



3 Holidays, 3 Races & 4 Medals in the Beach Communities of Cocoa Beach & Cape Canaveral

Run or walk all three races to
earn the Holiday Beach Series Medal

Races benefit

*Cocoa Beach Recreation Department, Youth Camps, Cocoa Beach
High School Cross Country & Track Teams
North Beaches Police Athletic League*

FRIGHTFUL FAIRWAY 5K

October 26, 7:30 am

Cocoa Beach

COCOA BEACH TURKEY TROT 5K

November 28, 8:00 am

Cocoa Beach

REINDEER RUN 5K

December 14, 8:00 am

Cape Canaveral

Registration

\$75 Entries postmarked on or before September 8

\$80 Entries postmarked after September 8

For more information or online registration

<https://runsignup.com/HolidayBeachSeries>

Enter by mail to:

Check payable to **The City of Cocoa Beach**

321 Ramp Road, Cocoa Beach FL. 32931

To contact race directors by email:

Frightful Fairway 5K: andrea.segarra@cityofcocoabeach.com

Turkey Trot 5k : turkeytrot5k@cfl.rr.com

Reindeer Run 5k: beachteachc104@aol.com

Medals awarded at the REINDEER RUN for registering for all three races.

Can't make all three races? You can enter the series and run any of the races virtually and still earn the series medal.

Races have their own amenities in addition to the series medal. See race websites for details.

Overall Series Awards compliments of Ron Jon Surf Shop for the 1st, 2nd, and 3rd place overall male and female finishers in the series. Points awarded based on overall finishing place in each race – 1point for 1st, 2 points for 2nd, etc. Lowest overall score wins. Virtual racers are not eligible for overall awards.

FRIGHTFUL FAIRWAY 5K

COCOA BEACH TURKEY TROT 5K

REINDEER RUN 5K

Name _____ Address _____ City _____ State _____

Male ___ Female ___ Age ___ Birthdate _____ Email _____

Phone _____ Shirt Size XS S M L XL XXL (Frightful 5K & Turkey Trot have YM, Turkey Trot has XXXL & XXXXL)

I assume all risks associated with my participation as a participant in the Frightful Fairway 5k, Cocoa Beach Turkey Trot 5k, & Reindeer Run 5k, including, but not limited to injuries, contact with other participants including registered runners and volunteers, the effects of the weather, and traffic and hazards of the road, all such risks are known and appreciated by me. Having read this waiver I, for myself and anyone entitled to act on my behalf, waive and release the directors and sponsors of this race from all claims or liabilities of any kind arising out of my participation in the event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature (Parent if under 18)

Date

