

RehabPro Bilateral Handle Pulleys (B-Series)

Introduction: The RehabPro Bilateral Handle Pulleys offers a step up in resistance from the A-Series Pulleys. As the functional qualities of soft tissue improve a higher level of resistance is tolerated. Additionally, the B-Series pulleys offer work outs with both extremities at the same time or a static hold of a spine component while moving an extremity with added pulley resistance. The B-Series pulley, with their intermediate starting resistance allow soft tissue conditioning for the rehab member of the family while the remaining members can enjoy the heavier end of the weight stack.

Applications:

1. Resistive rehab / conditioning of the entire body with respect to circulation, flexibility, coordination, endurance & strength = Soft tissue efficiency.





Product Specification Sheet



Single Wall Mount

Double Wall Mount

RehabPro Standard Pulleys (A-Series)

2:1 Weight to Resistance Ratio

Weight Stack Options:

Single Wall Mount

100 lb. (M100B-SW)

150 lbs. (M150B-SW)

200 lbs. (M200b-SW)

Custom Stacks Available

Double Wall Mount

100 lb. (M100B-DW)

150 lbs. (M150B-DW)

200 lb. (M200B-DW)

Custom Stacks Available

Minimum Resistance

2.50 lbs. (1x 5 lb. wt. increment using 1x pulley handle).

Rope Adjustment Interval

2".

Mounting Options

Wall or Module (MMS1 / MMD2).

Powder coated wt. stack w/ magnetic weight selector pin.

Yes.

Standard Accessory

2x Standard Pulley Handle (R282H834-R).

Product Dimensions:

85" (T)x 18" (W)x 8" (D) – single wall mount.

85" (T)x 24" (W)x 10" (D) – double wall mount.

Assembly:

None required

Shipping:

Shipping Dims:

SHIPS VIA TRUCK 

89"x 18"x 16", 250 - 350 lbs., single wall mount.

89"x 29"x 20", 350 - 550 lbs., double wall mount.

Accessories:

Padded Wrist / Ankle Strap (Item 2020)

40" Padded Waist Strap (Item 2022)

Standard Strap Package (Item 2027)

Banana Sling (Item 2025)

Support Bar (Item VH8083)

Standard Triceps Bar 18" (Item 13107)

Padded Shoulder Knee Strap (Item 2021)

52" Padded Waist Strap (Item 2023)

Padded Head Strap (Item 2024IM)

Standard Pulley Handle (Item R282H834-R)

Gantry (Item 15106)

Optional Lat Boom (Item # RHPB)

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Designed by Physical Therapists. Manufactured in the USA.