



HARPSWELL AGING AT HOME FREQUENTLY ASKED QUESTIONS

Q. What is Harpswell Aging at Home (HAH)?

A. HAH is a community-led, volunteer organization committed to fostering low-cost or no-cost initiatives to help older adults thrive while aging at home.

Q. What is the Home Repairs and Resources program?

A. HAH has partnered with Habitat for Humanity/7 Rivers Maine and the Town of Harpswell to do free home repairs for older Harpswell residents to keep them safe, warm, and dry.

Q. What is the Resources part of the program?

A. A Resources Team member meets with you in your home to discuss options to help you feel safer and more comfortable. The goal of the visit is to inform you about local resources and services you may be interested in. They can also assist you in applying for these services if needed.

Q. How can HAH do this home repair work free?

A. The Home Repair team has 20 volunteers who do the work. Grant funding pays for the materials.

Q. Who's eligible for free home repairs?

A. The homeowner must live in Harpswell, be at least 60 years old, and own his/her home or live in a home owned by a family member. Further, the homeowner must have a gross annual income below 80% of the Cumberland County Area Median Income. To see if you are eligible, call Linda Strickland at the Town Office at 207-833-5771

For information, go to www.hah.community, email us at: hah@hah.community,
Like us on Facebook, or call 207-833-5771

Q. If I'm over the income eligibility limit, can I still get home repairs done?

A. Yes. If you are above the income limit but not above 125% of the income limit and you meet the other eligibility requirements, you can pay for the materials and the Home Repairs Team will do the work at no cost to you.

Q. Is it true Lunch with Friends (LWF) is only for older people or those who need food?

A. No. All ages are welcome at LWF. It is a free community-building event held in various locations throughout Harpswell.

Q. Do you have to have a friend to go to LWF?

A. No. However, it is great to bring a friend with you. LWF is a place to meet new friends and see old ones.

Q. If I own a car but can't drive, can I sign up for a ride with the Volunteer Transportation Network (VTN)?

A. Of course. VTN is a free service to those who are unable to drive, temporarily or permanently.

Q. How do I sign up for VTN?

A. Call People Plus to register at 207-729-0757. Rides are available for medical appointments, food shopping, or personal needs and must be requested at least three business days in advance.

Q. What is Seniors Connecting?

A. HAH matches you with a Seniors Connecting volunteer - a friend who calls you every week. In addition to being a friendly caller, the volunteers have information on local resources like Meals on Wheels, the VTN, how to obtain HAH home repairs, and much more. If they can't answer your question, they will find the answer. If you hit a snag applying for a service, they will help you through the process.

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