



2023 REGION 5 LEVEL 6, 7 & 8 REGIONAL CHAMPIONSHIPS COMPETITION SCHEDULE

GYM B

FRIDAY, APRIL 21, 2023

SESSION - 01B

LEVEL 6

Senior A

General Stretch	8:00 AM
Introductions	8:20 AM
Competition Begins	8:42 AM
Awards	11:14 AM

SESSION - 02B

LEVEL 6

Senior B

General Stretch	11:15 AM
Introductions	11:45 AM
Competition Begins	11:57 AM
Awards	3:03 PM

SESSION - 03B

LEVEL 6

Senior C

General Stretch	2:45 PM
Introductions	3:15 PM
Competition Begins	3:27 PM
Awards	6:03 PM

VIOLET

SESSION - 04B

LEVEL 8

Senior D

General Stretch	6:15 PM
Introductions	6:35 PM
Competition Begins	7:00 PM
Awards	9:50 PM

RACHEL



2023 REGION 5 LEVEL 6, 7 & 8 REGIONAL CHAMPIONSHIPS COMPETITION SCHEDULE

GYM B

SATURDAY, APRIL 22, 2023

SESSION - 05B

LEVEL 8

Senior C

General Stretch	8:00 AM
Introductions	8:20 AM
Competition Begins	8:36 AM
Awards	11:24 AM

KENDALL

SESSION - 06B

LEVEL 8

Senior B

General Stretch	11:15 AM
Introductions	11:35 AM
Competition Begins	12:00 PM
Awards	2:48 PM

JOSCELYN

SESSION - 07B

LEVEL 8

Senior A

General Stretch	2:45 PM
Introductions	3:05 PM
Competition Begins	3:30 PM
Awards	6:08 PM

SESSION - 08B

LEVEL 8

Junior D

General Stretch	6:15 PM
Introductions	6:35 PM
Competition Begins	6:50 PM
Awards	9:38 PM



2023 REGION 5 LEVEL 6, 7 & 8 REGIONAL CHAMPIONSHIPS COMPETITION SCHEDULE

GYM B

SUNDAY, APRIL 23, 2023

SESSION - 09B

LEVEL 8

Junior C

General Stretch	8:00 AM
Introductions	8:20 AM
Competition Begins	8:36 AM
Awards	11:19 AM

SESSION - 10B

LEVEL 8

Junior B

General Stretch	11:15 AM
Introductions	11:35 AM
Competition Begins	12:00 PM
Awards	2:48 PM

GRACIE

SESSION - 11B

LEVEL 8

Junior A

General Stretch	2:45 PM
Introductions	3:05 PM
Competition Begins	3:30 PM
Awards	6:13 PM



2023 REGION 5 LEVEL 6, 7 & 8 REGIONAL CHAMPIONSHIPS COMPETITION SCHEDULE

GYM A

FRIDAY, APRIL 21, 2023

SESSION - 01A

LEVEL 6

Senior D

General Stretch	8:00 AM
Introductions	8:20 AM
Competition Begins	8:43 AM
Awards	11:24 AM

SAM, CLARA, GWEN

SESSION - 02A

LEVEL 6

Junior C

General Stretch	11:30 AM
Introductions	11:50 AM
Competition Begins	12:13 PM
Awards	2:45 PM

SESSION - 03A

LEVEL 6

Junior B

General Stretch	3:00 PM
Introductions	3:20 PM
Competition Begins	3:43 PM
Awards	6:17 PM

SESSION - 04A

LEVEL 6

Junior A

General Stretch	6:30 PM
Introductions	6:50 PM
Competition Begins	7:13 PM
Awards	9:49 PM



2023 REGION 5 LEVEL 6, 7 & 8 REGIONAL CHAMPIONSHIPS COMPETITION SCHEDULE

GYM A

SATURDAY, APRIL 22, 2023

SESSION - 05A
LEVEL 7
Senior D

General Stretch	8:00 AM
Introductions	8:20 AM
Competition Begins	8:44 AM
Awards	11:27 AM

SESSION - 06A
LEVEL 7
Senior C

General Stretch	11:30 AM
Introductions	11:50 AM
Competition Begins	12:13 PM
Awards	3:01 PM

SESSION - 07A
LEVEL 7
Senior B

General Stretch	3:00 PM
Introductions	3:20 PM
Competition Begins	3:44 PM
Awards	6:32 PM

SESSION - 08A
LEVEL 7
Senior A

General Stretch	6:30 PM
Introductions	6:50 PM
Competition Begins	7:14 PM
Awards	10:04 PM



2023 REGION 5 LEVEL 6, 7 & 8 REGIONAL CHAMPIONSHIPS COMPETITION SCHEDULE

GYM A

SUNDAY, APRIL 23, 2023

SESSION - 09A

LEVEL 7

Junior C

General Stretch	8:00 AM
Introductions	8:20 AM
Competition Begins	8:43 AM
Awards	11:31 AM

SESSION - 10A

LEVEL 7

Junior B

General Stretch	11:30 AM
Introductions	11:50 AM
Competition Begins	12:13 PM
Awards	2:46 PM

KYLIE

SESSION - 11A

LEVEL 7

Junior A

General Stretch	3:00 PM
Introductions	3:20 PM
Competition Begins	3:44 PM
Awards	6:25 PM



2023 REGION 5 LEVEL 6, 7 & 8 REGIONAL CHAMPIONSHIPS

AGE GROUP DETERMINATION DATES

LEVEL 6

Jr A1	11/24/2012 - & Later
Jr A2	05/20/2012 - 11/23/2012
Jr B1	12/30/2011 - 05/19/2012
Jr B2	09/09/2011 - 12/29/2011
Jr C1	05/17/2011 - 09/08/2011
Jr C2	02/09/2011 - 05/16/2011
Sr A1	11/17/2010 - 02/08/2011
Sr A2	09/06/2010 - 11/16/2010
Sr B1	06/01/2010 - 09/05/2010
Sr B2	01/30/2010 - 05/31/2010
Sr C1	08/30/2009 - 01/29/2010
<u>Sr C2</u>	04/07/2009 - 08/29/2009 <i>VIOLET</i>
Sr D1	07/26/2008 - 04/06/2009
<u>Sr D2</u>	01/01/2001 - 07/25/2008 <i>SAM, CLARA, GWEN</i>

LEVEL 7

Jr A1	06/21/2012 - & Later
Jr A2	10/28/2011 - 06/20/2012
Jr B1	06/01/2011 - 10/27/2011
<u>Jr B2</u>	02/02/2011 - 05/31/2011 <i>KYLE</i>
Jr C1	10/19/2010 - 02/01/2011
Jr C2	06/23/2010 - 10/18/2010
Sr A1	03/04/2010 - 06/22/2010
Sr A2	12/08/2009 - 03/03/2010
Sr B1	08/14/2009 - 12/07/2009
Sr B2	03/19/2009 - 08/13/2009
Sr C1	11/27/2008 - 3/18/2009
Sr C2	06/03/2008 - 11/26/2008
Sr D1	10/13/2007 - 06/02/2008
Sr D2	01/01/2001 - 10/12/2007



2023 REGION 5 LEVEL 6, 7 & 8 REGIONAL CHAMPIONSHIPS

AGE GROUP DETERMINATION DATES

LEVEL 8

Jr A1	08/05/2001 - & LATER
Jr A2	11/13/2010 - 08/04/2011
Jr B1	06/25/2010 - 11/12/2010
<u>Jr B2</u>	03/23/2010 - 06/24/2010 GRACIE
Jr C1	01/01/2010 - 03/22/2010
Jr C2	09/19/2009 - 12/31/2009
Jr D1	07/03/2009 - 09/18/2009
Jr D2	03/28/2009 - 07/22/2009
Sr A1	01/15/2009 - 03/27/2009
Sr A2	09/21/2008 - 01/14/2009
Sr B1	06/07/2008 - 09/20/2008
<u>Sr B2</u>	01/23/2008 - 06/06/2008 JOSCELYN
<u>Sr C1</u>	08/02/2007 - 01/22/2008 KENDALL
Sr C2	01/12/2007 - 08/01/2007
Sr D1	05/25/2006 - 01/11/2007
<u>Sr D2</u>	01/01/2001 - 05/24/2006 RACHEL
