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Capital Quilters

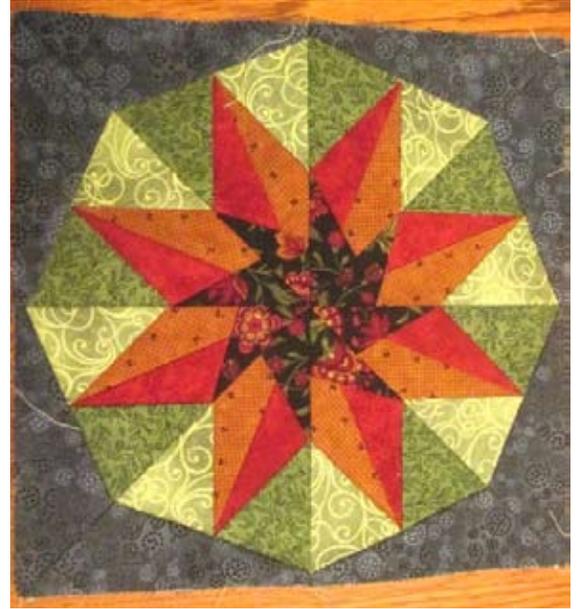
February 2016

Newsletter

February Workshop

For the block of the month in February we will be doing another paper piecing block. This time we will be doing a variation of the compass pattern. I will not be able to make it to the class or meeting after all, but Patty has been kind enough to offer to teach this month's class. You will need your basic sewing supplies (sewing machine, pins, scissor, etc.), but to do the paper piecing you will also need an Add-a-Quarter ruler, index card, and a wooden press, if you have one, otherwise finger pressing will suffice and there will be a few irons set up. You will also need a small cutting matt and rotary cutter. There are six colors per section and there are (8) sections or half squares. I have found it easier to use strips to do paper piecing so starting from the inside and working out this is what you will need:

- Center (black)-2" wide x 26" total (each half square requires about 3 1/4")
- Red and orange pieces-1 3/4" wide x 36" total (each half square requires about 4 1/2" of each color)
- Green sections-2 1/2" wide x 28" (each half square requires about 3 1/2" of each color)



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- Outside (blue)-3" wide x 50" total (each half square requires about 6 1/4")

Fat quarters will give you plenty of fabric also. This would be a fun block to play with colors to get different effects. I hope you have fun doing this month's block! Take care and feel free to get ahold of me if you have any questions!

Amy Jo Winkelman 391-9296

Capital Quilters Facebook Page

We now have a Facebook page! If you are a Facebook user, please visit the page and give it a "Like". You can find the page here: www.facebook.com/CapitalQuilters/ If you have any information/photos you would like posted on the Facebook page, please send the information to Terri at steg3675@gmail.com.

Change of address? If you need to update your mailing address or email address, please contact the Membership committee chair, Shelly Doyle @ 400-3025

If you have information you would like included in the newsletter, please submit it by the 10th of the month to Terri at: steg3675@gmail.com

Minutes from January 2, 2016 meeting

The meeting was called to order at 12:00 by President Patty Steinert.

Minutes: Approved as written

Treasurer's Report: Beginning balance of \$4768.62, income of \$122.50, expenses of \$386.56; with an ending balance on 12/31/15 of \$4505.56.

Committee Reports

Education: Amy Jo Winkelman will be doing a paper piecing block in February.

Fundraising: No report

Membership: We had 27 members participate in the Quilts of Valor.

Newsletter: If you have anything you want in the newsletter, you must contact Terri Stegmiller by the 10th of the month.

Service Project: Evelyn Buchfink commented that the Quilts of Valor event was a great success. Jean Wolf thanked Deb Long for the 20 pillowcases she completed. There were 25 pillowcases donated to the Salvation Army and 25 were donated to ARP in Mandan.

Quiltfest: Marlene Sapa reported that the national teacher will be Mickey Dupre. The applications for Quiltfest will be ready soon. A grant was applied for to see if we can be awarded some grant money. The theme will be "A Vote For Quilting". The quilt challenge project is being worked on. If you would like to attend the committee meeting for Quiltfest, please come to the Bismarck Library in study room 1. The dates they meet are January 20, February 17, and March 16 at 6:30.

National Quilting Day: Jenny Yearous said she is still looking for a few teachers. Please contact her if you are interested. She still needs people to work the registration desk, hang quilts, and a chairperson for food. Registration will be next month. The original date was set for March 12, however, that is the weekend of the Minot Quilt Show so Jenny is going to see if the Heritage Center is available on March 19 for National Quilting Day. A motion was passed to move the date of National Quilting Day, depending on the Heritage Center being available on that date.

Old Business: If you are interested in participating in the UFO Project, please give Martha Downs or Amy Jo Winkelman a \$1.00 per project. This will be ending in June.

New Business: Rosemary Hertz brought information on upcoming quilt shows. The Minot Quilt Show will be March 11-13, 2016. The Minnesota Quilt Show will be in St. Cloud on January 9-11, 2016 and Fargo will have the Indian Summer Quilt Show on September 22-24, 2016. It is at a new venue which will be the Veterans Memorial Arena, 1201 7th Ave E, West Fargo.

Meeting adjourned at 12:25.

Submitted by Vicki Boehm

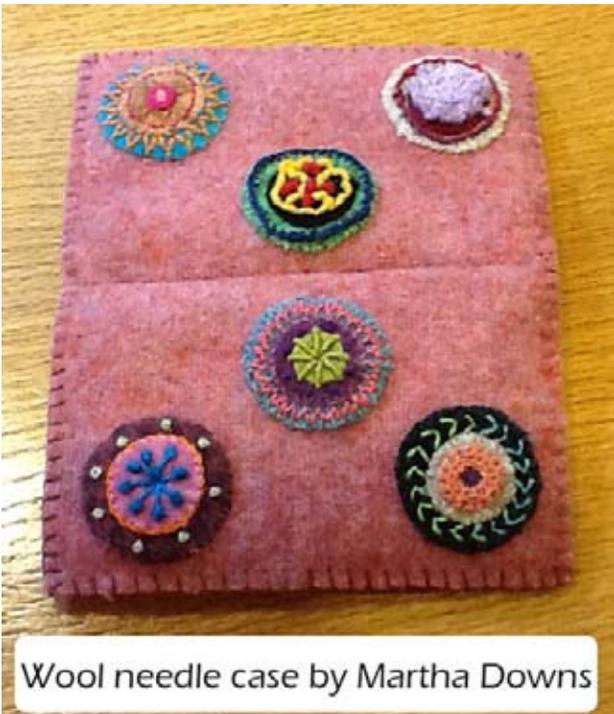
Show and Share from the January 2, 2016, meeting



Wool geranium quilt
by Martha Downs



3 small wool quilts by Martha Downs



Wool needle case by Martha Downs



Fleece shrug by Edie Scherr



Candle wreath by Mary Ann Crow



Ohio star ornaments by Myrna Dethloff



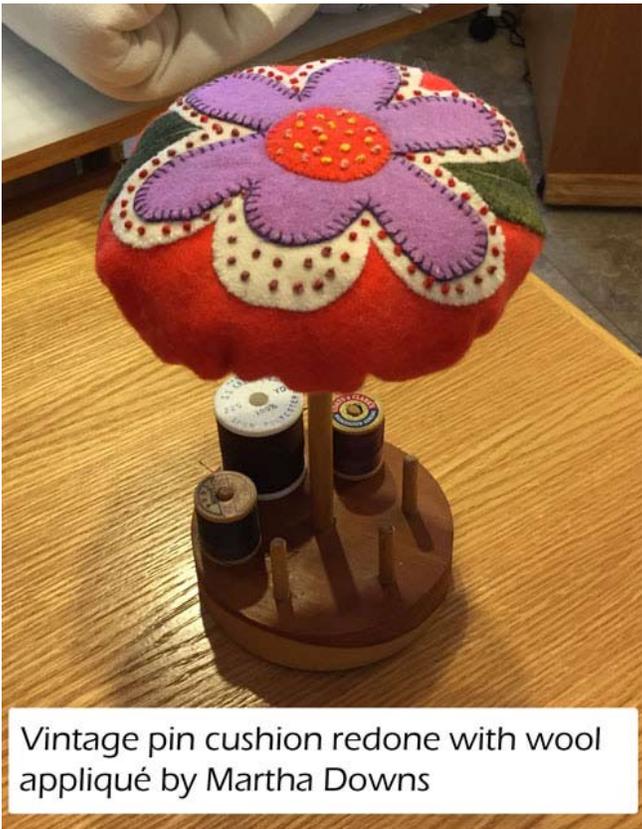
Dresden table topper by Randa Eldred



Quilt by Pam Fenoff



Ornaments by Deb Mellert



Vintage pin cushion redone with wool appliqué by Martha Downs



Mariner compass by Marlene Sapa



Fabric scrap filled ornaments by Myrna Dethloff



Feed sack tote bags by Donna Nason



Quilt by Rose Mary Hertz



Cathedral window blocks by Deb Long

Quilts of Valor Workshop - January 2, 2016



Quilts of Valor workshop - January 2016



Quilts of Valor workshop - January 2016



Quilts of Valor workshop - January 2016

Requested Recipes from the Quilts of Valor Workshop

Baileys Irish Cream and Caramel Nut Fudge by *Pat Rotenberger*

2/3 cup evaporated milk
1 cup light brown sugar
1/3 cup granulated sugar
2 tablespoons unsalted butter (I used regular butter)
½ teaspoon coarse sea salt (do not substitute table salt)
2 cups miniature marshmallows
1 teaspoon pure vanilla extract
¼ cup Baileys Irish Cream (I used mint chocolate.)
2 tablespoon pure maple syrup (not pancake syrup, which is flavored corn syrup)
1 ½ cup white chocolate chips (or 9 ounces of white chocolate discs)
¾ cup plus 1/3 cup chopped, toasted walnuts (I did not toast my walnuts)

Step 1- Prep pan: Use an 8 inch square pan or an 8 ½ x 4 ½ inch loaf pan. Line the pan completely with parchment paper and allow the paper to extend beyond at least 2 sides to create a sling with handles. You'll use these to easily lift the fudge from the pan. (I used three loaf pans.)

Step 2 –Bring to boil: Combine evaporated milk, sugars, butter and salt in large saucepan. Place over medium heat and stir occasionally to prevent burning. When the mixture comes to a full, rolling boil, set the timer for 5 minutes and stir constantly.

Step 3 – Stir in final ingredients: Pour in the mini marshmallows and stir rapidly to melt. Remove from heat and stir in vanilla, Irish Cream, and maple syrup. Add white chocolate chips and stir until melted. Fold in ¾ cup chopped walnuts.

Step 4 – Pour, garnish and chill: Pour fudge mixture into prepared pan. Sprinkle the remaining walnuts across the top to decorate. Allow to cool completely at room temperature.

Step 5 – Warning: Do not cover the top of the pan with plastic wrap until fudge is completely cooled; otherwise steam will condense and your fudge will be soggy. Once the fudge is cooled, loosely cover the top of pan with plastic wrap and place in the fridge, chilling until firm. Remove pan from fridge and lift the fudge out using the parchment handles. Slice to enjoy. To store, rewrap fudge tightly in plastic wrap and store in the fridge.

White Chili by *Evelyn Buchfink*

1 large chicken breast or 3 filets	3 cans white beans, partially drained
½ chopped onion	4 oz. can diced green chilies
1 tsp. chili powder	2 cups half & half
1 tsp. cumin	8 oz. pkg. shredded Mexican blend cheese or cheddar cheese
¼ cup red wine vinegar	1-2 tbsp. olive oil
1 – 14 oz. can chicken broth	

Season the chicken breast with Cajun seasoning or salt & pepper, and brown in oil. When browned, cut breasts into bite size pieces and return to kettle. Add onion & saute. Add spices. Stir to blend flavorings. Add chicken broth, beans, chilies and vinegar. Bring to a boil, simmer for 30 mins. Add half & half, tempering it with hot soup. Bring to just a boil, simmer for 10 mins. Add shredded cheese, heat to melt. Serve.

Canned chicken and rotisserie chicken work as well.

Enjoy!

Thank You! Thank You!! What a wonderful Saturday we had making QOV quilts. We made 12 quilts ready for quilting, 3 of which were denim. The 10 minute block was great fun. Many hands make light work, thank you to all the sewers, ironers, and cutters!! Thank you to Donna Nason and Joyce James for volunteering to quilt for us.

If you would like to make a quilt top for this most worthy cause you are most welcome to do so. The quilt tops need to be approximately 40X60inches and need not be patriotic colors. If you are finishing your quilt including quilting it, it must be quilted, not tied. If you have questions you may contact any of us on the committee. Thank you for sharing your goodies! They were a great addition to the soups.

QOV Committee: Sandy Solberg, Lois Christianson, and Evelyn Buchfink

Upcoming Events

Minot Quilt Show - March 11-13, 2016

National Quilting Day, Heritage Center, Bismarck -
March 12, 2016 (date may possibly change to March 19,
2016)

Indian Summer Quilt Show, Fargo - September 22-24,
2016

Quiltfest, Bismarck - November 4-6, 2016

Potential Project Idea to be Discussed at February Guild Meeting

Guild member RoseMary Hertz would like to bring a new project idea to the guild after reading an article in the January 2016 AQ (American Quilter) Magazine. The name of the article is *Angel Babies*. It is a project in which tiny blankets, caps and diapers are made for babies that die at a very early stage in life. Also see the following websites: teenytears.blogspot.com and newbornsinneed.org.

Members are asked to give this idea some thought prior to the next meeting. A discussion will be held at the February meeting to see if this is something we would like to do in our guild.

Capital Quilters

PO Box 7092

Bismarck ND 58507-7092

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What's Coming...

Feb 6, 2016	9:30 am - Paper-piecing workshop. 12:00 noon - Business meeting.
Mar 5, 2016	To be announced

Capital Quilters meetings are held at Edgewood Vista, 3124 Colorado Lane, Bismarck. We meet in the NE Activity Room and members can enter through door #3 for easy access.