

# Spectrum's MANIA CAMPS 2019

138 W. Carmel Dr. Carmel 46032

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587-1503

## 5 Day - VARIETY Camp (Boys & Girls 4-11yrs) **\$140**

An active camp that offers Gymnastics, games, trampoline, cargo net, rings, trapeze, ropes, bars, beam and challenges. Special activities include Water Day, Flash Light Tag, Scavenger Hunt, Craft, Charades and a few surprises.

WEAR Shorts, sweats, tank, t-shirt or leotard...no shoes or socks

June 3-7      June 17-21      July 15-19      July 29-August 2

12:30-4:00

Bring small lunch & drink

## 3 Day - GYMNASTIC Circuit (7yrs & up...Required a Good Cartwheel-Handstand- Bridge-Hangs on Bars) **\$75**

The Circuit provides concentrated time to become fluid in current skills and advance skill level. A great conditioning segment for endurance, agility and strength. Technique based progression for advancing skills

Leotard required for participation

June 12-14      July 10-12      July 22-24  
12:30 - 3:00      2:30 - 4:00      12:30 - 3:00

## 3 Day - TUMBLE Time (8yrs & Up ...Required to have Good Cartwheel - Handstand - Bridge -Back Roll) **\$60**

Skill based camp to increase your current skill level of tumbling. Strength and Stretch segment will prepare you for increased skill level. Our progressions will safely and confidently advance you towards continued achievement.

WEAR tank/shorts or leotard/shorts

June 10-12      June 24-26      July 24-26  
2:00 - 4:00      12:30 - 2:30      3:00-5:00

## 3 Day - CHEER Zone (6-12yrs) **\$75**

Camp explores all avenues to be a cheerleader. Learn 8 counts for dance in a choreographed routine that will feature Jumps and Tumbling. Be instructed in technique for arm motions, jumps and stunting.

WEAR black shorts, white tank & athletic shoe

June 26-28      August 5-7  
12:30 - 3:00      12:30 - 3:00

Same Child \$5 off multiple camps

Sibling Discounts...\$5 off

Cancellation Fee 25%

-----**Detach and Mail In With Check When Registering**-----

\_\_\_\_\_  
Print 1<sup>st</sup> Participants Name      Birthday      Print 2<sup>nd</sup> Participants Name      Birthday

\_\_\_\_\_  
Address      Zip      Contact Number

Print 1<sup>st</sup> or 2<sup>nd</sup> referring to who will participate, next to activity

5 Day Variety (\$140)      3 Day Gym Circuit (\$75)      3 Day Tumble Time (\$60)      3 Day Cheer Zone (\$75)

\_\_\_\_\_ June 3-7      \_\_\_\_\_ June 12-14      \_\_\_\_\_ June 10-12      \_\_\_\_\_ June 26-28

\_\_\_\_\_ June 17-21      \_\_\_\_\_ July 10-12      \_\_\_\_\_ June 24-26      \_\_\_\_\_ August 5-7

\_\_\_\_\_ July 15-19      \_\_\_\_\_ July 22-24      \_\_\_\_\_ July 24-26

\_\_\_\_\_ July 29-Aug 2

I understand and assume all risks that participating in any movement activity involves risks. I hereby release, acquit and discharge Spectrum Sports Inc. employees, instructors, owner and principals from any action resulting in injury of all kinds due to participation at Spectrum Sports Inc.

Parent Signature \_\_\_\_\_ Print Name \_\_\_\_\_ Date \_\_\_\_\_

Any medical condition we should know of: \_\_\_\_\_