

Effective Date July 1, 2018

Menu for Children over one year
Infant and Child Nutrition, Inc

Feb Apr June
Aug Oct Dec

With No Change unless Meal Patterns are Revised

Menu B

REFER TO YOUR CCFP FOOD CHART FOR MEAL REQUIREMENTS AND AMOUNTS **Unflavored Non-Fat or 1% Milk must be served to children ages 2-6yrs Unflavored Whole milk must be served to children ages 1-2** ** 1% or Non-Fat or Flavored milk may be served to children ages 6 to 12**																
	Date: 1st	Date: 2nd	Date: 3rd	Date: 4th	Date: 5th	Date: 6th	Date: 7th	Date: 8th	Date: 9th	Date: 10th	Date: 11th	Date: 12th	Date: 13th	Date: 14th	Date: 15th	Date: 16th
Breakfast	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Fruit/Veg.	Banana	Seasonal Fruit	Peaches	Blueberries	Mandarin Oranges	Hash Browns	Fruit Cocktail	Seasonal Fruit	Strawberries	Seasonal Fruit	Pineapple	Grapes	Seasonal Fruit	Mandarin Orange	Orange Juice
	Bred/Grain	Oatmeal	Waffle		Cold Cereal	Muffin w/Egg	Toast		Fruit Muffin	Bagel	French Toast				English Muffin	Waffle
	Other			Yogurt	Sausage Patty			Ham	Eggs				Bacon/Eggs	Yogurt		
AM Snack	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Fruit/Veg.	Orange Slices	Apple Juice	Carrot Sticks	Seasonal Fruit	Pears	Mixed Berry Juice		Peaches	Orange Juice	Mandarin Oranges			Carrot Sticks		Grapes
	Bred/Grain		Graham Crackers		Muffins		Breadsticks	Crackers	Banana Bread	Cheerios	Animal Crackers	Wheat Thins	Pretzels	Crackers		Bagel Chips
	Meat/M. Alt.				Yogurt							Cheese	Ham/Chz			Peanut Butter
Lunch	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Meat/M. Alt.	All Meat Hotdog	Sloppy Joes	HM Cheese Pizza	Beef	Breaded Fish	Turkey	Tuna Roll	Chicken	Hamburger	Turkey	All Meat Hotdog	Ham/Cheese	HM Beef Lasagna	HM Mac-n-Chz	Beef/Bean Burrito
	Fruit/Veg.	Seasonal Fruit	Fruit Cocktail	Pineapple	Grapes	Peas & Carrots	Carrots	Apples	Fruit Cocktail	Tator Tots	Peas	Seasonal Fruit	Applesauce	Pears	Orange Slices	Lettuce/Tomato
	Vegetable	French Fries	Green Beans	Corn	Broccoli	Potatoes	Corn	Cucumber	Squash	Lettuce/Tomato	Mixed Veggies	French Fries	Sweet Potato	Tomato Sauce	Tossed Salad	Corn
PM Snack	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Fruit/Veg.	Peaches	Banana	Cucumber	Mixed Fruit Juice		Carrot Sticks	Banana	Seasonal Fruit		Fruit Salad	Grape Juice	Strawberries	Seasonal Fruit		Seasonal Fruit
	Bred/Grain	Wheat Thins		Crackers		Pretzels	Crackers	Animal Crackers	Crackers	Crackers	Crackers	Graham Crackers		Pretzels	Cheerios	Yogurt
	Meat/M. Alt.				Ham Chunks	Cheese Cubes		Yogurt		Ham Chunks	Cheese					
Supper	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Meat/M. Alt.	Pork	Beef Meatloaf	Ham	Chicken	Beef Tacos	Salad (Ham&Egg)	Salisbury Steak	Pork	Beef Stroganoff	Meatballs	Chicken	Chili (Beef)	Chicken Tacos	Chicken	Fish
	Fruit/Veg.	Peas	Potatoes	Apple Juice	Potatoes	Lettuce/Tomato	Potatoes	Potatoes	Apples	Corn	Peaches	Beans	Kidney Beans	Lettuce/Tomato	Potatoes	Pineapple
	Vegetable	Carrots	Broccoli	Beans	Tossed Salad	Mixed Veggies	Banana	Beans	Potatoes	Carrots	Tomato Sauce	Potatoes	Broccoli	Corn	Peas	Coleslaw
Approved UPC codes must be used for for chicken nuggets, fish sticks, corn dogs or any other prepared food Pizza must be homemade, have added meat or cheese or be purchased from an approved vendor																
Breakfast	Date: 17th	Date: 18th	Date: 19th	Date: 20th	Date: 21st	Date: 22nd	Date: 23rd	Date: 24th	Date: 25th	Date: 26th	Date: 27th	Date: 28th	Date: 29th	Date: 30th	Date: 31st	
	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Fruit/Veg.	Seasonal Fruit	Nectarine	Apples	Blueberries	Fruit Cocktail	Orange Juice	Orange Slices	Hash Browns	Apples	Seasonal Fruit	Orange Slices	Fruit Cocktail	Pears	Applesauce	Fruit Cocktail
	Bred/Grain	Biscuit		Oatmeal	Croissant	Pancakes		Ham	Eggs/Bacon				Yogurt	Eggs/Sausage		
AM Snack	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Fruit/Veg.		Seasonal Fruit		Grape Juice	Orange Slices	Banana	Cucumber		Nectarine		Apple Slices		Banana	Veg Juice	
	Bred/Grain	Graham Crackers		Bread	Pretzels		Cheerios	Animal Crackers		Banana Bread		Crackers		Muffins	Pretzels	Cheese Toast
	Meat/M. Alt.		Yogurt	Ham/Cheese		Cheese Stick		Ham				Boiled Egg				
Lunch	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Meat/M. Alt.	Grilled Cheese	Breaded Fish	Chicken Wrap	Bologna	Egg Salad	Breaded Chicken	All Meat Hotdogs	Chicken & Rice	Cheese Quesadilla	Chicken	PBJ, Boiled Egg	Hamburger	Turkey	HM Mac-n-Chz	Roast Beef
	Fruit/Veg.	Grapes	Corn	Seasonal Fruit	Fruit Salad	Lettuce/Tomato	Mixed Fruit	Peaches	Strawberries	Fruit Salad	Pears	Peaches	Lettuce/Tomato	Fruit Salad	Strawberries	Blueberries
	Vegetable	Carrot Sticks	Tossed Salad	Lettuce/Tomato	Broccoli	Mixed Veggies	Potatoes	French Fries	Green Beans	Corn	Peas	Tator Tots	French Fries	Carrots	Green Beans	Peas
PM Snack	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Fruit/Veg.	Orange Juice	Apple Slices	Celery, Raisins		Pears		Seasonal Fruit	Grape Juice	Pears		Pineapple	Berry Juice	Cucumber		Seasonal Fruit
	Bred/Grain	Goldfish	Toast		Toast		Carrot Sticks	Goldfish	Bread Sticks	Bagel Chips	Bread		Crackers		Crackers	Soft Pretzel
	Meat/M. Alt.			Peanut Butter	Cheese Slice	Animal Crackers					Ham/Cheese	Graham Crackers		Ham	Peanut Butter	
Supper	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Meat/M. Alt.	Chicken	Turkey	Eggs/sausage	Beef Meatloaf	Chicken & Rice	Beef	Chick & Dumpling	Meat Sauce (beef)	Chicken	Beef Tacos	Chicken	Ham	All Meat Hotdogs	Shepherd's Pie	Hamburger
	Fruit/Veg.	Strawberries	Beans	Orange Juice	Potatoes	Banana	Corn	Fruit Cocktail	Tossed Salad	100% Juice	Lettuce/Tomato	Apple Juice	Orange Slices	Apples	Potatoes	Lettuce/Tomato
	Vegetable	Broccoli	Potatoes	Hash browns	Carrots	Beans	Peas	Beans	Beans	Grapes	Mixed Veggies	Beans	Peas	Corn	Baked Beans	Corn
All Cold Cereal Served Must Contain No More Than 6 Grams Of Sugar ** 100% Fruit Juice Must Be Served ** **Whole Grain Must be Served at Least One Time Per Day **																

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Faxed or emailed menus are due by the 2nd day of every month
Menus brought to the office are due by the 4th day of every month