Academy of World Champion Nestor Folta

AWCNF Mentoring Program

Traditional Karate Uechi Ryu

Mentor Session Log Sheet

Mentee Name:_____ Rank: _____
(Print)

Mentor Name:_____ Rank: _____
(Print)

Date (mm/dd/yr)	Duration (hours)	Mentee's/Parent's Signature	Comment

Notes: The Mentee (Parent for Mentee's under 18) will sign the log after each session.
The Mentor will sign and submit this log monthly to the program director.

Mentor:_____ Rank: _____ Date __/__/____
Print & Sign

Submit this electronically to awcnf.mentoring@gmail.com