

NASHVILLE ACADEMY OF REFLEXOLOGY
Professional Reflexology Certification Program – Accelerated Schedule

EVENING CLASS CALENDAR 2023

Starting Date: February 27, 2023 Ending Date: September 11, 2023

	Time of Class	Hours
FEBRUARY 2023		
M – February 27	6:00 – 10:00 p	2 O 2 A
T – February 28	6:00 – 10:00 p	4 R
MARCH		
M – March 6	6:00 – 10:00 p	4 A
T – March 7	6:00 – 10:00 p	4 R
M – March 13	6:00 – 10:00 p	4 R
T – March 14	6:00 – 10:00 p	4 R
M – March 20	6:00 – 10:00 p	4 R(20)
T – March 21	6:00 – 10:00 p	4 R
M – March 27	6:00 – 10:00 p	4 A
T – March 28	6:00 – 10:00 p	4 R
APRIL		
M – April 3	6:00 – 10:00 p	4 A
T – April 4	6:00 – 10:00 p	4 R
M – April 10	6:00 – 10:00 p	4 A
T – April 11	6:00 – 10:00 p	4 R(36)
M – April 17	6:00 – 10:00 p	4 A
T – April 18	6:00 – 10:00 p	4 R
M – April 24	6:00 – 10:00 p	4 A
T – April 25 Hand 1	6:00 – 10:00 p	4 R
MAY		
M – May 1	6:00 – 10:00 p	4 A
T – May 2 - Practice Clinic	6:00 – 10:00 p	4 C
M – May 8 Hand 2	6:00 – 10:00 p	4 R
T – May 9 -- First Clinic	6:00 – 10:00 p	4 C
M – May 15	6:00 – 10:00 p	4 A
T – May 16	6:00 – 10:00 p	4 C
M – May 22 Hand 3	6:00 – 10:00 p	4 R
T - May 23	6:00 – 10:00 p	4 C
M – May 29 – Memorial Day		
T – May 30	6:00 – 10:00 p	4 C

JUNE		
M – June 5	6:00 – 10:00 p	4 R
T – June 6	6:00 – 10:00 p	4 C
M – June 12	6:00 – 10:00 p	4 R
T – June 13	6:00 – 10:00 p	4 C
M – June 19 – Juneteenth holiday		
T – June 20	6:00 – 10:00 p	4 C
M – June 26- Reflexology Test	6:00 – 9:00 p	3 R
T – June 27	6:00 – 10:00 p	4 C
JULY		
M – July 3 – Holiday Break		
T – July 4 – Holiday Break		
M – July 10	6:00 – 10:00 p	4 A
T – July 11	6:00 – 10:00 p	4 C
M – July 17	6:00 – 10:00 p	4 A
T – July 18	6:00 – 10:00 p	4 C
M – July 24	6:00 – 10:00 p	4 A
T – July 25	6:00 – 10:00 p	4 C
M – July 31 -- A&P Test	6:00 – 8:00 p	2 A
AUGUST		
T – August 1	6:00 – 10:00 p	4 C
M – August 7	6:00 – 9:00 p	3 B
T – August 8	6:00 – 10:00 p	4 C
M – August 14	6:00 – 9:00 p	3 B
T – August 15	6:00 – 10:00 p	4 C
M – August 21	6:00 – 9:00 p	3 B
T – August 22	6:00 – 10:00 p	4 C
M – August 28	6:00 – 9:00 p	3 L
T – August 29	6:00 – 10:00 p	4 C
SEPTEMBER		
M – September 4 – Labor Day		
T – September 5	6:00 – 10:00 p	4 C
M – September 11 – Graduation	6:00 – 10:00 p	3 C 1G
TOTAL HOURS		
Orientation		2
Classroom		123
Clinic Hours		75
TOTAL PROGRAM HOURS NEEDED FOR CERTIFICATE		200

- Abbreviations: O = Orientation
R = Reflexology (end of 20-hour CE class; end of 36-hour CE class)
A = Anatomy & Physiology
C = Clinic
H = Hand Reflexology Classes 1, 2, and 3
B = Business Practices & Marketing
L = Reflexology Law & Ethics
G = Graduation