

Additional Resources

Additional services or assistance may be available to help you meet the goals set in your treatment plan. Please ask your therapist or case manager about additional services or assistance that you might qualify for. Assistance may be offered to help with:

Basic Needs

- ◆ Food
- ◆ Clothing
- ◆ Housing
- ◆ Transportation

Medical

- ◆ Dental
- ◆ Vision
- ◆ Medication

Continuing Education

- ◆ Professional Development
- ◆ School Supplies
- ◆ Academic Support

Pro-Social Activities

My Case Management

Case management is essential in providing you with the best possible treatment. Open communication and collaboration with your therapist and/or case manager is beneficial in providing you with additional resources and services that meet your specific needs.

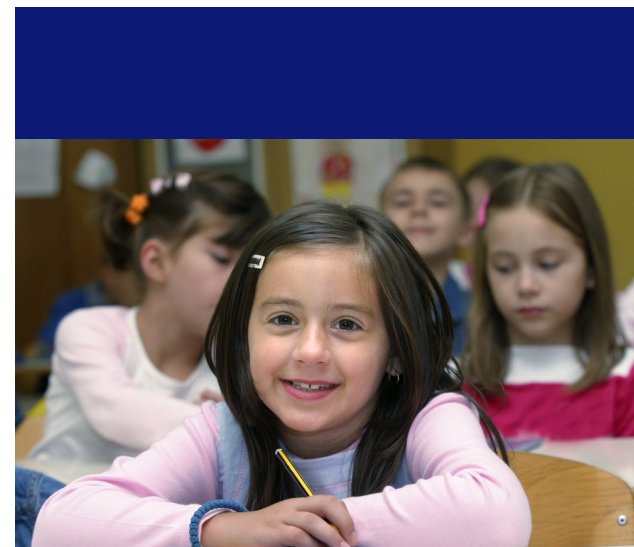
If you have any additional questions about case management services and resources, please ask your therapist or call (307) 352-6680.



1124 College Drive
Rock Springs, WY 82901



Community Mental Health &
Substance Abuse Treatment Center



Mental Health Case Management

Administrative/Mental Health

1124 College Drive
Rock Springs, WY 82901
Phone: 307.352.6680
Fax: 307.352.6676

Recovery Services

2300 Foothill Boulevard
Rock Springs, WY 82901
Phone: 307.352.6677
Fax: 307.352.6614

Bridges Program

2706 Ankeny Way
Rock Springs, WY 82901
Phone: 307.352.6689
Fax: 307.352.6692

Green River

175 Riverview Drive
Rock Springs, WY 82901
Phone: 307.872.3205
Fax: 307.872.3207

Pinedale Office

PO Box 1588
120 S. Cole
Pinedale, WY 82941
Phone: 307.367.6445
Fax: 307.367.6447

www.swcounseling.org



Everyday solutions for everyday people.

Mental Health Case Management

Southwest Counseling Service provides mental health case management services for clients.

Case management is a coordinated effort between the client, clinician and case manager to help find additional resources in the community for our client.

Our case managers and/or therapists work directly with clients to provide them additional help and support that benefits their treatment.

Case management can include the following:

- Linkage
- Follow-Up
- Referrals
- Advocacy
- Crisis Intervention



Criteria

A client's primary therapist will perform an assessment and determine the case management services that are required. The therapist will provide or refer the client for any case management services deemed necessary and appropriate.

Linkage

Therapists and Case Managers link clients with additional services within the agency and throughout the community. Linkage services are provided on an individual basis and can include:

- Arranging and preparing clients for services with Southwest Counseling Service
- Arranging and preparing clients for other appointments with other community providers such as:
 - ◆ Schools & Colleges
 - ◆ Probation (Juvenile & Adult)
 - ◆ Department of Vocational Rehabilitation (DVR)
 - ◆ Department of Family Services (DFS)
 - ◆ Disability Services
 - ◆ Medical Services
 - ◆ Substance Abuse Services
 - ◆ Psychiatric Services
 - ◆ Housing Authority



Follow-Up

Case managers and/or therapists will follow-up with clients to monitor the individual progress of their treatment plan. Follow-up is done after regular appointments, completion of any treatment groups, and after linkage with other agencies and service providers.

Referrals

Your case manager and/or therapist may suggest additional services. Referrals may include providing addresses, phone numbers, other contact information, and assisting in the arrangement of appointments. Referrals can be made for the following:

- Medical Services
- Education
- Employment
- Southwest Counseling Treatment Groups
- Psychiatric Services
- Relocation Assistance

Advocacy

Advocacy provides the client with additional support by the case manager and/or therapist. Support can include making and receiving phone calls, completing forms, applications and reports that are necessary in accessing needed services. A therapist and/or case manager may be able to advocate for you at:

- Individual Education Plan
- Multi-Disciplinary Team (MDT) Meetings

Crisis Intervention

Southwest Counseling Service case managers may provide crisis intervention and stabilization in situations that require immediate attention or a resolution. The case manager may provide the initial intervention and would assist the client with other needed crisis services.

