

## Willistown Troop 78 Backpacking Trip October, 16 - 17 2021



<u>Overview:</u> Willistown 78 will be loading up the Troop Bus to go backpacking on the famed Appalachian Trail. The trip consists of two hike options and an overnight stay at the Eagles Nest shelter campsite in Auburn, PA. The short hike is approx. 3.5 miles. The long hike is approx. 6 miles. There will be an opportunity to check out the Eagles Nest vista.

\* \*Participants must attend the backpack meeting on Friday, October 15th 7:00 PM at the cabin. \*\*

#### Requirements

- A backpack is required. Youth and adults may borrow a Troop backpack.
- Hiking boots that have been broken in. Dedicated hiking shoes will pass. No sneakers or sandals.
- Sleeping pad.
- 64 ounces of water. Wide mouth bottles. Or water bladder.
- Cotton clothing is highly discouraged.

**Cost:** Scouts \$0 Registered Adults \$25 Guest Adults \$35

<u>Transportation:</u> Be on the troop bus by 7:30AM on Sat. 10/16. **Wheels up 7:30AM sharp.** The group will arrive back at the cabin between 12:00 - 1:00PM on Sunday.

<u>Permission Slip:</u> Scout attendees and adult MUST provide the completed form and full payment at the cabin **no later than Friday, Oct. 8th**.

#### **Suggested Departure Day Dress:**

- Hiking boots with wool socks.
- Hiking pants. Include base layer if temperatures require additional layers.
- Short sleeve shirt under a long sleeve shirt or base layer. Wool sweater or synthetic sweatshirt.
- A jacket of sufficient weight rated for lowest forecasted temperature. The jacket must be wind resistant.

#### **Suggested Packing List**

- Fully charged phone to call parents for pick-up on Sunday.
- Two pairs of wool hiking socks.
- Small first aid kit. Whistle. Compass.
- Headlamp powered by fresh batteries.
- Knit cap.
- Warm sleepwear.
- Sleeping bag and/or liner rated for 15 degrees below the lowest overnight temperatures. Cinch sack for the sleeping bag.
- Sleeping pad.
- Insulated mug. Spork.
- Rain gear and additional change of clothes items (wool socks, base layer, and pants) if there is a chance of rain in the forecast. Note: If you wear rain pants, these additional items may not be required.

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## **Hike Details:**

Pennsylvania Appalachian Trail

Trail Club: Blue Mountain Eagle Climbing Club Section Name: BMECC AT Treadway

## **Short Hike:**

Departing from parking lot near the Sand Spring trail head. GPS: 40°32'19.0"N 76°07'23.0"W

Approximately 3.5 miles on Saturday

Hike to the Eagles Nest Shelter campsite area.

Hike to the nearby Eagles Nest vista.

Overnight

Approximately 3.5 miles return to same parking lot on Sunday.



## Long Hike

Departing from State Game Lands parking lot near the AT trail head. GPS: 40°31'30.0"N 76°13'00.0"W Approximately 6 miles on Saturday

Hike to the Eagles Nest Shelter campsite area.

Hike to the nearby Eagles Nest vista.

Overnight

Approximately 3.5 miles return to Sand Spring trail head parking lot on Sunday



# Permission Slip Willistown Troop 78 Backpacking Trip October, 16 - 17 2021



Scout name and Patrol name
Adult attendee name
E-mail address AND mobile phone number of people attending trip
E-mail address AND mobile phone number of Emergency Contact NOT on this Trip
Allergies – please indicate any food allergies, dietary restrictions (for religious, medical or social reasons) or other relevant allergies (e.g., bee stings, etc.):
If I am signing for a Scout: I am the parent/legal guardian of the Scout/guest named above, and my signature below constitutes my permission for my son to attend the 2021 Willistown Troop 78 Backpacking trip. If I and/or my scout do not show up to the event for any reason after signing up, I agree to have an additional \$30 deducted from my sons Scouting Account or pay that balance for each missing attendee.
My signature below also authorizes any registered Willistown Troop 78 leader in attendance to obtain medical treatment for my son if in the discretion of such registered leader, such treatment is warranted. If my child (or I) cannot attend the trip for any reason, I promise that my son will call both his Patrol Leader and Mr. Simms (610-806-6203) no later than 8hrs before the scheduled departure time.
ALSO
If I am signing for a Scout: I am the parent/legal guardian of the Scout/guest named above, and my signature below constitutes my permission for my son to attend the 2021 Willistown Troop 78 BackpackingTrip. By signing this form, I represent that I have read the Troop 78 COVID-19 guidelines found here <a href="https://www.tr78.org/covid-19-rules.html">https://www.tr78.org/covid-19-rules.html</a> and commit that the person for whom I am signing this permission slip has also read, understands and will abide by those guidelines. My signature below also authorizes any registered Willistown Troop 78 leader in attendance to obtain medical treatment for my son if, in the discretion of such registered leader, such treatment is warranted. If my child cannot attend the trip for any reason, I promise that my son will call both his Patrol Leader and Mr. Simms (610-806-6203) no later than 8hrs before the scheduled departure time
If I am an adult attendee: By signing this form, I represent that I have read the Troop 78 COVID-19 guidelines found here <a href="https://www.tr78.org/covid-19-rules.html">https://www.tr78.org/covid-19-rules.html</a> and commit that I understand and will abide by those guidelines. My signature below also authorizes any registered Willistown Troop 78 leader in attendance to obtain medical treatment for me if, in the discretion of such registered leader, such treatment is warranted AND I am not able to grant consent to such treatment, in the opinion of that registered leader. If I cannot attend the trip for any reason, I promise that I will call Mr. Simms (610-806-6203) no later than 8hrs before the scheduled departure time
Date of signature: (parent signature, or signature of adult attendee if submitted by attending adult)