**Becoming a Woman After God’s Own Heart**

**Life Lessons from David**

**Lesson 8: Seeking God in All You Do**

**2 Samuel 2, 5:1-10, Psalms 32:8, Proverbs 3:5-6, Philippians 2:13,**

**Ephesians 1:19-20, 2 Corinthians 10:3-5**

**2 Samuel 2:1-10**

In the course of time, David inquired of the Lord. “Shall I go up to one of the towns of Judah?” he asked.

The Lord said, “Go up.”

David asked, “Where shall I go?”

“To Hebron,” the Lord answered.

**2**So David went up there with his two wives, Ahinoam of Jezreel and Abigail, the widow of Nabal of Carmel. **3**David also took the men who were with him, each with his family, and they settled in Hebron and its towns. **4**Then the men of Judah came to Hebron, and there they anointed David king over the tribe of Judah.

When David was told that it was the men from Jabesh Gilead who had buried Saul, **5**he sent messengers to them to say to them, “The Lord bless you for showing this kindness to Saul your master by burying him. **6**May the Lord now show you kindness and faithfulness, and I too will show you the same favor because you have done this. **7**Now then, be strong and brave, for Saul your master is dead, and the people of Judah have anointed me king over them.”

**8**Meanwhile, Abner son of Ner, the commander of Saul’s army, had taken Ish-Bosheth son of Saul and brought him over to Mahanaim. **9**He made him king over Gilead, Ashuri and Jezreel, and also over Ephraim, Benjamin and all Israel.

**10**Ish-Bosheth son of Saul was forty years old when he became king over Israel, and he reigned two years. The tribe of Judah, however, remained loyal to David. **11**The length of time David was king in Hebron over Judah was seven years and six months.

**2 Samuel 5:1-10**

All the tribes of Israel came to David at Hebron and said, “We are your own flesh and blood. **2**In the past, while Saul was king over us, you were the one who led Israel on their military campaigns. And the Lord said to you, ‘You will shepherd my people Israel, and you will become their ruler.’”

**3**When all the elders of Israel had come to King David at Hebron, the king made a covenant with them at Hebron before the Lord, and they anointed David king over Israel.

**4**David was thirty years old when he became king, and he reigned forty years. **5**In Hebron he reigned over Judah seven years and six months, and in Jerusalem he reigned over all Israel and Judah thirty-three years.

**6**The king and his men marched to Jerusalem to attack the Jebusites, who lived there. The Jebusites said to David, “You will not get in here; even the blind and the lame can ward you off.” They thought, “David cannot get in here.” **7**Nevertheless, David captured the fortress of Zion—which is the City of David.

**8**On that day David had said, “Anyone who conquers the Jebusites will have to use the water shaft to reach those ‘lame and blind’ who are David’s enemies.[[a](https://www.biblegateway.com/passage/?search=2+Samuel+2%2C+5%3A1-10%2C+Psalms+32%3A8%2C+Proverbs+3%3A5-6%2C+Philippians+2%3A13%2C+Ephesians+1%3A19-20%2C+2+Corinthians+10%3A3-5&version=NIV#fen-NIV-8141a)]” That is why they say, “The ‘blind and lame’ will not enter the palace.”

**9**David then took up residence in the fortress and called it the City of David. He built up the area around it, from the terraces[[b](https://www.biblegateway.com/passage/?search=2+Samuel+2%2C+5%3A1-10%2C+Psalms+32%3A8%2C+Proverbs+3%3A5-6%2C+Philippians+2%3A13%2C+Ephesians+1%3A19-20%2C+2+Corinthians+10%3A3-5&version=NIV#fen-NIV-8142b)]inward. **10**And he became more and more powerful, because the Lord God Almighty was with him.

**Psalm 32:8**

I will instruct you and teach you in the way you should go;  I will counsel you with my loving eye on you.

**Proverbs 3:5-6**

Trust in the Lord with all your heart
    and lean not on your own understanding;
**6**in all your ways submit to him,
    and he will make your paths straight.

**Philippians 2:13**

for it is God who works in you to will and to act in order to fulfill his good purpose.

**Ephesians 1:19-20**

 “. . and his incomparably great power for us who believe. That power is the same as the mighty strength **20**he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms . . “

1. Where is the first place you usually turn for advice? (Your spouse? Mom? Friends? Internet? Bible? Etc.). Do you usually find the help you need?

**2 Samuel 2:1-10**

In the course of time, David inquired of the Lord. “Shall I go up to one of the towns of Judah?” he asked.

The Lord said, “Go up.”

David asked, “Where shall I go?”

“To Hebron,” the Lord answered.

**2**So David went up there with his two wives, Ahinoam of Jezreel and Abigail, the widow of Nabal of Carmel. **3**David also took the men who were with him, each with his family, and they settled in Hebron and its towns. **4**Then the men of Judah came to Hebron, and there they anointed David king over the tribe of Judah.

2. What specific things did David ask for in 2 Samuel 2:1-4? What kind of answers did he get? Does this teach you anything about prayer?

3. A big question that many young Christians grapple with is “What’s God’s will for my life?” Do you feel that you know God’s will for this season of your life? If so, what is it? Are you living in accordance with God’s will? Explain.

**Psalm 32:8**

I will instruct you and teach you in the way you should go;  I will counsel you with my loving eye on you.

**Philippians 2:13**

for it is God who works in you to will and to act in order to fulfill his good purpose.

**Proverbs 3:5-6**

Trust in the Lord with all your heart
    and lean not on your own understanding;
**6**in all your ways submit to him,
    and he will make your paths straight.

4. Read Psalm 32:8, Philippians 2:13, and Proverbs 3:5-6. Who is primarily responsible for a believer discovering the way she should go? What is the believers’ responsibility? Do you find this comforting?

5. Give a specific example from your own life of how God has led you.

6. What happened in Hebron, and who did David announce it to?

7. Meanwhile what was happening behind David’s back?

**2 Samuel 5:1-10**

All the tribes of Israel came to David at Hebron and said, “We are your own flesh and blood. **2**In the past, while Saul was king over us, you were the one who led Israel on their military campaigns. And the Lord said to you, ‘You will shepherd my people Israel, and you will become their ruler.’”

**3**When all the elders of Israel had come to King David at Hebron, the king made a covenant with them at Hebron before the Lord, and they anointed David king over Israel.

**4**David was thirty years old when he became king, and he reigned forty years. **5**In Hebron he reigned over Judah seven years and six months, and in Jerusalem he reigned over all Israel and Judah thirty-three years.

**6**The king and his men marched to Jerusalem to attack the Jebusites, who lived there. The Jebusites said to David, “You will not get in here; even the blind and the lame can ward you off.” They thought, “David cannot get in here.” **7**Nevertheless, David captured the fortress of Zion—which is the City of David.

**8**On that day David had said, “Anyone who conquers the Jebusites will have to use the water shaft to reach those ‘lame and blind’ who are David’s enemies.[[a](https://www.biblegateway.com/passage/?search=2+Samuel+2%2C+5%3A1-10%2C+Psalms+32%3A8%2C+Proverbs+3%3A5-6%2C+Philippians+2%3A13%2C+Ephesians+1%3A19-20%2C+2+Corinthians+10%3A3-5&version=NIV#fen-NIV-8141a)]” That is why they say, “The ‘blind and lame’ will not enter the palace.”

**9**David then took up residence in the fortress and called it the City of David. He built up the area around it, from the terraces[[b](https://www.biblegateway.com/passage/?search=2+Samuel+2%2C+5%3A1-10%2C+Psalms+32%3A8%2C+Proverbs+3%3A5-6%2C+Philippians+2%3A13%2C+Ephesians+1%3A19-20%2C+2+Corinthians+10%3A3-5&version=NIV#fen-NIV-8142b)]inward. **10**And he became more and more powerful, because the Lord God Almighty was with him.

8. According to 2 Samuel 5:1-10, how was David able to conquer Jerusalem and why did David have such great military prowess?

**Ephesians 1:19-20**

 “. . and his incomparably great power for us who believe. That power is the same as the mighty strength **20**he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms . . “

9. According to Ephesians 1:19-20, what resources do you have as a believer to help you live a Christian life? Do you think these resources are sufficient to help you overcome the problems or obstacles you are facing this week? Explain.

10. Do you see any ways in which David’s words or deeds demonstrated that he was a man after God’s own heart in these chapters?

11. Journal one of these passages SOAP style.