



# ODE CNP CACFP Menu Form



Sponsor name/site name Gentog D – Spring 2019

Month and Year Dec 30 19 – Jan 3 20

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> <ul style="list-style-type: none"> <li>Grains, or meat/meat alternate (no more than 3 times per week)</li> <li>Vegetables or Fruits</li> <li>Fluid Milk</li> <li>Other Foods</li> </ul>	English Muffins (WG) with Sausage Patties Apples Whole or 1% Milk	Tostitos Toasted Whole Grain Oat Cereal Raisins Toast (WG) Whole or 1% Milk	<b>Center Is Closed</b>	Quaker Old Fashioned Oatmeal (WG) Raisins Whole or 1% Milk	Cooked Rice Bananas Toast (WG) Whole or 1% Milk
<b>AM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>	Great Value Light Vanilla Low-fat Yogurt Pretzels	Graham Crackers Cheese Slices		Fruit Smoothies Graham Crackers	String Cheese Bananas
<b>Lunch</b> <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits/Veg</li> <li>Grains</li> <li>Other Foods</li> </ul>	Pork Tenderloin Scalloped Potatoes Carrots & Peas Bread Mandarin Oranges Whole or 1% Milk	Cheeseburgers (Meat, Cheese, Lettuce & Tomatoes) French Fries Peas Pear Slices Whole or 1% Milk		Chicken Pot Pie w/Mixed Vegetables (HM) Bread (WG) Apricots Whole or 1% Milk	Hamburger Tacos/Taco Salad Refried Beans Peaches Whole or 1% Milk
<b>PM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>	Ritz Crackers Cheese	Rice Cakes Whole or 1% Milk		Gold Fish Crackers Whole or 1% Milk	Choc Chip Cookies Whole or 1% Milk

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.