

UNRECABLES Volunteer Review and Quiz Season 21/22

Name: _____

Date: _____

1. What is our meeting time at the designated meeting place on Saturday?
 - a. 8:30 am
 - b. 10:00 am
 - c. Whenever
 - d. 9:00 am
2. What PPE should you have on when meeting with our group?
 - a. Scarf and gloves
 - b. Mask (doubled)
 - c. Gaiter
3. Unrecables and Move United (DSUSA) requires a mandatory piece of equipment?
 - a. Helmet
 - b. Baseball cap
 - c. Goggles
4. Do you have covid now or been recently exposed to someone in the last two weeks? No ____. Yes ____
5. Who performs the initial assessment and evaluation of the student?
 - a. Ski school director
 - b. Shadow
 - c. Primary Instructor
6. As an ambassador on the hill and a partner with DSES and mountain management we cannot:
 - a. Ski/snowboard in areas above your ability
 - b. Follow Skier responsibility Code
 - c. Have alcohol for lunch
 - d. Ski/snowboard out of bounds
 - e. Assist those on the hill
 - f. Report concerns to Ski Patrol
7. What should you do after your lesson with your student?
 - a. Make sure student gets out of equipment safely
 - b. Clean (disinfect) all equipment after each use.
 - c. Disinfect each borrowed piece of personal type equipment i.e., helmet, goggles, gloves, sunglasses etc.
 - d. All of the above
8. Someone who three tracks is:
 - a. A snowboarder who uses outriggers
 - b. Someone who uses one ski and two outriggers
 - c. Someone who uses two skis and one outrigger
 - d. All of the above
9. When free skiing you can you use the ski school lines? No ____. Yes ____

10. Bibs should be worn while free skiing or boarding? No___. Yes___
11. Which skill must your student have before getting on the chairlift?
 - a. Be able to stop in a wedge
 - b. Be able to stop with assistance from the instructor (s)
 - c. Be able to stop by turning
 - d. All the above
12. Once you have exited the chair lift you should:
 - a. Ski off with student following you
 - b. Stop in the unloading area and get organized to ski
 - c. Stop, strap in or put your pole straps on
 - d. Glide away and get clear of the loading ramp
13. During the lesson who directs the student's lesson on the hill?
 - a. Shadow
 - b. Primary
14. Privacy of our participants is critical. Who can discuss the student's Personal situation? _____
15. Incident Report forms must be completed within 48 hours. Who is responsible for this to be completed? _____
16. Individuals with active history of seizures must wear
 - a. Special bib
 - b. Extra tethers
 - c. Safety harness that is attached to chairlift.
18. Who determines the role of each volunteer on the lesson
 - a. Primary instructor
 - b. Ski School director
 - c. Self
19. What is important to remember before heading out on a lesson
 - a. Go to the bathroom and wash your hands
 - b. Wear double masks
 - c. Sun protection
 - d. Eye protection
 - e. Check on medication situation.
 - f. Is your student properly dressed based on the outdoor weather conditions
 - g. All of the above.
20. The priority in your lessons should be
 - a. Learning, Safety, then Fun
 - b. Fun, Safety, then learning
 - c. Safety, Fun, then Learning
 - d. Safety, Fun, then snack break
21. The ideal terrain for a student sliding down the hill for the first time would be
 - a. A long gentle slope
 - b. A gentle slope with a gradual flat and then a slight uphill section which brings them to a stop
 - c. A gentle slope with double fall line
 - d. A steep beginner slope.

Important Information: Things to remember

1. All participants must wear Club ID. Bib or jacket while on hill
2. Lift tickets given to our club are for only those who have signed all documents and waivers. They cannot be given to friends, family or sold on the hill. We will lose this benefit if we violate this rule.
3. Equipment is stored in a storage unit in the village. It is picked up and returned by volunteers. We use a portion of the hill near the ski patrol Area and gondola as our start and finish area. We must keep our equipment in a neat and orderly pile. The equipment box and bags are not for your personal items. We must clear the hill each night. Leaving property on the pile is at your own risk.
4. Sunday after your lesson you can leave once your primary has said ok and all equipment is ready for transport down the hill. Snow removed, fixed outriggers removed, buckles secured and outriggers cleared of snow.
5. Free skiing/boarding. Friday and before and after lessons.
6. DSES allows us to store our bi skis and mono for Saturday night. We must check first and put them as requested. They must be removed from their area Sunday am before we start.
7. Borrowed helmets and bibs can stay with student for the weekend. Turned in Sunday after lesson and disinfected.
8. Please do not drink any alcohol during our ski day.am and pm. Please wait until your teaching day is completed.
9. Walkie talkies will be available for the season. For the primary or his/her designee
10. Mobile phones have been a great tool not only to keep in contact with each other but to request things (broken outrigger)

This year is different because of the pandemic. Please follow all covid restrictions and follow the guidelines.

Since lodge use is unknown but we are hoping to have a vehicle designated for a warming place as needed. If weather permits, we'll all be on the sun deck.