

### Fedhealth enews 2Q 2020

Fedhealth's [opt-in enews](#) shares ideas, stories, program and product announcements, and other resources we hope you find of interest.

Our 2nd Quarter issue includes:

#### Customizable PDF ebook as low as \$1 in bulk

Unlimited customization to share your educational, safety & mktg messages

#### Join MyUSFRA.org – a new Networking and Commerce site

Connect with and market to the public safety community

#### USFRA Programs for 2020 and beyond

MyUSFRA Disaster Relief Fund, Help K9s get puppered, Pet Oxygen masks + custom book/ebook projects

#### Freedom Voyager solar charging stations

Register to get deep discounts on the Voyager – a unique solar powered charging station + proceeds benefit first responders

#### Fedhealth, FSC and USFRA partners in the spotlight

First Responder Children’s Foundation, First Responder Foundation, and Armed Citizens’ Legal Defense Network

#### On the Front Lines

Operational Guidance for 2020 Hurricane Season; Pandemic preparedness and response; Civil unrest response resources

#### Cool Links / Ideas

Aqua Blaster, Cords of Steel and Disaster Preparedness Specialists

#### From our blog (& USFRA.org)

Some safety tips about hurricanes, tornadoes, lightning, floods, extreme heat, wildfires & more

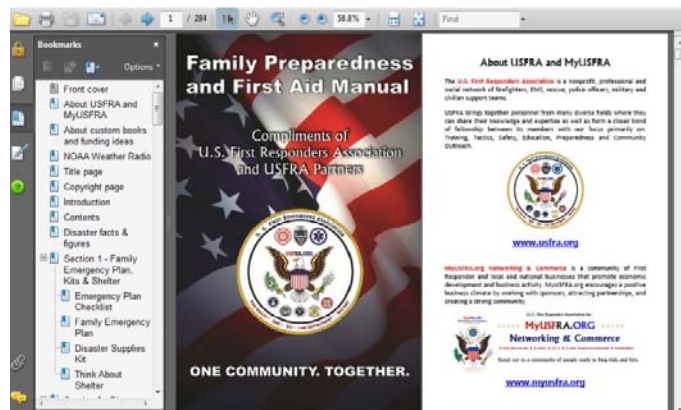


#### Customizable PDF ebook as low as \$1 in bulk

One thing this year’s coronavirus outbreak demonstrated was the use of digital products and services can help keep people connected and is an easy way to share educational information.

Of course during a grid down post-disaster scenario, digital data may be difficult to access through the cloud, web or cellular services, but technology is being used by all age groups more than ever before.

For over 2 decades we have been customizing our 266-page preparedness and first aid book (and PDF ebook) in bulk to include local information and plans, preparedness or response messaging, or any other data that agencies, businesses, [schools](#) and organizations want included for their staff, volunteers and local communities.



Bulk books (**\$4.50** delivered each) and interactive PDF ebooks (as low as **\$1** each) also provide match for agencies and nonprofits, and proceeds benefit the [U.S. First Responders Association](http://www.usfra.org). (Fedhealth and FSC are also developing custom USFRA book and ebook projects for communities around the country in case your agency, business or group would like to collaborate with us using grant funds and/or sponsorships.)

Download a [free 63-page portion of our book in PDF](#) and learn more at [www.fedhealth.net](http://www.fedhealth.net) or call 520.907.2153 and let's collaborate to help our nation get more prepared for emergencies and disasters.

-----

## Join MyUSFRA.org – a new Networking & Commerce site

MyUSFRA Networking & Commerce is a community of First Responder and local and national businesses that promote economic development and business activity. MyUSFRA.org encourages a positive business climate by working with sponsors, attracting partnerships, and creating a strong community. **Individuals** can join for **\$5/year** and **businesses** can join for as low as **\$50/year** and proceeds benefit [MyUSFRA First Responder Disaster Relief Fund](#). Members and posts can be shared across USFRA platforms, plus MyUSFRA members are eligible for special discounts as we grow. Learn more at [www.myusfra.org/join](http://www.myusfra.org/join)

# MyUSFRA.ORG



### Align Yourself With Public Safety Leaders!

**Competitive Advantage** - Gain access to USFRA's membership of fire/police chiefs and officers across the U.S. and around the world. Corporate partners can participate in USFRA conferences and leadership events.

**Networking Advantage** - Develop and strengthen your professional relationships with the leading experts and key decision makers in the public safety services.

**Marketing Advantage** - Build your company's position within the public safety community. In addition to increased visibility among USFRA members, you benefit from being recognized as an USFRA supporter.

**Public Image Advantage** - Establish and affirm your company's commitment to improving the public safety communities as a responsible corporate citizen that supports the mission of USFRA.

MyUSFRA Networking and Commerce was created to help first responders with their needs after/during a disaster or pandemic.

Help prep First Responders, join today!

#### Membership Benefits:

- Post your coupons or deals
- Community Blogs
- Photos
- Videos
- Soundcloud
- Events Calendar
- Classifieds
- Sell your products or services
- Career center
- Properties
- Reviews and more for as little as \$5 per year!



#### Our Partners



-----

## USFRA Programs for 2020 and beyond



Some U.S. First Responders Association programs that support American first responders, K-9s and communities include...

**MyUSFRA.org First Responder Disaster Relief Fund** – Businesses, agencies, nonprofits first responders, volunteers and others can join [www.myusfra.org](http://www.myusfra.org) and membership fees + donations help provide assistance to heroes affected by an emergency or disaster. [Learn more](#)

**Help K9s Get Puppated** – Donations help USFRA purchase K9 **eye protection** and other **pup-paredness supplies** for our nation's Sheriff, Police, Fire, SAR, Border Patrol, and Military working **dogs**. [Learn more](#)

**Pet Oxygen Mask Program** – USFRA is helping distribute **Pet Oxygen Masks** to Volunteer Fire Departments across America. Your donation can help first responders save pets' lives! [Learn more](#)

**USFRA Family Preparedness book & ebook projects** – Fedhealth and USFRA are collaborating with businesses, agencies and organizations to get custom **preparedness and first aid books** (and **ebooks**) out to communities to educate the public, help lessen the burden on responders, and save people money on everyday items and services. Proceeds of all [book / ebook projects](#) benefit USFRA. [Learn more](#)

If you'd like to learn how to partner with USFRA or become a sponsor (and get exposure in all materials and programs), please email Janet at [evp@usfra.org](mailto:evp@usfra.org) or call 520.907.2153 or visit [USFRA.org](http://USFRA.org)

Donations as low as **\$5** or **\$10** can receive a decal or patch at [www.usfra.org](http://www.usfra.org) ... or join [www.myusfra.org](http://www.myusfra.org) for as low as \$5/year and help our First Responder Disaster Relief Fund. Thank you for your support!



~~~~~

## Freedom Voyager solar charging stations

**Cords of Steel** and the **U.S. First Responders Association** invite you to [register](#) and learn about the **Freedom Voyager** - a versatile, unique solar powered charging station tailor made for first responders, SARs, CERTs, K9 units, Hotshot crews, active duty military, veterans and others.

By getting involved in the Freedom Voyager crowdfunding campaign, you will be eligible to receive the portable wireless solar power pack at a VERY reduced rate, and proceeds benefit USFRA. Learn more and [signup here](#)



~~~~~

### Some Fedhealth, FSC and USFRA partners in the spotlight

Below are some partners of [Fedhealth-U.S. First Responders Association book / ebook projects](#)

**First Responder Children's Foundation** provides financial support to both children who have lost a parent in the line of duty as well as families enduring significant financial hardships due to tragic circumstances. First Responders Children's Foundation also supports, promotes, and facilitates educational activities and programs created and operated by law enforcement and firefighting organizations whose purpose is to benefit children or the community at large. Plus they have been a major supporter of first responders during the COVID-19 outbreak. Learn more at <https://1strcf.org/>



**First Responder Foundation** serves and honors all First Responders and their families, builds appreciation and respect for their work, and enhances public safety. First Responders Foundation partners directly with police and fire departments in the greater Omaha area, and accomplishes their mission by creating and supporting unique and educational programs and events, inspiring their community, and providing necessary resources and services to first responders and local citizens. <https://firstrespondersomaha.org>

*We've shared ACLDN before but repeating due to the current state of affairs.*



The **Armed Citizens' Legal Defense Network**, Inc. was established in 2008 as a membership organization to fulfill two core missions: **first**, to help members in the legal fight after they justifiably use force in self-defense by paying for the services of attorneys, expert witnesses, private investigators and other professionals essential to mounting a vigorous legal defense of self-defense on behalf of their members. Their **second** mission is educating ACLDN members (and to some extent, the gun-owning public) in the law governing use of force in self-defense and how armed citizens can protect against unmeritorious prosecution.

Each month ACLDN publishes a monthly online journal for members (as well as the public) with articles, columns and editorials on what people need to know about self-defense, with a specific focus on self-defense law (see [journals in PDF](#)). The Network also helps educate the gun-owning public by supplying printed copies of their booklet [What Every Gun Owner Needs to Know about Self-Defense Law](#) (also available in [this 24-page PDF](#).)

Armed Citizens' Legal Defense Network is offering USFRA members **and** the public **\$15 off** their **annual** membership if you **mention coupon USFRA15off** when **you join**.

*(Note to all first responders: The Network's membership benefits **not** applicable to on-duty incidents.)*

Learn more about **Armed Citizens' Legal Defense Network** at <https://armedcitizensnetwork.org>.

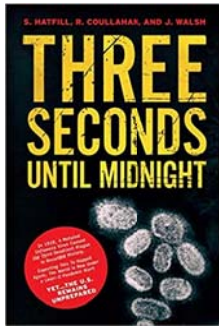
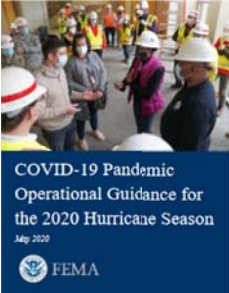
*Would you like to be featured as a partner? Learn more [here](#) or email [info@fedhealth.net](mailto:info@fedhealth.net)*



~~~~~

### On the Front Lines

On 20-May-2020 **FEMA** released "[COVID-19 Pandemic Operational Guidance for the 2020 Hurricane Season](#)" to help emergency managers and public health officials best prepare for disasters, while continuing to respond to and recover from coronavirus. The guidance can also be used by private sector and NGOs to gain an understanding of the government's posture, planning and readiness efforts. While the guide focuses on FEMA's program delivery during the 2020 hurricane season, most planning considerations can be applied to any disaster operation during the pandemic, including no-notice incidents. Read more on [FEMA.gov](#)



Biodefense expert Dr. Steven Hatfill offers 8 ways to **improve pandemic preparedness** and response. Hatfill, an adjunct assistant professor in the Department of Microbiology, Immunology, and Tropical Medicine in the Department of Clinical Research and Leadership at George Washington University and a senior fellow at the London Center for Policy Analysis, says coronavirus "isn't the one we're worried about ... the one we're worried about has a **20%** mortality rate." Dr. Hatfill, co-author of *Three Seconds Until Midnight*, adds that the U.S. hasn't done enough to prepare in what he calls "the age of epidemics and pandemics." The **COVID-19 death rate is widely estimated to be somewhere from 1/10 of 1% to 1%**. Read Dr. Hatfill's recommendations to be better prepared for future pandemics on [JustTheNews.com](#)

The **U.S. Fire Administration (USFA)** and the **National Highway Traffic Safety Administration's Office of Emergency Medical Services** have compiled best practices to assist Fire and EMS personnel with their **response to civil unrest incidents** in communities. Fire and EMS personnel should follow the general guidance to prepare staff, the station, apparatus and the community for emergency response in a challenging environment. [www.usfa.fema.gov/operations/civil\\_unrest/](http://www.usfa.fema.gov/operations/civil_unrest/)



*Do you have a story or idea you'd like to share? Send it to [info@fedhealth.net](mailto:info@fedhealth.net)*

~~~~~

### Cool Links / Ideas

The **Aqua Blaster** is a harness/frame which supports a fire hose with attached nozzle and can be operated by a single firefighter. The firefighter's torso and lower body strength give enhanced control of the fire hose and nozzle. The Aqua Blaster reduces injuries like chronic pains in the joints and back that are often associated with the long-term use of fire hoses, and it allows the user to easily pivot to the left or right adjusting the direction of the water stream. Agents including water, foam concentrates, gels, dry chemicals, or any other agent that is used with fire hoses and nozzles can be used with the Aqua Blaster.



Read more and watch a video demo on [MyUSFRA.org](http://MyUSFRA.org)



**Cords of Steel** has an amazing line of tough and versatile charging cords. One reversible head charges hundreds of devices with one single head, including Apple Lightning connector and micro USB. USB type C-Cords are also available. Learn more at [www.cordsofsteel.com](http://www.cordsofsteel.com)

And, as mentioned above, Cords of Steel is also launching their new Freedom Voyager solar charging station soon - visit <https://thefreedomvoyager.com/> and register your id!

**Disaster Preparedness Specialists** is a savvy daddy/daughter team that helps your family get prepared for any type of disaster. They offer a **FREE Family Disaster Communication Plan** with an educational children's book customized with your child's name as a character in the book.

Their core business is helping people get prepared with their 5 Component Preparedness Platform: Physical Safety, First Aid, Sustenance, Supplies, and Safe Home explained in their *Disaster Preparedness Made Easy... Step By Step* manual. Plus they have several [free ebooks](#) and resources. Learn more at [www.bedisasterprepared.com](http://www.bedisasterprepared.com)



Do you have a cool link or idea you'd like to share? Send it to [info@fedhealth.net](mailto:info@fedhealth.net)

~~~~~

### From our blog

Please read and share these various safety posts from our [Fedhealth blog](#) and [USFRA forum](#)...

[Use this time to learn some preparedness, self-reliance and other life skills](#)

[Educational and fun preparedness links and resources for families & kids](#)

[Hurricanes 101 \(hurricane basics and resources\)](#)

[Tornadoes 101 \(tornado basics, videos and safety resources\)](#)

[Flood safety tips and resources](#)

[Lightning Safety tips](#)

[Evacuation Tips](#)

[Wind Mitigation Tips](#)

[Preparing for a Wildfire \(fire mitigation + safety tips\)](#)

[Home Fire Prevention and Safety Tips](#)



~~~~~

Please help us spread the word about our customizable books and resources by sharing this PDF enews with others. And consider joining FSC and the U.S. First Responders Association with our [book and ebook projects](#) to help prepare communities and support our nation's Fire/EMS, Law Enforcement, active duty Military, and Veterans.

Also send us your news, events, products or services for consideration in a future enews to [info@fedhealth.net](mailto:info@fedhealth.net).

Stay safe out there, j & B

Bill & Janet Liebsch  
Fedhealth (and FSC)  
1910 ESE Loop 323, #220  
Tyler TX 75701  
520-907-2153 (and 903-343-5191)  
[www.fedhealth.net](http://www.fedhealth.net) (and [www.fedhealthsc.com](http://www.fedhealthsc.com))  
Twitter: [@itsadisaster](https://twitter.com/itsadisaster) (and [@fedhealthsc](https://twitter.com/fedhealthsc))  
Facebook: [@fedhealth](https://www.facebook.com/fedhealth) (and [@fedhealthsc](https://www.facebook.com/fedhealthsc))  
Blog: [fedhealth.info](http://fedhealth.info)

Back to [enews](#) (and view archives)

Copyright 2020 @ Fedhealth. All rights reserved. [About Fedhealth](#) [FSC](#) [Home](#)