

GYM SCHEDULE

FAR SIDE

JUNE

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------|-----------------------------------|-------------------------------|
| Open Gym 5:00am-9:00am | Open Gym 5:00am-5:00pm | Open Gym 5:00am-9:00am | Open Gym 5:00am-5:00pm | Open Gym 5:00am-9:00am | Open Gym 6:00am-9:00am |
| Silver Sneakers 9:00am-10:00am | | Silver Sneakers 9:00am-10:00am | | Silver Sneakers 9:00am-10:00am | Bitty Track 9:00am-10:00am |
| Open Gym 10:00am-5:00pm | | Open Gym 10:00am-5:00pm | | Open Gym 10:00am-5:00pm | Open Gym 10:00am-5:00pm |
| Live Y'ers 5:00pm-6:00pm | Live Y'ers 5:00pm-6:00pm | Live Y'ers 5:00pm-6:00pm | Live Y'ers 5:00pm-6:00pm | Live Y'ers 5:00pm-6:00pm | |
| Open Gym 6:00pm-9:00pm | Adult Volleyball 6:00pm-9:00pm | Adult Volleyball 6:00pm-9:00pm | Open Gym 6:00pm-9:00pm | Open Gym 6:00pm-9:00pm | |

- Hi-lighted times are OPEN GYM times.

- Please be mindful of walkers, joggers, and runners while you enjoy the gym.
- Tennis shoes are required. No food or beverages other than water are permitted.

GYM SCHEDULE

NEAR SIDE

JUNE

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|---------------------------|
| Open Gym 5:00am-2:30pm | Open Gym 5:00am-2:30pm | Open Gym 5:00am-2:30pm | Open Gym 5:00am-2:30pm | Open Gym 5:00am-2:30pm | Open Gym 6:00am-5:00pm |
| Live Y'ers 2:30pm-3:30pm | Live Y'ers 2:30pm-3:30pm | Live Y'ers 2:30pm-3:30pm | Live Y'ers 2:30pm-3:30pm | Live Y'ers 2:30pm-3:30pm | |
| Open Gym 3:30pm-9:00pm | Open Gym 3:30pm-9:00pm | Open Gym 3:30pm-9:00pm | Open Gym 3:30pm-9:00pm | Open Gym 3:30pm-9:00pm | |

- Schedule subject to change with little or no notice.

- For questions or concerns, please contact the Program Director.



GYM

SCHEDULE

AGE REQUIREMENTS:

- **Ages 11 and under**
A parent or guardian, 18 years or older, must be present with children in the gym.
- **Ages 12 and up**
May use the gym without parent

