

**PLEASE Sign-up for the Patient Portal**

Obtain a token from the receptionist at the front before your leave today or call the main office at 214-691-1902. Then go to [www.NextMD.com](http://www.NextMD.com) and enter the token number and follow the step-by-step instructions. The token is time limited so register online today.

**Visit [urologyfoundation.org](http://urologyfoundation.org) for 2019 Events**

Visit [urologyfoundation.org](http://urologyfoundation.org) to keep up to date on activities sponsored by the foundation, including the annual Dan Fulgham Memorial dinner (Sept) and the Pros and Joes Celebrity golf tournament (Oct 7).

At the 2018 Pros and Joes Celebrity Golf Tournament Troy Aikman was the honorary chairman (pictured below). **2019 Pros and Joes Celebrity Golf Tournament will be October 7** at Brookhaven Country Club. To register go to [prosandjoesgolftournament.com](http://prosandjoesgolftournament.com).



**3rd Annual Dan Fulgham Memorial Dinner—Sept. 5**

The 3rd Annual Dan Fulgham Memorial Dinner will be held in Frisco at the National Soccer Hall of Fame. At the 2018 dinner the foundation honored Todd Whitthorne with the “Man of Action” award (see below) and the entertainment was the improv group *Four Day Weekend*. Check [urologyfoundation.org](http://urologyfoundation.org) for more information.



**Monthly Prostate Cancer Support Group Meeting**

The prostate cancer support group meets the third Monday of the month at 6:30 pm (dinner), 7-8:00 pm (speaker). The meeting is held in the Cancer Center at Texas Health Presbyterian Dallas. For more information email [aclark@urologyfoundation.org](mailto:aclark@urologyfoundation.org) or call 214-695-1830. **Next meeting May 20—Topic: Can We Eat to Starve Cancer? Video: William Li, MD. [Video available online on the home page at urologyfoundation.org](http://urologyfoundation.org)**

**Smoking Increases Risk for Urologic Disease**

Smoking increases the risk for bladder, kidney and penile cancer. Smoking is also associated with erectile dysfunction (ED) due to plaque build-up in the arteries and constriction of blood vessels resulting in poor quality erections. Current and former smokers are 30% more likely to suffer with ED. Smoking can make stress incontinence and overactive bladder symptoms worse.

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