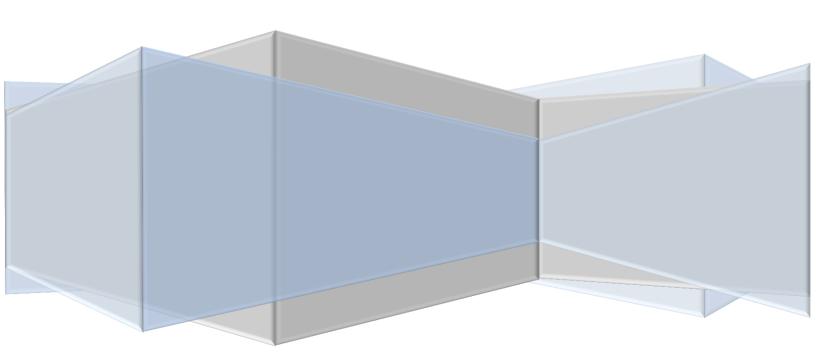


Performance Improvement

# Coaching Skills for First Line Supervisors

**A Two-day Course** 



## **Coaching Skills for First Line Supervisors**

### A Two-day Course

>> Specific course duration (Half-day, One-day, Two-day, Three-day), content pieces, and exercises, are determined after consultation and are based upon the needs of the client group.

#### 1. Introduction and Overview

- Course materials, concepts, objectives
- Amenities and course flow

#### 2. The Role of Supervisors

- A member of the management team
- "Between a rock & a hard place"...the delicate balance
- Supervisory skills
- D. Coaching...the all-encompassing supervisory skill
- A Model for Coaching

#### 3. Making Coaching Contact

- Creating the right environment
- Interpersonal communication skills—Verbal and Non-verbal
- Setting the right parameters for discussion

#### 4. Obtaining the Employee's Perception

- Listening
- B. What hinders effective listing
- Surpass "Active Listening"
- Tips and techniques

#### 5. Presenting the Standard(s) and Desired Performance

- Feedback...the hallmark of coaching
- Using concrete/objective observations and terms
- Knowing company policy
- Job Performance Evaluation and Corrective Action

#### **Managing Change and Conflict**

- Change and resistance to change
- What if an employee doesn't agree?
- **Conflict Resolution Styles**



#### 7. Developing an Action Plan

- A. Motivating employees...is it possible to motivate others?
- B. Setting SMART Goals
- C. Influence—what kind do you have?/what kind do you use?

#### 8. Follow-up the Employee's Future Performance

- A. Commitment
- B. Different strokes for different folks—what is the reward?
- C. Recognition doesn't have to be HUGE

#### 9. Then What?

- A. Building a "Coaching Culture"
- B. Coaching as a bridge to supervisory development

#### 10. Creating Cohesion

- A. Panel discussion
- B. What would you do?
- C. Test-driving new skills

#### 11. Summary and Conclusion

# Coaching Skills for First Line Supervisors

### **A Two-day Course**

The following is a baseline price range. Fees vary depending upon extent of customization, and number and experience level of trainers/facilitators involved in the intervention. Preferred client and volume discounts are available. Not-for-profit agencies also may receive a rate reduction.

Two-day workshop

\$5,500 - 6,400

Travel expenses billed separately

