

Basic Background Information:

Marital Status: Married, how long _____ Divorced Single Widowed Separated

Children: (First Name and Age): _____

Brothers and Sisters: (First Name and Age): _____

Religious Affiliation: _____ **Military history:** _____

Have you experienced any significant losses? _____

Do you have a history of being abused emotionally, sexually, physically or by neglect? _____

Counseling History

The reason you are seeking counseling today: _____

Who referred you to counseling? _____ **Is counseling court mandated?** yes no

Outpatient treatment? yes no. If yes, Please describe when, by whom, and reason.

Reason

Dates treated

By whom

Inpatient treatment? yes no.

Reason

Dates Hospitalized

Where

Present and Past Psychiatric Medications: Name, dates taken, response/side effects (list of common attached)

Has anyone in your family had psychiatric treatment? _____

Have you ever had feelings or thoughts that you didn't want to live? yes no

Are you currently feeling this way? yes no **If yes, how often?** _____ **Do you have a plan/explain?**

_____ **Do you have the means?** _____

Have you ever made a suicide attempt? yes no **If yes, when, and how:** _____

Have any relatives made a suicide attempt? yes no **If yes, please describe:** _____

Have you ever been incarcerated? yes no **If yes, please describe:** _____

Psychiatric/ Substance Use Information

Substance Category	Common Names (circle all that apply)	Never Used	Did use But Quit	Less than 1 X Per month	1-4 Times Per month	1-4 Times Per Week	1 or More Times Per day	Age First Used
Caffeine	Coffee/Tea No Doz Soda/Pop Chocolate Energy Drinks							
Tobacco	Cigarettes Snuff Cigars Chewing Tobacco							
Alcohol	Beer Wine Hard Liquor							
Marijuana	Marijuana Pot Hashish Grass Reefer Hash oil							
Cocaine	Coke Snow Crack Rock Blow Nose Candy							
Other Stimulants	Amphetamines speed Crank Dexedrine Diet Pills							
Inhalants	Glue Gasoline Aerosols Dusters Poppers Rush Nitrous Whippets							
Opiates	Codeine Vicodin(hydrocodone) MS Contin Kadian (morphine) Oxycontin Percoset(oxycodone) oxycodone							
Hallucinogens	LSD Peyote Mescaline PCP Acid Mushrooms Ecstasy							
Depressants	Benzodiazepines Klonopin Xanax Ativan Valium Pentobarbital							
Over the counter Drugs	Cold pills Diet Pills Cough Syrup Compose Sleep Aids Mini Thins Yellow Jackets							

Have you ever been treated for alcohol or drug use or abuse? yes no

If yes, for which substances, when, and where were you treated? _____

Medical History

Primary Care doctor name, address, phone number: _____

Name of any other medical doctor you receive treatment from, seen for, name, address, phone number:

Medical problems or diagnoses that you have been given? _____

Medical/Surgical Hospitalizations:

Date _____	Reason _____
Date _____	Reason _____
Date _____	Reason _____
Date _____	Reason _____
Date _____	Reason _____

Please list all current medications name, dose, reason taking:

Allergies: _____

Is there any information you would like to add? _____

Emergency Contact

Name: _____

Relationship: _____

Phone Number: _____

**THE COUNSELING HOUSE, LLC
911 EMERSON AVENUE
PARKERSBURG WV 26104
304-865-5444 PHONE
304-865-5445 FAX**

ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

I, _____, HAVE RECEIVED A COPY OF THIS OFFICE'S NOTICE OF PRIVACY PRACTICES.

PLEASE PRINT NAME

SIGNATURE

DATE OF SIGNATURE

FOR OFFICE USE ONLY

WE ATTEMPTED TO OBTAIN WRITTEN ACKNOWLEDGEMENT OF RECEIPT OF OUR NOTICE OF PRIVACY PRACTICE, BUT ACKNOWLEDGEMENT COULD NOT BE OBTAINED DUE TO"

- INDIVIDUAL REFUSED TO SIGN
- COMMUNICATIONS BARRIERS PROHIBITED OBTAINING THE ACKNOWLEDGEMENT
- AN EMERGENCY SITUATION PROHIBITED US FROM OBTAINING ACKNOWLEDGEMENT
- OTHER _____

SIGNATURE OF PROFESSIONAL

DATE OF SIGNATURE

SESSIONS

Therapy sessions are 50 minutes in length and usually scheduled once a week.

You can always call the office in an emergency at (304)-865-5444. If the therapist cannot talk with you they will call you back as soon as possible

****Phone calls exceeding 15 minutes will be billed as follows:**

-15 to 30 minutes \$40.00 (not billable to insurance.)

-30 to 60 minutes \$80.00 (not billable to insurance.)

We do have an answering service available if you need to cancel any appointments after business hours. Any appointments **NOT CANCELLED WITH 24 HOUR NOTICE** will be charged a fee of \$50.00 not billable to insurance. An exception to this policy is when driving conditions are hazardous. _____initial

PAYMENT POLICY

All payment for services is due at the time of your scheduled Appointment.

As a courtesy, we will bill any insurance that you may carry, but co pays, coinsurance and deductibles are due at the time of service.

In any custody situation, the parent that brings the child for treatment, is responsible for any payment. _____initial

-If required to testify in court, the therapist's rate is 250.00 hour.

-If a written letter/report to either the court or attorney is requested

A fee of \$50.00 will be charged to the requesting parent.

-There is a \$30.00 minimum fee associated for any letters, records or Reports requested.

Signature of client

CONFIDENTIALITY

Confidentiality is one of the most important elements of therapy and one of your most important rights. Within certain legally defined limitations, any information revealed by you or learned about you from another source during the course of our work together, will be kept strictly confidential, and will not be revealed to another person or agency, without your written permission. However there are a few exceptions to this policy: if in your therapists, professional judgment, you threaten to harm yourself or another person. Or, if your therapist believes that a child or elder is being abused or neglected.

As you may know, your health insurance company may help cover the cost of your therapy sessions, but in order for claims to be processed insurance companies require that we provide them with certain information, including a clinical diagnosis. All insurance companies claim to keep all information confidential, but once they receive this information, we have no control over what they do with it and who may see it. If you are concerned with this, you may want to contact your insurance company before authorizing us to bill them.

If you choose for us not to bill your insurance, and to pay for services privately, you may do so.

If you are under 16 years of age, you should be aware, that your parents in most cases, can view your records without your permission. However, we can refuse to allow that to happen without without a court order.

**** If co pays are not paid at the time of service a 10% billing fee may be charged to your account**

_____initial

Signature of parent/guardian

Date

Please check the following words that apply to you:

- | | | | | |
|-----------------------------------------------|---------------------------------------------|-------------------------------------------|-------------------------------------------------|------------------------------------------------------|
| <input type="checkbox"/> Social/outgoing | <input type="checkbox"/> Assertive | <input type="checkbox"/> Impulsive | <input type="checkbox"/> not liked by others | <input type="checkbox"/> Intelligent |
| <input type="checkbox"/> Not easily depressed | <input type="checkbox"/> Out of control | <input type="checkbox"/> Impatient/edgy | <input type="checkbox"/> Can't concentrate | <input type="checkbox"/> self controlled |
| <input type="checkbox"/> Resourceful | <input type="checkbox"/> Unimaginative | <input type="checkbox"/> Disrespectful | <input type="checkbox"/> Creative | <input type="checkbox"/> mostly able to relax |
| <input type="checkbox"/> Can forgive | <input type="checkbox"/> Patient | <input type="checkbox"/> Isolated/Loner | <input type="checkbox"/> Full of hate | <input type="checkbox"/> Financially stressed |
| <input type="checkbox"/> Respects others | <input type="checkbox"/> Bottled up | <input type="checkbox"/> Worthless | <input type="checkbox"/> Perfectionist | <input type="checkbox"/> Can ask for help |
| <input type="checkbox"/> Unstable | <input type="checkbox"/> Unattractive | <input type="checkbox"/> Stable | <input type="checkbox"/> Secure | <input type="checkbox"/> Can express feelings |
| <input type="checkbox"/> Insecure | <input type="checkbox"/> Secure | <input type="checkbox"/> Faithful | <input type="checkbox"/> Physically attractive | <input type="checkbox"/> Have enough money |
| <input type="checkbox"/> Motivated | <input type="checkbox"/> Happy | <input type="checkbox"/> Confident | <input type="checkbox"/> Shy/Backwards | <input type="checkbox"/> Can accept love from others |
| <input type="checkbox"/> Stupid/Dumb | <input type="checkbox"/> Unfaithful | <input type="checkbox"/> Lazy | <input type="checkbox"/> Unmotivated | <input type="checkbox"/> Worthwhile/"good enough": |
| <input type="checkbox"/> Depressed | <input type="checkbox"/> easily discouraged | <input type="checkbox"/> Passive/Pushover | <input type="checkbox"/> Tense most of the time | |

Other /descriptors: _____

Please check any of the following events you have experienced in the last year:

- | | | | |
|---------------------------------------------------------------|------------------------------------------------------|--------------------------------------------------|--------------------------------------------------------------------|
| <input type="checkbox"/> Death of a spouse or child | <input type="checkbox"/> In-law troubles | <input type="checkbox"/> Death of a close friend | <input type="checkbox"/> Death of a close family member |
| <input type="checkbox"/> Divorce | <input type="checkbox"/> Marital Separation | <input type="checkbox"/> Major injury or illness | <input type="checkbox"/> Detention in jail or other Institution |
| <input type="checkbox"/> Marriage | <input type="checkbox"/> Fired from work | <input type="checkbox"/> marital reconciliation | <input type="checkbox"/> Retirement |
| <input type="checkbox"/> Major change in health | <input type="checkbox"/> Pregnancy | <input type="checkbox"/> Sexual difficulties | <input type="checkbox"/> Major change in behavior of family member |
| <input type="checkbox"/> gaining a new family member | <input type="checkbox"/> Change in financial state | <input type="checkbox"/> Change in job | <input type="checkbox"/> Change in amount of arguments with spouse |
| <input type="checkbox"/> Taking on a significant mortgage | <input type="checkbox"/> Foreclosure on mortgage | <input type="checkbox"/> Default on loan | <input type="checkbox"/> Change in responsibility at work |
| <input type="checkbox"/> Child leaving home | <input type="checkbox"/> Began formal schooling | <input type="checkbox"/> Trouble with boss | <input type="checkbox"/> Graduated formal schooling |
| <input type="checkbox"/> Major change in spiritual activities | <input type="checkbox"/> Minor violations of the law | <input type="checkbox"/> Vacation | <input type="checkbox"/> Major change social activities |
| <input type="checkbox"/> Change in eating habits | <input type="checkbox"/> Stressful Holiday | <input type="checkbox"/> New school | <input type="checkbox"/> Change in residence |

Other experiences: _____

Please check any of the following issues you are currently having:

- | | | | |
|-------------------------------------------------|-----------------------------------------------------|----------------------------------------------------|-----------------------------------------------------------|
| <input type="checkbox"/> Custody issues | <input type="checkbox"/> Behavior of adult children | <input type="checkbox"/> Health problems in family | <input type="checkbox"/> Personal Health problems |
| <input type="checkbox"/> Substance abuse | <input type="checkbox"/> Substance dependence | <input type="checkbox"/> Excessive computer use | <input type="checkbox"/> Problems with pornography |
| <input type="checkbox"/> Interpersonal problems | <input type="checkbox"/> Unfaithful partner | <input type="checkbox"/> Distance from loved one | <input type="checkbox"/> Gambling |
| <input type="checkbox"/> Anger problems | <input type="checkbox"/> Parenting problems | <input type="checkbox"/> School problems | <input type="checkbox"/> Victim of physical/ sexual abuse |
| <input type="checkbox"/> Depression | <input type="checkbox"/> financial difficulty | <input type="checkbox"/> Grief | <input type="checkbox"/> family relationships |

Please check any of the symptoms that apply to you:

- | Physical | Emotional | Thoughts | Behaviors |
|------------------------------------------------|-----------------------------------------|------------------------------------------------|-------------------------------------------------------|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Sadness | <input type="checkbox"/> Memory problems | <input type="checkbox"/> Using drugs or alcohol more |
| <input type="checkbox"/> Bowel/stomach | <input type="checkbox"/> Worry | <input type="checkbox"/> Paranoia | <input type="checkbox"/> Avoiding loved ones |
| <input type="checkbox"/> No appetite | <input type="checkbox"/> Overexcited | <input type="checkbox"/> Confusion | <input type="checkbox"/> Missing work or school |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Agitated | <input type="checkbox"/> Repetitive thoughts | <input type="checkbox"/> Laugh or cry inappropriately |
| <input type="checkbox"/> Tremors | <input type="checkbox"/> Panicky | <input type="checkbox"/> Racing thoughts | <input type="checkbox"/> Nervous Habits |
| <input type="checkbox"/> Muscle weakness | <input type="checkbox"/> Nervous | <input type="checkbox"/> Attention problems | <input type="checkbox"/> Losing temper |
| <input type="checkbox"/> Fainting spells | <input type="checkbox"/> Empty | <input type="checkbox"/> Thoughts of escape | <input type="checkbox"/> Becoming violent |
| <input type="checkbox"/> Hair, skin problems | <input type="checkbox"/> Grieving | <input type="checkbox"/> Decision problems | <input type="checkbox"/> Risky behaviors |
| <input type="checkbox"/> Jaw problems | <input type="checkbox"/> Despair | <input type="checkbox"/> Poor judgment | <input type="checkbox"/> Grind teeth |
| <input type="checkbox"/> Reproductive problem | <input type="checkbox"/> Hopelessness | <input type="checkbox"/> Hallucinations | <input type="checkbox"/> Less or more sexual contact |
| <input type="checkbox"/> Sexual problems | <input type="checkbox"/> Fits of rage | <input type="checkbox"/> Disorganized thinking | <input type="checkbox"/> Less or more sleeping |
| <input type="checkbox"/> Excessive sweating | <input type="checkbox"/> Jealousy | <input type="checkbox"/> Other Symptoms | <input type="checkbox"/> Other Symptoms |
| <input type="checkbox"/> Heart problems | <input type="checkbox"/> Moodiness | _____ | _____ |
| <input type="checkbox"/> Heart racing/pounding | <input type="checkbox"/> Desire to cry | _____ | _____ |
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Resentment | _____ | _____ |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Frustration | _____ | _____ |
| <input type="checkbox"/> Other Symptoms | <input type="checkbox"/> Inadequacy | _____ | _____ |
| _____ | <input type="checkbox"/> Other Symptoms | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

Please explain what you have done to cope with the symptoms and issues you have checked above:

Patient Medication Reconciliation

Name: _____ **DOB:** _____ **Date:** _____

Your preferred Pharmacy: _____

Mail-in Pharmacy: _____

Psychiatric Medications you are currently on: _____

Systemic (all other) Medications and Doctor that prescribes them, vitamins and supplements:

Birth control, if applicable: _____

Primary Care Physician and contact information:

Specialty Physician and contact information:

Get Answers to Questions on Sleep

There are things your doctor needs to know to assess the extent and impact of your insomnia. Answer the questions below and share your answers with your doctor. The better your conversation with your doctor, the sooner your doctor can help you find a way to improve your sleep.

Do you have trouble falling asleep?

YES NO

Do you have trouble staying asleep?

YES NO

Do you consistently wake up much earlier than you want to?

YES NO

How would you rate the amount of sleep you are getting?



Poor



Fair



Good



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