

What's Cooking in the Kitchen:

For the Week of: October 25—29, 2021



MONDAY

- BREAKFAST:** Malt O Meal w/Brown Sugar, Cuties, Milk
- AM SNACK:** Juice Break
- LUNCH:** Spaghetti w/Marinara, Grated Parmesan Cheese, **ORGANIC** Broccoli (from Frozen) w/Margarine, Golden Hami or Honeydew Melon, Milk
- PM SNACK:** **PLAIN** Hummus, **WARM** Pita Wedges, Black Olive Halves, Bell Pepper Slices, Water

TUESDAY

- BREAKFAST:** Yogurt Parfaits: Honey Vanilla Greek Yogurt layered with **THAWED ORGANIC** Triple Berry Blend, Nut Free Granola, Turkey Sausage Links, Milk
- AM SNACK:** Juice Break
- LUNCH:** Cheese Enchiladas, Calabacitas (made w/**ORGANIC** Squash), Fresh Plum Slices, Milk
- PM SNACK:** Ritz Crackers, Cheddar Cheese Sticks, **ORGANIC RED** Apple Slices, Water

WEDNESDAY

- BREAKFAST:** Scrambled Eggs, Crispy Bacon, Griddled English Muffins w/Margarine, Apple Pear Slices, Milk
- AM SNACK:** Juice Break
- LUNCH:** Cheese French Bread Pizza (w/Mozzarella and Grated Parmesan), **ORGANIC** Carrots (**Infants through Older Toddlers: Cooked Carrots**), Ranch to Dip, Fresh Pineapple Chunks, Milk
- PM SNACK:** Pepperoni, String Cheese, Multi-Grain Crackers, Water

THURSDAY

- BREAKFAST:** Special K w/Red Berries Cereal, Bananas, Milk
- AM SNACK:** Juice Break
- LUNCH:** Italian Wedding Soup, Saltines, **ORGANIC** Watermelon Milk
- PM SNACK:** **ORGANIC** Tortilla Chips (**Infants: Ritz Crackers**), Salsa, Cucumber Spears, Water

FRIDAY

- BREAKFAST:** **ORGANIC** Pumpkin Waffles, **PURE** Maple Syrup, Sausage Patties, Apple-sauce, Milk
- AM SNACK:** Juice Break
- LUNCH:** Bean Burritos (Flour Torts w/Refried Beans, Shredded Cheese), Mixed Vegetables (From Frozen), Fruit Salad, Milk
- PM SNACK:** Key Lime Dip (made w/Cream Cheese and Key Lime Yogurt), Bananas, **ORGANIC** Strawberry Quarters, Vanilla Wafers, Water

Boo