



Purpose Not Placement: Setting the Stage for the Future of Residential Care

Lisette Burton, Chief Policy & Practice Advisor, ACRC



AGENDA

- Who is ACRC?
- Quality & Safety Across the Continuum
- Target Initiatives & Specific Populations
- Solutions



VISION

ACRC envisions youth and families thriving in their homes and communities with uncompromised access to high-quality residential and community-based interventions in a robust continuum of care.



MISSION

To provide a powerful voice for quality residential and community interventions through relationships, leadership, advocacy, and the promotion of innovative treatment and best practices.



TOGETHER, THE VOICE

Strengthening
Impact.



TOGETHER, THE VOICE

Amplifying Voices,
Together.



ACRC is now the
home of the
Building Bridges
Initiative!

[https://togetherthevoice.org/
bbi/](https://togetherthevoice.org/bbi/)

2023 Policy & Advocacy Priorities

1. Addressing the Global Crisis in Children's Mental Health
2. Quality & Safety Across the Continuum
3. Strengthening the Workforce
4. Implementation of FFPSA
5. JJDPA Reauthorization



Quality & Safety

- **National Reports**
 - GAO [Report](#) - *HHS Should Facilitate Information Sharing Between States to Help Prevent and Address Maltreatment in Residential Facilities*
 - AAP/Chapin Hall [report](#) - *Family First Implementation: A One-Year Review of State Progress in Reforming Congregate Care*
 - AEI [report](#) - *Why Foster Children Are Sleeping in Offices and What We Can Do About It*
- **Quality Standards**
 - Why implement [quality standards](#)?
 - [Institute for Quality Children's Services](#)
- **Federal Legislation**
 - Stop Institutional Child Abuse Act (SICAA – S. 1351/H.R. 2955)



Stop Institutional Child Abuse Act

Bill does two main things:

- Establishes an interagency federal work group on youth residential programs to improve the dissemination and implementation of data and best practices regarding the health and safety, care, treatment, and appropriate placement of youth in youth residential programs.
- Requires a study by the National Academies of Sciences, Engineering, and Medicine to examine federal and state funding sources, regulation, and accreditation standards of residential programs; examine barriers to funding community-based alternatives; and make recommendations for federal and state coordination of data and oversight of youth residential programs



Defining Therapeutic Residential Care: An international consensus

‘Therapeutic residential care’ involves the purposeful use of a purposefully constructed, multi-dimensional living environment designed to enhance or provide treatment, education, socialization, support, and protection to children and youth with identified mental health or behavioral needs in partnership with their families and in collaboration with a full spectrum of community-based formal and informal helping resources.

Whittaker, Del Valle, & Holmes, 2014

Learn more about the international [TRC workgroup](#), meeting next in Oviedo, Spain, Fall 2024.

Targeted Initiatives & Specific Populations

Family First Prevention Services Act Implementation

- Status
- Prevention Services
- Out-of-home Care

Juvenile Justice

Complex Care Initiatives

Child Welfare News

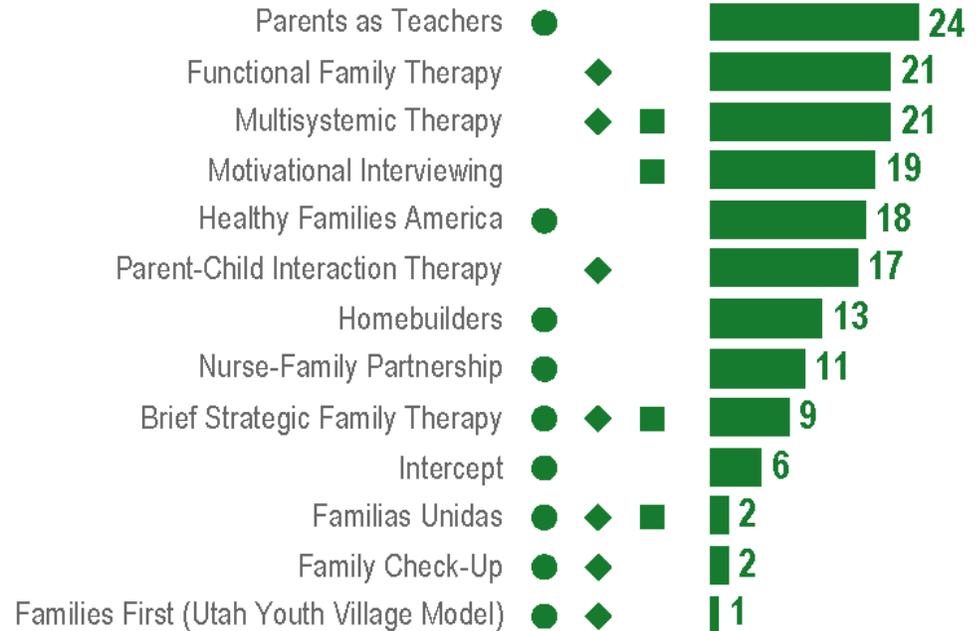
- Foster kids sleeping in offices, hotel rooms because there's no other option | Why, and what can be done? 05/12/2022, Virginia News Channel 10 Local News
- UpEnd Movement 2022 Impact Report – Abolitionist movement to protect children, support families, and dismantle the family policing system
- A 15-year-old stayed in a hospital for 40 days. The reason? The state child welfare agency had no place to put him. 2/11/23, Boston Globe
- Senate Judiciary Subcommittee to Investigate Georgia Child Welfare 2/25/2023, The Imprint
- North Carolina foster children sleeping in jails, emergency rooms, DSS offices amid a foster family shortage 03/2/2023, Local News Channel 8
- Bunking Texas foster kids in CPS offices may have ended, but bed shortage persists 3/6/2023, The Dallas Morning News
- States look to New Jersey as model for child mental health interventions 3/21/2023, NPR

Family First Prevention Services Act – Status & Prevention

- Prevention services are optional, restrictions on funding for out-of-home care are mandatory
 - October 1, 2021 was the implementation deadline
- Approaches to prevention
 - Focus on well-supported services
 - Ongoing concerns about the Clearinghouse

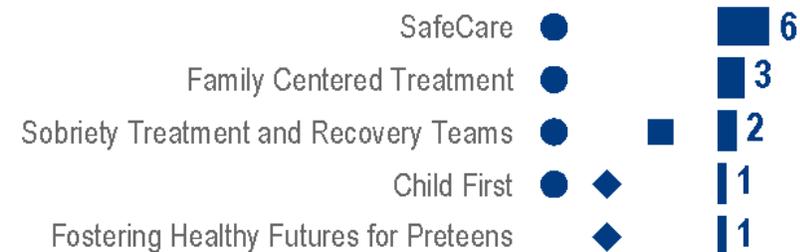
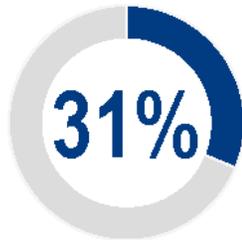
Well-Supported

The clearinghouse has rated a total of **17** programs as **Well-Supported** and states, jurisdictions, and Tribes have identified and been approved to claim for **13** of those (13 out of 17 = 76%).



Supported

The clearinghouse has rated a total of **16** programs as **Supported** and states, jurisdictions, and Tribes have identified and been approved to claim for **5** of those (5 out of 16 = 31%).



Programs and Services in Approved State Prevention Program Plans

The Children's Bureau is composed of 10 Regional Offices, each with a child welfare unit.

Programs sorted by Region, from highest to lowest

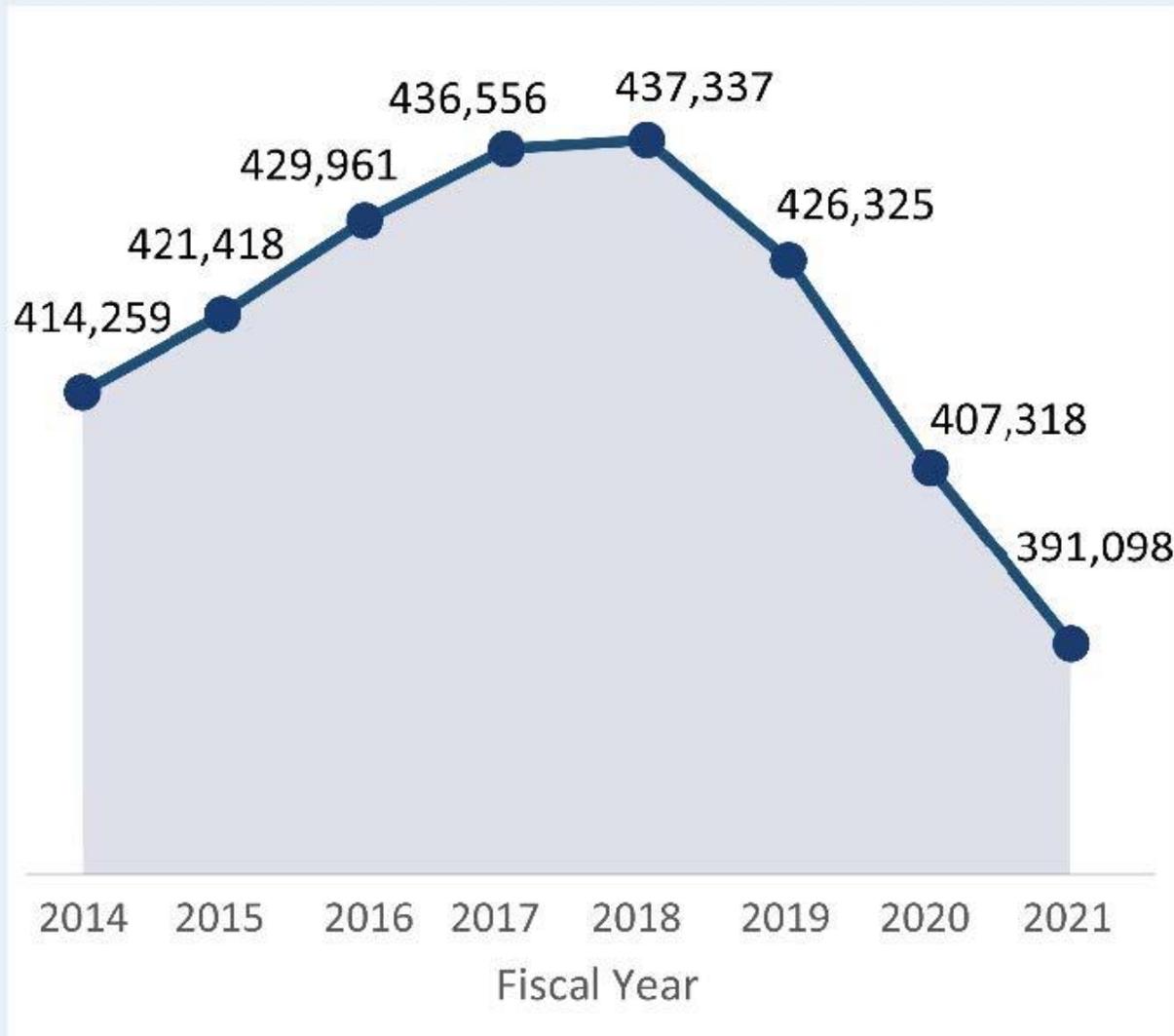
	Region 1					Region 2				Region 3					Region 4										
	CT	RI	NH	MA	ME	VT	NY	NJ	PR	VI	MD	VA	WV	DC	DE	PA	KY	SC	TN	GA	NC	AL	FL	MS	
Number of EBPs per jurisdiction:	7	6	5	3	2	2	11	0	0	0	5	3	3	2	0	0	9	8	7	5	2	0	0	0	
Well-Supported																									
Brief Strategic Family Therapy	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Familias Unidas	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Families First (Utah Youth Village Model)	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Family Check-Up	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Functional Family Therapy	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Healthy Families America	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Homebuilders	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Intercept	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Motivational Interviewing	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Multisystemic Therapy	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Nurse-Family Partnership	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Parent-Child Interaction Therapy	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Parents as Teachers	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Supported																									
Child First	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Family Centered Treatment	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Fostering Healthy Futures for Preteens	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
SafeCare	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Sobriety Treatment and Recovery Teams	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Promising																									
Child-Parent Psychotherapy	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Family Spirit	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
High Fidelity Wraparound	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Trauma-Focused Cognitive Behavioral Therapy	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	
Triple P – Positive Parenting Program – Standard (Level 4)	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	👤	

The Capacity Building Center for States provides free, virtual office hours! Experts can assist you with your practice needs in a variety of areas. To schedule your 25-minute virtual one-on-one meeting to ask our experts about FFPSA, click here: <https://capacity.childwelfare.gov/states/experts>

For access to all programs and services please click here: <https://preventionservices.acf.hhs.gov/program>. To view the status of and links to State Prevention Program five year plans, click here: <https://www.acf.hhs.gov/cb/data/status-submitted-title-iv-e-prevention-program-five-year-plans>. *The information contained within the infographic is point in time, and, because jurisdictions may amend their plans, is subject to change.

Last Updated: January 12, 2023

NUMBER OF CHILDREN IN FOSTER CARE CONTINUES TO DECLINE

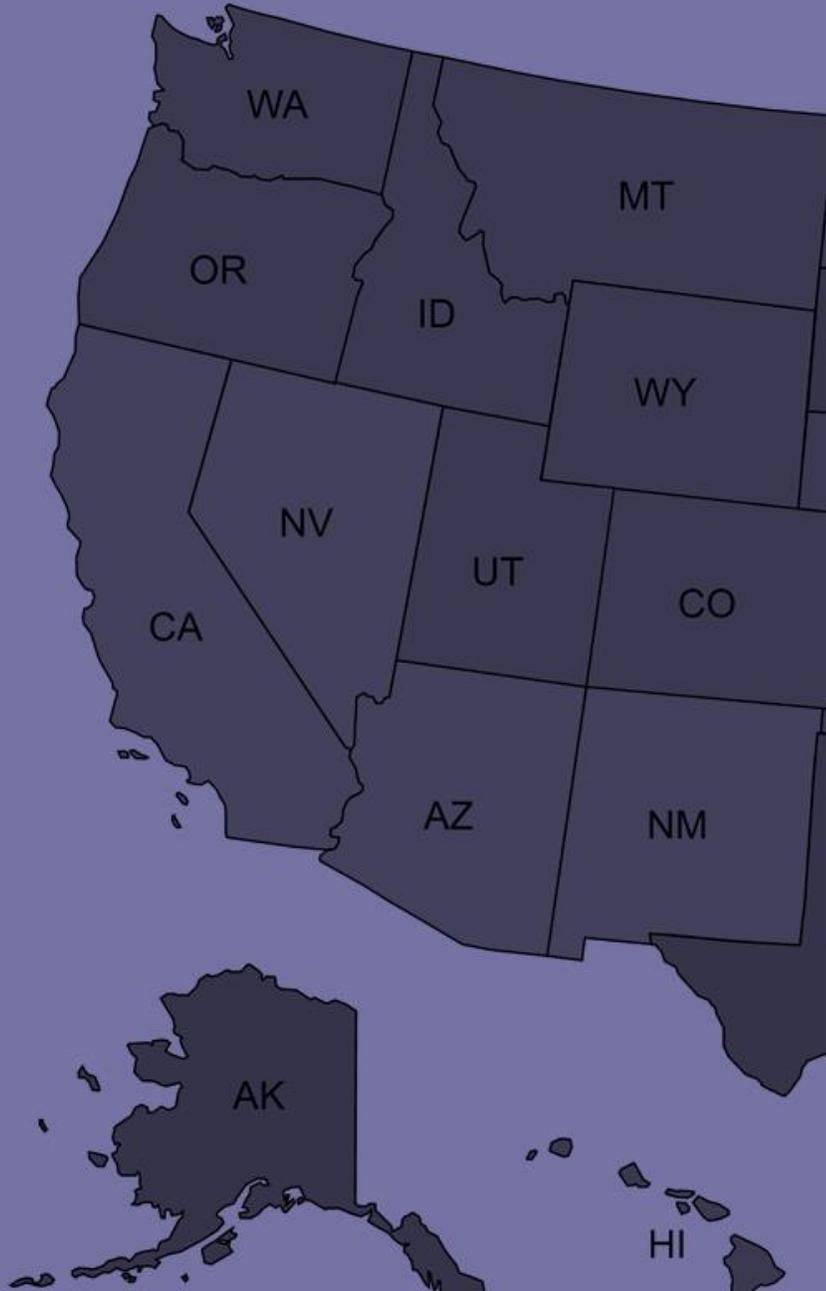


Data from the Adoption and Foster Care Reporting System (AFCARS) FY 2022

5 Year Anniversary of Passage of the Family First Prevention Services Act

- ACF Hosted a Celebration [Video](#) – with Assistant Secretary January Contreras and HHS Secretary Xavier Becerra
- The Children’s Bureau released a [letter](#) highlighting Family First prevention initiatives in 8 states, including MI, UT, NH, IA, SC, NE, KY, and OH
- The Capacity Building Center for the States released a new [infographic](#) listing all programs and services approved in the Prevention Services Clearinghouse, with a breakdown by state of programs and services in state prevention plans

Prevention Efforts Across the Country



- 47 Approved Prevention Plans (including states, territories, and Tribes)
 - 42 states and DC have approved plans
 - 4 states and Puerto Rico have submitted plans for approval
 - 4 states have not yet submitted plans
- 4 Approved Kinship Navigator Programs
 - AZ Kinship Support Services
 - CO Kinnected Kinship Navigator Program
 - OH Kinship Support Intervention/Protect OHIO
 - NV Foster Kinship Navigator Program
- In FY22, states claimed Title IV-E prevention funding for approximately 6,200 children

ACF PROGRAMS OFFER SUPPORT TO CHILDREN AND FAMILIES



BEFORE THE NEED FOR FOSTER CARE

DURING FOSTER CARE



FOR THE TRANSITION TO ADULTHOOD

Financial Impact of Family First After 5 Years

- Title IV-E funding primarily supports:
- **partial reimbursement to states for board and care and related administrative costs** for eligible children in foster care (\$5.2 billion in FY 2022)
- partial reimbursement to **states for subsidies to support adoption and guardianship** (\$4.0 billion in FY 2022).
- **Chafee Program** for Successful Transition to Adulthood, which assists youth in or formerly in foster care up to age 21 or 23, depending on the state in obtaining education, employment, and life skills for independence and self-sufficiency and successful transition to adulthood (typically \$143 million per year)
- **Services to prevent unnecessary foster care entries** provided under the Family First Prevention Services Act of 2018 (\$29 million in FY 2022).

Family First Prevention Services Act – Out-of-home Care Changes

- 5 categories of out-of-home-care retain eligibility for federal funding:
 - Programs serving youth who have been or are at risk of sex trafficking
 - Programs serving pregnant and parenting teens
 - Independent living programs serving youth 18 and older
 - Qualified Residential Treatment Programs (QRTPs)
 - Family-based residential treatment facility for substance use disorders.
- QRTP implementation varies state by state
 - Opportunity: aftercare
 - Challenge: QRTP-Institution for Mental Diseases (IMD) concerns



QRTP Picture Across the Country

- At least 18 states and DC are not currently implementing QRTPs
- Some states are limiting QRTP size to 16 beds to avoid IMD
 - however aggregate bed counts, determined according to CMS guidance, push many QRTPs over the threshold even when children are served in small settings
- At least one state has faced an enforcement action from the Administration for Children and Families (ACF) for improper claiming related to QRTP implementation (no process for judicial oversight)
- Some states are identifying IMDs and using state/county dollars to make up for lost federal Medicaid funding
- Some states are exploring Psychiatric Residential Treatment Program (PRTF) implementation or expansion to maintain or increase access to treatment
- At least 3 states are including QRTPs in a Medicaid 1115 SMI/SED waiver

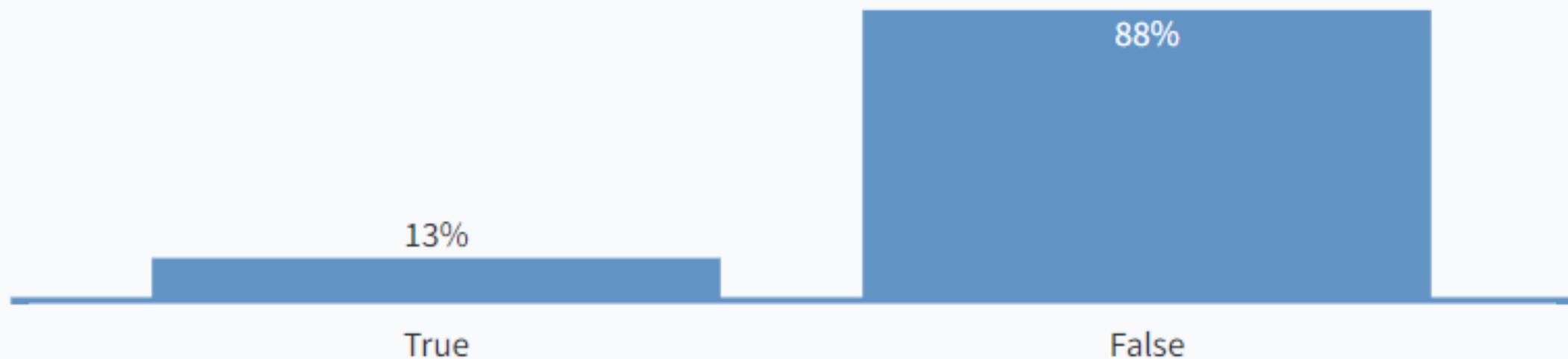
Juvenile Justice News

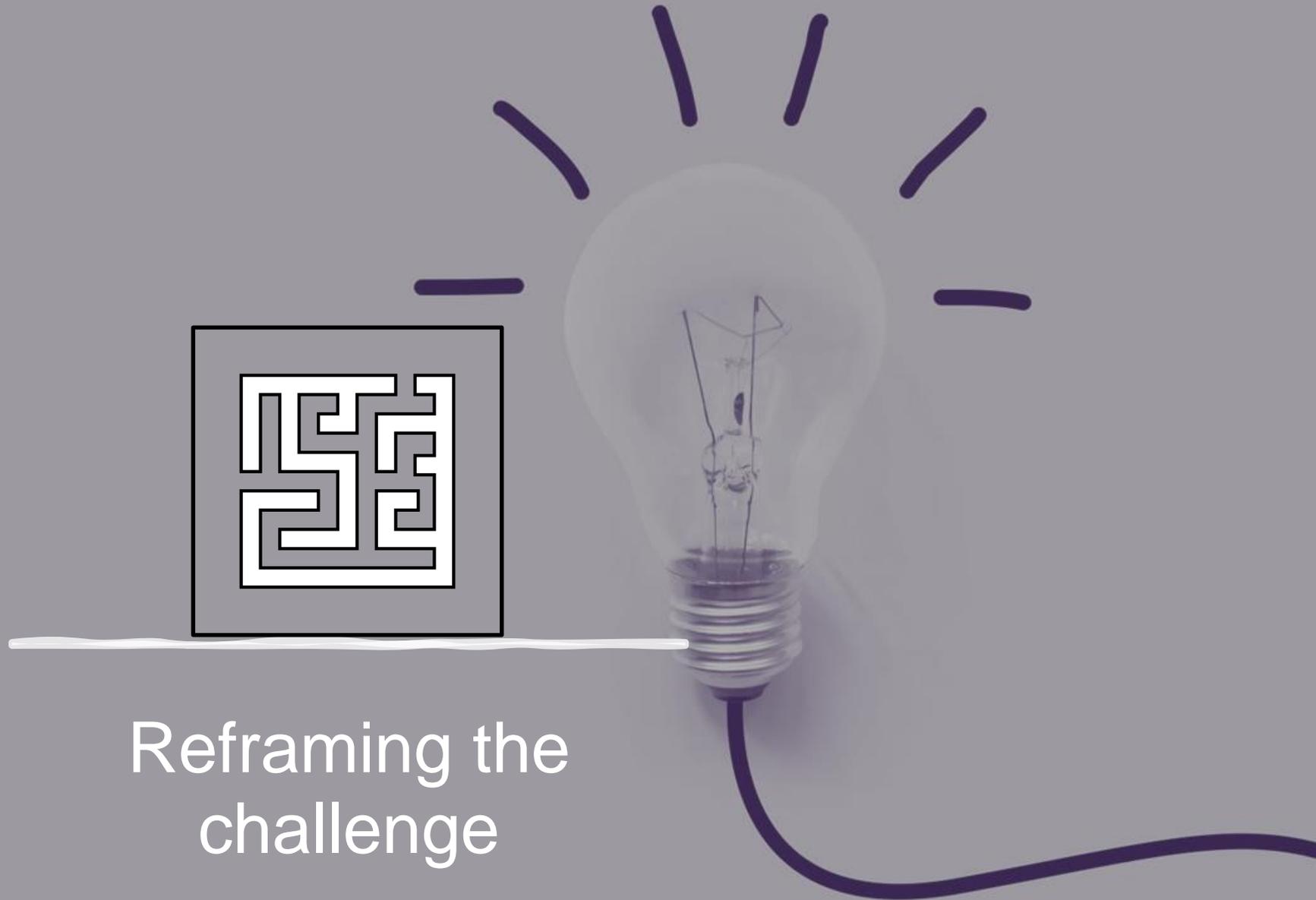
- Wayne County empties troubled juvenile jail, sends 120+ youths to former adult lockup 10/28/2022, Detroit Free Press
- Inside months of chaos at L.A. County's juvenile halls: lockdowns, staff shortages 11/28/2022, LA Times
- Documents show mental health issues go untreated – Special Report: Juvenile Justice Center 12/14/2022, Adair County Community Voice (KY)
- Staffing shortages at NC juvenile detention centers: So bad that, 'If you show up to work today, you get a bonus.' 12/14/2022, NC Policy Watch
- Lawmakers offer stark choices for ending the crisis in Texas' youth prisons — shut them all down, or build more 03/09/2023 Texas Tribune

🌐 When poll is active, respond at Pollev.com/lburton222

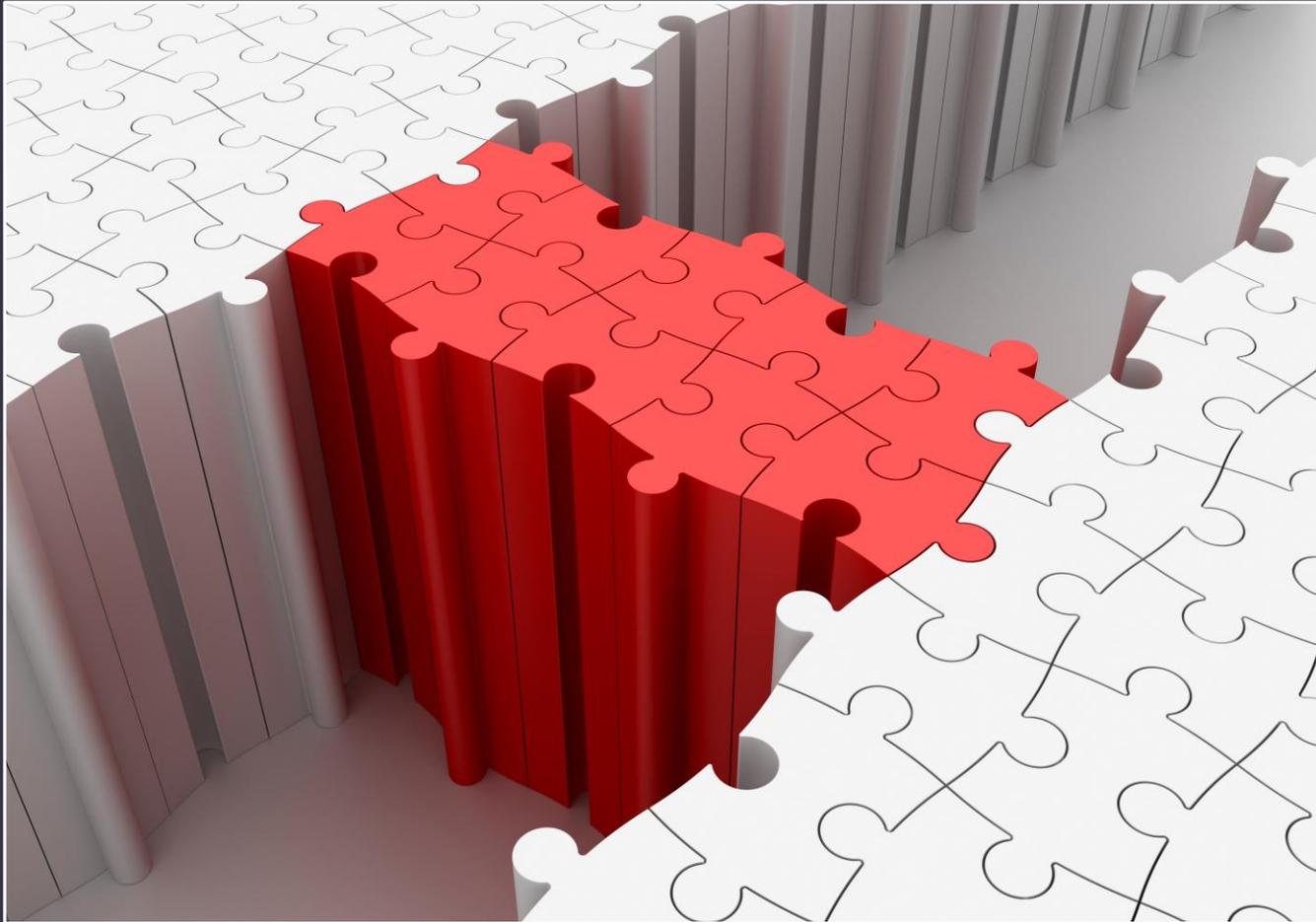
📱 Text **LBURTON222** to **22333** once to join

Most people understand that high quality residential interventions have positive impacts on youth & families.





Reframing the
challenge



Siloed solutions don't solve big problems.

- Ideas vs. Ideology

Mass
Production vs.
Customization

Elevate What
Works

Revolutionize
Access

Invest in Quality

**REGISTER
NOW!**

ACRC'S 68TH ANNUAL CONFERENCE



MAY 6-9, 2024 | PHOENIX, AZ

WWW.TOGETHERTHEVOICE.ORG



Q&A

Contact:
Lisette Burton
lburton@togetherthevoice.org

JOIN US!

Phoenix, Arizona

May 6-9, 2024



**Annual Conference - Association of
Children's Res...**

togetherthevoice.org