

La Loma
1 Month Well Child

Date: _____

Name: _____ DOB: _____ Age: _____

Medications:		
Is your child on any medications?	YES	NO
If Yes, Please List:		
Allergies:		
Does your child have any allergies to medications? If Yes, please list.	YES	NO
Sensory:		
Vision:		
Does your child appear to be able to see objects or yourself?	YES	NO
Hearing/		
Does your child appear to be able to hear? E.g. Startles to loud sounds, responds to your voice, etc..	YES	NO
Development:		
Does your child respond to sounds?	YES	NO
Does your child respond to your face and voice?	YES	NO
Does your child follow with his/her eyes?	YES	NO
Does your child lift his/her head while lying on the tummy?	YES	NO
Can your child follow a moving object?	YES	NO
Nutrition: Is your child breastfeeding or on formula? Breastmilk Formula		
Breastfeeding		
How many minutes each breast? _____		
How often approximately? Every _____ Hours		
Formula		
What formula? _____		
How many ounces approximately? _____ Every _____ Hours		
Is your child on any supplements? E.g. Fluoride, Vitamins, or Iron	YES	NO

Do you have any concerns regarding your child? **NO** **YES (Explain Below)**

Signed _____ Printed Name _____
Relationship to Patient? _____ Date _____

La Loma Internal Medicine and Pediatrics

Child COMPREHENSIVE REVIEW OF SYSTEMS

Instructions: Answer yes if the following problems are CURRENT, FREQUENT or BOTHERSOME for your child. Explain all yes answers at the end of the last page.

GENERAL:

Date: _____

When was your child's last Well Child Check?	Date:	
Has your child had a recent UNEXPLAINED loss of weight?	YES	NO
Does your child have a fever?	YES	NO
Does your child have excessive fatigue?	YES	NO
Does your child have an acceptable appetite?	YES	NO

EARS, EYES, NOSE, THROAT:

Does your child have any drainage from eyes?	YES	NO
Does your child have any redness or irritation in eyes?	YES	NO
Does your child complain of itchy watery eyes?	YES	NO
Does your child have Nasal Congestion?	YES	NO
Does your child have frequent runny noses?	YES	NO
Does your child suffer from frequent bloody noses?	YES	NO
If so, how many per week?		

PULMONARY/ LUNGS:

Is your child frequently short of breath? (If yes, AT REST or WITH ACTIVITY)	YES	NO
Does your child cough <u>most days</u> ?	YES	NO
Does your child cough up blood?	YES	NO
Has your child had a continuous cough for longer than two to three months?	YES	NO
Does your child Wheeze?	YES	NO

CARDIOVASCULAR/HEART:

Does your child seem to have a racing heart?	YES	NO
Does your child's extremities swell?	YES	NO
Does your child have trouble breathing while lying flat?	YES	NO
Does your child sweat excessively during feedings?	YES	NO
Does your child turn blue around the mouth or have rapid breathing during feedings?	YES	NO

PATIENT NAME: _____

DOB: _____

Date: _____

GASTROINTESTINAL/STOMACH, INTESTINES, LIVER GALLBLADDER:

Does your child complain OFTEN of stomach pains?	YES	NO
Does your child have frequent vomiting?	YES	NO
Does your child have frequent diarrhea?	YES	NO
Does your child have bright red blood in stools?	YES	NO
Does your child have black tarry stools?	YES	NO
Does your child have frequent constipation?	YES	NO
Does your child have difficulty swallowing?	YES	NO

GENITOURINARY/ GENITALS, KIDNEY, BLADDER, URINATION:

Does your child have several wet diapers in a 24-hour period?	YES	NO
Does your child have any blood in urine?	YES	NO
Does your child urinate more frequently than normal?	YES	NO
Does your child have sores / lesions on genitals?	YES	NO

HEMATOLOGIC (BLOOD)

Does your child have problems with bleeding or a history of hemophilia? (Circle which one)	YES	NO
Does your child have a history of anemia?	YES	NO
Does your child have swollen glands that do not resolve?	YES	NO

ENDOCRINE (GLANDS)

Does your child have problems with excessive thirst?	YES	NO
Does your child have dry brittle hair and nails?	YES	NO

MUSCULOSKELETAL / SKIN

Does your child complain often of joint pain?	YES	NO
Does your child have joints that swell or get red? (Circle which one or both)	YES	NO
Does your child often have a rash?	YES	NO

NEUROPSYCHIATRIC (NERVES, BRAINS)

Does your child appear to move arms and legs normally?	YES	NO
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PATIENT NAME: _____

DOB: _____

Your Child's Checkup & What It Covers

Making the Most of Your Child's Annual Physical — With Clear Info About Billing

We want your child's yearly checkup to be helpful, healthy, and happy! Here's what's included—and what might come with extra costs—so there are no surprises.

What's Included in a Regular Checkup (Preventive Visit):

Your child's annual physical is all about keeping them growing strong! It includes:

-  A full physical exam
-  Tracking growth, development, and overall health
-  Sports physical paperwork if needed
-  Routine vaccines to keep your child protected
-  Preventive lab orders (Lab benefit coverage is determined by your insurance company)

What's *Not* Included — May Have Extra Charges:

Sometimes, other health concerns come up during the visit. If we treat or discuss things like:

-  Ongoing conditions (like ADHD, asthma, depression etc)
-  New symptoms (like a sore throat, rash, or injury etc)
-  Medication changes or refills for chronic issues
-  Tests for illness (like strep tests, X-rays, or extra lab work)
-  Longer discussions about complex concerns

These are considered *separate* services by insurance and may come with a co-pay, deductible or other charges.

Why Things Are Different Now:

In the past, we could sometimes include extra care in the checkup without extra billing. But, in an effort to follow current billing and insurance requirements, we now have to bill separately for non-preventive care even if it happens during the same visit.

Our Promise to You:

We follow these rules to make sure everything is billed correctly and fairly. Our goal is to care for your child in one visit whenever possible—so you don't have to come back again and again.

If you ever have questions about your child's visit or the bill, our team is here to help. We want you to feel confident and informed every step of the way!