**I Am Making a Promise**

**As I look back, it's amazing that I**

**managed to notice all there was to see.**

**Perhaps it's because I have been more**

**positive, this is a healthier way to be.**

**How long does it take a person**

**to come to this realization?**

**When one is tired of carrying the load, one**

**chooses the positive view without hesitation.**

**Because when one concentrates on**

**the negative, misery is sure to come.**

**And misery affects the type**

**of person one will become.**

**Precious time is wasted. Time**

**that one can never take back.**

**Time that many complain they don't**

**have, because for patience they lack.**

**And when one sees through God's colored**

**glasses, it changes how one sees things.**

**It doesn't change circumstances but**

**peace and tranquility indeed it brings.**

**So for this new year, I am making**

**a promise to God and myself.**

**I choose positive thinking. And when in**

**need, with confidence, I will ask for help.**

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