



THROWERS CLUB AWARDS 2007

CANADIAN RECORDS

Shot Put

| | | | |
|----------------|-----|-------|-----------|
| Estele Ritchie | W95 | 1.25 | 23-Jun-07 |
| Garry Bachman | M85 | 9.85 | 26-May-07 |
| Garry Bachman | M85 | 10.56 | 21-Jul-07 |
| J.P. Meyer | M60 | 14.22 | 22-Sep-07 |

Discus

| | | | |
|----------------|-----|-------|-----------|
| Estele Ritchie | W95 | 2.33 | 23-Jun-07 |
| Margaret Tosh* | W69 | 23.92 | 23-Jun-07 |
| Garry Bachman | M85 | 24.86 | 21-Jul-07 |
| J.P. Meyer | M60 | 50.31 | 22-Sep-07 |

Javelin

| | | | |
|----------------|-----|-------|-----------|
| Barb Dabrowski | W50 | 32.39 | 23-Jun-07 |
|----------------|-----|-------|-----------|

Hammer

| | | | |
|---------------|-----|-------|-----------|
| Garry Bachman | M85 | 29.80 | 23-Jun-07 |
|---------------|-----|-------|-----------|

Weight Throw

| | | | |
|---------------|-----|-------|-----------|
| Garry Bachman | M85 | 13.32 | 21-Jul-07 |
|---------------|-----|-------|-----------|

Weight Pentathlon

| | | | | |
|-------------------|-----|-------|-----------|------------|
| Garry Bachman | M85 | 4,930 | 21-Jul-07 | WR pending |
| Margaret Tosh* | W69 | 3,793 | 23-Jun-07 | |
| Richard Parkinson | M43 | 2,974 | 26-May-07 | |

SEASON TOTAL POINTS - WEIGHT PENTATHLON

| | | | |
|--------|-------------------|-----|--------|
| Gold | Garry Bachman | M85 | 18,508 |
| Silver | Bill Pearson | M55 | 14,774 |
| Bronze | Richard Parkinson | M43 | 13,834 |

SEASON TOTAL POINTS - TRIATHLON

| | | | |
|--------|----------------|-----|--------|
| Gold | Evalds Viskers | M81 | 10,564 |
| Silver | Ina Legzdins | W36 | 2,104 |
| Bronze | Don Ritchie | M45 | 1,711 |

HIGHEST POINTS IN EACH EVENT

Hammer

| | | | | |
|--------|---------------|-----|------|-----------|
| Gold | Garry Bachman | M85 | 1048 | 23-Jun-07 |
| Silver | Kristen Dajia | W44 | 805 | 22-Sep-07 |
| Bronze | Jan Graczyk | M53 | 790 | 23-Jun-07 |

Shot Put

| | | | | |
|--------|---------------|-----|------|-----------|
| Gold | Garry Bachman | M85 | 1103 | 21-Jul-07 |
| Silver | J.P. Mayer | M60 | 979 | 22-Sep-07 |
| Bronze | Velta Tomsons | W79 | 825 | 26-May-07 |



THROWERS CLUB AWARDS 2007

HIGHEST POINTS IN EACH EVENT (con't)

| Discus | | | | |
|---------------|----------------|-----|------|-----------|
| Gold | Garry Bachman | M85 | 1130 | 23-Jun-07 |
| Silver | Evalds Viskers | M81 | 1045 | 22-Sep-07 |
| Bronze | J.P. Mayer | M60 | 1007 | 22-Sep-07 |

| Javelin | | | | |
|----------------|-------------------|-----|-----|-----------|
| Gold | Barb Dabrowski | W50 | 791 | 22-Sep-07 |
| Silver | Eric Malmstrom | M75 | 743 | 22-Sep-07 |
| Bronze | Richard Parkinson | M43 | 698 | 26-May-07 |

| Weight Throw | | | | |
|---------------------|---------------|-----|------|-----------|
| Gold | Garry Bachman | M85 | 1296 | 21-Jul-07 |
| Silver | Jan Graczyk | M54 | 912 | 26-May-07 |
| Bronze | Arvids Zakis | M86 | 715 | 18-Aug-07 |

HIGHEST POINTS - WEIGHT PENTATHLON

| | | | |
|-------------------|-----|-------|-----------|
| Garry Bachman | M85 | 4,930 | 21-Jul-07 |
| Bill Pearson | M55 | 3,155 | 22-Sep-07 |
| Richard Parkinson | M43 | 2,974 | 26-May-07 |
| Dave Morris | M69 | 2,937 | 21-Jul-07 |
| Max Woerle | M77 | 2,812 | 21-Jul-07 |
| Arvids Zakis | M86 | 2,754 | 18-Aug-07 |
| Kristen Dajia | W44 | 2,747 | 22-Sep-07 |
| Eric Malmstrom | M75 | 2,671 | 18-Aug-07 |
| Rhona Trott | W58 | 2,640 | 18-Aug-07 |
| Peder Neilsen | M83 | 2,602 | 26-May-07 |
| Dan Yoisten | M47 | 2,454 | 23-Jun-07 |
| Harvey Boles | M70 | 2,445 | 23-Jun-07 |
| John Olivierre | M43 | 2,268 | 21-Jul-07 |
| Peter St. Pierre | M48 | 2,119 | 21-Jul-07 |

HIGHEST POINTS - TRIATHLON

| | | | |
|------------------|-----|-------|-----------|
| Evalds Viskers | M81 | 2,228 | 22-Sep-07 |
| Don Ritchie | M45 | 1,711 | 23-Jun-07 |
| Ina Legzdins | W36 | 1,063 | 26-May-07 |
| Mathew Kleinosky | M49 | 789 | 23-Jun-07 |