



# UNIVERSITY PAIN MANAGEMENT CENTER

Patient Name: \_\_\_\_\_ Referring Physician: \_\_\_\_\_ Date: \_\_\_\_\_  
CC: What problem brings you to University Pain Management Center? \_\_\_\_\_

Is this an **Automobile Accident**? \_\_\_\_\_ **If yes**, what date did this happen? \_\_\_\_\_  
**H&P:** Age: \_\_\_\_\_ When (roughly what date) did your present pain start? \_\_\_\_\_  
What were you doing when the pain started? \_\_\_\_\_

Please Circle what best describes the pain: Sharp Stabbing Dull Aching Pressure Burning Other: \_\_\_\_\_  
On a scale of 1 (mild) to 10 (severe) what is your pain level? \_\_\_\_\_ Please circle the word(s) that best describe when you have the pain: Always Most of the time Several times a day Seldom Morning Daytime Evening Night  
Other: \_\_\_\_\_ Where is the pain primarily located? \_\_\_\_\_  
Does the pain spread to other parts of the body? \_\_\_\_\_ If so, where? \_\_\_\_\_  
What makes the pain better? \_\_\_\_\_ What makes the pain worse? \_\_\_\_\_  
Does the Pain limit you from working or doing normal housework? \_\_\_\_\_ Do you sleep well? \_\_\_\_\_  
Sleeping hours per night? \_\_\_\_\_ Do you exercise or do stretching exercises? \_\_\_\_\_  
Have you been seen by a psychologist/psychiatrist regarding your pain condition? \_\_\_\_\_

Are you currently involved in a law suit? \_\_\_\_\_ If yes, name of attorney: \_\_\_\_\_  
**Review of symptoms:** Eye: normal abnormal If abnormal please state why \_\_\_\_\_  
ENT: normal abnormal If abnormal please state why \_\_\_\_\_  
Respiratory: normal abnormal If abnormal please state why \_\_\_\_\_  
Cardiovascular: normal abnormal If abnormal please state why \_\_\_\_\_  
Endocrine: normal abnormal If abnormal please state why \_\_\_\_\_  
Gastrointestinal: normal abnormal If abnormal please state why \_\_\_\_\_  
Genitourlogical: normal abnormal If abnormal please state why \_\_\_\_\_  
Hematological/Lymphatics: normal abnormal If abnormal please state why \_\_\_\_\_  
Skin: normal abnormal If abnormal please state why \_\_\_\_\_  
Neurophysical: normal abnormal If abnormal please state why \_\_\_\_\_

**Past medical history:** Please list all medications that you are currently taking and the doses: \_\_\_\_\_

Please check if you have any of the following conditions: Diabetes High Blood Pressure Heart Disease  
Lung Disease Kidney Disease Liver Disease Stomach Ulcers or Hiatal Hernia Bleeding Disorder  
Mental Illness Stroke Any other medical conditions: \_\_\_\_\_  
Have you ever been hospitalized? \_\_\_\_\_ If so, for what? \_\_\_\_\_  
Please list all surgeries with dates: \_\_\_\_\_

**Family History:** Please list any medical illness and the ages of the following family members

Father: \_\_\_\_\_  
Mother: \_\_\_\_\_  
Siblings: \_\_\_\_\_

**Social History:** Do you smoke? \_\_\_\_\_ If yes, what do you smoke and how many per day? \_\_\_\_\_  
How long have you been smoking? \_\_\_\_\_ Alcohol: Do you drink alcoholic beverages? \_\_\_\_\_  
If yes, what type and number of beverages per week? \_\_\_\_\_  
Do you drink to help your pain? \_\_\_\_\_

**Allergies:** Do you have any allergies? \_\_\_\_\_ If yes, please list them and the reaction you have: \_\_\_\_\_

Previous Physicians and Tests: Name all the doctors whom you have seen to treat your pain: \_\_\_\_\_

What tests have you undergone to evaluate your pain (please state approximate date and result):

Xrays: \_\_\_\_\_ EMG (Electromyogram): \_\_\_\_\_  
CT Scan: \_\_\_\_\_ Blood Test: \_\_\_\_\_  
MRI: \_\_\_\_\_ Other Tests not listed: \_\_\_\_\_  
Myelogram: \_\_\_\_\_

Using the symbols below, mark the areas on your body where you feel the described sensations. Draw arrows to show if the pain spreads.

**Right**                      **Left**                      **Left**                      **Right**

**Aching**  
###

**Numbness**  
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**Pins & Needles**  
>>>

**Stabbing**  
///

**Other**  
●●●

**Front**    **Back**

