western University. She received her MSW from the University of Toronto and completed her PhD at the Ontario Institute of Studies in Education. She trained as a Narrative Practitioner with Michael White at the Dulwich Centre in Adelaide, Australia. She is author of *The Narrative Practitioner* (2014) and co-author of *Innovations in Narrative Therapy: Connecting Practice, Training, and Research* (2011). Currently, she is editing and contributing to *Practicing Spirituality: Reflecting on Meaning-making in Personal and Professional Contexts* which is due to be published in 2016. She contributed the chapter on narrative therapy to Csiernik and Rowe's book *Responding to the Oppression of Addiction*.

D3 (morning session)  **SafeTALK®**
Barbara Rowe

SafeTALK® is a half-day alertness training that prepares anyone over the age of 15, regardless of prior experience or training, to become a suicide-alert helper. Most people with thoughts of suicide don't truly want to die, but are struggling with the pain in their lives. Through their words and actions, they invite help to stay alive. safeTALK-trained helpers can recognize these invitations and take action by connecting them with life-saving intervention resources, such as caregivers trained in ASIST. Training features: Presentations and guidance from a LivingWorks registered trainer, Access to support from a local community resource person, Powerful audiovisual learning aids, The simple yet effective TALK steps: Tell, Ask, Listen, and KeepSafe and Hands-on skills practice and development

Barbara Rowe is a Aboriginal Children's Mental Health and Addiction Worker for Six Nations Child and Family Services. Barbara has been employed with SNCFS for 11 years. Barbara is a Certified Trainer for ASIST and SafeTALK. Barbara is also a part of the Tragic Events Response Team for Six Nations and works on the Six Nations Mobile Crisis Line.

D4 (morning session)  **The Dichotomy of Managing Addictions with Chronic Pain**
Ian Robertson MSW, RSW

For those of us that work in the field of addiction treatment, we have all been training to manage addictions with a basic understanding of concurrent disorder including anxiety, depression or trauma to name a few, and how they interact. The addiction field has made significant gains in managing these co-occurring disorders. One area that still presents as being complex and complicated to the frontline worker are clients who present with addiction features and chronic pain. This workshop will explore the dichotomy of treating addictions and pain management while also understanding the challenges to working with this population. This workshop will introduce evidence-based treatment approaches using mindful-based practices specific to this population.

Ian Robertson currently works as the Regional Clinical Supervisor for Addictions and Mental Health at the Niagara Health System. Previously, Ian has worked as a substance abuse counsellor at the Niagara Withdrawal Management Centre, the New Port Centre, as a clinical therapist for Mental Health Services, Regional Facilitator and Trainer for Mental Health, and also consultant for several community organizations. He is certified as a Clinical Traumatologist, Compassion Fatigue Specialist, and Substance Abuse Counsellor. He is trained in Trauma Incident Reduction (TIR), Level 1 & 2 of EMDR, Threat Assessment, Cognitive Behavioural Therapy, Dialectical Behavioural Therapy, Cognitive Process Therapy and Motivational Interviewing. Ian has been a speaker at international, national, provincial and regional conferences and an organizational trainer on topics such as substance abuse, trauma, concurrent disorders, mental health, youth at risk, youth threat assessment, Motivational Interviewing, Stages of Change, Organizational Trauma-informed Practices. He recently completed, in 2014, his Advanced Certification as a Clinical Supervisor from Smith College, School of Social Work in MA, USA. Ian also owns and operates a private practice in Niagara.

D5 (morning session)  **Fetal Alcohol Spectrum Disorder**
Sonali Sagare M.Ed

This workshop was designed for parents, caregivers and support workers to strengthen their ability to support individuals with FASD. In this workshop, rethinking behaviours, guiding principles, strategies and environmental accommodations are outlined. Focus is on Understand the meaning of FASD, Understand behaviour as it relates to FASD, Understand the guiding principles for supporting an individual with FASD, Understand environmental accommodations to prevent challenging behaviour. This workshop will help workers to work through the "FASD informed lens" while working with individuals that are diagnosed or have possibility of FASD.

Sonali Sagare is Director of Outreach services at the Jean Tweed Centre in Toronto. Sonali has a Master of Education degree from OISE, University of Toronto. Sonali is a Certified Provincial Trainer in the area of F.A.S.D. as well as a PRIMA (Pregnancy Related Issues in the Management of Addiction) Sonali has worked as Physician / Surgeon in India for 5 years before immigrating to Canada. In the past 9 years at Jean Tweed, she has been working clinically with Pregnant and Parenting mothers with children under the age of 6 as well as building capacity in the community through a variety of partner agencies. The focus of her work has been the provision of services and support to people facing issues of poverty, social isolation, mental health, substance abuse, marginalization, discrimination and homelessness.

D6 (afternoon session)  **Drug Treatment Courts: doing better, together**
Robin Cuff BA

The Justice and Treatment sectors are not usually seen as likely partners and are often seen as having opposing goals and methods. Drug Treatment Courts blend the two goals of public safety and client recovery in an unlikely but effective collaboration in which judges, treatment providers, lawyers, probation, police services and a multitude of community partners join together to stop the cycle of addiction, crime and incarceration. Drug Treatment Court is an evidence-based intervention designed for people who have traditionally not engaged with or done well within either the treatment or the justice system alone. This workshop will explore: The Toronto Drug Treatment Court Model – target population, structure, culture, process, The Collaboration – roles, responsibilities, ethics and teamwork, Evidence and goals for Drug Treatment Courts. A case study will be presented to demonstrate challenges and success factors. Questions and interaction is encouraged.

Robin Cuff is the Manager of the Toronto Drug Treatment Court Program and the Scarborough Addictions Service Partnership at the Centre for Addiction and Mental Health, Toronto. In addition to a business degree, Robin has extensive addiction, counselling and related training, and has been leading addiction treatment agencies and social service programs for over 16 years. She is a faculty member of the William Glasser Institute for Choice Theory, Reality Therapy and Lead Management. In the Drug Treatment Court role, Robin brings her passion, experience and insight to foster the culture and partnerships necessary to provide viable alternatives to incarceration for the DTC clientele.

D7 (afternoon session)  **Becoming a Mindful Therapist: The Art of Creating Space and "being with" your Clients**
Ian Robertson MSW, RSW

The ancient art of mindfulness has been practiced for over 2500 years to address and/or alleviate human suffering. The basic skills of mindfulness focus on three areas including focusing attention, open monitoring and compassionate acceptance. As therapists, our clinical focus is to walk "with" our clients in order for them to experience a means of reducing their human suffering. Becoming a mindful therapist allows us the art of walking "with" our clients experientially, fully present and with enhanced awareness. This workshop will explore how one can move in the direction of becoming a mindful-based therapist within himself or herself, creating a greater openness in how we sit and be with our clients. The art of mindfulness starts within us first before we can share it with others.

(See session D4 for Ian Robertson's full bio)

D8 (afternoon session)  **Trauma-Informed Practice**
Julia Bloomenfeld MSW, RSW
Jessica Manley BSW, MSW

How can I create a safer environment for trauma survivors in my practice or in my organization? How do I recognize when someone is having a trauma response and provide support? Based on Trauma Matters: Guidelines for Trauma-Informed Practices in Women's Substance Use Services (Jean Tweed Centre, 2013), this workshop will provide an introduction to trauma-informed practice including core principles of trauma-informed care, education about the impact of trauma, and some key safety promoting strategies.

Julia Bloomenfeld is the Director of Clinical Services at the Jean Tweed Centre, a community based agency in Toronto providing a safe and supportive environment for women with substance use, mental health and/or gambling concerns. Julia has spent most of her career in women-centered services in the criminal justice and substance use sectors, where she has enjoyed delivering programs that respond to the distinct needs of women. Over the last several years, she has appreciated participating in the dissemination of knowledge about trauma-informed practices within the substance use and allied sectors.

Jessica Manley works at the Jean Tweed Centre as an Advanced Practice Clinician. For over 8 years, she has been supporting women at the Centre affected by trauma and substance use, by providing individual and group counselling. She is a Somatic Experiencing Practitioner, and this neurobiological and body-centered approach permeates her work. Jessica works from anti-oppressive, harm reduction and strengths-based philosophies. Prior to working at Jean Tweed, Jessica worked as a youth outreach and substance use counsellor in rural areas.

Register Now!
Use our registration form at www.addictionstudies.ca
FAX in your registration form to 1-888-898-8033 (toll free)
or email your registration to us at info@addictionstudies.ca

Registration

[Please Detach before sending]

July 10th - 14th, 2016

Mail or Fax your completed form to: Addiction Studies Forum Inc, Box 322, Virgil, ON L0S 1T0
 1-866-278-3568 • FAX 1-888-898-8033 • Email: info@addictionstudies.ca
 Register online at: www.addictionstudies.ca

Name _____ Title _____
 Organization _____
 Address home or office _____
 City _____ Province _____ Postal _____
 Phone _____ Other Phone _____ Email _____

Education (indicate selection below)

	Before May 30	After May 30
<input type="checkbox"/> Full Tuition	<input type="checkbox"/> \$600.00	<input type="checkbox"/> \$650.00
<input type="checkbox"/> Daily Rate.	<input type="checkbox"/> \$190.00	

(lunch included in Daily Rates)

Accommodation (indicate selection below)

Single Accommodation (with meals) \$870.00
 Shared Accommodation (with meals) \$770.00

Addiction Studies Forum Inc. will NOT be responsible for costs incurred by early arrivals. If a reservation is required for those arriving SATURDAY EVENING, a \$150.00 fee will be added to your total. Please indicate if you require Saturday evening accommodation >>>>>>>>>>

Saturday Evening Accommodation \$150.00

Please check this box if you have mobility issues requiring wheelchair access

Please indicate any dietary restrictions here: _____

Please indicate your 1st and 2nd choice for courses

	1st choice	2nd choice
Sunday 1:30 pm - 4:30 pm	A _____	A _____
Monday 9:00 am - 4:30 pm	B _____	
Monday 9:00 am - 12:00 noon	B _____	B _____
Monday 1:30 pm - 4:30 pm	B _____	B _____
Monday 7:00 pm - 9:30 pm	B _____	
Tuesday & Wednesday 2 day Certificate Course C1 & D1 <<< circle choice if attending NOTE: This 2 day certificate course must be taken in its entirety to receive a certificate.		
Tuesday 9:00 am - 12:00 noon	C _____	C _____
Tuesday 1:30 pm - 4:30 pm	C _____	C _____
Wednesday 9:00 am - 4:30 pm	D _____	
Wednesday 9:00 am - 12:00 noon	D _____	D _____
Wednesday 1:30 pm - 4:30 pm	D _____	D _____

Sunday **Keynote** Address 7:00 pm Check Here if Attending
 Thursday **Plenary** Address 9:00 am Check Here if Attending

Note: Keynote and Plenary session are included in full tuition fee otherwise a \$90.00 tuition fee applies for each session.

Corporate Rates For Groups Available
 Call Linda Hood at 1-866-278-3568

Education Sub Total _____
 Accommodation Sub Total _____
 Saturday Evening Sub Total _____
GRAND TOTAL _____
 Method of Payment _____

Cheque: make payable to "Addiction Studies Forum Inc"

Credit Card: VISA MASTERCARD (circle choice)

Card Number _____

Expiry Date _____

Name on Card _____

Signature _____

(not valid unless signed)

REGISTRATION POLICIES

A \$100.00 deposit is required upon registration with the balance payable by June 10, 2016. There will be a \$50.00 nonrefundable cancellation fee. There will be no refunds after June 10, 2016. The Institute (Addiction Studies Forum Inc) reserves the right to cancel or reschedule all sessions and courses.

Kempfenfelt Conference Centre

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Sponsors

We would like to thank the following for their generous support of the 57th Annual Institute on Addiction Studies



Conference Highlights

This conference continues with the tradition of meeting the educational needs of our delegates while providing the opportunity of participating in self care and rejuvenation. In addition to enjoying the serene environment and the delicious meals, we invite you to join in any of the following activities to enhance your experience and to network with delegates from across Canada and the USA.

- Morning Ceremonies • AA & NA Open Meetings •
- Campfires • Music • Evening Activities •



Delegates attending the 57th Annual Institute on Addiction Studies can earn up to **26.5 core hours** of Continuing Educational Units (CEUs). All CEUs have been approved by the Canadian Addiction Counsellors Certification Federation. CACCF standards often meet or exceed other governing agencies requirements for CEUs (nurses, ATSS, CPGC, etc.) It is the responsibility of the delegate to check with their particular agency for criteria requirements.

Special Thanks

We would like to thank the following members of our planning committee for their combined personal knowledge and experience to develop and make this conference possible.

- | | |
|-------------------------|---|
| Corene Cheeseman | Aboriginal Alcohol and Drug Worker, Hamilton Regional Indian Centre |
| Rick Csiernik | Kings College, University of Western Ontario and McMaster University |
| Tom Gabriel | EFAP Consultant, Crisis & Addiction Counsellor, Toronto Police Association |
| Marie Duff | Peel Regional Police Service, Employee Family Assistance Program / Addictions Coordinator |
| Mike Hannon | Westover Treatment Centre, Director of Chemical Dependence Program |
| Linda Hood | Director, UFCW Local 12R24 Members Assistance Program, ATSS Board of Directors |
| Jim McIlveen | Board Member, Addiction Studies Forum Inc. |
| Corrie McIlveen | Addictions Case Worker, Mission Services of Hamilton |
| Jeff Ramackers | EFAP and Addictions Representative, Unifor Local 88 |

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