

# Brandeis University

## Brandeis National Committee Phoenix Chapter

### Study Group Guide 2019 \* 2020

Philanthropy.  
Learning.  
Community.

Phoenix, Scottsdale,  
Sun Lakes, Southeast Valley  
and West Valley

Dear Members,

On behalf of the Phoenix Chapter of Brandeis National Committee (BNC), we welcome you to another exciting BNC year of fun and learning.



As you read through this year's Study Group Guide you will see that the subject areas are vast and the number of groups impressive. The groups are formed and led by our very talented members who act as facilitators. The study groups offer opportunities to learn new skills, experience cultural sites and performances, discuss books, films and the issues of our times, share experiences in almost every genre and explore the Valley. With our many and varied choices, there is definitely something for everyone!

Special thanks to our Study Groups VPs Joellyn Pollock and Kathleen Witkin, along with their Study Groups Committee, Study Guide Coordinator Sara Leopold and Study Group Registrar Merrill Kalman for their exceptionally interesting 2019-2020 Study Guide. Kudos and thank you to our over 80 study group facilitators, for providing our members with educational and social activities.

All the best,  
Marcia Langer & Judy Levine  
Co-Presidents, BNC Phoenix Chapter

Dear Members,

Welcome to the 2019-2020  
Study Group Guide!

You will find many returning and exciting new study groups, covering a broad array of interests and pursuits from learning to eating to playing or all at the same time!

Come join your friends and meet new ones at a variety of activities. Take a risk and join a new group that you haven't tried before. You'll be amazed how much fun it is.

Since study groups are available only to paid-up members of the Brandeis National Committee (BNC), now is the time to join or renew, which you can do online. See page 3 for detailed instructions.

The study group schedule was created to contain as few conflicts as possible. With that said, we are fortunate to have so many groups that you will have to make some choices and some groups with variable meeting dates and times may occasionally overlap. Participants of both groups will have to choose which wonderful activity to attend!

Our website address is:

<http://www.brandeisphoenix.org/study-groups.html>

This Study Guide also is available there, along with a link to the **Study Group Registration Form**.

**IMPORTANT:** Please keep in mind that many groups fill up quickly - some almost immediately - so plan to register as soon as possible, even if you won't be back in Arizona until winter. We encourage you to share this Study Guide with any of your friends who are not yet members of BNC.

Your study group fees are used to offset the administrative expenses of our BNC Phoenix Chapter. Any surplus study group fees are designated to support the University's library.

We hope you will take advantage of all that our BNC Phoenix Chapter has to offer!

**Your Study Group VPs,**  
**Joellyn Pollock and Kathleen Witkin**  
[phxstudygroups@gmail.com](mailto:phxstudygroups@gmail.com)



Study Group Registrar, Merrill Kalman  
Study Guide Coordinator, Sara Leopold  
Study Guide Layout/Graphics, Carole Sherris



## Membership Information

The 2019-20 fiscal year brings some new technology changes to BNC for annual membership dues.

**To join our Phoenix chapter as a new member  
or to renew your dues, please follow the instructions below.**

The membership fee is \$60 for an individual or \$100 for a couple and covers our fiscal year through June 30, 2020. Here are step-by-step instructions for completing your membership online:

1. [CLICK HERE to go to the BNC membership page](#)
2. Choose your membership level: "**Regular**" or "**Couples**."
3. Under **Designations** you will see "**BNC Annual Membership**" with either \$60 or \$100 pre-selected, depending on what you chose in Step 2.
4. For **BNC Chapter**, scroll the drop-down until you see "**Phoenix**" and select it.
5. Click "**Next**." [Please skip the **Scheduled Payments box**.]
6. Fill in the **Personal Information** fields.
  - a. **Couples:** If husband and wife have the same last name, enter it in the Last Name(s) field. Enter Husband's first name and Wife's first name in the First Name(s) field (e.g., Joe & Ann). If the couple has **different last names**, enter the Husband's full name in the First Name(s) field and enter the Wife's full name in the Last Name(s) field.
  - b. Enter Email address and confirm.
  - c. For **Preferred Class Year**, scroll the drop-down arrow until you see "N/A" and select it (unless you actually attended Brandeis University).
  - d. For **Relationship to Brandeis**, scroll the drop-down arrow until you see "**BNC Member**" and select it.
  - e. Enter at least one Phone Number and additional ones as you prefer.
  - f. Complete the Home Address fields.
  - g. Click "Save and Continue." Or "Back" to edit the previous entries.
7. Fill in the **Billing Information** to **PAY WITH YOUR CREDIT CARD**.
8. Click "**Next**."
9. Once you see the "**THANK YOU**" page, you're done!

### **IF you need assistance with online registration:**

If your last name begins with A – L, call Irene Lubin at 480-948-3773.

If your last name begins with M – Z, call Bruce Galin at 480-661-0842.

# Registration Information

## IN ORDER TO REGISTER FOR STUDY GROUPS

YOU MUST BE A PAID-UP MEMBER of  
Brandeis National Committee (BNC).

To renew or join online. Instructions are on page 3.

## HOW TO REGISTER FOR STUDY GROUPS

The Study Group Registration Form is available on our Website

- ◆ Go to <http://www.brandeisphoenix.org/study-groups.html> and **click** on the *Study Group Registration Form* link. All the necessary information is on the form.
- ◆ Fill out the *Study Group Registration Form* clearly and completely.
- ◆ Be sure to include your email address, since this is the most efficient way for your facilitator(s) and the Registrar to contact you.
- ◆ **Only one member per registration form.** If you have a couple membership, your spouse or significant other must complete a separate form.
- ◆ Return the form(s) by mail to our Registrar, Merrill Kalman.
- ◆ If you can't print the form, you may send a sheet of paper that must include your name, phone, email address, and group names and numbers.
- ◆ Make your check payable to BNC and mail it with the form to:

Merrill Kalman, 8240 E. Tether Trail  
Scottsdale, AZ 85255  
[mskbflo@aol.com](mailto:mskbflo@aol.com)

## STUDY GROUP FEE

- ◆ While the fee for most study groups is \$20, some are \$25 as noted. Please consider this when tallying your registration form.
- ◆ There may be additional costs based on the group's activity (e.g., admission fees, facility fees, materials fees, golf greens fees and lunch expenses).

## ENROLLMENT AND REFUND POLICY

- ◆ Unless notified otherwise, you are enrolled in the study group(s) you selected.
- ◆ You will not receive a confirmation, so keep a copy of your Registration form.

- ◆ There will be no refunds unless a study group is cancelled or has reached its maximum.

## STUDY GROUP GUESTS AND GUEST FEES

**Note:** Does not apply to **Roz Fischer Concerts & Conversations Subscription Series** or the **Arizona Authors Speaker Series**, both of which can be attended by paying a guest fee each time.

**Guests must contact the study group facilitator to determine if space is available.**

## GUESTS WHO ARE BNC MEMBERS

- ◆ BNC members not enrolled in a Study Group may attend any session, space permitting, for a guest fee of \$5 (\$7 for Concerts and Conversations). If the member subsequently joins the group, the guest fee can be applied to the registration fee.

## GUESTS WHO ARE NON-MEMBERS

- ◆ People who are not yet BNC members may attend a study group, space permitting, as a *one-time* guest. A \$5 guest fee applies (\$7 for Concerts and Conversations). If the non-member subsequently joins BNC and wishes to join the group, the guest fees paid can be applied to the study group registration fees.

## GUEST FEES - COLLECTION

- ◆ Guest fees are paid to the facilitators, either by cash or a check payable to BNC.

## CHAPTER MEMBERSHIP REQUIRED

- ◆ If you are not a member at the time you register for a study group, your study group registration might be delayed.
- ◆ Renew or join online. Detailed instructions for the online membership form are on page 3. **Click HERE** to go to the BNC Membership page on their website.
- ◆ If you have a problem with the online option, you may call our Financial Secretary, Irene Lubin, at 480-948-3773 to use a credit card - both Visa and MasterCard are accepted for dues.
- ◆ You may join a study group if you are a member of the Phoenix Chapter or another chapter and are visiting for the winter. The Registrar will have an up-to-date membership list to check your status.

Do not combine **Membership Dues** and **Study Group Registration** in one check.

- ◆ **Click HERE** to pay Membership Dues, details are on page 3.
- ◆ Send **Study Group Registration** to Merrill Kalman

## 2019 - 2020 Alphabetical Listing

Click on the **group name** to go to the description.  
Click on the **group name** to return to this list.

Advanced Canasta for Fun *NEW*	Just Desserts
Ancient Peoples of Central AZ *NEW*	Knit A Mitzvah
Arizona Authors Speaker Series	Learn to Play Canasta - January
At the Ballet	Leisure Hiking
B-Puzzled: Mystery and Suspense	Mah Jongg for Beginners
A Bisseleh Yiddishkeit *NEW*	Men of Brandeis (MOB)
Book Brothers	Mitzvah Mavens
Books for the Armchair Traveler	Monday Mystery Ladies
Boomers	Movers and Shakers *NEW*
Bowlero Via Linda Lanes - New Name	Neighborhood Haunts
Bridging It! New Week	Off the Beaten Path *NEW*
Camelview, Shea 14 - Review and Lunch	Phoenicians of BNC
Canasta for Beginners - February	Planes, Trains and Automobiles *NEW*
Central Phx Readers	Play Golf
A Community-Building Group for Couples *NEW*	Poets Laureate *NEW*
ROZ FISCHER CONCERTS & CONVERSATIONS - A SUBSCRIPTION SERIES EVENT	Raise Your Consciousness, Change Your Life - New Name
Contemporary Issues #1	Restless Minds Discussion Group
Contemporary Issues #2	Second Tuesday AM Book Group
Culture in AZ	Second Tuesday Lunch Bunch
Current Events	Simply Scrabble
Don't Worry, Be Happy Hour	Staying Relevant: Putting Your Life in Motion - New Name
Evening Coed Partners Canasta *NEW*	Study with the Best: Potpourri of Classic Movies
Explore the World of Interior Design	Sun Lakes Potpourri
First Friday Films & Feasts	Sunday Afternoon Movie
First Tuesday Book Group	Talk & Munchies
Foreign Film Foodies *NEW*	The 2020 Presidential Nomination Process and Election *NEW*
Fourth Wednesday Lunch Bunch	Theater & Lunch Series
Intermediate Hiking Club	Writing Your Stories *NEW*
Intermediate Mah Jongg	Yoga
Jewels of the Desert Mini-Hiking	
Jewish Book Group	

## 2019 - 2020 Groups in Guide Order

Click on the **day of the week** to go to the page  
where the groups meeting that day begin.

### VARIOUS

1. Boomers
2. Culture in AZ
3. Men of Brandeis (MOB)
4. Mitzvah Mavens
5. Movers and Shakers
6. Phoenicians of BNC

### MONDAY

7. 1<sup>st</sup> Bowlero Via Linda Lanes
8. 1<sup>st</sup> Monday Mystery Ladies
9. 1<sup>st</sup> & 3<sup>rd</sup> 2020 Presidential  
Nomination Process and Election
10. 2<sup>nd</sup> & 4<sup>th</sup> Writing Your Stories
11. 2<sup>nd</sup> ROZ FISCHER  
CONCERTS & CONVERSATIONS
12. 3<sup>rd</sup> Arizona Authors Speaker  
Series
13. 4<sup>th</sup> B-Puzzled: Mystery and  
Suspense

### TUESDAY

14. Yoga
15. Advanced Canasta for Fun
16. Intermediate Mah Jongg
17. 1<sup>st</sup> Current Events
18. 1<sup>st</sup> First Tuesday Book Group
19. 2<sup>nd</sup> Central Phx Readers
20. 2<sup>nd</sup> Second Tuesday AM Book  
Group
21. 2<sup>nd</sup> Second Tuesday Lunch Bunch
22. 3<sup>rd</sup> Camelview, Shea 14 -  
Review and Lunch
23. 3<sup>rd</sup> Staying Relevant: Putting  
Your Life in Motion
24. 3<sup>rd</sup> Ancient Peoples of Central AZ
25. 4<sup>th</sup> Raise Your Consciousness,  
Change Your Life
26. 4<sup>th</sup> Bridging It!
27. 4<sup>th</sup> Off the Beaten Path

### WEDNESDAY

28. Theater & Lunch Series
29. 1<sup>st</sup> Just Desserts
30. 1<sup>st</sup> Don't Worry, Be Happy Hour
31. 2<sup>nd</sup> Foreign Film Foodies

### WEDNESDAY (continued)

32. 2<sup>nd</sup> & 4<sup>th</sup> Knit A Mitzvah
33. 4<sup>th</sup> Fourth Wed. Lunch Bunch
34. 4<sup>th</sup> Play Golf

### THURSDAY

35. Mah Jongg for Beginners
36. Canasta for Beginners - Feb.
37. 1<sup>st</sup> Jewish Book Group
38. 1<sup>st</sup> Study with the Best:  
Potpourri of Classic Movies
39. 1<sup>st</sup> Sun Lakes Potpourri
40. 1<sup>st</sup> & 3<sup>rd</sup> Intermediate Hiking
41. 1<sup>st</sup> & 3<sup>rd</sup> Leisure Hiking
42. 2<sup>nd</sup> Book Brothers
43. 3<sup>rd</sup> Books for the Armchair  
Traveler
44. 4<sup>th</sup> Contemporary Issues #1
45. 3<sup>th</sup> Contemporary Issues #2
46. 4<sup>th</sup> Jewels of the Desert Mini-  
Hiking
47. 4<sup>th</sup> Simply Scrabble
48. 4<sup>th</sup> Neighborhood Haunts
49. 4<sup>th</sup> Poets Laureate

### FRIDAY

50. Explore the World of Interior  
Design
51. Learn to Play Canasta - Jan.
52. 1<sup>st</sup> First Friday Films & Feasts

### SATURDAY

53. Planes, Trains and  
Automobiles
54. At the Ballet

### SUNDAY

55. A Bisseleh Yiddishkeit
56. 1<sup>st</sup> A Community-Building  
Group for Couples
57. 2<sup>nd</sup> Restless Minds  
Discussion Group
58. 3<sup>rd</sup> Sunday Afternoon Movie  
Talk & Munchies
59. 3<sup>rd</sup> Evening Coed Partners  
Canasta



# Phoenix Chapter Study Groups

## 2019 \* 2020



### 1. BOOMERS

Boomers has nothing to do with age - it is a state of mind. This active group explores all the Valley has to offer. From museums, lectures, field trips, game days and more, the Boomers are always on the go. We meet once a month from October through May, often in the morning, and our meeting day is based on the activity, with *Friday* preferred. Facilitators will notify members of specific dates and activities by email. Maximum 175.



**Various Dates (October - May)**

Facilitators:		Fee: \$20
Michelle Fischler	<a href="mailto:michellyules@gmail.com">michellyules@gmail.com</a>	602-380-1559
Ellen Kirschenbaum	<a href="mailto:ellenk102@gmail.com">ellenk102@gmail.com</a>	602-214-5212
Susan Rollins	<a href="mailto:serollins52@gmail.com">serollins52@gmail.com</a>	480-563-0411
Ronee Siegel	<a href="mailto:brandeisboomers@gmail.com">brandeisboomers@gmail.com</a>	917-273-0393



### 2. CULTURE IN AZ

We will visit venues both unique to, and an integral part of, life in Arizona. Included in this group may be special shows, exhibits and festivals. We will visit 3-4 sites, followed by an optional meal. Entrance fees and meals are additional. Maximum 100.

**Various Tour Dates, October - April**

Facilitators:		Fee: \$20
Gladys Simon	<a href="mailto:gladsi26@hotmail.com">gladsi26@hotmail.com</a>	480-282-2047
Nancy Sacks-Goldberg	<a href="mailto:nhshobo@aol.com">nhshobo@aol.com</a>	480-299-1792
Iris Wigal	<a href="mailto:wiggley@cox.net">wiggley@cox.net</a>	602-980-5436



### 3. MEN OF BRANDEIS (MOB)

The MOB is now in its 9<sup>th</sup> year. Starting in October, the Men of Brandeis will meet at the JCC every two months, on the second Wednesday at 1:00 pm (preceded by a nosh at the coffee shop), to hear a variety of guest speakers. Come early and join us at Milk and Honey (JCC's coffee shop) for lunch. **Due to Yom Kippur, our first meeting will be on October 16.** On the alternate months, we will explore interesting sites. As in the past, the day of the week for the tours depends on the venue. They will probably be either a Tuesday, Wednesday or Thursday. Any entrance fees and meals are additional. Location and times of events will be emailed to participants.

**Various Dates (October - April)**  
**Facilitator:** ..... **Fee: \$25 (includes facility fee)**  
 Leith Baletin [lbaletin@gmail.com](mailto:lbaletin@gmail.com) **480-874-9434**

### 4. MITZVAH MAVENS

Participants in this group will volunteer at Valley non-profit organizations. We will meet at the specific locations of the organizations on various dates. Maximum participation may vary with the activity. Participants will be notified of specific dates by email. This group is open to both men and women. Join us and feel good while doing good! Maximum 100.



**Various Dates, October - April**

Facilitators:		Fee: \$20
Ellen Kirschenbaum	<a href="mailto:ellenk102@gmail.com">ellenk102@gmail.com</a>	602-214-5212
Nan Waldman	<a href="mailto:nanlarry46@gmail.com">nanlarry46@gmail.com</a>	602-410-5639
Ileen Herberg	<a href="mailto:herberg@aol.com">herberg@aol.com</a>	602-460-0047
Patti Grossman	<a href="mailto:psgrossman717@gmail.com">psgrossman717@gmail.com</a>	602-885-0158



### 5. MOVERS & SHAKERS \*NEW\*

Join us as we explore new and unusual venues in the Valley of the Sun which may include historical tours, museums, exhibits and participatory experiences. We meet once a month, preferably on *Thursday* mornings, usually followed by lunch. Days and times could vary depending on the scheduled event. Participants will be notified by email each month with details of the specific activity. Activity fees may apply for individual events. Maximum 50.

**Various dates (October - May)**

Facilitators:		Fee: \$20
Harriet Schwartz	<a href="mailto:harriet0715@gmail.com">harriet0715@gmail.com</a>	602-738-0801
Sheila Landau	<a href="mailto:buildor2@cox.net">buildor2@cox.net</a>	602-809-5100
Marcia Langer	<a href="mailto:marciala@msn.com">marciala@msn.com</a>	914-943-7804



## 6. PHOENICIANS OF BNC

This group will meet once a month from October through May for a potpourri of activities, primarily in central Phoenix locations. An exciting list of potential activities has already been generated. The particular day of the week, time and place will be determined by the planned

activity. Details of the first meeting will be emailed to group participants. Minimum 10, maximum 60.

**Facilitators:** ..... **Fee: \$20**  
**Joellyn Pollock** [joellyn\\_pollock@yahoo.com](mailto:joellyn_pollock@yahoo.com) 602-257-4327  
**Mickey Leonard** [mlphx@cox.net](mailto:mlphx@cox.net) 602-459-6972  
**Joyce Steinberg** [joyces12003@gmail.com](mailto:joyces12003@gmail.com) 602-538-2561  
**Terry Taubman** [terrytaubman@gmail.com](mailto:terrytaubman@gmail.com) 602-319-8351



## 7. BOWLERO VIA LINDA LANES - New Name

Join our Bowling League! This relaxed, non-competitive group will meet at Bowlero Via Linda Lanes once a month to bowl just for fun, followed by lunch. The lanes are located at 9027 E. Via Linda, Scottsdale 85258.

**Our first game will be Monday, October 7.** Minimum 8, maximum 15.

**First Mondays, 12:00 pm (October - May)**

**Facilitator:** ..... **Fee: \$20 plus lane fees**  
**Barbara Janger** [barbarajanger@gmail.com](mailto:barbarajanger@gmail.com) 480-451-8901



## 8. MONDAY MYSTERY LADIES

This book group will analyze mysteries written from 2000 to the present. We will meet the first Monday of the month at noon for lunch and discussion. Location details will be emailed to participants. **Our first meeting will be Monday, October 7 and the book will be *The Night Agent* by Matthew Quirk.** Maximum 16.

**First Mondays, 12:00 pm (October - May)**

**Facilitator:** ..... **Fee: \$20**  
**Irene Mieszcanski** [miesirene@aol.com](mailto:miesirene@aol.com)

## 9. THE 2020 PRESIDENTIAL NOMINATION PROCESS AND ELECTION \*NEW\*



### TOPICS WILL INCLUDE:

January 6: The 2018 Elections as Prelude to the 2020 Elections

January 20: The 2020 Nomination Process

From February 3 and continuing through May 18: Open discussions of the 2020 Nominations, the Nomination Process and Implications for the 2020 General Elections. **Our first discussion will be Monday, January 6.** Maximum 15.

**First & Third Monday Evenings, 7:00 - 8:30 pm (January - May)**

**Facilitator:** ..... **Fee: \$20**  
**Mark Stern** [mstern@shepherd.edu](mailto:mstern@shepherd.edu) 540-664-0480



## 10. WRITING YOUR STORIES \*NEW\*

Every person has stories to write, life experiences to share or new ones to create. With writing prompts and discussion in a non-judgmental group atmosphere, we will encourage you to find your words and put them on paper, tablet or laptop; bring your preferred writing instrument.

This group is for both new and experienced writers. Location details will be emailed to participants. There may be an additional facility fee. **Our first meeting will be Monday, October 14 at 1:30 pm.** Minimum 6, maximum 12.

**Second and Fourth Mondays, 1:30 - 3:30 pm (October - December)**

**Facilitators:** ..... **Fee: \$20**  
**Carole Davis** [cdavis113@icloud.com](mailto:cdavis113@icloud.com) 412-398-5260  
**Judy Mosbacher** [judeinphx@gmail.com](mailto:judeinphx@gmail.com) 602-228-4138  
**Merri Rubin** [merrir@icloud.com](mailto:merrir@icloud.com) 610-999-6227

## 11. ROZ FISCHER CONCERTS & CONVERSATIONS - A SUBSCRIPTION SERIES EVENT

Concerts & Conversations is a Subscription Series Event. There will be four performances - on the second Monday of November, December, January and February - at Palo Cristi Church, 3535 E. Lincoln Drive, in Paradise Valley. The Music Committee will prepare and serve refreshments.

### THE SCHEDULED PERFORMERS ARE:

#### November 11, 2019

Soprano Abigail Krawson (Krawczynska), winner of Phoenix Opera's 2018 Southwest Vocal Competition, sings *Bel Canto* to Broadway to open the 2019-2020 season.

#### December 9, 2019

Young violinist Ethan Yang shares his prodigious talent, accompanied by pianist Wei Xing.

#### January 13, 2020

Phoenix Symphony Principal Flute Viviana Cumplido showcases favorites from the classical flute repertoire, accompanied by pianist Gail Novak.

#### February 10, 2020

American-Armenian Pianist Tavit Tashjian returns to Brandeis to perform Beethoven's *Moonlight Sonata* as part of a love-themed Valentine's Day solo recital.

**Second Mondays, 1:00 pm (Nov. 11, Dec. 9, Jan. 13, Feb. 10)**

**Price:** Brandeis members: \$25 for the series (use the registration form)

Non-Brandeis members: \$25 for the series, payable at the door

Individual concerts: \$7 per Concert, payable at the door

**Contact:** Joan Sitver [joansitver@aol.com](mailto:joansitver@aol.com) 602-971-0012

#### Music Committee:

Phyllis Becker, Fay Behboodi, Marilyn Blynder, Margie Bold, Arlene Feldman, Paulette Fraenkel, Carole Goldstein, Ruth LeGrand, Sharon Messing, Susan Peskind, Mark Sendrow, Susan Sendrow, Mort Sitver, David Tuckman, Ellen Tuckman

*We fondly remember Roz Fischer, one of the founders of this group.*

Programming: Jan Septon

Proceeds from this series are designated to support the Sustaining the Mind Fund at Brandeis University.

The Fair Market Value for each Concert is \$7.



## 12. ARIZONA AUTHORS SPEAKER SERIES

Our state of Arizona contributes much to the literary world, with authors and also with story settings. This group will focus on both. Once a month, for six months, we will be treated to an appearance by an author who is either from Arizona, resides in Arizona now or uses Arizona as a locale for a book. The author will speak to us about his/her life and writing. There will be a question and answer period followed by book signings. You do not need to read the author's book in advance but you are, of course, welcome to do so. Books will be available for purchase that day. The authors do not charge us for their appearance, but selling books is how they make their living, so it is always nice for our group to support them. You must RSVP to Merrill each month to assure a seat. **The first meeting will be October 21.** Location: JCC, 12701 N. Scottsdale Road, Scottsdale 85254. Maximum 150.

**Third Mondays, 12:30 - 2:30 pm (October - March)**

**Facilitator:** ..... **Fee: \$25 (includes facility fee)**

Merrill Kalman

[mskbflo@aol.com](mailto:mskbflo@aol.com)

480-296-3355



## 13. B-PUZZLED: MYSTERY & SUSPENSE

This book group will focus on mystery and suspense. Books are chosen by participants and range from classic "whodunits" (Agatha Christie) to current mysteries (Louise Penny), spy novels (Daniel Silva) and psychological thrillers (A. J. Flynn). The group

meets the fourth Monday of the month at 12:00 p.m. at the Ice Den. **The first meeting will be October 28.** The first selection is *Lethal White* by Robert Galbraith (J.K. Rowling). Minimum 10, maximum 15.

**Fourth Mondays at 12:00 pm (October - April)**

**Facilitators:** ..... **Fee: \$20**

Arlene Gluck

[agluck1128@gmail.com](mailto:agluck1128@gmail.com)

760-559-7558

Alyce Helfman

[ahelfman2002@yahoo.com](mailto:ahelfman2002@yahoo.com)

551-427-8365



# Tuesday

## 14. YOGA

Join us for our yoga group, an all-levels class good for first-timers as well as experienced practitioners. Modifications and suggestions will be given to enhance each pose (asana), including breathing techniques for energy and for relaxation. Each session will end with a calming savasana - a complete relaxation. The stiffer you are, the better! In addition, specific areas such as back pain or issues such as headaches and insomnia will be addressed. Handouts will be given so participants can practice at home. Dr. Nancy Siefer, a registered and certified yoga instructor with over 20 years of teaching experience, will lead the classes. Bring a mat, water and any prop (block, belt, etc.) you like to use. Our classes will meet from 8:30 - 9:30 am on eight consecutive Tuesday mornings, **beginning January 14**. Location details will be emailed to participants; there will be a nominal charge for the use of a dedicated space. Maximum 24.



**Eight Tuesdays, 8:30 - 9:30 am (January 14, 21, 28; February 4, 11, 18, 25; March 3)**

**Facilitator:** ..... **Fee: \$20**  
**Nancy Siefer** ..... [n.siefer@gmail.com](mailto:n.siefer@gmail.com) ..... **480-577-1439**



## 15. ADVANCED CANASTA FOR FUN \*NEW\*

Players in this group need to be experienced and have a good understanding of various canasta rules. Knowledge of scorekeeping and splashes is required. Study group rules will be distributed before our first session. We will meet at a Scottsdale restaurant - location details will be emailed to participants. Please note that players are required to buy lunch. You will be playing with different people each week. **Our first game will be October 15**. Maximum 36.

**Every Tuesday, 11:15 am - 2:45 pm (October 15 - May 12)**

**Facilitators:** ..... **Fee: \$20**  
**Anne Mondlick** ..... [anne@mondlick.com](mailto:anne@mondlick.com) ..... **315-289-7499**  
**Joy Siegelheim** ..... [j.siegelheim@gmail.com](mailto:j.siegelheim@gmail.com) ..... **201-424-3343**  
**Carol Kadet** ..... [carolkadet@gmail.com](mailto:carolkadet@gmail.com) ..... **415-828-1299**

## 16. INTERMEDIATE MAH JONGG

This weekly group is intended for intermediate/experienced players with thorough knowledge of the National Mah Jongg League rules and a steady pace of play. We will play every Tuesday from 12:30 - 3:00 pm at the Via Linda Senior Center, 10440 E. Via Linda, Scottsdale. **Our first meeting will be Tuesday, October 15**. Minimum 4, maximum 24.



**Every Tuesday, 12:30 - 3:00 pm (October - May)**

**Facilitator:** ..... **Fee \$20**  
**Ruth Guth** ..... [rguth.drmom@yahoo.com](mailto:rguth.drmom@yahoo.com) ..... **480-245-6589**



## 17. CURRENT EVENTS

Join our lively conversation as we explore current events that shape the future of the world in which we live. Topics will be chosen by the members. Active participation and some research is the key to great discussions. Members will be asked to hold

meetings in their homes and/or provide refreshments. **The first meeting will be Tuesday, November 5**, optional lunch to follow. Participants will be notified of the location by email. Maximum 25.

**First Tuesdays, 10:00 am (November - April)**

**Facilitators:** ..... **Fee: \$20**  
**Gladys Simon** ..... [gladsi26@hotmail.com](mailto:gladsi26@hotmail.com) ..... **480-282-2047**  
**Stephanie Klopfer** ..... [rednoz@aol.com](mailto:rednoz@aol.com) ..... **480-251-0815**  
**Nancy Sacks-Goldberg** ..... [nhshobo@aol.com](mailto:nhshobo@aol.com) ..... **480-299-1792**  
**Amy Richman** ..... [amy@richmanfamily.com](mailto:amy@richmanfamily.com) ..... **310-562-7342**

## 18. FIRST TUESDAY BOOK GROUP

This group reads bestsellers and new books, both fiction and non-fiction. Books are chosen two or three at a time to reflect new releases. Someone in the group must have read the selection for it to be considered. This study group meets from November through May in members' homes. The facilitators will send out a monthly email with the name of the book, the location of the meeting and the person to whom you must RSVP. **Our first meeting will be November 5**. Maximum 18.



**First Tuesdays, 1:30 - 3:30 pm (November - May)**

**Facilitators:** ..... **Fee: \$20**  
**Marcia Langer** ..... [marciala@msn.com](mailto:marciala@msn.com) ..... **914-943-7804**  
**Judy Levine** ..... [judithlevine43@yahoo.com](mailto:judithlevine43@yahoo.com) ..... **480-496-0252**





## 19. CENTRAL PHX READERS

Central Phoenix Readers will meet once a month from November through May in members' homes, with those attending usually going to lunch afterwards. The group reads fiction and nonfiction. Everyone will take turns hosting and leading the book discussions. Our November book will be *A Gentleman in Moscow* by Amor Towles. Selections for the rest of the year will be determined by the group at **our first meeting on November 12**. Minimum 8, maximum 15.

*Gentleman in Moscow* by Amor Towles. Selections for the rest of the year will be determined by the group at **our first meeting on November 12**. Minimum 8, maximum 15.

**Second Tuesdays, 10:00 am - 12:00 pm (November - May)**

**Facilitators:** ..... **Fee: \$20**  
 Iris Wigal [wiggley@cox.net](mailto:wiggley@cox.net) 602-980-5436  
 Rita Moretsky [ritamoretsky@gmail.com](mailto:ritamoretsky@gmail.com) 602-686-1611

## 20. SECOND TUESDAY AM BOOK GROUP

This group reads bestsellers and new books, both fiction and non-fiction. Books are chosen two or three at a time to reflect new releases. Someone in the group must have read the selection for it to be considered. This study group meets from November through May in members' homes. The facilitator will send out a monthly email with the name of the book, the location of the meeting and the person to whom you must RSVP. **Our first meeting will be November 12**. Maximum 18.

**Second Tuesdays, 10:00 am - 12:00 pm (November - May)**

**Facilitators:** ..... **Fee: \$20**  
 Leslie Kiefus [lk907@yahoo.com](mailto:lk907@yahoo.com)  
 Marcia Langer [marciala@msn.com](mailto:marciala@msn.com) 914-943-7804



## 21. SECOND TUESDAY LUNCH BUNCH

Join us in the discovery of new culinary experiences and enjoy dining with new friends and familiar tablemates. We will meet on the second Tuesday at well-reviewed, diverse and interesting restaurants. Everyone is responsible for their own meal. If separate checks are not available, we will divide the bill evenly among ourselves.

You must reply to the facilitator in order to secure a place at the table. **Our first lunch will be November 12**. Maximum 30.

**Second Tuesdays (November - April)**

**Facilitators:** ..... **Fee: \$20**  
 Joyce Goldstein [joyce@goldstein.us](mailto:joyce@goldstein.us) 973-715-6475  
 Janis Lipman [janislipman@gmail.com](mailto:janislipman@gmail.com) 203-216-0177

## 22. CAMELVIEW, SHEA 14 - REVIEW & LUNCH

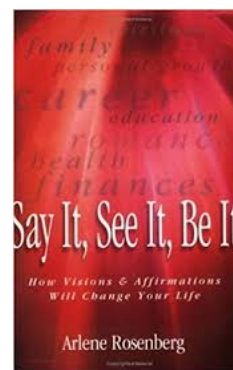
Enjoy a thought-provoking movie each month, followed by a discussion and lunch at a nearby restaurant. We will meet at Harkins Camelview at Scottsdale Fashion Square, at Harkins Shea 14 or at another theater in the area. Meeting notices will be emailed to participants each month, about five to seven days before the meeting date (after movie schedules are set), with specific details of movie name, time and location of theater and restaurant.

**Our first movie will be Tuesday, October 15.**

**Third Tuesday Mornings (October - May)**

**Facilitators:** ..... **Fee: \$20**  
 Sheila Landau [buildor2@cox.net](mailto:buildor2@cox.net) 602-809-5100  
 Henriette Hasley [henriette.hasley@cox.net](mailto:henriette.hasley@cox.net) 602-494-1924

**NOTE:** There are several movie groups offered this year, so they may occasionally select the same movie.



## 23. STAYING RELEVANT - PUTTING YOUR LIFE IN MOTION

Led by author and professional empowerment coach Arlene Rosenberg, this study group will concentrate on putting participants' lives in motion with a new vision, changed thinking and outlook. Using her book *Say It, See It, Be It: How Visions and Affirmations Will Change Your Life*, study group members will combine short exercises and positive uplifting discussions to boost confidence, detach from negative influences and create a strong confident vision for their future.

The book will be available to attendees for \$10.00, payable to the facilitator at the first meeting. It will be used as a study guide for attendees learning how to increase their personal power. The meeting location will be based on participation. **The first meeting will be Tuesday, October 15**. Minimum 10, maximum 20.

**Third Tuesdays, 10:00 am - 12:00 pm (October - February)**

**Facilitator:** ..... **Fee: \$20 + book by Arlene Rosenberg**  
 Arlene Rosenberg [ar@arlenerosenberg.com](mailto:ar@arlenerosenberg.com) 480-993-5322

## 24. ANCIENT PEOPLES OF CENTRAL AZ \*NEW\*

Before the Europeans arrived, an earlier people built canals and farms throughout the Valley of the Sun. Participants will meet four times to learn from experts about how this stone age culture worked and to study what they left behind. We will also learn about the current Native American residents of this area and their relationship to the earlier culture. The tours/meetings will involve some walking; they will be about one hour with an additional hour for discussion and a nosh.

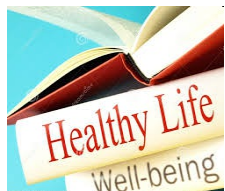


**Our first meeting will be on Tuesday, December 17** at the Pueblo Grande Museum, an important Hohokam site near the Phoenix airport. Subsequent meeting locations will be tailored to the consensus of the group. Car pools can be organized. Entry fees may apply. Minimum 5, maximum 15.

**Third Tuesdays at 1:30 pm (December, January, February, March)**

**Facilitators:** ..... **Fee: \$20**

**Fran Wasserstrom** [franwass7@gmail.com](mailto:franwass7@gmail.com) 614-571-3802  
**Simon Burrow** [simonburrow@mac.com](mailto:simonburrow@mac.com) 626-221-7808



## 25. RAISE YOUR CONSCIOUSNESS, CHANGE YOUR LIFE – NEW NAME

This is the group for you if you want to participate in a "mind, body, spirit/metaphysical" non-fiction book group that focuses on issues related to health and well-being. We will also explore topics viewed as metaphysical such as energy systems in the body, reincarnation and g levels of consciousness. We meet on the fourth Tuesday of the month at 11:00 am and go to lunch afterwards. **The first meeting will be Tuesday, October 22** at the facilitator's home in central Scottsdale. The details of the first book will be emailed to participants in mid-September. Minimum 3, maximum 10.

**Fourth Tuesdays, 11:00 am (October, January - April)**

**Facilitator:** ..... **Fee: \$20**

**Carol Wolf** [peanuts526@aol.com](mailto:peanuts526@aol.com) 847-207-9954

## 26. BRIDGING IT! (New Week)

This group meets for a fun afternoon of lunch, bridge and camaraderie. Members should be experienced bridge players who are willing to enjoy a non-competitive and relaxed afternoon of bridge. We meet from October to May on the fourth Tuesday of each month. Location details will



be emailed to the participants. **Our first meeting will be Tuesday, October 22.** Minimum 6, maximum 20.

**Fourth Tuesdays, 11:30 am - 3:00 pm (October - May)**

**Facilitators:** ..... **Fee: \$20**

**Marlene Allen** [marlen07@cox.net](mailto:marlen07@cox.net) 480-473-1619  
**Gloria Sappol** [gloriasemail@aol.com](mailto:gloriasemail@aol.com) 480-313-0222



## 27. OFF THE BEATEN PATH \*NEW\*

Join us as we go off the beaten path to enjoy flavors from different locales or ethnicities in restaurants around the Valley. Our outings may include visits to nearby sites of interest. **Our first lunch will be Tuesday, November 26.** Please note: Some

restaurants may require cash. Maximum 30.

**Tuesday, November 26; Thursday, January 30; Tuesday, March 24**

**Facilitators:** ..... **Fee: \$20**

**Ellen Kirschenbaum** [ellenk102@gmail.com](mailto:ellenk102@gmail.com) 602-214-5212  
**Michelle Fischler** [michelleyules@gmail.com](mailto:michelleyules@gmail.com) 602-667-0313  
**Iris Wigal** [wiggley@cox.net](mailto:wiggley@cox.net) 602-980-5436



## 28. THEATER & LUNCH SERIES

Join us for an exciting program for theater buffs at the Kax Stage of the Herberger Theater Center. Each performance is a one-act play lasting 45 minutes. Lunch will follow at a nearby restaurant. The performance date and the title of the play will be emailed in advance to group participants, who will purchase their own tickets and notify the facilitators that they are attending. The specific Wednesday will vary, based on the performance chosen. Minimum 6.



**Various Wednesdays, 11:45 am (October - May)**

**Facilitators:** ..... **Fee: \$20 + ticket price**

**Gale Gradus** [ggradus13@gmail.com](mailto:ggradus13@gmail.com) 201-906-2897  
**Nyles Gradus**





### JUST DESSERTS!

## 29. JUST DESSERTS

Are you in the mood for something yummy and decadent? Join this group and discover new places to satisfy your sweet tooth! **Our first sugar high will be Wednesday, November 6.** Maximum 20.

**First Wednesdays, 2:00 (November 6, February 5, April 1)**

**Facilitators:** ..... **Fee: \$20**

**Iris Wigal** ..... [wiggley@cox.net](mailto:wiggley@cox.net) ..... **602-980-5436**

**Wendy Cohen** ..... [wencohen@cox.net](mailto:wencohen@cox.net) ..... **602-316-2993**

## 30. DON'T WORRY, BE HAPPY HOUR

Looking for some great Happy Hour adventures? If so, this is the group for you. Meet new friends and sample some of the Valley's outstanding watering holes. Come and explore different restaurants and cuisines. **The first meeting will be Wednesday, October 2.** The place, time and details for the first and subsequent meetings will be emailed to participants.

**First Wednesdays, 5:00 - 7:00 pm (October - May)**

**Facilitator:** ..... **Fee: \$20**

**Cheryl Lennon** ..... [clennon60@gmail.com](mailto:clennon60@gmail.com) ..... **602-999-8858**



## 31. FOREIGN FILM FOODIES \*NEW\*

Join us as we explore the world of foreign films. For five months (November, January, February, March and May), a foreign film will be chosen for us to view and discuss over lunch. You can either come to the designated showing or you can see the film on your own and join us for lunch to

discuss the film. Please note the films may be subtitled. Locations will vary, depending on the film, but may include Harkins Shea 14 (Scottsdale), Harkins Camelview (Scottsdale), The Film Bar (Phoenix) and Harkins Valley Arts Theater (Tempe). We will provide the name and location of each film in advance so you can plan ahead. Films chosen will generally be during the day, but may include an evening showing on occasion. **Our first discussion will be Wednesday, November 13.** Minimum 5, maximum 20.

**Second Wednesdays (November, January, February, March, May)**

**Facilitators:** ..... **Fee: \$20**

**Ileen Herberg** ..... [iherberg@aol.com](mailto:iherberg@aol.com) ..... **602-460-0047**

**Joyce Steinberg** ..... [joyces12003@gmail.com](mailto:joyces12003@gmail.com) ..... **602-538-2561**

**NOTE:** There are several movie groups offered this year, so they may occasionally select the same movie.



## 32. KNIT A MITZVAH

If you knit or crochet and want to be a part of a wonderful group that makes scarves (donated to JFCS) and newborn baby caps and lap blankets (donated to HonorHealth Scottsdale Shea Medical Center), then this is the group for you! If your skills need improving, we will

help you. Knitting/crocheting and kibitzing two afternoons a month will be a stitch. We meet at the Coffee Plantation near Scottsdale and Shea. **First meeting will be October 23.** Maximum 20.

**Second & Fourth Wednesdays, 1:00 - 3:00 pm (October - May)**

**Facilitators:** ..... **Fee: \$20**

**Ronee Siegel** ..... [ronees@aol.com](mailto:ronees@aol.com) ..... **917-273-0393**

**Joan Davis** ..... [davis6j@gmail.com](mailto:davis6j@gmail.com) ..... **602-499-8357**

## 33. FOURTH WEDNESDAY LUNCH BUNCH

Explore historic, longstanding and outstanding Valley restaurants. Tours of the facility will be available, if appropriate. There will be separate checks whenever possible; cash is requested. **Our first lunch will be Wednesday, October 23, at 11:30 am.** Locations will be emailed to participants. You must RSVP to the facilitators in order to secure a place at a table. Maximum 27.

**Fourth Wednesdays (October - May)**

**Facilitators:** ..... **Fee: \$20**

**Nancy Sacks-Goldberg** ..... [nhshobo@aol.com](mailto:nhshobo@aol.com) ..... **480-299-1792**

**Barbara Abrams** ..... [bfabrams4109@gmail.com](mailto:bfabrams4109@gmail.com) ..... **312-965-4109**







### 34. PLAY GOLF

"The most important shot in golf is the next one," said pro golfer Ben Hogan. Silverado Golf Club is the place to hit 'em straight! Come join the fun and golf with BNC Phoenix Chapter! All levels are welcome. This group will meet in October and January through April. We will meet for lunch before playing.

Additional information will be sent upon registration. Play for the enjoyment of the game among BNC friends. The greens fees are \$55 (includes tax) for 9 holes, \$77 (includes tax) for 18 holes. All listed rates include the cart. Each player is responsible for greens fees and lunch costs. RSVPs must be finalized on the Monday prior to the golf date.

No refunds of greens fees will be allowed once an RSVP has been given. Our first outing will be **October 23 at 1:00 pm**; details will be emailed to participants. Maximum 20.

**Fourth Wednesdays, 1:00 pm (October, January - April)**

**Facilitators:** ..... **Fee: \$20 plus greens fees**  
Lori Roth [lori.rothaz@gmail.com](mailto:lori.rothaz@gmail.com) 480-310-1605  
Laurie Greenfield [lauriecgreenfield@gmail.com](mailto:lauriecgreenfield@gmail.com) 312-316-8800



### 35. MAH JONGG FOR BEGINNERS

If you've always wanted to learn how to play "The Game of a Thousand Intelligences," this group is for you! You will learn how to read and thoroughly understand the playing card, set up and deal the tiles, choose a hand and acquire basic strategies for playing the game. You will need to purchase a current Mah Jongg card prior to the first meeting. If you have a Mahj set, please let the facilitator know after you register for the group. **The first meeting will be Thursday, October 10.** Location details will be emailed to participants. There may be an additional facility fee. Minimum 10.

**Five Thursdays, 9:30 - 11:30 am (October 10, 17, 24, 31; November 7)**

**Facilitator:** ..... **Fee: \$20**  
Daron Barness [MajByDaron@gmail.com](mailto:MajByDaron@gmail.com) 602-619-1136



### 36. CANASTA FOR BEGINNERS - FEBRUARY

Meet new people, have fun and learn a classic game all at the same time! This group is offered as a four-week session beginning in February, with meetings once a week. Each lesson will cover a different and fundamental element of the game, so it is imperative that you attend all four sessions. Location details will be emailed to

participants. **The first session will be Thursday, February 6.** Minimum 8, maximum 12.

**Thursdays, 1:00 - 2:30 pm (February 6, 13, 20, 27)**

**Facilitators:** ..... **Fee: \$20**

Carol Isacson [cwisacson@yahoo.com](mailto:cwisacson@yahoo.com) 480-686-6661

Roberta Selnick [robertaselnick@gmail.com](mailto:robertaselnick@gmail.com) 847-343-2451

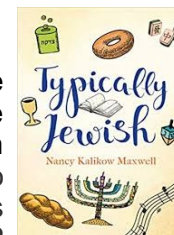
**NOTE:** Canasta lessons for beginners are offered twice this year, in January and February. The rules used will be Modern American. Choose the group that works best for you!

### 37. JEWISH BOOK GROUP

This group will meet at the clubhouse at Mountain Gate Apartments. **The first meeting will be October 3** and the book will be *The Weight of Ink* by Rachel Kadish. On November 7, the book will be *The German Girl* by Armando Lucas Correa. If you would like the complete list of books or the location address, call Ellen. Participants must RSVP to Ellen by the Tuesday prior to each meeting. Maximum 20.

**First Thursdays, 10:00 am (October - May)**

**Facilitator:** ..... **Fee: \$20**  
Ellen Tuckman 602-953-9307



### 38. STUDY WITH THE BEST: POTPOURRI OF CLASSIC MOVIES

Using Brandeis-authored and other materials, Potpourri of Classic Movies explores four Hollywood films that will engage us in lively discussions: *Joseph and the Amazing Technicolor Dreamcoat* (Musical), Hitchcock's *The Man Who Knew Too Much* (with Doris Day), a Jane Austen film and a classic film - details TBD. The films will be viewed on the meeting date, followed by group discussions. **The first meeting will be November 7.** Location details will be emailed to participants. Maximum 25.

**First Thursdays, 12:30 pm (November 7, December 5, February 6, March 5)**

**Facilitators:** ..... **Fee: \$20**

Carol Kern [cak8219@gmail.com](mailto:cak8219@gmail.com) 480-948-9236

Stephanie Klopper [rednoz@aol.com](mailto:rednoz@aol.com) 480-251-0815

### 39. SUN LAKES POTPOURRI

This group will include book and movie reviews, discussions on contemporary issues and visits to local places of interest. It is open to people outside the Sun Lakes area, and meets the first Thursday of each month. **At our first meeting on October 3,** we will socialize and plan our 2019 - 2020 calendar of meetings. Contact the facilitator for the location.

**First Thursdays, 1:30 - 3:30 pm**

**Facilitator:** ..... **Fee: \$20**  
 Lee Ross [marclee333@aol.com](mailto:marclee333@aol.com) 480-802-4828



### 40. INTERMEDIATE HIKING CLUB

Join us if you enjoy the fresh air, the natural beauty of the desert, exercise and camaraderie. These bi-monthly hikes in Phoenix, Scottsdale and beyond will take you on some challenging trails and elevations. This group is for intermediate hikers who will average 4-6 miles per hike. Hikes are usually three hours or less, plus destination time. Our start time will be

determined by the outdoor temperature, but it will be approximately 7:00 am - 9:00 am. Members will be notified prior to each hike of place and time. We hope you can join us for brunch after the hike, to give us time to socialize. **There will be an optional warm-up hike October 17; our first hike will be November 7.** Maximum 30.

**First & Third Thursdays (November - April)**

**Facilitators:** ..... **Fee: \$20**  
 Nancy Siefer [n.siefer@gmail.com](mailto:n.siefer@gmail.com) 480-577-1439  
 Andrea Greenspan [andreagreenspan@comcast.net](mailto:andreagreenspan@comcast.net) 847-668-0409  
 Susan Franklin [susanzfranklin@gmail.com](mailto:susanzfranklin@gmail.com) 602-350-5097

### 41. LEISURE HIKING

If you like the natural beauty of the desert, exercise and camaraderie, these bi-monthly hikes in Phoenix, Scottsdale and beyond will take you to beautiful trails at a comfortable pace. This group is not meant for those who want to go "all out" or on very steep trails, but some hiking experience is necessary. We recommend that participants wear proper hiking shoes. The group has been going strong for six years, and is open to men and women. Plan on 3.5-5 miles round trip, around 2-2.5 hours of hiking. The outdoor temperature and time of year will determine the designated start



time, but generally it will not be earlier than 8:00 am or later than 8:30 am. (We start on time as a courtesy to other members.)

Our first official hike will be Thursday, **November 7**, but we will likely schedule an **October 31** warm-up hike. The last hike of the year will be **April 30, 2020**. Members will be notified by email prior to each hike as to the destination, expected duration and difficulty of the hike. After the hike, the group meets for breakfast at a nearby restaurant. Maximum 50.

**First & Third Thursdays (November 7 - April 30)**

**Facilitators:** ..... **Fee: \$20**  
 Ellen Kirschenbaum [ellenk102@gmail.com](mailto:ellenk102@gmail.com) 602-214-5212  
 Bob Kirschenbaum [bobkirschenbaum@gmail.com](mailto:bobkirschenbaum@gmail.com) 602-614-5212  
 Simon Burrow [simonburrow@mac.com](mailto:simonburrow@mac.com) 626-221-7808



### 42. BOOK BROTHERS

Men read too! This book group will focus on history, biography and historical fiction. Books will include, but not focus exclusively on, Jewish themes, individuals and events. Our first book will be *The Avengers* by Rich Cohen. The reading list for the year will be distributed at the first meeting, which will be

**Thursday, October 10** at Congregation Or Tzion. The address will be provided to registrants prior to the first meeting. Lunch will follow for those interested. Maximum 20.

**Second Thursdays, 10:00 am - 12:00 pm (October - May)**

**Facilitators:** ..... **Fee: \$20**  
 Joe Widoff [jwidoff@gmail.com](mailto:jwidoff@gmail.com) 703-946-8869  
 Frank Lange [franklange@cox.net](mailto:franklange@cox.net) 602-768-3631

### 43. BOOKS FOR THE ARMCHAIR TRAVELER

This group reads books that take place in foreign locales. The participants recommend the books and meetings are held in each others' homes. Members are asked to host and/or lead/co-lead discussions, as responsibilities are shared. **Our**

**first meeting will be Thursday, October 17**, when we will discuss *One Hundred Years of Solitude* by Gabriel García Márquez. Maximum 28

**Third Thursdays, 10:00 am (October - May)**

**Facilitators:** ..... **Fee: \$20**  
 Tricia Beran [tricia@beran.net](mailto:tricia@beran.net) 480-229-5668  
 Bruce Galin [bruce.phxbnc@gmail.com](mailto:bruce.phxbnc@gmail.com) 480-661-0842  
 Nancy Sacks [nhshobo@aol.com](mailto:nhshobo@aol.com) 480-299-1792





#### 44. CONTEMPORARY ISSUES DISCUSSION GROUP #1

This discussion group has met continuously since 1997. Led by Ruth Anne, the participants choose current issues one meeting ahead. One member of the group researches a topic, but all members are encouraged to add information or to ask questions. Equal participation is important. Some members will be asked to hold meetings in their homes or to provide refreshments. Members are asked to contact the facilitator, who will give them directions to the location of that month's meeting. **The first meeting will be October 24.** Maximum 25.

**Fourth Thursdays, 9:30 - 11:30 am**

**Facilitator:** ..... **Fee: \$20**  
Ruth Anne Myers [ramyers@aol.com](mailto:ramyers@aol.com) 480-947-8216

#### 45. CONTEMPORARY ISSUES DISCUSSION GROUP #2

Join our lively conversation as we explore current events that shape the future of the world in which we live. Topics will be chosen by the members. Active participation by everyone is the key to great discussions. Members will be asked to hold meetings in their homes and/or provide refreshments. **The first meeting will be Thursday, October 17.** Location details will be emailed to participants. Maximum 22. **Third Thursdays, 9:30 - 11:30 am (October - May)**

**Facilitators:** ..... **Fee: \$20**  
Janis Lipman [janislipman@gmail.com](mailto:janislipman@gmail.com) 203-216-0177  
Joyce Goldstein [joyce@goldstein.us](mailto:joyce@goldstein.us) 480-307-9300



#### 46. JEWELS OF THE DESERT MINI-HIKING

Join this natural history interpretive hiking group where you will learn about the McDowell Sonoran Preserve, a protected 30,000-acre desert jewel within the city of Scottsdale. In five expeditions, we will explore the nature trails to learn from gifted and knowledgeable teachers about: The Architecture in

the Desert, Nature as a Healing Agent, Poetry of the Old West and much more. **Skill Level:** Ability to walk 0.5- 2.0 miles over 2 hours on gravel trail with minimal elevation. You will need sturdy boots, hat, water, sunscreen and optional hiking poles. We will meet once each month from November-

March. The presentations will match the highlights of the selected trail. Participants will be notified prior to each hike of the meeting time and trailhead location. **The first hike will be November 21.** Allow for travel time. Minimum 15, maximum 30.

**NOTE:** In addition to the registration fee, there is a \$20 per person speaker fee for the entire series. Facilitators will email further instructions after registration.

**Fourth Thursdays, 8:30 am (December - March, plus November 21, due to Thanksgiving)**

**Facilitators:** ..... **Fee: \$20 + speaker fee**  
Myral Robbins [myralrobbinsdo@aol.com](mailto:myralrobbinsdo@aol.com) 248-514-9895  
Maxine Sukenik [tothemax999@aol.com](mailto:tothemax999@aol.com) 847-650-8621

#### 47. SIMPLY SCRABBLE

Playing Scrabble changes the way you use your brain. This is an opportunity to enhance your skills, challenge your brain and have fun. All levels are welcome. We will



meet on the fourth Thursday of the month at Safeway, 4747 E Greenway Rd. (Tatum and Greenway) in the Starbucks section. Members may be asked to bring a Scrabble set. **Our first game will be Thursday, October 24.** Minimum 8, maximum 18.

**4<sup>th</sup> Thursday, 10:00 - 11:45 am (October-May, except Thanksgiving)**  
**Facilitator:** ..... **Fee: \$20**  
Marcia Langer [marciala@msn.com](mailto:marciala@msn.com) 914-943-7804



#### 48. NEIGHBORHOOD HAUNTS

Foodies - are you ready to experience out-of-the-way neighborhood haunts? Join us for lunch as we sample best-kept secret locales. This is a wonderful chance to meet new people in a fun setting! Cash is preferred. **Our first lunch will be October 24.** Maximum 35.

**Fourth Thursdays, 12:30 pm (October - May)**

**Facilitators:** ..... **Fee: \$20**  
Sheila Landau [buildor2@cox.net](mailto:buildor2@cox.net) 602-809-5100  
Harriet Schwartz [harriet0715@gmail.com](mailto:harriet0715@gmail.com) 602-738-0801



#### 49. POETS LAUREATE \*NEW\*

The focus of this study group will be poets laureate - those artists who have been awarded the highest honor in the land by the Library of Congress, including champions of poetry preceding the official title conferred in 1985. We will discuss reading strategies to enable a deep understanding of the sound and sense of the poems. The goal is to penetrate the surface of the poem as well as the heart of the poet. The facilitator is Freyda Libman, Professor Emerita, a published poet in love with poetry. Meetings will be held at participants' homes and **our first meeting will be October 24**. The required text is *Poets Laureate, An Anthology*, published by the Library of Congress and edited by Elizabeth Schmitt, obtainable on Amazon. Please bring your book to the first session. Location details will be emailed to participants. Minimum 8, maximum 20.

**Fourth Thursdays, 1:30 - 3:00 pm (October - April)**

**Facilitator:** ..... **Fee: \$20**  
Freyda Libman      [poetprof329@gmail.com](mailto:poetprof329@gmail.com)      630-926-3193



#### 50. EXPLORE THE WORLD OF INTERIOR DESIGN

Join professional designer Sheila Landau on three field trips to explore the latest products. We will go to different showrooms in the Scottsdale Airpark area to view new kitchen products, including a Steam Oven demo, and new Plumbing products, Flooring, Wall Coverings and Lighting. We will also visit a Granite and Quartzite factory. Our field trips will always be followed by lunch. Minimum 6.

**Various Fridays, 11:00 am**

**Facilitator:** ..... **Fee: \$20**  
Sheila Landau      [buildor2@cox.net](mailto:buildor2@cox.net)      602-809-5100



#### 51. LEARN TO PLAY CANASTA - JANUARY

Meet new people, have fun and learn a classic game all at the same time! This group is offered as a four-week session, with meetings once a week at the facilitator's home in Scottsdale. Each lesson will cover a different and fundamental element of the game, so it is imperative that you attend all four sessions. Location

details will be emailed to participants. **The first session will be Friday, January 17**. Minimum 4, maximum 10.

**Fridays, 10:00 am PROMPTLY - 12:30 pm (January 17, 24, 31, February 7)**

**Facilitator:** ..... **Fee: \$20**  
Roberta Scharf      [rscharf@cox.net](mailto:rscharf@cox.net)      602-670-0080

**NOTE:** Canasta lessons for beginners are offered twice this year, in January and February. The rules used will be Modern American. Choose the group that works best for you!

#### 52. FIRST FRIDAY FILMS & FEASTS

We'll be viewing interesting movies (including mainstream, indies, foreign language films and documentaries) playing at the Harkins Shea 14, the Harkins 101 or the Harkins Camelview. Movies usually begin about 10:00 am; lunch and a discussion of the film will follow at a nearby eatery. We'll email the group in advance with our movie title, film location, meeting time and restaurant selection. **Our first meeting will be Nov. 1**. Minimum 5, maximum 50.

**First Friday mornings (November - April)**

**Facilitators:** ..... **Fee: \$20**  
Roni Nassberg      [ronika1@aol.com](mailto:ronika1@aol.com)      602-790-7603  
Stephanie Klopfer      [rednoz@aol.com](mailto:rednoz@aol.com)      480-251-0815  
Joyce Grant      [jhgrant35@gmail.com](mailto:jhgrant35@gmail.com)      847-877-5793

**NOTE:** There are several movie groups offered this year, so they may occasionally select the same movie.



## Saturday

### 53. PLANES, TRAINS, & AUTOMOBILES \*NEW\*

It's not just a guy thing! This group will experience docent-led tours at these three museums and gather for meals at a nearby eatery: Confederate Air Force Museum at Falcon Field in Mesa (\$12 fee) then lunch at Steak & Stone; Arizona Railway Museum in Chandler (\$10 fee) and brunch at the Hanger Café (Chandler Airport); Martin Auto Museum in N. Phoenix (\$10 fee) then lunch at Deer Valley Airport. Members will be notified by email prior to each visit as to the exact date, meeting time and location. **The first meeting date will be January 11.** Entrance fees and meals are additional. Minimum 12, maximum 20.



**Various Saturdays (January, February, March)**

**Facilitator:** ..... **Fee: \$20 + Entry Fees**  
John Poremba [skyranch52@hotmail.com](mailto:skyranch52@hotmail.com) 908-377-0870



### 54. AT THE BALLET

Do you love the Ballet? Would you like to go more often with your friends? This group will get tickets at a group rate for three of this year's performances. We will see **Director's Choice (September 28)**, **A Midsummer Night's Dream (February 15)** and **All Balanchine (May 9)**. For more information about the performances, see the website: [www.balletaz.org](http://www.balletaz.org). Car pools will be arranged. Minimum participation for the group discount of 30% is 10 people.

**Please sign up by August 20** so that we can order tickets as soon as possible. The sooner you sign up, the sooner the checks can be collected and the seats requested. **NOTE:** Once the tickets are purchased, they will be mailed to the facilitator, who will hand them out at lunch, prior to the first performance. If a participant cannot attend a performance, that person is solely responsible for finding a substitute. Maximum 20.

**Saturday Matinees, 2:00 pm (September 28, February 15, May 9)**

**Facilitator:** ..... **Fee: \$20 plus tickets**  
Sheila Berkowitz [sberk327@cox.net](mailto:sberk327@cox.net) 602-469-8600

## Sunday

### 55. A BISSELEH YIDDISHKEIT \*NEW\*

Come celebrate the tribe on 3 Sundays this winter. We'll test your knowledge of Jewish trivia, dissect Jewish humor and share stories while we *fress* at Hacienda's Mexican Grill located in The Summit at Scottsdale. (Food order required.) Minimum 16, maximum 30.

**Various Sundays from 1:00 – 3:00pm**

**(January 5, February 9, March 1)**

**Facilitators:** ..... **Fee: \$20**  
Abby Tucker [skyranch52@gmail.com](mailto:skyranch52@gmail.com) 917-816-8261  
John Poremba



### 56. A COMMUNITY-BUILDING GROUP FOR COUPLES \*NEW\*

Some say social media and the internet are promoting a culture of isolation and disengagement from real communication and relationships. But we will NOT be discussing that, or any other such intellectual hypothesis.

Instead, we will attempt to connect with one another personally, by sharing our stories, challenges and aspirations. Our specific focus will vary from month to month, but our general subject matter will be our authentic selves and our vision for "community."

If this sounds way too "touchy-feely" for you, it probably will be. On the other hand, "*Im lo ata, eymatei* – If not now, WHEN?"

Facilitated by Elliot Talenfeld, attorney, counselor, cantor and author of *Through A Still Imperfect Lens, a true story of Personal Growth and Relationship from a Psychospiritual Perspective*.

**The first meeting will be Sunday, October 6.** The first and last meetings will be at the facilitator's home, near downtown Phoenix, rotating among participants' homes in between. Maximum 10 couples.

**First Sundays, 7:00 - 9:00 pm (October - May)**

**Facilitator:** ..... **Fee: \$20**  
Elliot Talenfeld [ectalenfeld@aol.com](mailto:ectalenfeld@aol.com) 602-327-7550



## 57. RESTLESS MINDS DISCUSSION GROUP - New Week

Join this coed EVENING group and participate in stimulating conversations. Do you have an opinion on "What makes an educated person," "Is there a war on Science," "Can Socialism and Capitalism Coexist" or other mind-expanding topics? The members of the group will suggest topics, research them and share in

leading the discourse. Meetings will be held in participants' homes or community rooms and the participants will host or provide refreshments.

**The first meeting will be October 13.** Location details will be emailed to participants. Minimum 9, maximum 20.

**Second Sundays, 7:00 - 9:00 pm (October - May)**

**Facilitators:** ..... **Fee: \$20**

Marvin Kestenbaum [digsee@me.com](mailto:digsee@me.com) 480-883-7639

Irene Kestenbaum [irenek0426@gmail.com](mailto:irenek0426@gmail.com) 480-734-7306

## 58. SUNDAY AFTERNOON MOVIE TALK & MUNCHIES

Join this coed group for lunch and a lively discussion of new movie releases. Participants will see the movie on their own. We'll send a monthly email with the movie title, lunch location and RSVP deadline. **Please note that the restaurants hosting our group require a food purchase for every participant. The first meeting will be Sunday, December 15.** Minimum 12, maximum 22.



**Third Sundays from 1:00 – 3:00 pm (December - April)**

**Facilitators:** ..... **Fee: \$20**

Abby Tucker [skyranch52@gmail.com](mailto:skyranch52@gmail.com) 917-816-8261

Sharon Nova [sharonjill1@yahoo.com](mailto:sharonjill1@yahoo.com) 704-996-9185

Becky Morris [beckym23@att.net](mailto:beckym23@att.net) 847-867-9550

**NOTE:** There are several movie groups offered this year, so they may occasionally select the same movie.



## 59. EVENING COED PARTNERS CANASTA \*NEW\*

Join us once a month to play canasta, enjoy dinner and meet new friends. While this is a social group, players are expected to be experienced players and well-versed in Modern American canasta rules, which will be provided prior to the first session. Partners should register together and can be couples or friends. If you do not have

a partner, we will match you with one. Partner teams will play with other partner teams each week. We will meet at Carrabba's Italian Grill, 17007 N Scottsdale Rd. (Frank Lloyd Wright and Scottsdale Rd) Players must purchase a dinner entrée (prices begin at \$16.99). **Our first game will be Sunday, October 20.** Minimum 16, maximum 28.

**Third Sundays, 5:00 pm (promptly) to 9:00 pm (October - May)**

**Facilitators:** ..... **Fee: \$20**

Roberta Scharf [rscharf@cox.net](mailto:rscharf@cox.net) 602-670-0080

Terry Taubman [terrytaubman@gmail.com](mailto:terrytaubman@gmail.com) 602-319-8351







## About Brandeis University

Brandeis was founded in 1948 by the American Jewish community and established as a nonsectarian university with a founding principle of being open and welcoming to faculty, students and staff of all backgrounds, beliefs and experiences. This was especially meaningful at a time when Jews, other ethnic and racial minorities, and women, faced discrimination in higher education.

The university was named by Louis D. Brandeis, the first Jewish justice of the U.S. Supreme Court. Justice Brandeis made an indelible mark on modern jurisprudence by shaping free speech, the right to privacy and the rights of ordinary citizens.

Brandeis University is animated by a set of values that are rooted in Jewish history and experience: a reverence for learning, an emphasis on critical thinking, and a commitment to the Jewish ideal of making the world a better place through one's actions and talents. Among the faculty and alumni are several Nobel Laureates, MacArthur Foundation "genius grant" recipients, Pulitzer Prize winners and a number of Emmy-Award-winning actors, broadcasters and producers.

Regarded as a top-tier university with global reach, Brandeis is poised to lead in education and research in the 21<sup>st</sup> century.

## Mission Statement

Brandeis National Committee is dedicated to providing philanthropic support to Brandeis University, a distinguished liberal arts and research university founded by the American Jewish community. Its membership is connected to the university through fundraising and through activities that reflect the values on which the university was founded: academic excellence, social justice, nonsectarianism and service to the community.

## Upcoming Events

### 2019 - 2020

#### BNC FALL EVENT

Starfire Golf Club

Friday, October 11, 2020

#### UNIVERSITY ON WHEELS

Friday, January 10, 2020

#### BOOK & AUTHOR EVENT

#### BOOKMARK DONORS COCKTAIL RECEPTION

Thursday, February 20, 2020

#### 30<sup>TH</sup> ANNIVERSARY BOOK & AUTHOR EVENT

Friday, February 21, 2020

The Westin Kierland Resort and Spa, Scottsdale

#### SPRING EVENT

TBD