

2019 Jamestown Blue Jays Girls' Cross Country

Jamestown Orriginals Invite

Aug. 24, 2019, 11 a.m.
Parkhurst Recreation Area, Jamestown,
N.D.

Team totals Top 5/WDA (5,000 meters)
1. Mandan, 60; 2. WF Sheyenne, 63; 3. G.F. Red River, 71; 4. Kindred, 88; 5. Jamestown, 101

Individual winner: Meghan Ford, Jamestown, 18:31.09

Top 10
1. Meghan Ford, Jamestown, 18:31.09; 2. Elise Ramberg, Langdon Area, 19:26.43; 3. Kelby Rinas, Mandan, 19:48.11; 4. Onnica Stansbury, WF Sheyenne, 20:55.40; 5. Jakkia Duffy, LaMoure-L-M, 20:58.78; 6. Hannah Westin, Shiloh Christian, 21:05.46; 7. Dreah Frolek, Sargent Central-L, 21:09.81; 8. Peyton Gette, Kindred, 21:15.47; 9. Ally Goodmanson, Kindred, 21:18.09; 10. Drew Frolek, Sargent Central-L, 21:44.93

Jamestown results

1. Meghan Ford, 18:31.09; 20. Maddy Orr, 22:39.56; 32. Jera Truax, 23:51.24; 49. Emily Sargeant, 26:19.21; 52. Kyra Hoffer, 27:09.50; 57. Alyssa Allen, 27:55.02
Notes: Mandan won the varsity meet and had three runners in the top 20...Meghan Ford of Jamestown was individual champion

Hi-Liner Invite

Aug. 30, 3 p.m.
Bjornson G.C., Valley City

Team totals Top 5/WDA (5,000 meters)

1. Valley City, 33; 2. Mandan, 39; 3. Jamestown, 64; 4. Central Cass, 99; 5. Northern Cass, 133
Individual winner: Meghan Ford, Jamestown, 18:01.88

Top 10
1. Meghan Ford, Jamestown, 18:01.88; 2. Kelby Rinas, Mandan, 19:40.85; 3. Greta Goven, VC, 20:52.73; 4. Reagan Berg, VC, 20:56.49; 5. Avery Murray, VC, 21:39.08; 6. Acey Elkins, Mandan, 21:49.98; 7. Maria Moore, Mandan, 22:14.08; 8. Anna Bendish, Mandan, 22:16.69; 9. Maddy Orr, Jamestown, 22:37.01; 10. Stephanie Hoffarth, VC, 23:07.96

Jamestown results

1. Meghan Ford, 18:01.88; 9. Maddy Orr, 22:37.01; 12. Jera Truax, 23:33.09; 22. Bernadette Belzer, 24:42.91; 30. Jayla Hoffert, 25:19.75; 31. Emily Sergeant, 25:32.02; 33. Kyra Hoffer, 25:59.88
Notes: Host Valley City won the meet...Jamestown's Meghan Ford was individual champion...Mandan finished second.

Grahams Island Invite

Sept. 14, 12:30 p.m.
Team totals (Top 2)
1. Rugby, 30; 2. Jamestown, 69

Top 10 finishers

1. Meghan Ford, Jamestown, 18:23.58; 2. Elise Ramberg, Langdon, 19:21.74; 3. Quinn Neppi, Rugby, 21:19.58; 4. Brooklyn Bartsch, Rugby, 21:38.39; 5. Keely Arnston, Rugby, 21:35.05; 6. Baylee Lura, Carrington, 21:51.36; 7. Amelia Shepard, Rugby, 21:52.05; 8. Maddy Orr, 22:24.00; 9. Madison Jones, 22:26.89, Harvey-WC; 10. Payton Johnston, Devils Lake, 23:31.86

Jamestown results

1. Meghan Ford, 18:23.58; 8. Maddy Orr, 22:24.00; 16. Jera Truax, 23:10.70; 20. Ellie Kruger, 23:57.55; 24. Bernadette Belzer, 24:25.89; 26. Jayla Hoffer, 24:37.24; 28. Alyssa Allen, 25:16.66; 37. Kyra Hoffer, 26:31.71; 39. Makayla Komrosky, 26:46.73; 46. Erin Gee, 27:58.46

Notes: There were 54 runners in the varsity race...Jamestown's Meghan Ford was the individual champion, finishing in a time of 18:23.58...Jamestown and TMCHS competed from the WDA.

RM Stoudt Invite

Sept. 26, 11 a.m.
Parkhurst Recreation Center, north of
Jamestown

Team totals (5,000 meters)

1. Valley City, 47; 2. Kindred 65; 3. Devils Lake, 86; 4. LLM, 130; 5. Harvey/Wells County, 143; 6. Lisbon, 153; 7. Shiloh Christian, 160; 8. Ellendale, 182; 9. Edgley/Kulm, 192; 10. Jamestown, 200
Individual winner: Hannah Westin, Shiloh Christian, 19:46

Top 10

1. Hannah Westin, Shiloh, 19:46; 2. Norah Entzi, Edgley/Kulm, 19:54; 3. Ally Goodmanson, Kindred, 19:58; 4. Peyton Gette, Kindred, 20:05; 5. Greta Goven, Valley City, 20:12; 6. Reagan Berg, Valley City, 20:16; 7. Jakkia Duffy, LLM, 20:36; 8. Avery Murray, Valley City, 20:56; 9. Peyton Johnston, Devils Lake, 21:10; 10. Danica Rath, Kindred, 21:35

Jamestown results

35. Emily Sargeant, 24:42; 37. Kyra Hoffer 25:15; 41. Makayla Komrosky, 26:42; 42. McKenna Jackson, 26:49; 45. Erin Gee, 27:26.
Notes: Jamestown placed 10th...Valley City won the meet.

Souris Valley Invite

Oct. 5, 11 a.m.
Souris Valley G.C., Minot

Team totals (Top 5/WDA) (5,000 meters)

1. Minot, 100; 2. G.F. Central, 120; 3. West Fargo, 121; 4. Bismarck High, 173; 5. Rugby, 180; 6. Century, 183; 8. Watford City, 210; 11. Mandan, 239; 14. Legacy, 308
Individual winner: Reagan Basesler, Hillsboro-Central Valley, 18:52.24

Top 10 Finishers

1. Reagan Baesler, Hillsboro-CV, 18:52; 2. Hayley Ogle, Watford City, 19:00; 3. Jenna Soine, Hatton-Northwood, 19:3; 4. Jaelyn Ogle, Watford City, 19:04; 5. Hope Pringle, West Fargo, 19:05; 6. Emily Goldade, Century, 19:13; 7. Elise Ramberg, Langdon Area, 19:15; 8. Mikayla Weiss, 19:22; 9. Jadynd Guidinger, Legacy, 19:25; 10. Claire Hynek, 19:33

Jamestown results

72. Bernadette Belzer, 21:40; 7. Ellie Kruger, 22:55; 120. Jayla Hoffer, 23:08; 128. Alyssa Allen, 23:18
Notes: Minot won the meet...Watford City's Hayle Ogle was runner-up to lead all WDA runners...Six WDA teams took part....There were 200 runners and 30 teams participating.

WDA Championships

Oct. 15, 1 p.m.
Heart River G.C., Dickinson, N.D.

Team totals (5,000 meters)

1. Minot, 60; 2. Century, 86; 3. Bismarck High, 109; 4. Watford City, 109; 5. Williston, 116; 6. Mandan, 124; 7. Jamestown, 177; 8. Legacy; 182; 9. Dickinson, 187; 10. TMCHS, 607
Individual winner: Meghan Ford, Jamestown, 17:49.88

Top 20 (All-WDA)

1. Meghan Ford, Jamestown, 17:49; 2. Hayley Ogle, Watford City, 19:01; 3. Eleni Lovgren, Williston, 19:18; 4. Jadynd Guidinger, Legacy, 19:23; 5. Jaelyn Ogle, Watford City, 19:32; 6. Emily Goldade, Century, 19:39; 7. Jilee Golus, Bismarck High, 19:48; 8. Morgan Wald, Bismarck High, 19:55; 9. Abigail Hoffarth, Minot, 19:57; 10. Trinity Jessen, Minot, 20:03; 11. Aislin Anderson, Century, 20:05; 12. Lily-ana Campbell, Minot, 20:08; 13. Acey Elkins, Mandan, 20:10; 14. Abbie Wahlund, Minot, 20:11; 15. Emma Compere, Minot, 20:21; 16. Maria Moore, Mandan, 20:35; 17. Ellie Schmitz, Watford City, 20:40; 18. Sierra Watterud, Williston, 20:45; 19. Peyton Jensen, Century, 20:50; 20. MaLiah Burke, Minot, 20:53

Jamestown results

1. Meghan Ford, 17:49.88; 33. Bernadette, Belzer, 21:42.26; 49. Maddy Orr, 22:23.56; 59. Ellie Kruger, 22:46.72; 68. Julia Skari, 23:22.60; 70. Jera Truax, 23:25.40; 72. Jayla Hoffer, 23:27.79; 78. Alyssa Allen, 23:44.58; 87. Emily Sargeant, 24:11.82; 98; Kyra Hoffer, 24:42.88; 122. Erin Gee, 27:13.70; 125. Makayla Komrosky, 28:03.15; 127. McKenna Jackson, 28:10.02

Notes: The meet was moved to Dickinson from Jamestown due to snow and wet course conditions there...Minot won its first WDA title since 2007 and eighth overall...Jamestown's Meghan Ford won her second consecutive WDA title...Nine teams (Bismarck High, Century, Dickinson, Jamestown, Legacy, Mandan, Minot, Watford City, Williston) had at least one runner earn all-WDA honors (Top 20)...Minot had six runners finish in the top 20...Mandan's Kelby Rinas, who is injured and did not compete, was named W. Region senior athlete of the year...Minot's Carla Wahlund was named W. Region coach of the year...There were 132 runners competing...Temperature at race time was 45 degrees under mostly cloudy skies.