




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
   <h1>MERRY HEART ~ Memory Lane</h1>						
8:30 Meet & Greet 9:30 Groundhog Day Talk! 10:00 Chair Workout 10:45 Hydration Time! 11:00 Bakers Prep for Social 2:00 Arts & Crafts 3:00 Catholic Mass - L 4:15 Hydration Social 6:00 Super Bowl LIV on ch#5 SF 49ers @ Chiefs KC Groundhog Day	Feed the Birds Day 8:30 Meet& Greet 9:45 Let's talk! February 10:00 Daily Chronicle and Monthly Gazette 10:15 Stretch, Flex & hydrate! 2:45 Banana bread Social 3:00 Make Believe Monday – Fabled Headlines 4:30 Hand Massage 6:00 Music Alexa: 1950's	Thank a Mailman Day 8:30 Greet & Meet 9:45 Morning Sit & Be Fit 10:30 Morning Scenic Ride – Please Sign-up w/Evangeline 2:00 Afternoon Fun Games 2:45 Hors d'oeuvres Social 3:30 Painting Club 4:15 Pampered Nails 6:00 Relax w/Music 7:00 Evening Prayers	Nat'l Weatherperson's Day 8:30 Meet& Greet 9:30 Morning Facts 10:15 Sit, Be Fit & Hydration 11:15 Many Words from One 2:45 Cookie Social 3:30 Novena & Rosary - L 4:00 Catholic Mass – L 6:00 Evening Table Games 7:00 Classic Movie Shows ch#95	Home Run Day 8:30 Meet & Greet 9:45 Hairdresser Opens 10:15 Music & Motion w/Madhavi 1:45 Baseball Hall of Fame Trivia Quiz 3:30 Live Entertainment w/Alex Formin - L 6:00 Storytelling & Relax 7:00 Music Gatherings	National Wear Red Day 8:30 Meet & Greet 9:30 Daily Chronicle Talk 10:15 Chair Exercise 11:30 Wheel of Fortune 1:00 TGIF w/Ed Clark - L 2:30 Table Games & Social 4:15 NJ Trivia Questions 6:00 Classic Movie on ch#97 7:00 Hand Massage	8:30 Meet & Greet 9:30 Morning Exercise 10:00 Morning Gazette 10:30 Worship w/ Chaplain Sue - L 1:00 Pet Therapy 2:00 Hangman & table games 3:00 Dance w/the Staff 6:00 Music gatherings 7:00 Bible Stories
Red Carpet Day 8:30 Meet & Greet 9:30 Daily Chronicle & Fun Facts 10:00 Chair Workout & Hydration 11:00 Academy Award Puzzles 2:00 Sing-along w/Manny - L 3:00 Catholic Mass - L 4:15 Hydration Social 6:00 Soft Music & Relax 7:00 Classic Show Ch#95 8:00 92nd Academy Awards ch#7	Barber Shop Opens Today 8:30 Meet& Greet 9:45 Piano mini- concert 10:15 Stretch, Flex & hydrate! 2:00 Tina Tunes 2:45 Banana bread Social 3:30 Balloon Toss 3:30 Wildwood Elementary Chess Club Visit 6:00 Music appreciation	International Day of Women and Girls in Science 8:30 Greet & Meet 9:45 Morning Sit & Be Fit 11:00 Monthly Lunch Outing TBD (please bring cash w/you) 2:00 Afternoon Fun Games 2:30 French Chef Day Social 4:15 Pampered Nails 6:00 Relax w/Music 7:00 Evening Prayers	8:30 Meet& Greet 9:30 Morning Facts 10:15 Sit & Be Fit 10:45 Hydration Time! 11:15 Many Words from One 2:45 Jell-O Day Social 3:30 Novena & Rosary - L 4:00 Catholic Mass – L 6:00 Evening Table Games 7:00 Classic Movie Shows ch#95	Friendship Day 8:30 Meet & Greet 9:45 Hairdresser Opens 10:15 Music & Motion w/Madhavi 11:00 Daily Chronicle 1:30 Netflix Series Matinee 2:00 Arts & Crafts 3:30 Table Games Social 6:00 Storytelling & Relax 7:00 Music Gatherings	8:30 Meet & Greet 10:15 Chair Exercise 11:00 Many Words from 1 1:15 Bible Reading with Charlotte - G 2:00 Traveling Poker -T 3:30 Valentine's Day w/DJ Bernie - L 6:00 Classic Movies on ch#97 7:00 Hand Massage Valentine's Day	8:30 Meet & Greet 9:30 Morning Exercise 10:00 Morning Gazette 10:30 Worship w/Chaplain Sue 1:00 Pet Therapy 2:00 Hangman & table games 3:30 Mission Latino Youth Group Visit -B 6:00 Music gatherings 7:00 Bible Stories
NBA All-Star Game 8:30 Meet & Greet 9:30 Bible Stories w/visual pics 10:00 Chair Workout 10:45 Hydration Time! 2:00 Arts & Crafts – Mardi Gras 3:00 Catholic Mass – L 3:34 Sheldon will come to play the piano 4:15 Hydration Social 6:00 Soft Music & Relax	8:30 Meet& Greet 9:45 Let's talk! President's Day 10:15 Stretch, Flex & hydrate! 1:15 Food Committee - AR 1:30 Match Game on ch#95 2:45 Banana Bread Social 3:30 Music Appreciation! 4:30 Hand Massage 6:00 Bible Stories w/Charlotte Presidents' Day (US)	First Ladies Day 8:30 Greet & Meet 9:45 Morning Sit & Be Fit 10:15 Daily Chronicle 11:20 Resident Council Meeting 2:00 Cooking Demo – B 3:15 Afternoon Fun Games 4:15 Pampered Nails 6:00 Relax w/Music 7:00 Evening Prayers	Corn Flakes Day 8:30 Meet& Greet 9:30 Morning Facts 10:15 Sit, Be Fit & Hydrate! 11:15 Many Words from One 2:45 Cookie Social 3:30 Novena & Rosary - L 4:00 Catholic Mass – L 6:00 Evening Table Games 7:00 Classic Movie Shows ch#95	National Love Your Pet Day 8:30 Meet & Greet 9:45 Hairdresser Opens 10:15 Music & Motion w/Madhavi 11:00 Daily Chronicle 1:30 Netflix Series Matinee 2:00 Table games Social 3:30 Celebrating February Birthdays by John Diaz -MDR 6:00 Storytelling & Relax 7:00 Music Gatherings	Nat'l Caregivers Day 8:30 Meet & Greet 9:30 Daily Chronicle Talk 10:15 Chair Exercise 11:30 Wheel of Fortune 1:00 TGIF w/Ed Clark - L 2:30 Table Games & Social 4:15 Valentine's Trivia 6:00 Classic Movie on ch#97 7:00 Hand Massage	Washington's Birthday 8:30 Meet & Greet 9:30 Morning Exercise 10:00 Morning Gazette 10:30 Worship w/Chaplain Sue 1:00 Pet Therapy 2:00 Hangman & table games 3:00 Dance w/the staff 6:00 Music gatherings 7:00 Bible Stories
Du Bois Day 8:30 Meet & Greet 9:30 Daily Chronicle & Fun Facts 10:00 Chair Workout & Hydrate 11:00 Baking Cookies 12:30 Movie Matinee 2:00 Sing-along w/Manny - L 3:00 Catholic Mass - L 4:15 Hydration Social 6:00 Soft Music & Relax 7:00 Classic Show Ch#95	Shrove Monday 8:30 Meet& Greet 9:45 Let's talk! 10:15 Stretch, Flex & hydrate! 1:30 Match Game on ch#95 2:45 Banana bread Social 3:30 Balloon Toss 4:30 Hand Massage 6:00 Music appreciation Alexa: Gospel Songs	Pancake Tuesday 8:30 Greet & Meet 9:45 Morning Sit & Be Fit 10:45 The Price is Right - B 2:00 Afternoon Fun Games 2:45 Hors d'oeuvres Social 3:30 Celebrating Mardi Gras w/Eric Kerssen - L 6:00 Relax w/Music 7:00 Evening Prayers Mardi Gras	8:30 Meet& Greet 9:30 Morning Facts 10:15 Sit & Be Fit 10:45 Hydration Time! 11:15 Many Words from One 2:45 Cookie Social 3:30 Novena & Rosary - L 4:00 Catholic Mass – L 6:00 Evening Table Games 7:00 Classic Movie Shows ch#95 Ash Wednesday	8:30 Meet & Greet 9:45 Hairdresser Opens 10:15 Music & Motion w/Madhavi 11:00 Daily Chronicle 12:30 Netflix Series Matinee 1:45 Bingo 2:30 Table Games Social 3:30 Weekly Live Music w/DJ Bernie - L 6:00 Storytelling & Relax 7:00 Music Gatherings	8:30 Meet & Greet 9:30 Daily Chronicle Talk 10:15 Chair Exercise 11:30 Wheel of Fortune 1:15 Bible Reading with Charlotte - G 2:00 Traveling Poker -T 2:30 Table Games & Social 3:00 TGIF w/Ed Clark - L 6:00 Aromatherapy 7:00 Soft Music & relax	8:30 Meet & Greet 9:30 Morning Exercise 10:00 Morning Gazette 10:30 Worship w/ Chaplain Sue - L 1:00 Pet Therapy 2:00 Hangman & table games 3:00 Dance w/the staff 6:00 Music gatherings 7:00 Bible Stories Leap Day