First Arrivers SSEPO.org Knowledge Replaces Fear

South Skyline Emergency Preparedness Organization – SSEPO.org OCTOBER 2020

First Arrivers Workshop - 2020

- Thomas Hempel, Mountain Neighbor; President SSEPO; Tech Guru
- Frances Mann-Craik Mountain Neighbor; SSEPO Board; NO professional credentials –happy to share research
- Dr. Rich Lee Mountain Neighbor; SSEPO Board; MD
- Judith Watson Mountain Neighbor; SSEPO Board; RN
- ➤ YOU & YOU & YOU & YOU you good people who stop to help!

Agenda – First Arrivers Workshop – 3 Parts

Part 1:

- Incident control "First on Scene"
- 911 what to know before you call
- Where am 1333

Part 2:

- First Aid for First Arrivers Rich
- Scenario Reviews
- Part 3: (in person... some day)
 - Role playing

Part 1: Incident control "First on Scene"

https://community.fema.gov/until-help-arrives. (Minute 0 to 6.20)

Learn five simple steps that may save a life

- **■** Call 911... but first...
- Stay Safe
- Stop the Bleeding
- Position the Injured
- Provide Comfort

KEEP THEM ALIVE UNTIL EMTS ARRIVE!

Incident Control – First on Scene

Your safety comes first

- Park in a safe location and turn on your blinkers
- Put on your safety vest and mask / grab your Trunk Kit
- Breathe and prepare











- Check out the accident
 - If in harms way, move victims to safety
- Recruit volunteers
 - Traffic control
 - Communications

Incident Control - First on Scene

Volunteers to control traffic

- Instruct helpers to park safely and come to help
- Give helpers a safety vest
- Give them flares / caution triangles to set up 50 feet out in oncoming lane
- Ask them to flag / stop traffic

- Call or ask volunteer to call 911 be ready with this information:
 - Personal info
 - Injuries number of people hurt and extent of injuries
 - Where the accident is located
 - Fire?
 - # of vehicles involved

Assistance at the scene

- Be calm and controlled
- Tell each person your name and let them know help is on the way
- Make sure all occupants of vehicles are accounted for and in a safe place
- Don't attempt to remove anyone with injuries from the vehicle, unless their life is being threatened (by fire for example)

Assistance at the scene

- If accident victim is unconscious, check for breathing and airway obstructions. If not breathing start CPR (if you are trained)
- If conscious... but looking iffy ask for their information while conscious (name, age, medical conditions, allergies), give this info to EMTs
- If breathing leave them where they are and watch them
- Don't get between an undeployed airbag and injured or trapped person
- If it is safe, turn off the ignition
- Provide first aid (more from Rich next week)

Assistance at the Scene:

- Stay calm, reassure help is on the way (Deadman's curve 38 minutes; John Nicholas trail 90 minutes)
- Remain until EMTs arrives (Note EMTs will start from scratch, as if you didn't exist)
- If asked, identify yourself as "the reporting party" "I'm the one who called 911"
- Provide additional info if requested

- Gather Trunk Kit materials
- Quietly slip away
- Replace used supplies from Trunk Kit
- Breathe!

FEMA Video

Course Overview / Call 911 https://community.fema.gov/until-help-arrive
 (8 min - 10:25)

Once safe, call 911

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Goal – Get EMS to the Scene Faster

- In South Skyline Area not six to nine minutes... more like 30 – 90 minutes
- "Call Center Dispatchers don't know where you are. It's not like TV!"
 - Lorraina, Dispatch Supervisor, CHP Golden Gate Division Dispatch Center, Vallejo, CA

911 Call Routing – Injury Incident

Clara and San Mateo Counties contracted private call center in East Bay)

NEXT

- EMS for location you (or they) identified AND
- CHP Golden Gate Dispatch Center, Vallejo

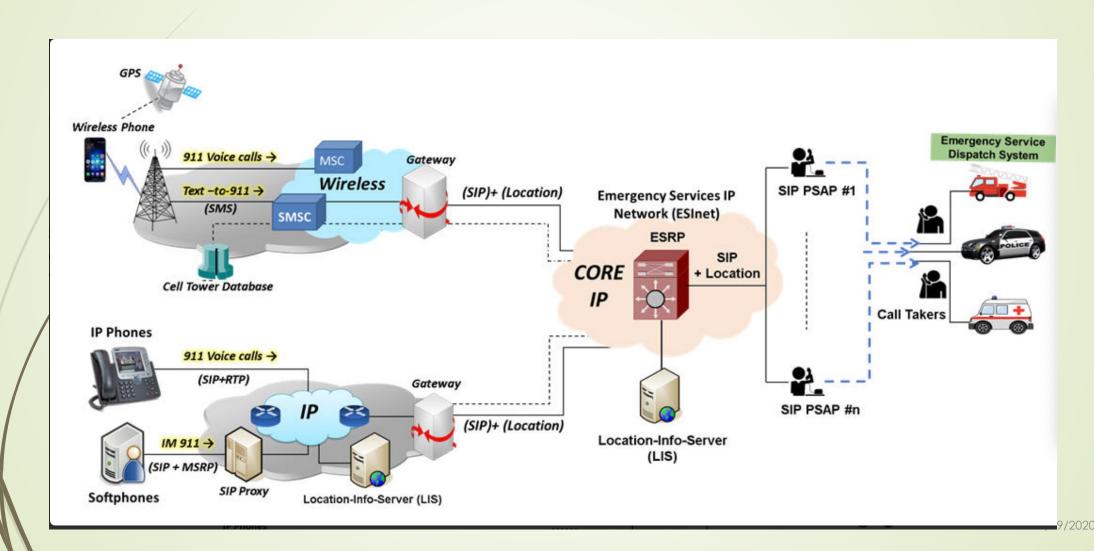
911 Calls – Dispatchers' Challenges

- The Call Box Dispatch Center DOES NOT KNOW WHERE YOU ARE LOCATED
 - The call box # you are calling from does not appear on a computer system
 - Your cell-phone coordinates do not appear
 - They are in the East Bay
 - They do not know the local land marks (but can note them)

So why can Uber find me, but 911 can't?

- Smartphones knows your location because you signed up for the app and are using the app's mapping infrastructure
- 911 from the same phone a general area you are calling from – geo-location and tower pinging
- The problem isn't the phones... they have the information
- The problem is the fragmented and aging 911 system, designed for landlines
- 240 million 911 calls a year; 80% from mobile devices

911 Systems are Changing... but...



911 - How to call for help

■ How to call:

- ► Landline communication and location ID: shows the physical location of the fixed telephone to 911 Dispatcher
- Call boxes communication not location ID:
 - The Call Box Dispatch System does NOT automatically show the location; however, if you tell them the Call Box # they can find it
- Cell phones communication not location ID well:
 - Plf you don't know where you are, dispatch will try to use GPS and Radiolocation (from towers) to get near your location not great
 - COMING SOMEDAY Rapid SOS GPS locating system Will plug cell phone location into 911 mapping system – depends on carrier and phone

911 - Know before you call - LOCATION

- Trail
- County
- Park
- Trail Name
- Roadway you are closest to
- Distance from something they can ID (roads are good)
- ► Latitude and Longitude coordinates (GPS coordinates from your phone on Map apps)

Add: The nearest EMS to me is:

- Cal Fire Saratoga Summit Station 21 ORSan Mateo County Fire Dept Station 58

"Please call their emergency line and deploy them"

911 - Know before you call - LOCATION

- Highway or roadway accident:
 - Highway you are on
 - County (not as easy as it sounds)
 - Accident's distance from nearest cross street
 - Accident's distance from call box
 - Latitude and Longitude coordinates (GPS coordinates)
 - Add: The nearest EMS to me is:
 - Cal Fire Saratoga Summit Station 21 OR
 - San Mateo County Fire Dept Station 58 "Please call their emergency line and deploy them"



911 – How/Who to call for help - notes

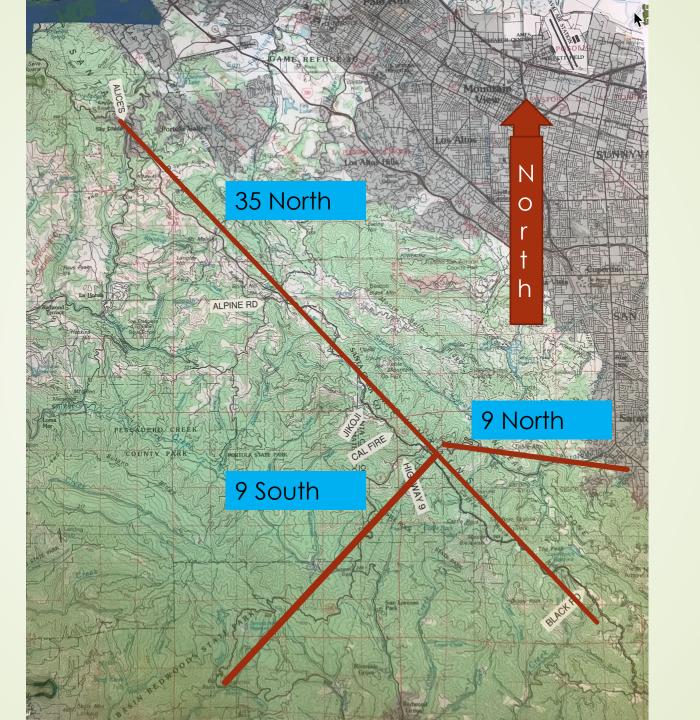
- 911 Call Center Dispatchers don't care about mile marker info (but CHP Call Center does)
- Calls directly to County Dispatch #s? Same operator, lower priority
- What about Cal Fire Direct? Public phone # is not their priority call line (911 people have the emergency #)
- After calling 911 Three honks at Cal Fire, MROSD station

WHERE AM I?

("I'm going to die" video clip)

Mhere AW Isss

- What directions do the Highways go?
- Which County am I in?
- Where is the nearest cross street?
- Where is the nearest Call Box?
- Where is the nearest EMS?



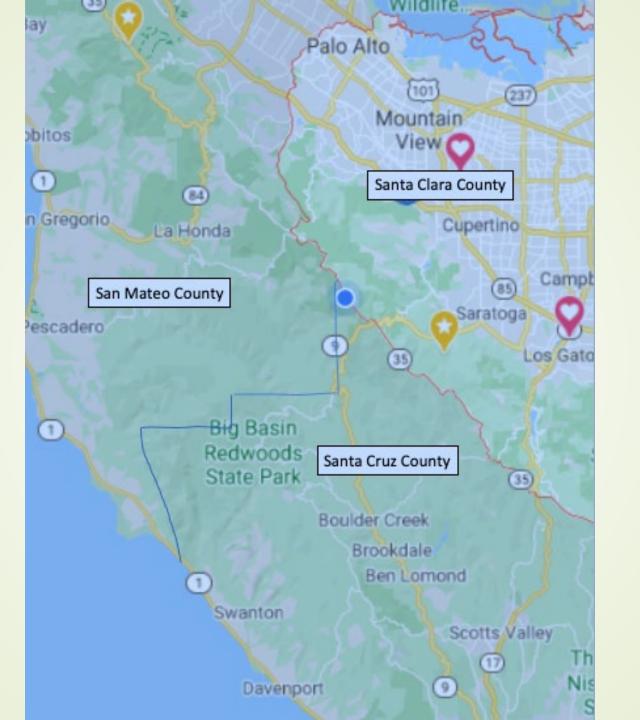
Highway Directions are Tricky

CHP:

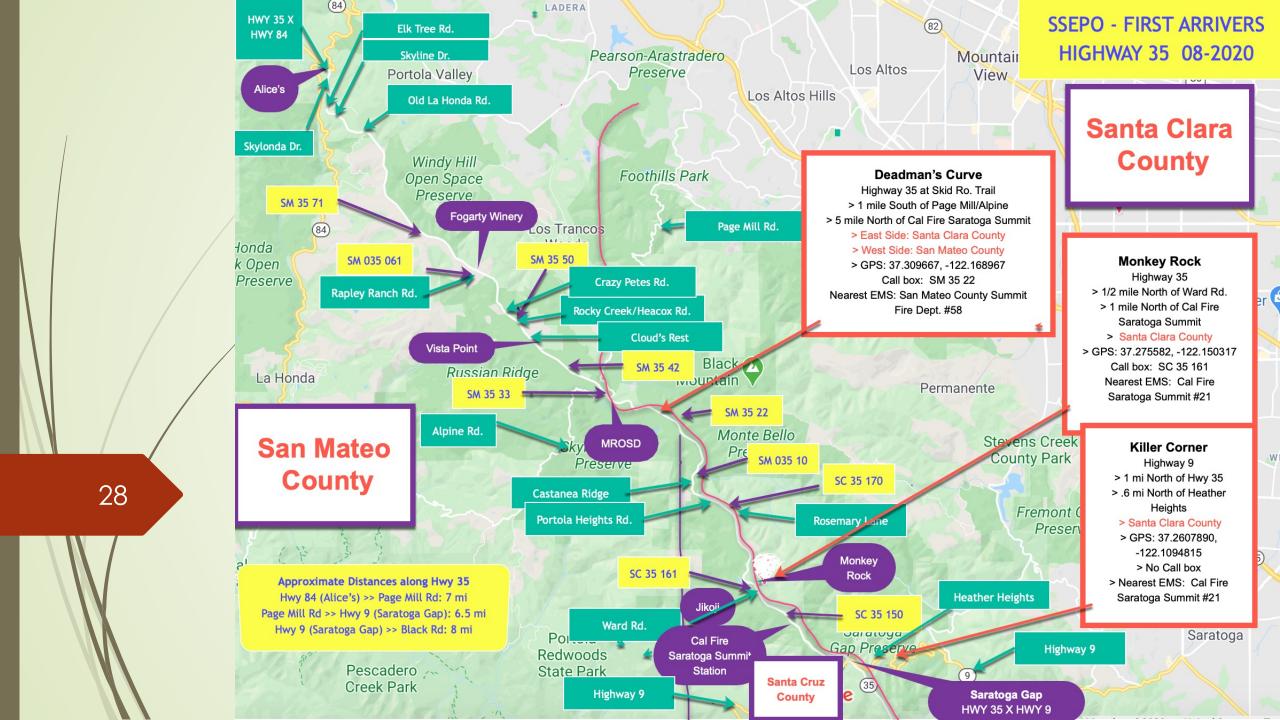
- Highway 35 is North South

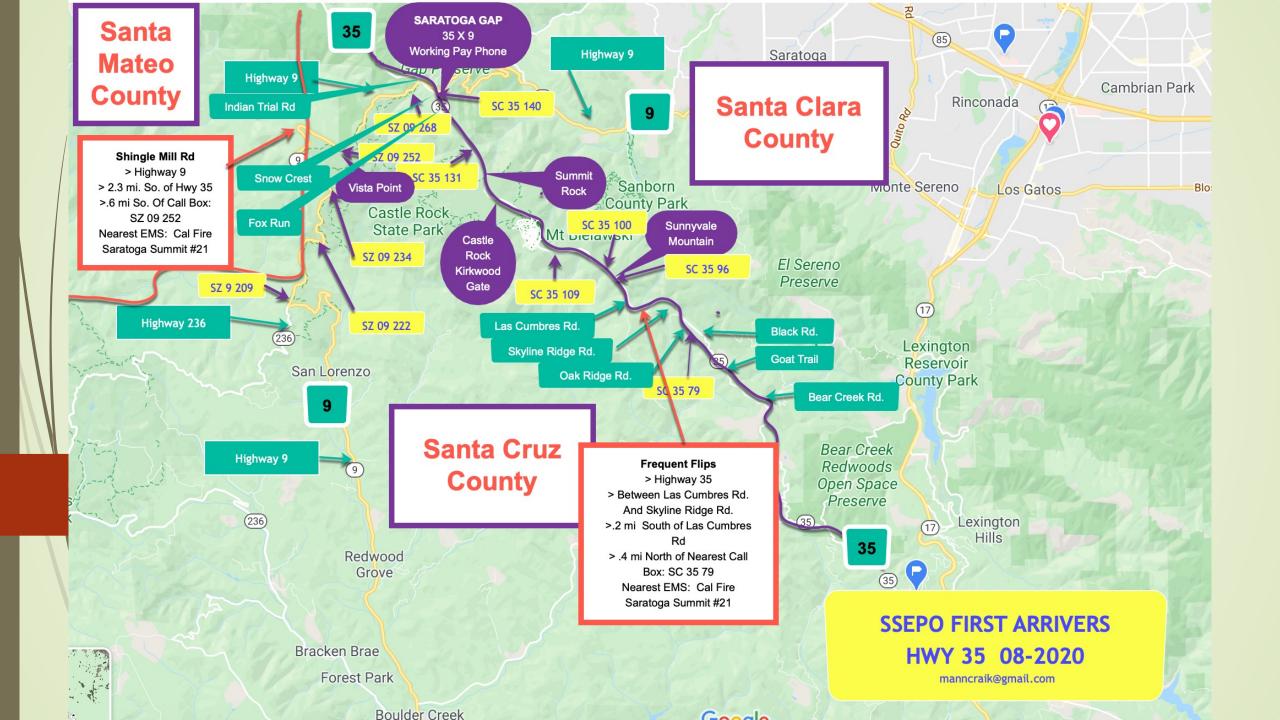
- Highway 9 Is North South

10/19/2020

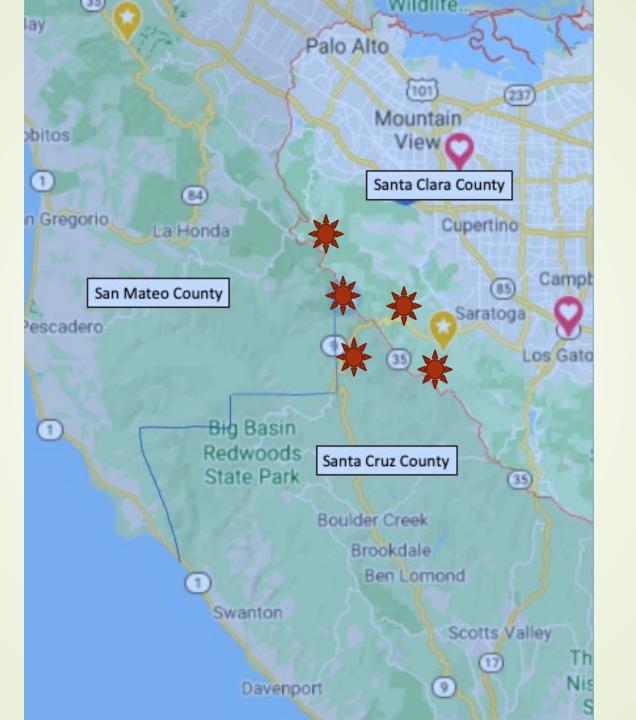


County Lines are Tricky – just when you think you've moved into San Mateo County, Palo Alto, in Santa Clara County, inserts itself!



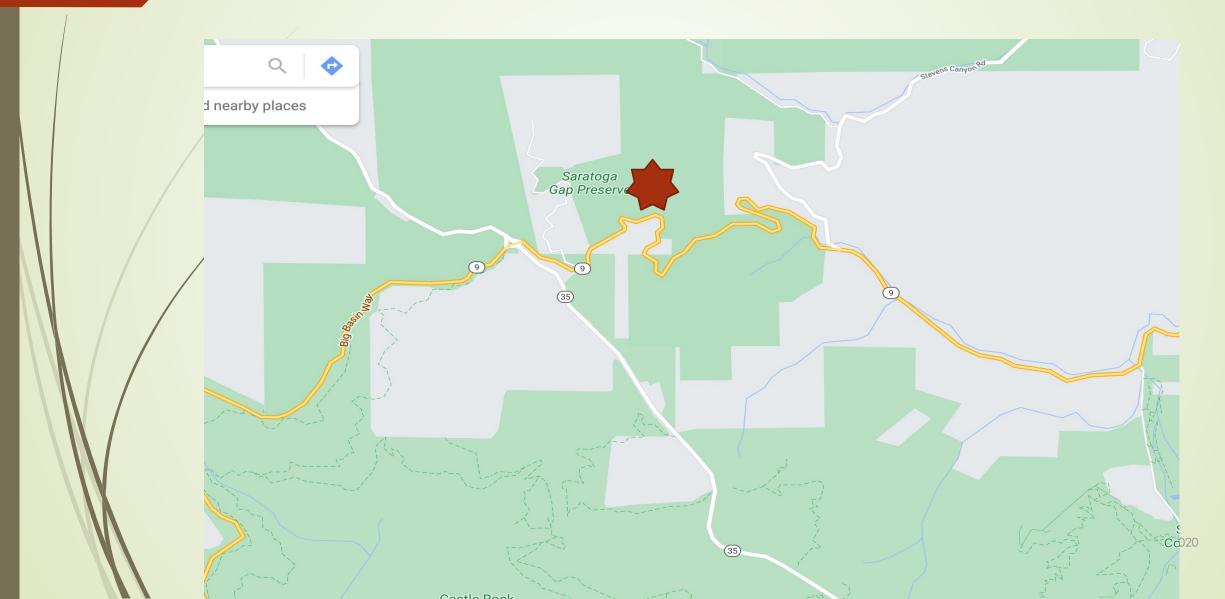


South Skylines' Most Dangerous Corners

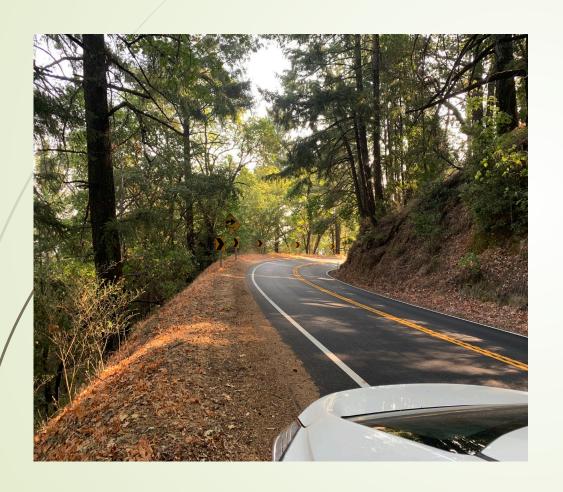


The five most dangerous corners in South Skyline Area

Killer Corner - Hwy 9 - 1 mile North of Hwy 35



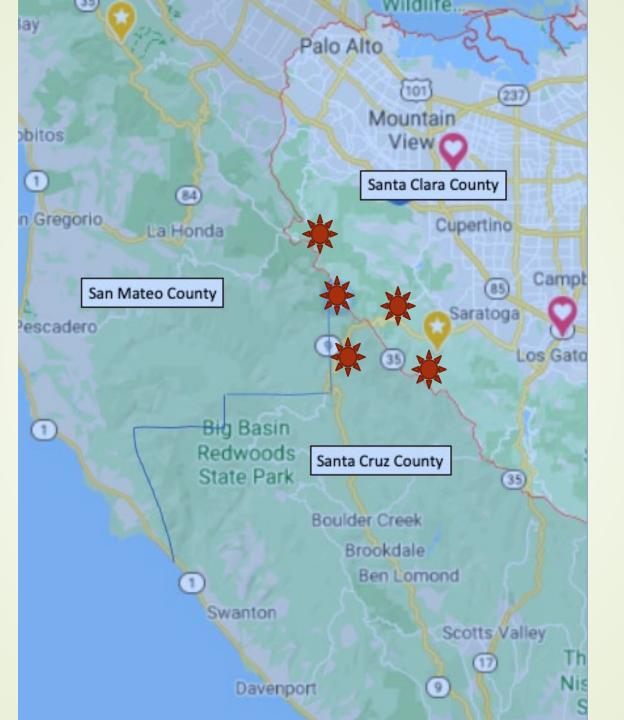
Killer Corner – Hwy 9 – 1 mile North of Hwy 35





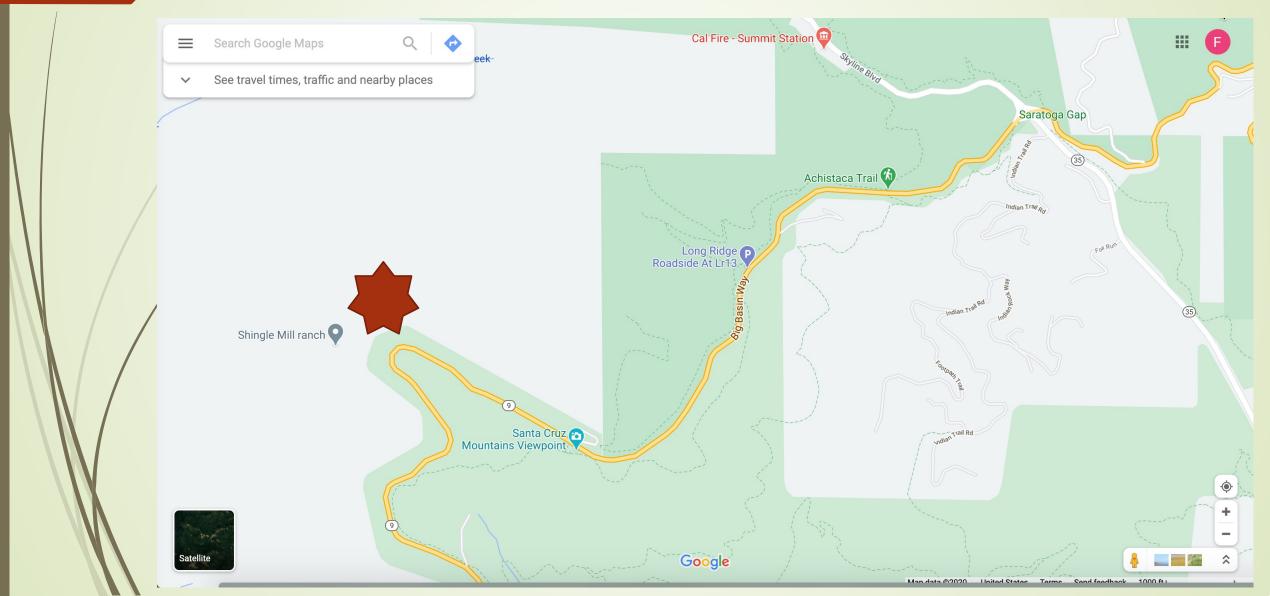
Killer Corner – Hwy 9 – 1 mile North of Hwy 35

- Highway 9
- > 1 mi North of Hwy 35
- > .6 mi North of Heather Heights
- > Santa Clara County
- > Latitude: 37.2607890, Longitude -122.1094815
- > No Call box
- > Nearest EMS: Cal Fire Saratoga Summit #21

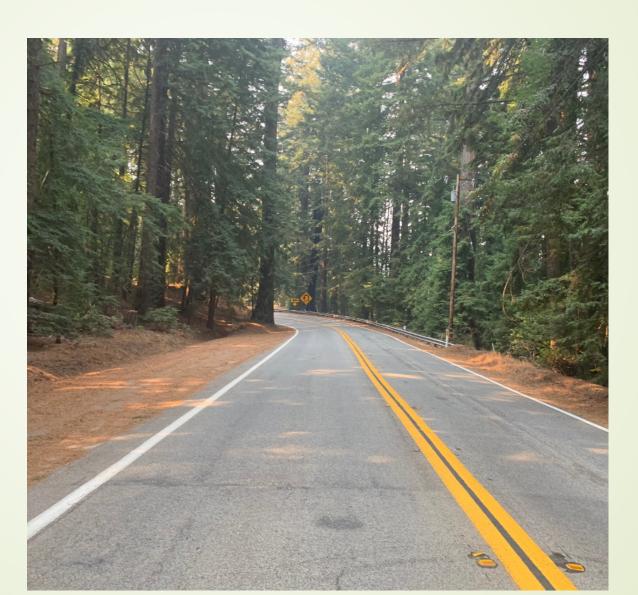


The five most dangerous corners in South Skyline Area

Shingle Mill Road – Hwy 9 – 2.3 Miles So. of Hwy 35



Shingle Mill Road

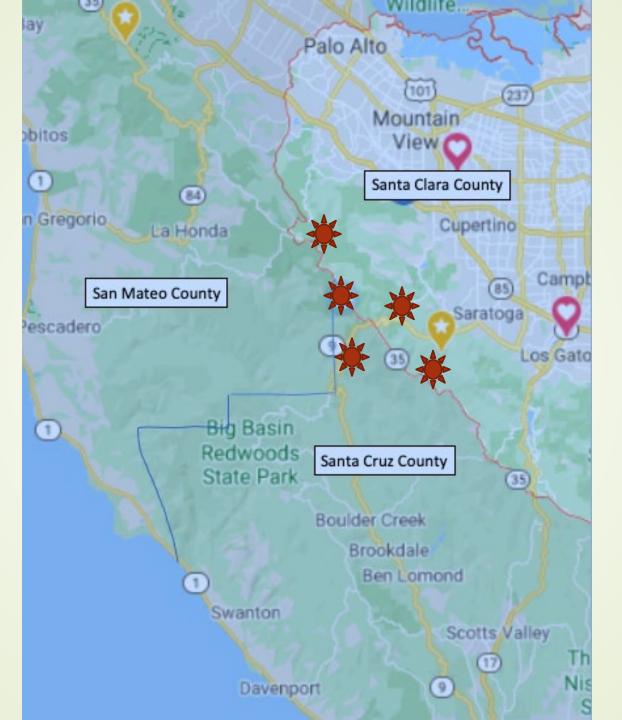


Shingle Mill Road – San Mateo County



Shingle Mill Road

- Highway 9 South
- 2.3 miles South of Highway 35
- San Mateo County
- .6 miles South of Call Box: SZ 09 252
- Latitude: 37.249651, Longitude: -122.154039
- Nearest EMS: Cal Fire Saratoga Summit Station #21

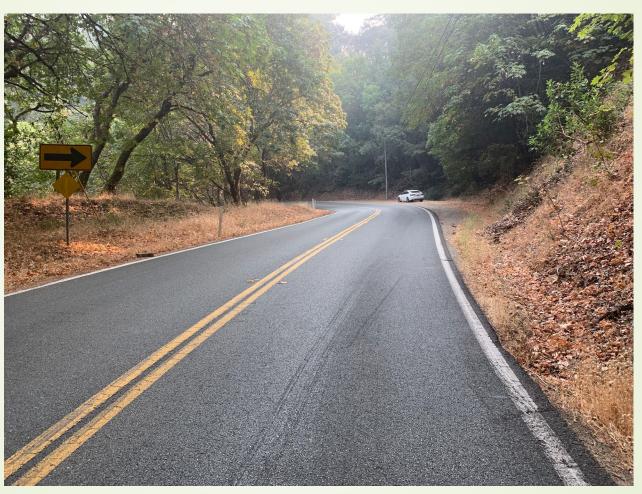


The five most dangerous corners in South Skyline Area

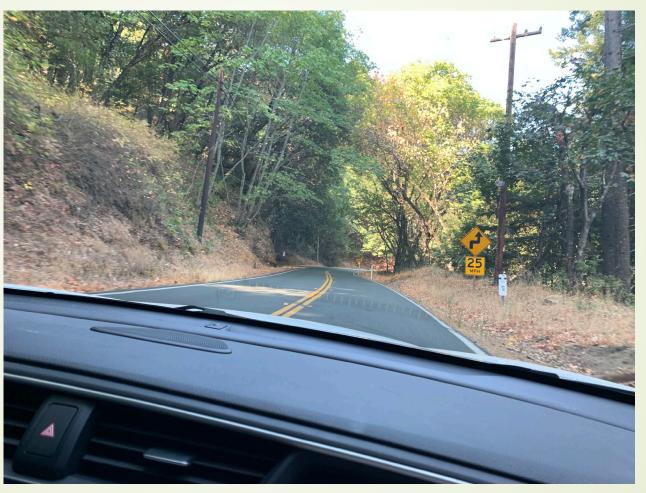
Flipping Corner .2 miles South of Las Cumbres Road



Flipping Corner .2 miles South of Las Cumbres Road Driving South

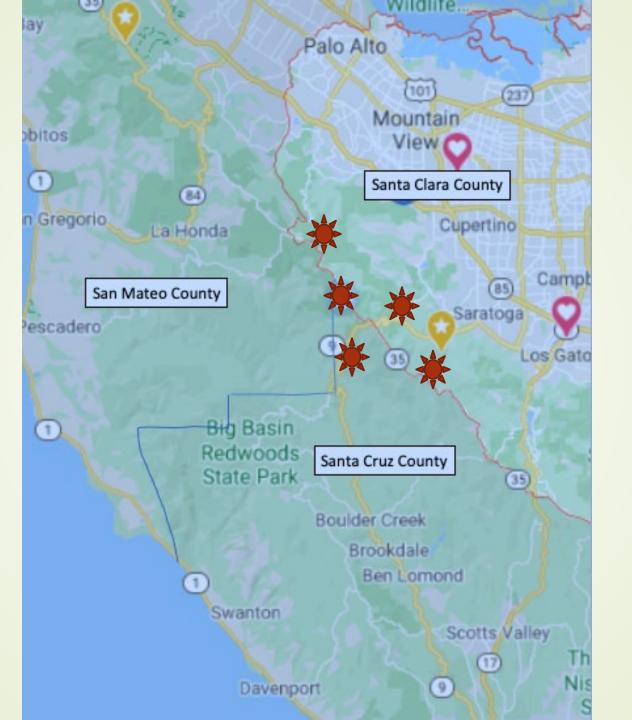


Flipping Corner .2 miles South of Las Cumbres Rd. Driving North



Flipping Corner .2 miles South of Las Cumbres Rd.

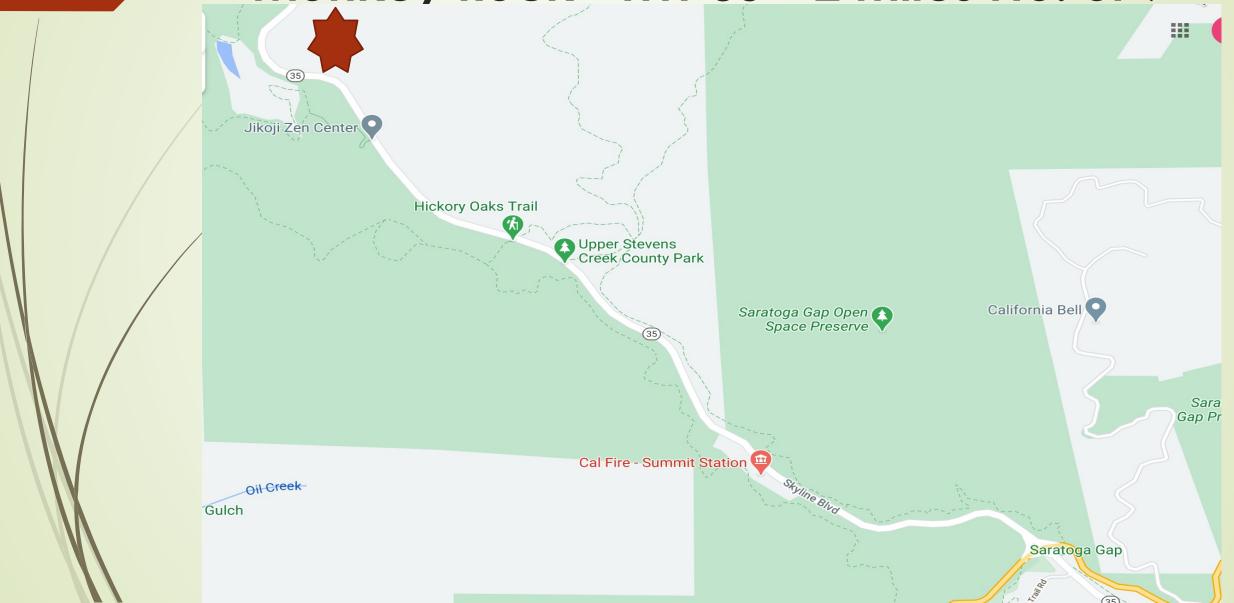
- Highway 35
- Between Las Cumbres Rd. And Skyline Ridge Rd.
- .2 mi South of Las Cumbres Rd
- .4 mi North of Nearest Call Box: SC 35 79
- East side: Santa Clara County
- West side: Santa Cruz County
- Latitude: 37.210745
- Longitude: -122.065746
- Nearest EMS: Cal Fire Saratoga Summit Station #21



The five most dangerous corners in South Skyline Area

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Monkey Rock - HW 35 - 2 miles No. of 9

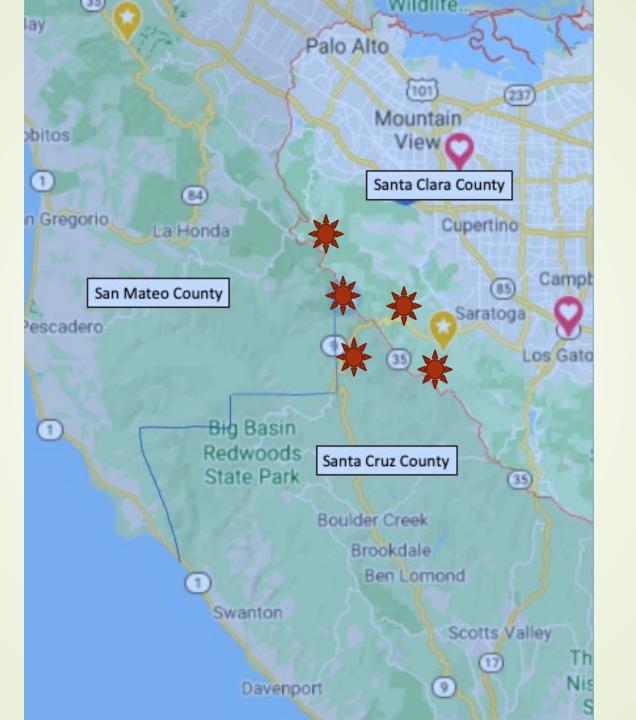


Monkey Rock - HW 35 - 2 miles No. of 9



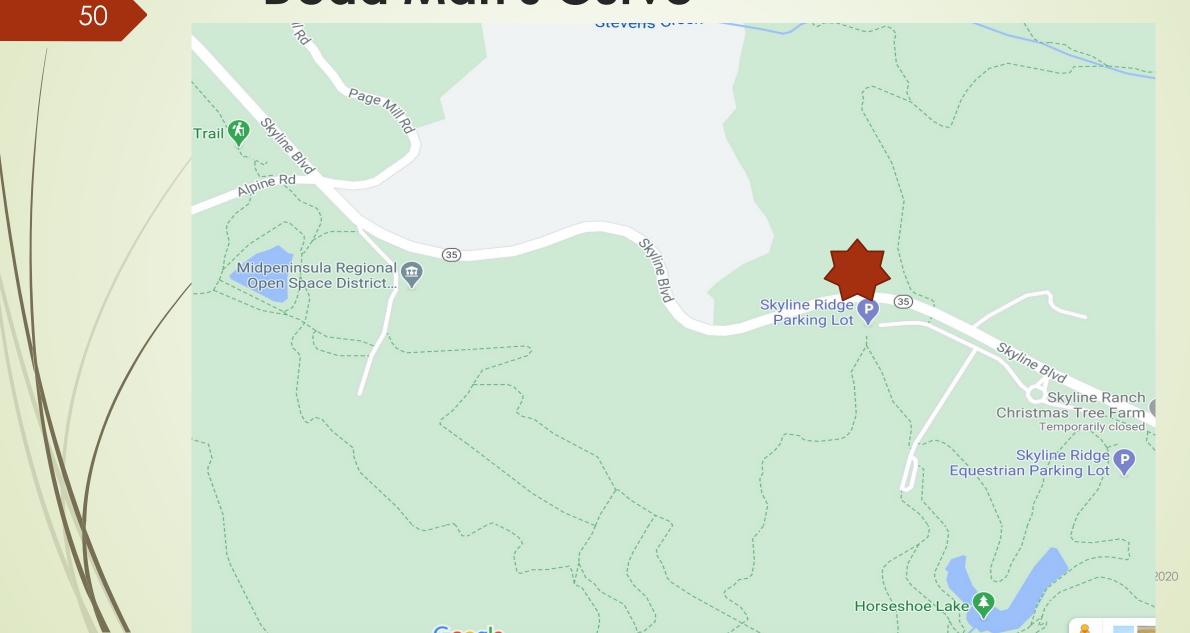
Monkey Rock – HW 35 – 2 miles No. of 9

- Highway 35
- 1/5 mile North of Ward Rd.
- 1 mile North of Cal Fire Saratoga Summit
- East side: Santa Clara County
- West side: San Mateo County or Santa Cruz
- Latitude: 37.275582, Longitude: -122.150317
- Call box: SC 35 161
- Nearest EMS: Cal Fire Saratoga Summit Station #21

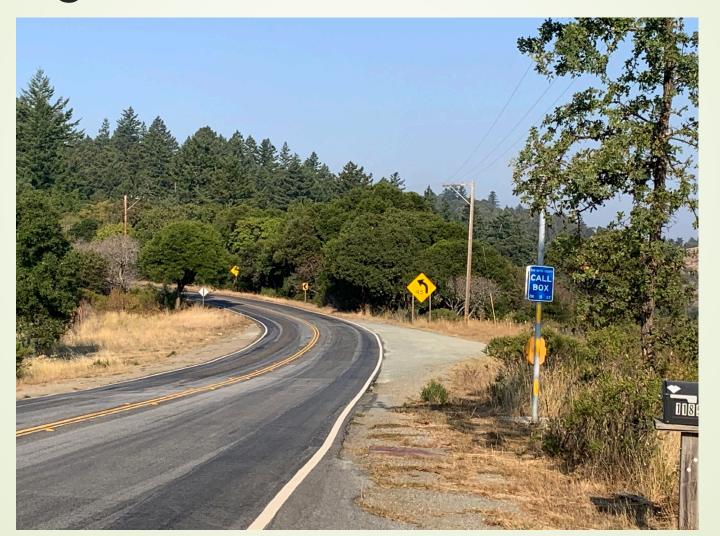


The five most dangerous corners in South Skyline Area

Dead Man's Curve



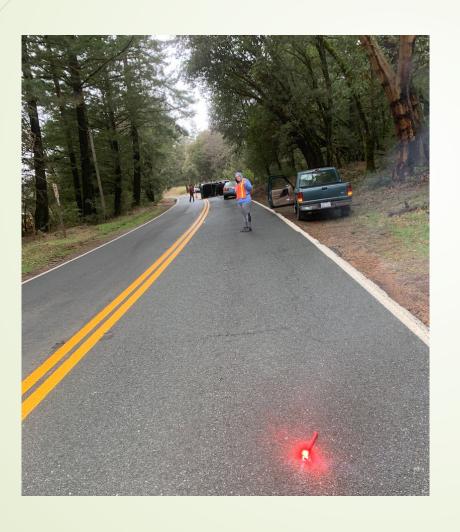
Deadman's curve – Hwy 35 - >1 mi So. Page Mill Road



Deadman's Curve (Horseshoe Lake)

- Highway 35 near Skid Road Trail
- 1 mile South of Page Mill/Alpine
- 6 miles North of Cal Fire Saratoga Summit
- East side: Santa Clara County
- West side: San Mateo County
- Latitude: 37.309667, Longitude: -122.168967
- Call box: SM 35 22
- Nearest EMS: Cal Fire Saratoga Summit Station #21

Helping in Non Injury Accidents or Late Arriver



- Confirm all is okay
- Offer a Vest
- Some flares or Triangle
- ➤Go on your way

Other Good Things to Do

- Volunteer:
 - South Skyline Association: <u>southskyline.org</u>
 - South Skyline Emergency Preparedness Organization: SSEPO.org
 - South Skyline Firesafe Council: SouthSkylineFiresafe.org
 - Volunteer Fire Departments: La Honda, Las Cumbres
- Become a CERT
- Join the HAM radio group
- Monitor your neighborhood:
 - New or replacement road signs: Contact CalTrans https://csr.dot.ca.gov/
 - Clogged drainage ditches (prevent washouts): Contact CalTrans
 - Call Box not working: Contact Metropolitan Transportation Commission info@bayareametro.gov

... done

- Questions
- Map or presentation updates: manncraik@gmail.com
- Copy of map, PowerPoint and video presentation: SSEPO.org

Thank You kind mountain friends – You are the Good Guys!