

MARCH MONTHLY SCHEDULE:

MONDAY:

Exercise Class 9:00 am Euchre & Games Tables 12:00 pm

TUESDAY:

Tech Tuesdays 8-11am
Bingo • Free • No Prizes 10:30 am
Learn to play Bridge w/Al 12:00 pm
Clogging Group 3:00 pm

WEDNESDAY:

Exercise Class 9:00 am

THURSDAYS:

Chair Yoga 12:30 pm

Tai Chi 1:30pm

FRIDAY:

Exercise Class 9:00 am
Bible Study 10:30 am
Bingo • Free • No Prizes 10:30 am
Euchre Tables 12 Pm
Line Dancing 1:00 pm

MARCH CALENDAR NOTES

Tuesday, 18th

Commodity Box Delivery 8am

Tuesday the 25th Commissioner

Breakfast

Heritage Clinic

Wednesday March 5TH,

CRAFTING w/SONYA 1pm

Wednesday, March 12th

Board Meeting 10:15pm

Wednesday, March 19

S.A.L.T. Council Meeting 1pm

Wednesday March 26th The Art Cart with Sue 12:45pm



From the Desk of the Director

Greetings from the Center!

This is my last letter as interim director, as of March 3rd SHE"S BACK. On that date, Holly Romine returns as Executive Director of the Senior Center. Welcome back Holly!

Here are some exciting events happening here this month and the following months

March 6th—Monthly Fellowship Luncheon

March 9th Daylight savings time begins

March 17th Join us for our St Patty Day Dance

June 28th Annual Fundraiser at Amvets

Spring and fall bus trips are being finalized as well as a weekday afternoon Cincinnati Reds game is also being considered

Look for more information on these trips in the near future.

Everyone stay safe and healthy! See you at **YOUR** Senior Center!

Dennis Bothel, Interim Director

PICKAWAY SENIOR CENTER

Pickaway County Commission on Aging BOARD OF DIRECTORS:

Sally Galecki President
Ellery Elick Vice President
Joy Ewing Treasurer
Al Canarsky Membership Rep
Holly Romine Director
Dennis Bothel Fiscal Officer

Robin Van Gundy

Bob Mabe Krista Bower
Jenna Logan Andy Bull
Grant Davis Harold Henson
Sheriff Matthew Hafey

Secretary

Pickaway County Commissioners:

Jay Wippel Gary Scherer Harold Henson

MEETING: 2ND WEDNESDAYS

SUGGESTED CONGREGATE
LUNCH DONATION IS \$4
FOR SENIORS 60+

ALL AGES ARE WELCOME!

PLEASE RSVP THE DAY PRIOR

PICKAWAY SENIOR CENTER

2105 Chickasaw Drive Circleville OH 43113

pickawayseniors.org

Office 740-474-8831 Toll Free 888-397-7246

Fax 740-477-8114

Office Hours: Monday-Friday 8am — 4pm

Services provided Monday - Friday

Adult Day Care:

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

Services available
Tuesday—Thursday
9am—1pm.
Transportation and

Transportation and lunch provided.



Congregate (Shared) Meals

Hot lunch is served at the Pickaway Senior Center 11:30 am, Monday — Friday.



Meals on Wheels:

A hot, nutritious lunch delivered to your home five days a week.

Transportation

Transportation, for those over 60, residing and traveling within the County, is available by request for medical appointments, with grocery and other types of trips, as time allows.

National Family Caregiver Support Program

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The recipient of care must be over 60 years of age.

Supportive Services

Paperwork assistance related to Medicare & Medicaid, HEAP and Commodities.

For additional information on any of these services, call Pickaway

Senior Center: 740-474-8831



PROVIDED MONTHLY

Commodity
Supplemental Food
Program (CSFP)

A federal program that provides eligible seniors with a monthly box of shelf-stable items. The box may include juice, cheese, cereal, pasta, peanut butter, canned goods, and more. Pick up on THIRD Tuesdays.



PRODUCE MARKET NOW AT PICCA

722 Clinton St each month 2nd and 4th Thursdays The Pickaway
Senior Center
is a non-profit
organization.
We are supported by
financial
contributions from:

- Title III, as administered by Ohio Department of Aging
- Senior Levy monies, as approved by Pickaway voters
- Private donations and fundraisers

equal



PROVIDER

MARCH BIRTHDAYS-HAPPY BIRTHDAY!



MARCH

Becky Leverniex Martha Ewing Paula Richmond **Betty Caudill** Jack Reisinger

Margorie Hedges Rhonda Leath Michael Diltz Mable Green

Marilyn Huffman Janice Jones Patricia Edwards Nancy Jane Garrett Laura Burns

Marian Wertman Lois McFarland Ruby Anderson **Patsy Hastings** Karen (Sue) Ballou

Brenda Graf Tom Tootle Merleen Mower Donna Nance Joyce Kline Rickie Beth Hedges

Sue Blakeman Betty Gilmore Mary M. Woods Kenneth Welsh

Jerriann Bennett Ceaphus Patterson Linda Starkey John Leoney

Bruce Richard Larry Harris Robert Polluck Sue Schiff Connie Angles Jack Gill

David Henson **Bob Baughman** Shirley Wolfe Julienne Wright Nancy Jarvis

Janice Seymour Becky Messer Shirley Anderson Julia Lester **Judy Corbett** Jack Mader

Jeff Streitanberger Laura Davis Loretta Davis Roger Neil Jill Karen Brown

Jack Mahoney Patricia Moore Linda Guseman Connie Walker Joyce Woods



Thank you for all of the lovely birthday cards. Your thoughtfulness is a wonderful gift! Meg Kadune

Melanie L. Mogan Richard Bumgarner Ron Martin Floyd Catron

> James Adkins Barbara Hodge Sue Schneider

Dear Valued Patients, I hope this letter finds you well. As a dedicated registered nurse proving mobile foot care services to seniors, my goal has always been to offer you high quality, personalized care in the comfort of your home and senior centers throughout central Ohio.

However due to rising travel costs, increasing expenses for necessary supplies, and overall cost of living, I find it necessary to make a small adjustment to my pricing. Effective March 1, 2025, the rate for a 30 minute session will increase from \$5 to \$40. This decision was not made lightly. If you have any questions or concerns regarding this adjustment please reach out. Thank you—Kathy

Blood Pressure Clinic

the last Tuesday of each month!



ALL ARE WELCOME!

Tuesday, March 25, 11 am

New Members

Arlene Fortnew
Willa Parks
Donald Cottrill
John Hatfield
Harold & Ann Cullum
Mark Leffler
Peggy Pember
Becky Yates
Cheri Raines
Sandy Wheeler

\$10 Fund Donations

Linda Harden Landa Dorris Thomas & Barbara Tootle JoEllen Jacobs Jean E Crider Linda Wunsch Jack Reisinger Prabha Nair Sue Ballou Kathleen Lloyd Teresa Stevens John & Dawn Neymeyer Nanison Osborn Barb Smallwood Jeannette Hare Sandra Burns Connie Wooten John & Sandra Edgar John & Alice Riley Roger & Shirley Evans J.C. & Lois Peck Sally Lemaster Barbara Hart

Ruth Tootle
Anna Hedges
David & Bonnie Betz
Robert Wolfe
Caroline Cline
Mr & Mrs. James Craycraft
Jane Jones

Judith Spicer Roger & Elaine Konkel Jim & Naomi Adkins Neal & Shirley Wolfe Velma Mae Harber Jovce Woods Vera Woodward Susan Beckely Marilyn Wolfe Ned & Melanie Morgan Carolyn Brooks Harry Hosler Marty Mathers Tillie Neff Pabby Vaughn Raymond Comer Dorothy Imler Nita & Don Hall Allan & Debbie Black Donna Little Don & Betty Smith Mary Tackett Bonnie Hildenbrand Judith Goode James & Diana Rhymer Clarabelle Valentine Sue Schiff Susan & Charles Patrick William & Vickie Robinson David & Ellen Mangione Karl & Angela Finley James & Wanda Davis Linda Dee Costello Bev & David Martin Margaret Rhoads Jeffrey & Sharon Peters Dennis & Carol Blaney

THANK YOU for your generosity

Memorial/Honor of

Donations

In memory

Margaret Rickey

Given by, Allen Rickey

~~~~~~~~~

In Memory of

#### Jack Goode

Given by, Judith Good

In Honor of

#### Larry Pontius Sr

Given by, Marjorie Pontius

In Memory of

#### Annie Mowery Ruff

Mother loved the center & all the trips she went on!

Given by, Donna Mowery Raines

Honor of
Gary & Deb Schooley's
50th Wedding
Anniversary

#### REMEMBER TO RENEW YOUR MEMBERSHIP

#### In Memory or Honor of...

| Enclosed is my gift of \$ |                                                             | In:                 | ☐ Memory of:        | or ☐ Honor of:     |            |
|---------------------------|-------------------------------------------------------------|---------------------|---------------------|--------------------|------------|
|                           |                                                             |                     |                     |                    |            |
| Occasion:                 | ☐ Birthday ☐ Anniversary                                    | ☐ Other _           |                     |                    |            |
| Given by:                 |                                                             |                     |                     |                    |            |
|                           | Please make checks payable a<br>Pickaway Senior Center • 21 |                     |                     |                    | :          |
|                           |                                                             |                     |                     |                    |            |
|                           |                                                             |                     |                     |                    |            |
|                           |                                                             |                     |                     |                    |            |
|                           |                                                             |                     |                     |                    |            |
| Renew y                   | ber Your MEMBERSHIP RENEVOUR membership by March 31,        | <b>2025</b> to ensu | re you continue     | to receive the n   | ewsletter. |
| NAME                      |                                                             |                     |                     |                    |            |
| ADDRESS                   |                                                             |                     |                     |                    |            |
| CITY/STATE/               | /ZIP                                                        |                     |                     |                    |            |
|                           |                                                             | @                   |                     |                    |            |
| EMAIL ADDI                | RESS                                                        |                     |                     |                    |            |
| TELEPHONE                 |                                                             |                     |                     |                    | BIRTH DATE |
|                           | MEMBERSHIP(S): \$10 per                                     | person + DONA       | TION to \$10 Fund = | = CHECK TOTAL \$   |            |
| CHECKS PA                 | AYABLE: Pickaway Senior Cente                               | er MAILTO           | : 2105 Chickasa     | aw Dr, Circleville | e OH 43113 |

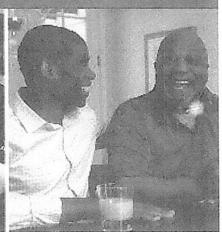
## Caregiver Support Group

## ALZHEIMER'S ASSOCIATION

Central Ohio Chapter







## Presented By:

#### Alzheimer's Association

Are you caring for someone living with Alzheimer's or another form of dementia and looking for support?

Starting February 13th, 2025: Please join us on the 2nd Thursday of every month at 1pm.

Pickaway Senior Center 2105 Chickasaw Dr. Circleville, OH 43113

Please call 800-272-3900 to register

#### Build a support system with people who understand.

Alzheimer's Association support groups, conducted by trained facilitators, are a and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Share feelings, needs and concerns.
- Learn about community resources.

•614-457-6003 · ALZHEIMER'S \\ ASSOCIATION · alz.org/centralohio ·

PROMEDICA PRESENTS:



EACH THURSDAY AT 12:30PM



WEDNESDAY 03 05 • 1PM RSVP • 740.474.8831 Please Join us for our Luck of the Irish St. Patty's Day

Dance

March 17th 12:30pm-3pm

Fun Time Cloggers will be performing

Bring your favorite snack to compete in the

Shamrock Snack Off

You are invited to join us for Bible Study every Friday at 10:30am

**SOLE SOLUTIONS** 

Nurse Delivered Footcare



FIRST, SECOND & THIRD MONDAYS 9am—1:30pm

BY APPOINTMENT ONLY

Call Kathy Maxson 614-361-5284 and set your \$40 FOR ½ HOUR APPOINTMENT





#### MARK YOU CALENDARS!

THE PICKAWAY SENIOR **CENTER'S ANNUAL** FUNDRAISER JUNE 28TH 1PM-4PM AT THE CIRCLEVILLE AMVETS



Live life your way! From a few hours to 24/7 care, we're there when and where you need us.

> Personal Care, Housekeeping, Companionship and More! 740-689-9410

homehelpershomecare.com/lancaster

Each office is independently owned & operated

#### PICKAWAY METROPOLITAN HOUSING AUTHORITY

Pickaway Terrace, Eden Place & Louise Terrace · Providing affordable housing for elderly/62 years or older and/or disabled 176 Rustic Drive · Circleville, Ohio 43113 740-477-2514 · Fax: 740-477-7456 email: pmha@pickawaymha.com



Contact Ohio Relay Services at 711 or 1-800-750-0750 This institution is an equal opportunity provider and employer

## Heartland



HOSPICE

116 Morris Rd., Suite B . Circleville, OH 43113 740-420-0605

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CONTACT ME Dan Goben

dgoben@lpicommunities.com • (800) 950-9952 x2633



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957 BECKS KNOB RD., LANCASTER, OH 43130

#### INFORMATION MEETING • DECEMBER 5 • 2PM • 2025 TRA-



#### Northern California + Yosemite National Park

August 15, 2025 | 8 days | 7 nights \$4455 per person, twin share | \$5455 single

See San Francisco, including Fisherman's Wharf, Union Square, Sausalito, Chinatown, Wine Country, Lake Tahoe, Yosemite National



#### Rome and Tuscan Highlights September 25, 2025 | 10 days | 9 nights \$4995 per person, twin share | \$5995 single

See Rome, including St Peter's Basilica; Florence, including Duomo, Piazza della Signoria; Pisa, Vinci, Siena, Montecatini, San Gimignano; exceptional wine, food, history, architecture and



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- conversation again
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- Assisted Living

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www.wyngatecircleville.com





Pickaway Senior Center 2105 Chickasaw Dr. PO Box 565 Circleville OH 43113

RETURN SERVICE REQUESTED

Non-Profit Org.
U.S. Postage
PAID
Permit #200
Circleville OH 43113

**Current Resident** 



## DON'T MISS OUT Check out upcoming events and activities at the Center!

| Director's Deskp1             |
|-------------------------------|
| Overview of Services $p2$     |
| $Birthdays \dots \dots p3$    |
| Recognition Gifts Form $\ p4$ |
| Welcome & THANKSp5            |
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| Vital Stats, Generosity p12   |

#### MONTH STATISTICS

#### **Transportation**

31 people 144 transports 1856 miles

#### Adult Day Care

6 people 6 transports 178 miles

Hot Meals Delivered 5787 meals

Meals Served In Person 534 congregate meals

Commodities Disbursed 86 families served

#### Your donations are VITAL to daily Center operations!

Donations received by DATE are included this newsletter; those received after DATE will be included in the NEXT MONTH newsletter.

Thank you for your generosity

