COMMUNITY RESOURCES
Dozens of Emergency Community Resources for the Homeless in the Inland Empire. Riverside & San Bernardino Counties Banning, Barstow, Bloomington, Blythe, Corona, Fontana, Redlands, Rialto, Riverside, San Bernardino, Upland
<table>
<thead>
<tr>
<th>County</th>
<th>Phone Number</th>
<th>County</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alameda</td>
<td>(800) 491-9099</td>
<td>Orange</td>
<td>(855) 625-4657</td>
</tr>
<tr>
<td>Alpine</td>
<td>(530) 694-1816</td>
<td>Placer</td>
<td>(530) 889-7240</td>
</tr>
<tr>
<td>Amador</td>
<td>(209) 223-6412</td>
<td>Plumas</td>
<td>(530) 283-6337</td>
</tr>
<tr>
<td>Butte</td>
<td>(530) 898-8326</td>
<td>Riverside</td>
<td>(951) 955-2105</td>
</tr>
<tr>
<td>Calaveras</td>
<td>(209) 754-6555</td>
<td>Sacramento</td>
<td>(916) 874-9754</td>
</tr>
<tr>
<td>Colusa</td>
<td>(530) 458-0520</td>
<td>San Benito</td>
<td>(831) 636-4020</td>
</tr>
<tr>
<td>Contra Costa</td>
<td>(925) 335-3310</td>
<td>San Bernardino</td>
<td>(909) 421-4601</td>
</tr>
<tr>
<td>Del Norte</td>
<td>(707) 464-4813</td>
<td>San Diego</td>
<td>(619) 584-5007</td>
</tr>
<tr>
<td>El Dorado</td>
<td>(530) 621-6146</td>
<td>San Francisco</td>
<td>(800) 750-2727</td>
</tr>
<tr>
<td>Fresno</td>
<td>(559) 600-6053</td>
<td>San Joaquin</td>
<td>(209) 468-9600</td>
</tr>
<tr>
<td>Glenn</td>
<td>(530) 865-1146</td>
<td>San Luis Obispo</td>
<td>(805) 781-4275</td>
</tr>
<tr>
<td>Humboldt</td>
<td>(707) 476-4054</td>
<td>San Mateo</td>
<td>(650) 802-6400</td>
</tr>
<tr>
<td>Imperial</td>
<td>(760) 337-7897</td>
<td>Santa Barbara</td>
<td>(805) 681-5440</td>
</tr>
<tr>
<td>Inyo</td>
<td>(760) 873-5888</td>
<td>Santa Clara</td>
<td>(800) 488-9919</td>
</tr>
<tr>
<td>Kern</td>
<td>(661) 868-6453</td>
<td>Santa Cruz</td>
<td>(831) 454-4050</td>
</tr>
<tr>
<td>Kings</td>
<td>(559) 582-4481</td>
<td>Shasta</td>
<td>(530) 225-5240</td>
</tr>
<tr>
<td>Lake</td>
<td>(707) 274-9101</td>
<td>Sierra</td>
<td>(530) 993-6746</td>
</tr>
<tr>
<td>Lassen</td>
<td>(530) 251-8183</td>
<td>Siskiyou</td>
<td>(530) 841-4890</td>
</tr>
<tr>
<td>Los Angeles</td>
<td>(800) 564-6600</td>
<td>Solano</td>
<td>(707) 784-2220</td>
</tr>
<tr>
<td>Madera</td>
<td>(559) 673-3508</td>
<td>Sonoma</td>
<td>(707) 565-7450</td>
</tr>
<tr>
<td>Marin</td>
<td>(415) 492-0818</td>
<td>Stanislaus</td>
<td>(209) 541-2121</td>
</tr>
<tr>
<td>Mariposa</td>
<td>(209) 966-2000</td>
<td>Sutter</td>
<td>(530) 822-3292</td>
</tr>
<tr>
<td>Mendocino</td>
<td>(707) 472-2637</td>
<td>Tehama</td>
<td>(530) 527-7893</td>
</tr>
<tr>
<td>Merced</td>
<td>(209) 381-6850</td>
<td>Trinity</td>
<td>(530) 623-1362</td>
</tr>
<tr>
<td>Modoc</td>
<td>(530) 233-6319</td>
<td>Tulare</td>
<td>(559) 636-4000</td>
</tr>
<tr>
<td>Mono</td>
<td>(760) 924-1740</td>
<td>Tuolumne</td>
<td>(209) 533-6245</td>
</tr>
<tr>
<td>Monterey</td>
<td>(831) 755-4509</td>
<td>Ventura</td>
<td>(805) 652-6919</td>
</tr>
<tr>
<td>Napa</td>
<td>(707) 253-4721</td>
<td>Yolo</td>
<td>(530) 668-2400</td>
</tr>
<tr>
<td>Nevada</td>
<td>(530) 273-9541</td>
<td>Yuba</td>
<td>(530) 822-7200</td>
</tr>
<tr>
<td>Service</td>
<td>Phone Number</td>
<td></td>
<td></td>
</tr>
<tr>
<td>---------------------------------------------</td>
<td>--------------------</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AIDS HOTLINE</td>
<td>800-232-4636</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AGING and ADULT SERVICES</td>
<td>909-891-3900</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ALCOHOL AND DRUG PREVENTION</td>
<td>909-387-6280</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ANIMAL CONTROL</td>
<td>800-472-5609</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ARROWHEAD REGIONAL MEDICAL CENTER</td>
<td>909-580-1000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ASSESSORS/TAX COLLECTOR</td>
<td>909-387-8308</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BEHAVIORAL HEALTH</td>
<td>909-421-9340</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BIRTH/DEATH CERTIFICATE</td>
<td>909-387-8314</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BUS SCHEDULES OMNITRANS HOTLINE</td>
<td>800-966-6428</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CALIFORNIA CHILDREN'S SERVICES MEDICAL</td>
<td>909-387-8400</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CHILDREN'S NETWORK</td>
<td>909-383-9677</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CODE ENFORCEMENT</td>
<td>909-387-8311</td>
<td></td>
<td></td>
</tr>
<tr>
<td>COMMUNITY ACTION PARTNERSHIP</td>
<td>909-723-1500</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CORONER'S OFFICE</td>
<td>909-387-2978</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CRISIS HOTLINE</td>
<td>909-886-6737</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DEPARTMENT OF CHILDREN'S SERVICES</td>
<td>800-827-8724</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DISTRICT ATTORNEY</td>
<td>909-387-8309</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ELDER ABUSE HOTLINE</td>
<td>877-565-2020</td>
<td></td>
<td></td>
</tr>
<tr>
<td>FIRST 5 PROGRAM</td>
<td>909-386-7706</td>
<td></td>
<td></td>
</tr>
<tr>
<td>FOSTER AND ADOPTION SERVICES</td>
<td>800-722-4477</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOUSING AUTHORITY</td>
<td>909-890-0644</td>
<td></td>
<td></td>
</tr>
<tr>
<td>IMMUNIZATIONS</td>
<td>800-722-4794</td>
<td></td>
<td></td>
</tr>
<tr>
<td>IN-HOME SUPPORTIVE SERVICES</td>
<td>877-800-4544</td>
<td></td>
<td></td>
</tr>
<tr>
<td>KAISER FOR KIDS (Children's Health Plan)</td>
<td>800-255-5053</td>
<td></td>
<td></td>
</tr>
<tr>
<td>LIBRARIES (San Bernardino County)</td>
<td>909-387-5720</td>
<td></td>
<td></td>
</tr>
<tr>
<td>LITERACY HOTLINE</td>
<td>909-387-5730</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MATERNAL HEALTH</td>
<td>800-227-3034</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MEDI-CAL (Phone Support MON-FRI 8-5)</td>
<td>800-541-5555</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MEDICARE HEALTH INSURANCE COUNSELING</td>
<td>800-434-0222</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NEW DAY INSTITUTE COURT APPROVED TREATMENT &amp; COUNSELING</td>
<td>909-517-2020</td>
<td></td>
<td></td>
</tr>
<tr>
<td>POISON CONTROL HOTLINE</td>
<td>800-222-1222</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PROBATION</td>
<td>909-387-5841</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PSYCHIATRIC CRISIS MOBILE RESPONSE SAN BERNARDINO</td>
<td>909-458-9628</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PUBLIC DEFENDER</td>
<td>909-387-8373</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PUBLIC HEALTH</td>
<td>800-782-4264</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PUBLIC HEALTH ...TTY</td>
<td>909-387-6359</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SENIOR INFORMATION &amp; ASSISTANCE</td>
<td>800-510-2020</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SUPERIOR COURTS</td>
<td>909-387-6500</td>
<td></td>
<td></td>
</tr>
<tr>
<td>TB TESTING</td>
<td>909-383-3287</td>
<td></td>
<td></td>
</tr>
<tr>
<td>TRANSITIONAL ASSISTANCE (welfare)</td>
<td>909-388-0245</td>
<td></td>
<td></td>
</tr>
<tr>
<td>VETERAN'S AFFAIRS</td>
<td>909-387-5516</td>
<td></td>
<td></td>
</tr>
<tr>
<td>WORKFORCE DEVELOPMENT</td>
<td>800-45-JOBS</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
EMERGENCY SERVICES

In case of medical emergency call 911 immediately

Detox Services – 24 Hour Detox Referral Line (800) 499-3008
San Bernardino Detox Centers - Referrals (800) 396-4509

Nearest Emergency Room:
St. Bernadine Medical Center 2101 N Waterman Ave San Bernardino, CA 92404 (909) 883-8711

Nearest crisis center:
West Valley Region (909) 458-1517 24 hours a day, 365 days a year.
East Valley Region (909) 421-9233 24 hours a day, 365 days a year

San Bernardino Fire Department: 200 E 3rd St San Bernardino, CA 92410 (909) 386-8464
620 S E St, San Bernardino, CA 92415 (909) 384-5286

Nearest law enforcement: 710 N D St San Bernardino, CA 92401 (909) 384-5742

Department of Mental Health Clinic Sites

Blythe – 1267 W. Hobsonway (760) 921-7870
Cathedral City – 68-615 Perez Road Suite 6A (760) 770-2222
Corona – 623 N. Main Street #D11 (909) 737-2962 Hemet
– 650 N. State Street (909) 791-3350
Indio – 83-912 Avenue 45 Suite #9 (760) 347-0754; 45-596 Fargo Street Suite #6 (760) 863-8471.
Riverside – 1827 Atlanta Ave. Suite #D1 (909) 2105; 1777 Atlanta Ave. Suite #G1 (909) 778-3500

Riverside County Mental Health Clinic - 650 N State St. Hemet, CA 92543 (951) 791-3300
Mental Health Systems - 1076 S Santo Antonio Dr. # B Colton, CA 92324 (909) 433-9824
Telecare - 2080 S E St #250 San Bernardino, CA 92408 (909) 433-9300 Pacific Clinics - 790 E
Bonita Ave, Pomona, CA 91767 (909) 625-7207
Tri-City Mental Health Center - 2008 N Garey Ave, Pomona, CA 91767 (909) 623-9500 Canyon
Ridge Hospital - 5353 G St, Chino, CA 91710 (909) 590-3700 Open 24 hours
Loma Lina University Behavioral Medical Center - 1710 Barton Rd, Redlands, CA 92373 (800) 752-5999
Inland Behavioral - 1755 Maple St, San Bernardino, CA 92411 (909) 386-7600

Didi Hirsch Mental Health Services - 2000 E 4th St, Santa Ana, CA 92705 (310) 390-8896 Hours: 9 – 5.
High Desert Behavioral Health - 58383 29 Palms Hwy Oh S #101, Yucca Valley, CA 92284 (760) 366-1541
San Bernardino Phoenix Crisis - 700 E Gilbert St, San Bernardino, CA 92415 (909) 387-7222
Pacific Grove Hospital - 5900 Brockton Ave, Riverside, CA 92506 (800) 992-0901 Open 24 hours

TRANSPORTATION

Riverside - Transit Agency 1825 3rd St Riverside, CA 92507 (951) 565-5000 Hours: 8:00 AM – 5:00 PM
Riverside - Metrolink Station 4066 Vine Street Riverside, CA 92507 (951) 682-9176
San Bernardino - Omnitrans 1700 W 5th St San Bernardino, CA 92411 (800) 966-6428
Inland Empire Tours and Transportation Station - 9567 8th St Rancho Cucamonga, CA 91730 (909)
466-4191 Hours: 8:00 AM – 5:00 PM
Rancho Cucamonga – Metrolink 11208 Azusa Ct Rancho Cucamonga, CA 91730 (909) 477-2730
Montclair - Metrolink 5091 Richton St Montclair, CA 91763 (800) 371-5465
Pomona - Foothill Transit 100 W Commercial St Pomona, CA 91768 (800) 743-3463. Hours: 7am – 6pm
Greyhound - 888 S Indian Hill Blvd Claremont, CA 91711 (909) 624-4564 Hours: 7am-4pm & 5pm-8pm
PROBATION/PAROLE INFORMATION

San Bernardino District Attorney:
316 N. Mt. View Ave., San Bernardino, CA 92415 (909) 387-8309 fax (909) 387-6313
San Bernardino County Probation Office Locations:
Administration - 175 W. 5th St. 4th Floor San Bernardino, Ca 92410 (909)387-5841
Barstow Branch Office - 301 East Mountain View St. San Bernardino, CA 92311 (760)256-4737
Central Adult Services - 401 North Arrowhead Ave. San Bernardino, CA 92415 (909)-388-4170/4171
Central Adult Services/Treatment - 524 North Mountain View Ave. San Bernardino, CA (909) 945-4000
West Valley Services – 8303 North Haven Ave. 2nd Floor Rancho Cucamonga, CA 91730 (909) 945-4000
Joshua Tree Branch Office - 63665 Twenty-nine Palms HWY. Joshua Tree, CA 92252 (760) 366-4130 San
Bernardino County Drug Court Locations:
Barstow - 235 East Mountain View Ave. Barstow, CA 92311 (760) 256-4860
Central 351 North Arrowhead Ave. San Bernardino, CA 92415-0240 (909) 387-3994
Fontana 17780 Arrow HWY. Fontana, Ca 92335 (909) 350-9322
Joshua Tree 6527 White Feather Rd. Joshua Tree, CA 92252 (760) 974-3047
Rancho Cucamonga - 8303 North Haven Ave. Rancho Cucamonga, CA 91764 (909) 350-9764
Victorville - 14455 Civic Dr. Victorville, CA 92392 (760) 245-6215
Civil Department Suite 100; Criminal/Traffic Department Suite 200

Temporary/Transitional Assistance (TAD)
Adelanto #48 – 10875 Rancho Rd. Adelanto, CA 92301 (760) 530-2900
Barstow #6 – 1900 E. Mountain View St. Barstow, CA 92311 (877) 410-8829
Colton #19 – 2040 W. Woodpine Ave. Colton, CA 92324 (877) 410-8829
Del Rosa #07 – 1585 E. Highland Ave. San Bernardino, CA 92415 (877) 410-8829
Fontana #9 – 7977 Sierra Ave. Fontana, CA 92335 (877) 410-8829
Hesperia #08 – 9655 9th Ave. Hesperia, CA 92345 (760) 956-4697
Needles #10 – 1300 Bailey St. Needles, CA 92363 (877) 410-8829
Ontario #15 – 1637 Holt Blvd. Ontario, CA 91761 (877) 410-8829
Rancho Cucamonga #25 – 10825 Arrow Rte. Rancho Cucamonga, CA 91730 (877) 410-8829
Redlands #04 – 881 W. Redlands Blvd. Redlands, CA 92373 (877) 410-8829
San Bernardino #01 – 265 E. 4th St. San Bernardino, CA 92410 (877)-410-8829
San Bernardino #02 – 2050 Massachusetts Ave. San Bernardino, CA 92415 (877) 410-8829
Twenty-nine Palms #79 – 73629 Sun Valley Dr. Twenty-nine Palms, CA 92277 (877) 410-8829
Victorville #18 – 15010 Palmdale Ave. Victorville, CA 92392 (877) 410-8829
PARENTING/CHILD RESOURCES

Car Seat program (low income) - (614)645-7748
Parent outreach - (800) 901-4565
Report Child Abuse SB County - (909) 384-9233; Outside SB - (800) 827-8724
SB County Child Protective Services - (909) 386-1100
The Resource Center (eligible with children 0-5 & Parenting Classes) - (909) 888-4577
WIC (Women, Infant, Children) SB - (909) 387-8301
WIC West End (Ontario/Desert) - (800) 472-2321

CHILD SUPPORT SERVICES

Business Hours (ALL DCSS OFFICES): Mon-Fri 8:00 am to 5:00 pm
For Repayment and General Information: (866) 901-3212 fax: (909) 799-4939
Email: cssupport-mbx@css.sbcounty.gov Main
Offices Mailing Addresses:
County of SB Dept. of Child Support Services – 10417 Mountain View Ave., Loma Linda, CA 91764
Ontario Office – 191 N. Vineyard Ave., Ontario, CA 91764
Victorville Office – 15400 Civic Dr., Victorville, CA 92392

COMMUNITY HEALTHCARE SERVICES

Bilingual health professions - (909) 382-7120
Staff provides: Care for Acute and Chronic Illnesses, Immunizations, Mental Health Services, Health Promotion and Preventative Care, Physician, Occupation, and Speech Therapy, Specialized Care for HIV/AIDS, Prenatal Care and Other Women’s Services, and Dental Care. Arrowhead – 1293 North D. St. San Bernardino, CA (909) 381-1663
Frazee - 488 South K. St. San Bernardino, CA 924120 (909) 383-8092
Norton AFB – 1455 East Third St. San Bernardino, CA 92408 (909) 382-7100

COMMUNITY HEALTH AND DENTAL CENTERS

Please call the individual centers for their available services
Al-Shifa Clinic – 2034 B Mallory St. San Bernardino, CA (909) 473-9342
ARMC – 400 N. Pepper Ave. Colton, CA 92324 (855) 422-8029
Arrowhead Fontana Family – Health Center 16854 Ivy Ave. Fontana, CA (855) 422-8029
Arrowhead Westside – Community Health Center 850 E. Foothill Blvd. Rialto, CA (855) 422-8029
H Street Clinic – 1329 N. “H” St. San Bernardino, CA (909) 381-0803
Indian Health Clinic San Manuel – 2210 E. Highland Ave. Ste. 200 San Bernardino, CA (808) 268-0008
Inland Behavioral & Health Services – 1963 North E. St. San Bernardino, CA (909) 881-6146
SB County Public Health – (909) 383-3060.
Tri-County Dental Society (uninsured children 5-12 yrs.) – (800) 287-8237 Contracted with dentists throughout Riverside, San Bernardino & LA Counties.
COMMUNITY EMERGENCY RESOURCES


Additional Emergency Assistance:
American Red Cross - (909) 888-1337
Salvation Army, San Bernardino - (909) 888-1337
Aging and Adult Protective Services - (877) 565-2020
Inland Empire United Way - (909) 980-1994
Cal Fresh (Previously known as the Food Stamp Program) – (877) 847-3663 [www.calfresh.ca.gov]
San Bernardino County Recorder – County Clerk’s Office 222 West Hospitality Lane San Bernardino, CA 92415 (909) 387-8306. Birth, Death and Marriage Certificates
Inland County Legal Services – San Bernardino (800) 677-4257 - Riverside (888) 245-4257

Community Food Banks and Faith Based Organizations

(Offering a variety of programs for the community)

2-1-1 Call Center (a program of United Way) – San Bernardino County 24-hour service that provides information and referrals for health and social services in the area. Hundreds of health and social services are available. Dial 211 or 888-435-7576 or search the website at [www.211sb.org] for information on: Shelter and Housing; Clothing; Food and Water; Childcare; Animal Assistance (shelter, care, etc.); Government Resources; and Donation and Volunteer information. For information on services available in Los Angeles County call: 800-339-6993 or online at [www.211LA.org]

WIC – (800) 472-2321 [www.sbcounty.gov/wic]
Meals on Wheels (age 60+) – (909) 891-3930 [www.mealcall.org]
Abundant Living Family Church – Snack packs, Ride Vouchers, Phone/cell, Hotel vouchers, Homeless shelters (men& women) (909) 476-0300 [www.abundantfamily.org]
Catholic Charities – Refugee & Immigration Services (909) 388-1243
Cornerstone Compassion Center (909) 888-1729 [www.cornerstonecompassion.org]
Community Services Department – (909) 723-1581
Diocese of San Bernardino – 1201 East Highland Ave. San Bernardino, CA 92404 (909) 475-5300
Echoes of Faith – (909) 627-0927 [www.go2eof.com]
Family Services Association – (909) 793-2673
God Always Provides (GAP) – (909) 945-1020
Helping Hands – (909) 460-0984
Mary’s Mercy Center – Hot meals, Clothing and Showers 641 N. Roberts Ave. San Bernardino, CA 92411 (909) 889-2558
Ontario Christian Center – (909) 983-5269 [www.ontariochristiancenter.org]
Temple Missionary Baptist – (909) 888-2038
The Rock Church – (909) 825-8887 [www.rockchurch.com]
True Vine Ministries – (909) 884-6775
The Way World Outreach – 1001 N. Arrowhead Avenue. San Bernardino, CA 92410 (909) 884-1385
Water of Life Food Warehouse – (909) 463-0103
USA Food Commodities are given away at locations throughout the Inland Empire call (909) 723-1580 for sites and days of distribution or view the local distribution calendar and sites for the Inland Empire at: www.sbcounty.gov/capsbc/foodsites.html

COUNSELING AND MENTAL HEALTH SERVICES

Access Unit Department of Behavioral Health Counseling Referrals (888) 743-1478
Active Communication Treatment Systems Bloomington (909) 877-5499
Adult Mental Health, Community Hospital of San Bernardino (909) 877-6333 ext. 3800
Alta Loma Psychological Association (909) 980-3567
Alternate Avenues (909) 920-5518
Arrowhead Regional Medical Center Emergency Psychiatric Unit (909) 580-1800
Behavioral Health, Upland (909) 579-8100
Bilingual Family Counseling Center (Prop 36) – (909) 986-7111
California State University, San Bernardino Counseling Center (909) 537-5569
Calvary Chapel, Fontana and Rialto (909) 820-7300
Caritas Counseling Catholic Charities (909) 370-1293
Casa Ramona Counseling (909) 825-6188
Catholic Charities Counseling (909) 388-1329
Center for healing Childhood Trauma (909) 875-5288
Chino Human Services (909) 591-9822
Chino Multiple Diagnosis Clinic (909) 590-5355
Christian Family Counseling Services (951) 682-7138
Crisis Center – 16460 Victor St. Victorville (760) 245-8837
Elohim Independent Living – Mental Health & Living Skills (909) 242-5416
Family Connection (909) 370-4250
Family Services Agency - San Bernardino (909) 886-6737; Fontana (909) 822-3533; Crestline (909) 338-4689
Frazee Community Center (909) 889-4424
House of Ruth’s Teen Violence (909) 988-5559
Inland Behavioral and Health Services (909) 881-6146
Mesa Counseling, Rialto (909) 421-9301
Mjumbe (African American Mental Health Coalition) (909) 880-1343
New Day Institute (Ind./Group/Family/Parenting/ and more) – (909) 517-2020
Nueva Vida Counseling Center, Colton – (909) 825-6188
Ontario Pregnancy Counseling – (909) 948-6702
Pacific Clinics, Ontario – (909) 605-0514
Phoenix Services County of San Bernardino – (909) 387-7200
Redlands Psychological and Family Services (909) 793-8312
Samaritan Counseling Center, Upland (909) 985-0513
Substance Abuse Services information (800) 879-2772
Telecare Mental Health Crisis Center (760) 245-8837 - 16460 Victor Street, Victorville 24/7 Walk-in, no insurance necessary, doctor on-site daily.
Upland Community Counseling Center (909) 579-8100
Victor Valley Community Services Council - First Call for Help-Referral Services (760) 243-9646 TTY for the Deaf and Hard of Hearing: 24 hours a day/7 days a week (888) 743-1481
OUTPATIENT SUBSTANCE ABUSE RESOURCES

BARSTOW:
Barstow Counseling and Behavioral Health Center – Special Programs for: parolee/Criminal Justice Population 805 E. Mountain View St. Barstow, CA 92311 (760) 256-5026
Hi-Desert mental Health Center – Special Programs for: Parolee/Criminal justice population, Physically Disabled, Prescription Drug Abuse. (760) 256-0376
Jackson Bibby Awareness Group, Inc. - Accessible to: Latino/Hispanics (Bilingual) mobility, hearing/Speech, and Cognitive Impaired. (760) 256-6114
Morongo Basin Barstow Recovery Services – 234 E. Fredricks Ave. Barstow, CA 92311 (760)256-7313

BIG BEAR LAKE:
Operation Breakthrough – Special Program for: parolee/Criminal Justice Population. 40880 peddler Rd
Big Bear Lake, CA 92315 (909) 866-5437

BLOOMINGTON:
Cedar house & Maple House Rehabilitation Centers – Special programs for aging (65 and over), AIDS/HIV Positive, Gay, Lesbian, Bisexual, Transgender, Asian/Pacific Islanders (Bilingual), Latino/Hispanic (Bilingual), Parolee/Criminal Justice Population. 18612 Santa Ana Ave. & 1088 Maple Ave. Bloomington, CA 92316 (909) 421-7120.
Chino Multiple Diagnosis Clinic – Special Program for Parolee/Criminal Justice Population. (909) 5905355

COLTON:
HIS Clinical Services – Medical detoxification and narcotic replacement (maintenance) 2275 E. Cooley Dr.
Colton, CA 92324 (909) 370-1777

FONTANA:
Chemical Dependency program at Kaiser Permanente Hospital (909) 427-5128
Merrill Community Services (909) 823-0609 Rehabilitation Alcohol Program (909) 356-9390

HESPERIA:
Aegis medical Systems – Special Programs for aging (65 and over), Parolee/Criminal Justice Population, Physically Disabled, Prescription Drug Abuse. 11959 Mariposa Rd Hesperia, CA 92345 (760) 956-2464
Prenatal Treatment Program – Special program for women, accessible to mobility, vision, hearing/speech, or cognitive impaired. (760) 956-6780 TTY: (909) 421-9452
Addiction Treatment program – Special programs for AIDS/HIV positive, Parolee/Criminal Justice Population (909) 825-7084

NEEDLES:
Westcare Arizona – 800 West Broadway St. Suite C, Needles, CA 92363 (760) 326-3135
Valley Improvement Programs – Special programs for Parolee/Criminal Justice population. Accessible to Mobility, Vision, and Hearing/Speech, and Cognitive Impaired. (909) 983—3665

ONTARIO:
Bilingual Family Counseling Services Inc. – Special programs for Parolee/Criminal Justice Population. Accessible to Mobility, Vision, and Hearing/Speech, and Cognitive Impaired. (909) 986-7111
Valley Improvement programs – 210 West “B” St. Ontario, CA 91762 (909) 983-3665 TTY(760) 955-1014

RANCHO CUCAMONGA:
Matrix Institute – Special programs for: Parolee/Criminal justice population. 11777 Sebastian Way Suite #102 Rancho Cucamonga, CA 91730
Valley Improvement Programs - Special programs for Parolee/Criminal justice Population. Accessible to
**Mobility, Vision, and Hearing/Speech, and Cognitive Impaired.** 8540 Archibald Ave. Bld. #18 Rancho Cucamonga, CA 91730 (909) 987-4036

**REDLANDS:**
- Behavioral medicine CTR Recovery Services (909) 558-9277
- Redlands Center for Change – 802 W. Colton Ave. Suite C Redlands, CA 92374 **Southwest Community Services** (909) 790-1300
- Vista Guidance Center – 1323 West Colton Ave. Suite #100-105 Redlands, CA 92374 **RIALTO:**
- Alcohol and Drug Programs Treatment Services - Accessible to Mobility, Vision, and Hearing/Speech, and Cognitive Impaired. (909) 421-9465

**SAN BERNARDINO:**
- Casa De San Bernardino: ODF Program – Special Program for women. 735 N. “D” St. San Bernardino, CA 92401 (909) 381-5507
- Christian Alcohol Awareness Program – 1550 N. “E” St. San Bernardino, CA 92405 (909) 884-7087
- Foothill Aids Project – Population served: Individuals with a valid HIV diagnosis. 362 Orange Show Ln. San Bernardino, CA 92408. SB (909) 884-2722; Claremont (909) 482-0886; Riverside (951) 742-7660
- Inland Behavioral and Health Services, Inc. - Special programs for Parolee/Criminal justice Population. 1963 N. “E” St. San Bernardino, CA 92405 (909) 881-6146
- Mental Health Systems (PRIDE) – Probationers Recovering Through Intervention Drug Education. 1874 Business Center Dr. San Bernardino, CA (909) 386-1487
- Pine Ridge Outpatient Treatment Center – Special programs for Parolee/Criminal justice Population. 1881 Commerce Center Dr. Suite # 220 San Bernardino, CA 92408 (909) 890-0294
- Rolling Start – Services to assist mobility needs (disabled) 570 W. 4th St. San Bernardino, CA 92408 (909) 884-2129 TTY: (909) 884-7396
- SAC health Systems Norton – 1454 E. Second St. San Bernardino, CA 92408 (909) 382-7135 Hotline: (888) 743-1478 **SKY FOREST:**
- Rim Family Service – Special program for aging (65 and over). Accessibility to Mobility, Vision, Hearing/Speech impaired. 28545 Highway 18 Sky Forest, CA 92385 (909) 336-1800

You may be court ordered to attend a meeting to help you recover. Here is information on how to locate groups in your area.

**SELF HELP GROUPS**

**NARCOTICS ANONYMOUS Regional Helpline Numbers:**
- English (800) TODAYNA (800) 863-2962
- Espanol (888) NAAHORA (888) 622-4672
- 24-hour Hotline (800) 397-2333 Local Chapter (909) 622-4274

**ALCOHOLICS ANONYMOUS (AA) –** Local Chapter & 24-hour Hotline (909) 825-4700

**ALANON and ALATEEN –** Programs for families and friends of alcoholics. (909) 824-1516

**COCAINÉ ANONYMOUS HOTLINE –** (951) 359-3895

**DEBTORS ANONYMOUS –** Self-Help group for compulsive shoppers. Daily meetings throughout Southern California. (310) 822-7250

**DUAL DIAGNOSIS ANONYMOUS –** Self-Help group for persons with Co-Occurring disorders. Also known as “Dually Diagnosed”. 24-hour Hotline (800) 359-1216 Local Chapter (909) 888-9282

**GAMBLERS ANONYMOUS –** Self-Help group for compulsive gamblers. Local Chapter (909) 424-5020

**NATIONAL DRUG AND ALCOHOL ASSISTANCE** (800) 662-HELP (4357) [www.drughelp.org](http://www.drughelp.org)
SEX and LOVE ADDICTS ANONYMOUS – Self-Help group for persons suffering with compulsive sexual behavior, and other dysfunctional personal relationships. (909) 796-1146
Oficina Interguupal del Alto de Victor Valley, Adelanto – 12036 Bartlett Ave. Suite E Adelanto, CA 92301
(760) 246-6392 Email: intergrupal@hotmail.com
Inland Empire Central Office, Colton – P.O. Box 189 Colton, CA 92324-0189 (909) 825-4700
www.inlandempireaa.org
24 Hour Answering Service, Chino – Chino, CA (909) 628-4428
Oficina Intergrupo de Chino, Pomona – 898 N. Garey Ave. Pomona, CA 91767 (909) 881-3230
San Bernardino, CA – 222 East Highland Ave. Suite #7 San Bernardino, CA 92404 (951) 695-1535
Southwest Riverside County Central Office Inc., Temecula – 28636 Out Town Front St. Suite #106 Temecula, CA 92590 (951) 695-1535 Email: temeculaaa@verizon.net www.temeculacentraloffice.org

ANGER MANAGEMENT/BATTERS’ TREATMENT PROGRAMS

Please Note: Please verify for yourself that the program you choose still meets the legal requirements for court ordered 52 weeks Batter’s Intervention Treatment before enrolling.

ADELANTO:
Lighthouse Support Services (English & Spanish) – 11374 Bartlett Ave. Adelanto, CA 92301 (760) 530-2226 Fax: (760) 530-2259
Lutheran Social Services – Men’s and Women’s Batter’s intervention Groups; Anger Management (court ordered); Parenting (court ordered) P.O. Box 1927 41945 Big Bear Lake Blvd, CA 92315 (909) 866-5070 Fax: (909) 878-3228 Contact: Eileen Hofer
CHINO:
Chino Human Services - Men’s Batter’s Intervention Groups. 13201 Central Ave. Chino, CA 91710 Phone: (909) 334-3259 Fax: (909) 334-3717 E-mail: mchengo@cityofchino.org; mpratt@cityofchino.org Web: www.cityofchino.org Contact: Michelle Cheng, Clinical Specialist or Mayra Pratt, Coordinator
New Day Institute – Men’s & Women’s Batter’s Intervention Groups; Child Abuse Batter’s Intervention Groups. 11780 Central Ave. Suite #100 Chino, CA 91710 (909) 517-2020 Fax: (909) 517-2022
FONTANA:
Family Service Agency (English & Spanish) - Men’s and Women’s Batter’s intervention Groups. 16823 Arrow Blvd. Fontana, CA 92335 (909) 355-3888 Fax: (909) 355-9966 Contact: Yaser Selim
Hesperia Counseling Center - Men’s and Women’s Batter’s Intervention Groups. 12052 Hesperia Rd. Suite #6 Hesperia, CA 92345 (760) 949-3500 Fax: (760) 949-3510 Contact: Robin Folger
HIGHLAND:
Precious Life CES (Children & Educational Services) - Men’s and Women’s Batter’s intervention Groups. 27141 E. Baseline St. Highland, CA 92346 (909) 863-9335

LUCERN:
Lucern Valley Domestic Outreach - Men’s and Women’s Batter’s intervention Groups; Anger Management (Court Ordered); Parenting (Court Ordered). 32649 Highway 18 Lucern Valley, CA 92356 Open: Tue., Wed. & Thurs. (760) 248-2064 Fax: (760) 248-9194 Contact Elaine Dwire

RANCHO CUCAMONGA:
Alta Loma Psychological Association - Men’s and Women’s Batter’s intervention Groups. 9089 Baseline Rd. Suite #200 Rancho Cucamonga, CA 91760 (909) 980-3567 Fax: (909) 989-3932.
New Day Institute – 16823 Arrow Hwy Fontana, CA 92336 (909) 355-3888 Fax: 355-3196.
Olive Branch Counseling Center - Men’s Batter’s intervention Groups; Child Abuse Batter’s Intervention Groups. 9033 Baseline Rd. Suite H Rancho Cucamonga, CA 91730 (909) 989-9030 Fax: (909) 466-4594.
REDLANDS:
Redlands, CA 92373 (866) 564-6228. **RIALTO:**
**New Day Institute** – 712 East Foothill Blvd. Rialto, CA 92377 (909) 421-4865 Fax: (909) 421-4844.  
**SAN BERNARDINO:**
**Family Services Agency** - *Men’s and Women’s Batter’s intervention Groups; Anger management (12 & 26 week classes).* 1669 North “E” St. San Bernardino, CA 92405 (909) 886-6737 Fax: (909) 881-3871.  
**Family Stress Program (English & Spanish)** - 225 East Airport Dr. Suite #130 San Bernardino, CA 92405 (909) 890-4290 Fax: (909) 890-3560.  
**Family Resource Center** – 1911 Commerce Center East Suite #101 San Bernardino, CA 92408 (909) 3813579 (office/voice mail/fax).  
**The Relationship Center** – 1849 Commerce Center East Suite B San Bernardino, CA 92408 (909) 3837100 Fax: (909) 383-7103.  
**Precious Life CES (Children & Educational Services)** – 445 S. Arrowhead Ave. Suite C San Bernardino, CA 92408 (909) 446-2703 Fax: (909) 889-2410 .  
**Psychological Support Systems (English & Spanish)** – 738 S. Waterman Ave. Suite C-49 San Bernardino, CA 92408 (909) 888-2044 Fax: (909) 674-7670. **TWENTY NINE PALMS:**  
**USMC Treatment Center (Military Only)** – P.O. Box 788150 Bldg. #1438 Twenty Nine Palms, CA 92278 (760) 830-6345.  
**Luthern Social Services** – 70-478 Twenty Nine Palms Hwy. Twenty Nine palms, CA 92277 (760) 366-1181  
**New Horizons Counseling** – 6455 Mesquite Ave. Suite A Twenty Nine Palms, CA 92277 (760) 369-0294 Fax: (760) 369-0295 **UPLAND:**  
**Inland Valley Drug & Alcohol Center (English & Spanish) aka The Recovery Center** – 934 N. Mountain Ave. Suite A-B Upland, CA 91786 (909) 949-4667 Fax: (909) 931-3774. **VICTORVILLE:**  
**Family Systems Management** – 14252 St. Andrews Dr. Suite #1 & 2 Victorville, CA 92392 (760) 955-7374 Fax: (760) 955-9874. **YUCCA VALLEY:**  
**Luthern Social Services** – 63700 Twenty Nine Palms Hwy. Yucca Valley, CA 92252 (760) 366-1181 **New Horizons Counseling** – 55020 Santa Fe Trail Suite C Yucca Valley, CA 92284 (760) 369-0294 Fax: (760) 369-0295.
DOMESTIC VIOLENCE ASSISTANCE

Emergency shelters NEVER give out their locations over the telephone. A representative will be available for emergency 24 hours, 7 days a week.

NATIONAL DOMESTIC VIOLENCE HOTLINE: (800) 799-7233
A Better Way (High Desert)........................... (760) 955-8723
Adult and Elder Abuse hotline............................................ (877) 565-2020
Child Abuse Hotline All Counties............................... (800) 827-8724
Desert Manna Ministries.................................................. (760) 255-9025
Desert Sanctuary/Haley House................................. (800) 982-2221
Doves of Big Bear Valley Hotline.................................. (800) 851-7601
Family Assistance Hotline............................................. (760) 949-4357
Haley House, Barstow..................................................... (760) 252-3441
House of Ruth Hotline.................................................. (909) 988-5559
Inland Temporary Housing............................................. (909) 796-6381
Morongo Basin Unity House.......................................... (760) 366-9663
Option House............................................................... (909) 381-3471
Pacific Lifeline............................................................... (909) 931-2624
Project Sister................................................................. (909) 626-4357
Shelter from the Storm.................................................. (800) 775-6055
Victor Valley Domestic Violence Hotline........................... (760) 955-8723

SEXUAL ASSAULT HOTLINES:
Coachella Valley............................................................... (760) 568-9071
Morongo Basin............................................................... (760) 369-3353
Redlands Sexual Assault Services.......................... (909) 335-8777
San Bernardino Sexual Assault Services................... (909) 885-8884
Victorville Sexual Assault Services......................... (760) 952-0041
Yucaipa................................................................. (909) 790-9374

ADDITIONAL RESOURCES:
Inland Counties Legal Services.......................... (909) 884-8615
Legal Aid (9:00 am – 12:00 noon).......................... (909) 889-7328
HOMELESS ASSISTANCE

HOPE Homeless Outreach – Referral Assistance (909) 983-5783
Homeless Program for Mental Health Clinic – 237 W. Mill St. San Bernardino, CA 92408 (909) 388-4133 or (909) 388-4131
A Servant’s Heart Outreach – 4508 N. Sierra Way, Suite #104 San Bernardino (909) 520-8846 Frazee Community Center – 1140 W. Mill St. San Bernardino (909) 889-4424
High Desert Homeless Services – Victorville call same day for availability (760) 245-5991
Inland Temporary homes – Help for families with children (909) 796-6381
Mary’s Mercy Center – 641 Roberds Ave. San Bernardino (909) 889-2558
Salvation Army – San Bernardino (909) 885-0353
The Rock Church – Homeless Ministry (909) 825-8887 ext. #349
Veronica’s Home of Mercy – (909) 888-9064
The House of Blessing – 9269 Utica Ave. Suite #105 Rancho Cucamonga (909) 987-7110 ext. #241

Homeless Court:
Foothill Family Shelter – 1501 W. Ninth St. Suite #D Upland, CA (909) 380-0453 Intake Showers:
Desert Mana – 209 N. First Ave. Barstow M-F 9:00 am – 3:00 pm (760) 256-9025
Cross Light Church – 1456 N. Grove Ave. Ontario Showers Friday at 9:00 am; Food & Clothing Fridays 10:00 am (909) 980-6939
First United Methodist – Showers of Blessing Ministry, Redlands Saturday Morning (909) 793-2118
Mary’s Mercy Center – Hygiene items and clean clothing available prior to showering 641 Roberds Ave. San Bernardino (909) 889-2558. Women’s Showers: Monday and Wednesday 8:00 am – 11:00 am; Men’s Showers: Tuesday and Thursday 7:30 am – 11:30 am.
Victor Valley Rescue Mission – Emergency Food, hot meals, clothing 16857 C. St. Victorville, CA 92395 (760) 955-5958. Showers Mon & Thurs 1:00 pm.
YMCA – 4020 Jefferson St. Riverside (951) 689-9622

SHELTERS

Better Way – Females & Children Domestic Violence Emergency Shelter (760) 955-8723 Hotline; (760) 955-8010 Questions.
Central City Mission – Males Transitional, Emergency Shelter available Nov. 1 – April 30. Hot meals year round. Thrift store clothing available. 1154 N. G St. San Bernardino, CA 92405 (909) 381-6921
Corona/Norco Rescue Mission – Single women, single parents, moms & dads, no single males. 24 hour transitional up to 9 months. 420 W. Harrison St. Corona, CA 92880 (951) 278-2215
Desert Manna – Single men, women, moms with children. Transitional housing. Bus vouchers to travel to verifiable place of residence or employment (up to $50).
Elohim Independent Living Center – Females, males. Caters to those with mental health issues, teaches living skills while providing housing $600/mo. 3 meals included. 20843 Waalew Rd. Apple Valley, CA (760) 242-5416
Family Assistance – Domestic Violence Shelter. Children 18 and under must be in school if applicable. 15075 7th St. Victorville, CA (760) 843-0701 or (760) 949-4357
Family Services Association – For families participating in FSA Housing Advocacy program only. Motel vouchers and Transitional. 612 Lawton St. Redlands 92373 (909) 793-2673.
Foothill Family Shelter – Females & Children. Transitional living application process 120 days max. Must be homeless, have income, be clean & sober (Test). Meals. 1501 W. 9th St. Upland, CA 91786 (909) 9205568
Frazee Community Center – Emergency Shelter & Meals. Males, females & children. 1140 W. Mill St.
San Bernardino, CA (909) 889-4424. 1st come, 1st served. Call before 8 am.

**High Desert Homeless** – Must call same day for availability. 55 bed shelter- 90 day max. Breakfast & dinner served. Hygiene, clothing & case management. Referrals. 24-hour Service. Males, females, children & families. Transitional, emergency shelter. 14049 Amargosa Rd. Victorville, CA (760) 245-5991

**HOPE Homeless Outreach** – Referral Services. Emergency Shelter. Males, females, children & families. (909) 489-3211


Inland Temporary Homes – Families w/children. Couples must be married or mutual parents of at least one child under 18 years. ITH helps helps 25 families per year, max. Shelter 90 day max & transitional 24 mo. Max. 26300 Mission Rd. Loma Linda, CA (909) 796-6381

**New Beginnings** – Females. 117 E. Mojave Blvd./Greenway Dr. Big Bear City, CA 92314. (760) 585- 305

**New Hope Village** – Transitional Housing. Call for availability. Men/Women, individuals or families. Must be willing to participate in program. Drug testing, sliding scale, no income OK. 203 W. Fredricks Ave. Suite #3 Barstow, CA 92311. (760) 256-3656.

**Operation Grace** – Emergency & Transitional Shelter. Single women with no children & families. 6 mo. Max. Call for apt. prior. 1595 E. Townsend Dr. San Bernardino, CA 92408. (909) 382-8540.

**Pacific Lifeline** – DV Emergency/Transitional Shelter. Long term shelter only for women **with children** up to 12 years old. P.O. Box 1424 Upland, CA 91785. (909) 931-2624.

**Path of Life Shelters** – Emergency/Transitional Shelter. Male, female, children & families. Open 4pm – 7:45am, daily. 30-60 day stay. 12-24 mo. Transitional housing available. Required Tox testing & background check. **Family:** 2530 Third St. Riverside, CA (951) 275-8750. **Men or Women w/o children:** 2840 Hulen Pl. Riverside. (951) 683-4101.


**Salvation Army (Ontario Location)** – Emergency Food, family shelter. 90 days max. Call office after 1pm for space availability. 1st come, 1st served. Arrive at shelter after 4pm. For bed. 1412 S. Euclid Ave. Ontario, CA 91762. (909) 986-6748.

**Salvation Army (San Bernardino Location)** – Emergency Shelter & Motel Vouchers. No single males & no male child over 13 years. Call after 1pm for availability & arrive by 4pm for bed. 925 W. Tenth St. San Bernardino, CA (909) 888-4880.


**Set Free Christian Fellowship** – Emergency Shelter for single males/females & women w/children. No boys over 11 years old. 60 day max. 16058 Cajon St. Hesperia, CA 92345. (760) 868-3805 Jeremiah. **Set Free Ministry** – Emergency Shelter for males, females, children & families. One night emergency stay and hot meals served 8am, 12pm & 4pm. 2511 10th St. Riverside, CA (951) 682-0960.

**Time for Change** – Emergency Shelter. 30 day max. Transitional stay up to 24 mo. Single women & women with children. 1255 E. Highland Ave. San Bernardino, CA. (909) 886-2994. Call for eligibility and location.

**Turrill Transitional Assistance Program (TTAP)** – Also Next Step Recovery & Sober Living. Transitional shelter for Men. (909) 475-8600.

**SOBER LIVING**

**Sober Housing Network** – (800) 799-2084 between 9am – 7pm. [www.soberliving.net](http://www.soberliving.net).

**Action Alliance Sober Living Services** - Referral to AA/NA based programs for men & women. (951) 5448733.


**Alcoholics Anonymous** – (909) 628-4428 or (909) 825-4700.

**Narcotics Anonymous** – Tom Kanavos (951) 965-4708.

**Compass Intervention Programs** – Anger management & Domestic Violence Classes. (909) 790-0161.


**Salvation Army Rehabilitation** – 303 South Doolittle Rd. San Bernardino, CA 92415. (909) 889-9605.

**SOBER LIVING/INPATIENT RESOURCES**

**Avenues** – Sober living for males. $400 shared. 1666 Vejar Ave. Pomona, CA 91755. (909) 622-6060.

**Carolee’s Sober Living** – Females. $400 shared. 10581 Roxbury Ave. Bloomington, CA 92316. (951) 7641380 cell or (909) 877-3874 home.

**Cedar House (men)** – Male in/out-Patient. Sliding scale, Private pay or County funds may be available. 18612 Santa Ana Ave. Bloomington, CA 92316. (909) 421-7120 Jamie ext. #143.

**Cedar House (Women w/children)** – In/Out-Patient. Sliding scale, Private pay or County pay may be available. Women with children only. 1088 Maple Ave. Bloomington, CA 92316. (909) 421-7120 Jaimee ext. #143.


**Fontana Ranch** – Male Sober Living & Out-Patient. $450 shared. 17776 Citron Ave. Fontana, CA 92335. (909) 936-3212 or (951) 514-1056 mark.

**Gabriel’s House** – Yucca Valley, CA. Co-ed Sober Living. $335 shared. (909) 335-9530.


**Gibson House for Women** – Female In-Patient. Rates may vary. Call for info. 1135 & 1139 North “D” St. San Bernardino, CA 92410. (909) 888-6956.

**Got Recovery Inc. Sober Living** – males. $425/mo. + $25 first month processing fee. 3475 Mulberry St. Riverside, CA 92510. (951) 328-8778.

**His House** – Male Sober Living. $500 shared. 23950 Prado Lane Colton, CA 92324. (909) 981-6121.

**Home life Sober Living** – Male Sober Living. $400 shared. 13653 Gemini St. Victorville, CA 92392. (760) 684-5454.


**House of Angels** – Females & children Sober Living. $400 single & $450 w/child. 3664 North E. St. San Bernardino, CA 92405. (909) 883-6002. Collect calls accepted.

**House of Faith/House of Hope** – Adelanto. Male Sober Living & In-Patient Treatment. $450/mo. Call one month ahead. (760) 246-5835.


**Jubilee House for Men** – Male Sober Living. $400 shared. 33422 Lime St. Riverside, CA 92501. (951) 776-1581.
Let's Be Clean – 4 bed male/4 bed female & co-ed Sober Living & In-Patient. $350 shared. 1356 N. Arrowhead Ave. San Bernardino, CA 92405. (909) 889-4597.

Living Word Harvest Center – Male Sober Living & In-Patient. Residents sell candy to cover living expenses. 9 mos. – 1 year. 5151 “F” St. Chino, CA 91710. (909) 613-1496.

Living Word Harvest Center – Female Sober Living & In-Patient. Residents sell candy to cover living expenses. 9 mo. – 1 year. 3940 Fifth St. Riverside, CA 92501. (951) 347-9396.

Maggie’s Haven – Female Sober Living. $400/mo. 1365 West Grove St. Rialto, CA 92376. (909) 873-4618.

Mambo House – In-Patient & Sober Living. $450/mo. + $175 intake fee. 1241 Lee St. Loma Linda, CA 92354. (909) 534-1148.


MFI – Several locations throughout Riverside County. Male, female & children In/Out-Patient & Residential. Call for details. (951) 683-6596 or (800) 923-5634.

New Start Living for Men – Sober Living. $350 shared. 229 North “K” St. San Bernardino, CA 92410. (626) 786-7973.


Next Step – Male Sober Living. (800) 251-2426.

Pine Ridge Treatment – Male In-Patient. 2727 Highland Dr. Running Springs, CA 92382. (909) 867-7027. SASCA funded beds. Must be on Parole. (909) 867-7027.


Salvation Army Adult Rehabilitation Center – Male In-Patient, Work Therapy. San Bernardino (909) 889-9605 or Orange Ave. or Perris, CA (951) 940-5790.

Serenity Castle Ranch – Male Sober Living. $400/mo. Devore Area. (951) 378-4245.


Temple House Sober Living – Female Sober Living. Starts at $350/mo. or $100/wk. Big Bear Lake, CA (909) 725-7540.

The Cottages – Male Sober Living. $350/mo. Or $100/wk. Big Bear Lake, CA (909) 725-7540.

Time for Change Foundation – Female & children Sober Living. No cost. Children up to 5 years. (909) 886-2994.


Victory Outreach Church – Male, female In-Patient. No fee. San Bernardino, CA (909) 884-1921 or (760) 245-0042.

Walter Hoving Home – Female w/children visits In-Patient & Sober Living. $500/mo. (paid through sponsorship). Pasadena, CA (626) 405-0950. Accepts collect calls.

Winner’s Circle – Male Out-Patient and Sober Living. $450 shared/$550 single. San Bernardino, CA (951) 538-3247.

---

PUBLIC HOUSING

Please note: The Housing Authority is not funded for emergency housing. Individuals requiring immediate assistance may wish to contact the homeless and emergency resources.


Barstow area: 421 South 7th St. Barstow, CA (760) 256-8814.

Bloomington, Colton, Fontana, Rialto areas: 772 Pine St. Colton, CA (909) 824-8277.

Chino, Montclair, Ontario, and Rancho Cucamonga areas: 13088 Monte Vista. Chino, CA (909) 628-3413.
San Bernardino Area: 672 N. Waterman Ave. San Bernardino, CA (909) 890-9533.
Maplewood Homes Office: 1738 West 9th St. San Bernardino, CA (909) 890-5350.

AFFORDABLE HOUSING RESOURCES

North Town Las Casitas, Inc: 8599 Haven Ave. Suite #100. Rancho Cucamonga, CA 91730. (909) 483-2444.

HUD APPROVED HOUSING COUNSELING

Providing assistance with the following: Financial Management, Budget Counseling, and Mortgage Counseling. Charge for some services.
North Town Las Casitas, Inc. – 320 West “G” St. Suite #103 Ontario, CA 91762. (800) 761-6747.
Nid-HCA Inland Empire – 2050 N. Mount Vernon Ave. San Bernardino, CA 92411. (909) 887-8700.

LOW COST HOUSING RESOURCES

Inland Fair Housing & Mediation Board - (909) 984-2254 or (800) 321-0911.
Adobe Villas Apartments – 73747 Raymond Way Twenty-nine Palms, CA 92277. (760) 367-2966 1 & 2 Bedroom Units.
Alpine Woods – 430 W. Alpine St. Upland, CA 91786. (909) 982-8454. 1 & 2 Bedroom Units.
Arbor Park Apartments – 895 N. Mountain Ave. Upland, CA 91786. (909) 985-7368. 1 & 2 Bedroom Units.
Ascot Park Apartments - 1422 East 9th St. San Bernardino, CA 92410. (909) 884-5575. 2 Bedroom Units.
Ceres Avenue Apartments – 16254 Ceres Ave. Fontana, CA 92335. (909) 350-4222. 1 & 2 Bedroom Units.
Citrus Grove – 8845 Citrus Ave. Fontana, CA 92335. (909) 889-8417. 3 & 4 Bedroom Units.
Foothill Villas – 2631 W. 2nd St. San Bernardino, CA 92410. (909) 888-0131. 1-3 Bedroom Units.
Hillcrest Apartments – 8015 Citrus Ave. Fontana, CA 92335. (909) 822-6666. 1 & 2 Bedroom Units.
Little Zion Manor – 2000 Jubilee Ct. San Bernardino, CA 92411. (909) 880-1858. 1-3 Bedroom Units.
Meadowbrook Park and Tower Apartments – 191 West 2nd St. San Bernardino, CA 92408. (909) 8896319. 1-3 Bedroom Units.
New West I – 18167 Mindanao St. Bloomington, CA 92316. (213) 252-5997 (Management Co.). 3 Beds.
New West II – 10656 maple St. Bloomington, CA 92316. (213) 252-5997 (Management Co.). 3 Bed Units.
Northside Commons – 16733 Sunhill Dr. Victorville, CA 92392. (760) 843-1800. 1-4 Bedroom Units.
Northwood Apartments – 1662 W. Arrow Rte. Upland, CA 91786. (909) 946-0169. 1 & 2 Bedroom Units.
NHDC Apartments, Inc. – Extensive listings throughout the Rancho Cucamonga area. Call for referrals. (909) 483-2444.
Ontario Townhouses – 1360 E. “D” St. Ontario, CA 91764. (909) 986-5357. 2 & 3 Bedroom Units. San
**Bernardino Village Green** – 2122 West Chestnut St. San Bernardino, CA 92410. (909) 888-3001. 2 & 3 Bedroom Units.

**Sherwood Villa** – 14900 Arlette Dr. Victorville, CA 92394. (760) 243-7713. 1 & 2 Bedroom Units.

**Sterling Village** – 7630 Sterling Ave. San Bernardino, CA 92410. (909) 381-3968. 1-3 Bedroom Units.

**Sun West Villas** – 6947 Mohawk Trail Yuca Valley, CA 92284. (760) 365-3453. 2 & 3 Bedroom Units.

**The Twenty-nine Palms** – 5862 Bagley Ave. Twenty-nine Palms, CA 92277. (760) 367-3543. 1-3 Bed Units.

**The Village at Victorville** – 16711 Chalon Rd. Victorville, CA 92392. (760) 955-1800. 1-3 Bedroom Units.


**Virginia Terrace** – 615 E. Virginia Way Barstow, CA 92311. (760) 256-0341. 1-3 Bedroom Units.

**Vista Park Chino** – 5819 Riverside Dr. Chino, CA 91710. (909) 591-4212. 2 & 3 Bedroom Units.

**Willow Village** – 1150 N. Willow Ave. Rialto, CA 92376. 2 & 3 Bedroom Units.

**Woodhaven Manor** – 6230 Haven Ave. Rancho Cucamonga, CA 91701. 2 & 3 Bedroom Units.

---

**UTILITY ASSISTANCE**

**Home Energy Assistance program (HEAP)** - Provided in the form of credit on your utility bill for gas, electric, wood or propane. No cash or checks are ever distributed to clients directly. Credits are paid out directly to the utility companies, or wood and propane vendors. There are three ways by which you may obtain assistance:

- **Energy Crisis Intervention program (ECIP)** – Provides assistance to low-income households that are in a crisis situation. Examples include a household that has received a **24-hour or 48-hour disconnect notice** or service termination by their utility company or if an energy-related crisis or life-threatening emergency exists in the applicant’s household. **For Emergency Utility Assistance** – You must have a disconnection or final call notice on utility accounts. **Clients must:** Call HEAP Direct Appointment Lines to schedule an appointment Monday-Friday between 8am-4:45pm. (909) 723-1680 or (909) 723-1681. Clients are no longer taken on a walk-in basis. Attend one of the scheduled Energy Education Workshops available on Tuesdays, Wednesdays, and Thursdays at 8am or 1pm. Be early and prepared with all required documents. Call the workshop at (909) 723-1500, and select option 2, then option 2 again for requirements.

- **Non-Emergency Utility Assistance** – Clients without a disconnect notice may apply for an annual HEAP credit by contacting HEAP to receive an application packet by mail to be returned completely filled out. You may also download the required forms and mail them back to HEAP. It takes four to six weeks once the application is approved for the credit to be applied to your specified utility bill.

- **Wood and Propane** – Clients may apply for Wood or Propane assistance by contacting HEAP to receive an application packet by mail to be returned completely filled out, or download the required forms from the website and mail them back to HEAP. It takes four to six weeks once the application is approved for the credit to be applied to your specified vendor.

**EEESP HEAP** - (909) 723-1620 Fax (909) 723-1609 Monday-Friday 8:00 am – 5:00 pm. Mail all Documents to: ATTN: HEAP PROGRAM 696 S. Tippecanoe Ave. San Bernardino, CA 92410-0610. www.co.canbernardino.ca.us/capsbc/eeesheap.html.

---

**LITERACY PROGRAMS**

**San Bernardino County Public Library Literacy Programs:** Free confidential adult basic literacy assistance provided by trained volunteers. Free children’s books for qualifying families. English improvement and General Education (GED) instruction.

**Locations:** Apple Valley (760) 240-7739; Barstow (760) 256-4847; Big Bear (909) 866-5571; Chino (909) 465-5239; Chino Hills (909) 590-530; Fontana (909) 574-4500; Highland (909) 425-4700; Loma Linda
ENGLISH AS A SECOND LANGUAGE (ESL) ASSISTANCE

Asian American Resource Center – (909) 383-0164
San Bernardino City – (909) 381-8205
San Bernardino County Superintendent of Schools – (909) 386-2404 Redlands
Adult Education – (909) 748-6930
California Department of Education – Sacramento, CA 95814. (916) 319-0800.

Education Resources

Regional Occupational Programs provide quality, hands-on career training programs in over 40 high-demand career fields. Adults who are entering or re-entering the workforce, or those wishing to change careers or upgrade their current job skills may benefit from ROP courses. Support services are provided in the form of career guidance and special services for individuals with disabilities.


San Bernardino ROP – Throughout San Bernardino County (909) 252-4550.
CRYROP – Colton, Redlands, Yucaipa (909) 793-3115.
Baldy View ROP – Chaffey, Chino Valley, Claremont, Upland (909) 947-3400.

HIGHER EDUCATION

Barstow Community College – 2700 Barstow Rd. Barstow, CA 92311 (760) 252-2411 www.barstow.edu
Cal State University, San Bernardino – 5500 University Pkwy San Bernardino, CA 92407 (909) 537-5000 www.csusb.edu
Riverside City College – 4800 Magnolia Ave. Riverside, CA 92506-1299 (951) 222-8000 www.rcc.edu.

GED TESTING CENTERS

General Educational Development (or GED) tests are a group of five subject tests, when passed, certify that the taker has a high school level academic skills. The GED is also referred to as a General Education Diploma, General Equivalency Diploma, or Graduate Equivalency Degree.

Each site charges a fee to take the examination. Up-to-date information regarding current testing costs and policies may be obtained by contacting the specific testing center, fees average $150. Chaffey

Adult School – 1802 East 7th St. Ontario, CA 91764 (909) 391-5365
Chino Valley Adult School – 12970 Third St. Chino, CA 91710 (909) 627-9613
EDUCATIONAL/EMPLOYMENT RESOURCES

Contact the Department of Industrial Relations: www.dir.ca.gov.

Some Apprentice opportunities available:

- Acoustical Installer (657) 571-0449; Auto Glass Glazier (714) 894-4094; Barber (909) 388-6000 or (760) 212-1996; Bricklayer (626) 573-0032; Carpenter (909) 824-9033; Cement Mason (626) 856-5750;
- Drywall Finisher (323) 727-2811; Electrician (909) 890-1703; Fastener Technician (562) 404-4295; Heating/Air Conditioning (714) 779-3199; Machine Technician (562) 404-4295; Moldmaker (562) 404-4295; Marble Finisher (626) 329-0850; Painter (714) 258-8370; Pavement Stripper (951) 248-4341; Plasterer (909) 631-0963; Plumber (909) 825-0359; Roofer/Sealer (909) 469-9847; Sheet Metal Worker (714) 779-3199; Surveyors (800) 804-1980; Tile Setter (800) 409-1800 or (626) 571-0273

Steps an applicant should take:

1. Select an occupation for which you have an aptitude or some previous experience and the physical ability to perform. View the complete list of apprenticeships at www.dir.ca.gov.
2. Find out if you meet the minimum qualification for that occupation.
3. Decide whether you can work under the required job conditions, some of which may be hazardous, dirty, uncomfortable or otherwise unpleasant.
4. Apply for the apprenticeship either directly to an employer in the occupations, the union, or the California Employment Development Department.
5. Take an aptitude or other tests where required.
6. If the apprenticeship committee has a waiting list of applicants, determine whether or not you are sufficiently interested in the occupation to wait for an opening, or whether you should seek other employment.
7. Some apprenticeship committees have applicants find their own employment with a firm which participates in the apprenticeship program.

EMPLOYMENT TRAINING TOOLS

Workforce Development Department – www.sbcounty.gov/csb.win Monday – Friday 8:00 am – 5 pm
S.H.A.R.E, INC. Inland Empire – Available services may include: Skill assessments, job search and job placement assistance; Training opportunities for eligible individuals. Computers, printers, phones, and fax machine available for job seeking. (909) 890-0999 www.shareinlandempire.org/
Glen Helen Rehabilitation Center – Specializing in Employment Resources and Bonding for Released ExOffenders (909) 473-2625. Relay Services 711 (for TTY users).
Victorville – 17310 Bear Valley Rd. Suite #109 Victorville, CA 92395 (760) 552-6550 Rancho Cucamonga – 9650 9th St. Rancho Cucamonga, CA 91730 (909) 941-6500

I.E. COMMUNITY RESOURCES
Bernardino – 658 East Briar Dr. Suite #100 San Bernardino, CA 92408 (909) 382-0440
EDD Bonding Program – [www.bonds4jobs.com/highlights.html](http://www.bonds4jobs.com/highlights.html).
State Bonding Coordinator – CA Employment Development Dept. 800 Capital Mall MIC – 50 Sacramento, CA 95814 (916) 654-7799, Fax (916) 657-0055 [www.susan.felt@edd.ca.gov](mailto:www.susan.felt@edd.ca.gov).
One Stop Career Centers – 600 N. Arrowhead Ave. Suite #300 San Bernardino, CA 92410 (909) 888-7881 or TDD/TTY (800) 735-2922 Mon-Thu 8am-5pm, and Friday 8am-4pm.

### TEMPORARY EMPLOYMENT RESOURCES

**Apple One** – Specializing in office employment. 165 West Hospitality Ln. Suite #23 San Bernardino, CA 92415 (909) 884-6351; and 12759 Foothill Blvd. Suite B Rancho Cucamonga, CA 91730 **Benchmark** – 3633 Inland Empire Blvd. Suite #955 Ontario, CA 91764 (909) 942-5800

**Best Temporary Services** – 1410 3rd St. Suite I Riverside, CA 92507 (951) 369-1111

**Employment Solutions** – 10321 Magnolia Ave. Riverside, CA (951) 687-4500; and 12799 Foothill Blvd. Suite D Rancho Cucamonga, CA 91730

**Express Employment Professional** – 7890 Haven Ave. Suite #18 Ontario, CA 91764 (909) 484-4366

**Helpmates Staffing Services** – 9267 Haven Ave. Suite #170 Rancho Cucamonga, CA (909) 484-2688

**Labor Ready Inc.** – 913 W. Foothill Blvd. Rialto, CA (909) 875-9196; and 14344 Main St. Hesperia, CA (760) 948-4226; or 200 E. Highland Ave. San Bernardino, CA (909) 881-2353

**Manpower Temporary Staffing** – 998 North “D” St. San Bernardino, CA (909) 885-3461; and 14270 7th St. Suite #7 Victorville, CA (760) 245-8221

**Office Team** – 3403 10th St. Suite #310 Riverside, CA 92501 (951) 779-9081

**Reliable Resources Inc.** – 1280 E. Cooley Dr. Colton, CA 92324 (909) 430-0946

**Tempo Temporary Services** – 15000 7th St. Suite #101 Victorville, CA (760) 245-6548.

### DISABILITY RESOURCES

**Social Security Disability Benefits** – (800) 772-1213 M-F 7am-7pm [www.ssa.gov](http://www.ssa.gov). **Locations:** 605 N. Arrowhead Ave., San Bernardino; 10668 Sierra Way, Fontana; and 1100 E. Holt Blvd., Ontario. **State Disability Insurance/SDI** – EDD (800) 480-3237

**Family Resource Network** – Parent support for families with children who are disabled 0-3 years of age. (800) 974-5553

**Disabled Student Services** – Special Education Local Plan Area (SELPA). Their goal is to coordinate services to member districts so students with disabilities have equal education opportunities in the most effective, efficient and cost effective manner practical. **Locations:** Desert/Mountain (760) 242-6336; East Valley (909) 777-0835; Fontana USD (909) 367-5000; Morongo USD (760) 367-9191; San Bernardino USD (909) 880-6863; and West End (909) 481-4547 ext. 255

**Health Insurance Counseling & Advocacy Program (HICAP)** – Free Medicare Counseling throughout California. (800) 434-0222.

**Rolling Start** – Individuals with spinal cord injury. Services include: Personal Assistant Referral, Housing Information, Systems and Individual Advocacy, Peer Counseling, Information and Referral, and Independent Living Skills Training. Assistive Technology Services have been added as an important component to assist persons with disabilities in becoming or remaining independent in their home, community and workplace.

**Assistive Technology Services** – Hours: M-F 8am-5pm (closed for lunch 12pm-1pm) 570 West 4th St. Suite #107 San Bernardino, CA 92410 (909) 884-2129, Fax (909) 386-7446, TTY: (909) 884-7396; and 15400 Cholame Rd. Suite B Victorville, CA 92392 (760) 843-7959; Outside the Inland Empire (800) 2200975. [www.sheila.rs@verizon.net](mailto:www.sheila.rs@verizon.net).
VETERAN’S AFFAIRS

San Bernardino County Veterans Affairs – 175 West 5th St. 2nd Floor San Bernardino, CA 92415. (909) 387-5516 or (866) 472-8387 www.sbcounty.gov/va. Services are available in Barstow, Chino, Ft. Irwin, Hesperia, Loma Linda, Twenty-nine Palms and Yucca Valley. Call the San Bernardino location to verify day/times and location of the following satellite Offices:

National Personal Records Center (for military records) www.archives.gov/veterans/military-service-records.
VA Medical Center, Loma Linda – (909) 825-7084 www.lom.med.va.gov.
Veterans Home of California, Barstow – (800) 746-0606.
VA Homeless Veteran/VA Justice Outreach Program (For Incarcerated Veterans) – VA Loma Linda Healthcare System 11201 Benton St. Loma Linda, CA 92357 www.lom.med.va.gov Veterans Justice Outreach Specialist – (909) 825-7084 ext. 5669.

(Most of the resource contact information was taken from the H.O.P.E. Community Resource Assistance Guide)

HOPE – Homeless Outreach (Referral Assistance): 909-983-5783 OR 2-1-1
Homeless Programs for Mental Health Clinics: 237 W. Mill St. SB CA 92408 (909)388-4133 or 909-388-4131

DISCLAIMER: This resource Guide was provided as a courtesy to the community. Some information may have changed. Send updated information to ADMIN@varpinc.org