

**MAY  
2018**

# Pickaway Senior Center

*"WE'RE LIVING IT UP"*

## Pickaway Senior Center

2105 Chickasaw Drive

P.O. Box 565

Circleville, OH 43113

740-474-8831

[www.pickawayseniors.org](http://www.pickawayseniors.org)

### IMPORTANT DATES:

**THURSDAY, MAY 10  
UNLOCK SECRET LUNCH NOON**

**MONDAY, MAY 14  
MOTHER'S DAY LUNCHEON 11:30 AM**

**TUESDAY, MAY 15  
COMMODITIES**

**WEDNESDAY, MAY 16  
LEGAL AID BY APPT.  
BOARD MEETING 10:15 AM  
SOUP & SALAD BAR NOON  
S.A.L.T. MEETING 1:00 PM**

**THURSDAY, MAY 17  
CIRCLEVILLE CHIROPRACTIC  
CENTER DISCUSSION 11:30 AM**

**TUESDAY, MAY 22  
NEWSLETTER ASSEMBLY  
BREAKFAST BAR 9:00 AM**

**THURSDAY, MAY 24  
MONTHLY FELLOWSHIP  
& OVER 80'S LUNCHEON NOON**

**MONDAY, MAY 28  
CENTER CLOSED**

## From the Desk of the Director

Each year May is celebrated as Older American's Month. We plan to hold a special day of celebration on May 24th. We will have special recognition of our over 80-year-old members and we will remember and celebrate the lives of the those we have lost this past year; Betty Myers & Dorothy Drum will be our program. Everyone is encouraged to attend as we celebrate aging actively and living life to the fullest.

We will be hosting a special Mother's Day lunch in honor of all of our ladies on Monday, May 14<sup>th</sup> at 11:30AM. Gentlemen, please know you are welcome to attend as well.

Thursday, May 17<sup>th</sup>, Circleville Chiropractic will be here prior to lunch to talk about "How to Stay Young" (The Benefits of Proper Posture). Come at 11:30, for their presentation, and then join us for lunch at noon.

Another great day you might want to join us is Thursday the 10<sup>th</sup> which will be our Unlock the Secret Lunch with a fun Luau theme.

We are looking forward to heading out on our Virginia Beach adventure on May 6th. If you missed out on joining us on this trip, you still have others to choose from this year. How does an exciting motor coach trip to Memphis & Tunica Sept 30<sup>th</sup>- Oct 6<sup>th</sup> sound? Or maybe you would like to join us as we fly to San Antonio for a wonderful holiday trip Dec 8-12<sup>th</sup>?

While we are preparing this May Newsletter it is still prior to our Annual Fundraiser. We are busy selling tickets and collecting wonderful items for our auctions. Look for updates on the success of this important event in our June Newsletter. I can already say we are overwhelmed with the support we are receiving from throughout our community.

We hope to see you often this May at the Center where "We're Living It Up"!

*Cynthia Love, Executive Director*

**Pickaway Senior Center  
Board of Directors:**

Brenda Strittmatter	President
Marie Gerhardt	Vice President
Connie Kelly	Treasurer
Judy Stewart	Secretary
Debbie Dumm	Membership Pres.
Cynthia Love	Center Director
Dennis Bothel	Fiscal Officer
Lisa Robbins · Vince Yaniga	
Donna Thompson · Ed Boyer	
Dwight Radcliff · Pat Acord	
Tonya Thompson · Don Wolford	
Sandra Foster · Erika Cowles-West	

**Pickaway County  
Commissioners:**

Jay Wippel · Brian Stewart  
Harold Henson

**PICKAWAY SENIOR  
CENTER**

2105 Chickasaw Drive  
P.O. Box 565  
Circleville, OH 43113

[www.pickawayseniors.org](http://www.pickawayseniors.org)

**Office: 740-474-8831**  
**Toll Free: 888-397-7246**  
**Nutrition: 740-474-8617**  
**Fax: 740-477-8114**

**Office Hours:**  
**Monday-Friday**  
**8am - 4:30 pm**

**Our services are provided for seniors ages 60 and over, Monday through Friday.**

**Adult Day Care:**

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

**Congregate Meals:**

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

**Homemakers:**

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

**Meals on Wheels:**

A hot lunch delivered to your home five days a week.

**National Family Caregiver Support Program:**

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

**Supportive Services:**

Assistance with Medicare & Medicaid papers, HEAP and Commodities paperwork.

**Transportation:**

Transportation for medical appointments, dialysis, and grocery shopping.

**For information on any of these services, call the Senior Center: 740-474-8831**

**The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:**

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers



**In Memory or Honor of...**

*This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift which means others in Pickaway County will be helped.*

Enclosed is my gift of \$ \_\_\_\_\_ In Memory or Honor of \_\_\_\_\_

Occasion:  Birthday  Anniversary  Other \_\_\_\_\_

Given by \_\_\_\_\_

Address \_\_\_\_\_

*Please make checks payable to the Pickaway Senior Center. Mail gift to:*

Pickaway Senior Center  
P.O. Box 565  
Circleville, OH 43113

**San Antonio Holiday Trip**

**December 8, 2018 (Five Days)**

**Highlights:**

- San Antonio City Tour
- San Jose Mission
- El Mercado Marketplace
- IMAX Theatre
- Alamo
- Riverwalk Cruise
- Hill Country
- LBJ Ranch
- **Fredericksburg**
- Fiesta de las Luminarias
- 4 nights at one hotel



For more information please contact the Center or stop by and pick up a flyer.

**Stop by the Center for lunch**

Mondays lunch is served at 11:30 am and Tuesdays thru Fridays at Noon.

Try one of our Soup & Salad Bars (3rd Wednesday of the Month); Breakfast Bar (4th Tuesday of the Month at 9 am); Monthly Fellowship (4th Thursday of the Month)

(check out our menu)

## MAY BIRTHDAYS-HAPPY BIRTHDAY!

### MAY 1

LINDA DOWNS  
PATRICIA FEATHERINGHAM  
MARY HARDY  
SHIRLEY LORICK  
KATHRYN RIFFLE

### MAY 2

BESSIE ARNOLD  
LANI DAVIS  
MARY FULKS  
KENNETH HARNES  
MARY MOSS  
MARGARET SPANGLER  
ANITA WHITE

### MAY 3

MARY BROWN  
CHARLOTTE HILL  
ROBERT STICKEL  
NED YOUNG

### MAY 4

DAVID GIBSON  
CHARLES MAXWELL  
MARY WOOLDRIDGE

### MAY 5

SHARON BROWN  
JUDY HATFIELD  
BARBARA RAY  
JAN SLADEK

### MAY 6

TEDD DAVIS  
DALE EDWARDS



### MAY 7

ANNE PACK  
LINDA SHAW  
DEANA THOMPSON

### MAY 8

CAROL CARTER  
CAROLYN CORNWELL  
ALTON HALLUM  
MARJORIA NORRIS  
WILLIAM SNYDER  
ANNEMARIE STEWART  
JEANNE WILSON  
JUDY WILSON

### MAY 9

MARILYN HANSHER  
JOELLEN JACOBS  
JEFFREY PETERS  
VAN TISH  
IVAN WILLIAMS

### MAY 10

JACK HUFFMAN  
GRACILLE KUHN  
WANETA NORMAN  
SUE PETERS  
TOM SPRING  
KATHRYN ULMAN

### MAY 11

ALLEN CALDWELL  
CONNIE DAMRON  
STEVE HETTINGER  
NED SCHREINER

### MAY 12

CAROL FIFE  
ANNA NEAL  
GARDENIA ROLL  
EDWARD VANFOSSEN  
GLENDA WINSTEAD

### MAY 13

KEN LAUX  
CLARK REDDING

### MAY 14

BARBARA BROOKS  
NEIL DAVIS  
SHIRLEY NORRIS

### MAY 15

BETTY BARNES  
ELIZABETH FETHEROLF

### MAY 16

GENEVA ARLEDGE  
DAVID BETZ  
MIKE BROWN  
ADA BURKE  
TIM HARTINGER  
LOU ANN MOREHART  
ROBERT SCHROEDER  
LEONARD SOWERS

### MAY 17

WAYNE ATWOOD  
RUBY BAYLOUS  
GLADYS HAWKS  
DORENE LEATHERWOOD  
EDWIN LEATHERWOOD  
LOIS PECK  
CARL STRITTMATTER  
MARY ANNE WILLARD

### MAY 18

BOB BENSONHAVER  
BETTY GARRETT  
ESTHER GIFFIN  
CYNTHIA LOVE  
RUTH MALONE  
CATHY MATTHEWS  
ISMAEL PEREZ  
HARRIET RISER

### MAY 19

ED BOYER  
HAZEL LUMLEY  
LINDA MITHOFF  
ROBERT POKRANDT

### MAY 20

ANNETTE BEGLIN  
LINDA DUNKLE  
VIRGINIA SINES

### MAY 21

ANNA HEDGES  
BETTY KEMPTON  
PETE MCDOWELL  
JOHN MYERS  
CAROLYN YOUNG

### MAY 22

EILEEN KESTER  
BERTHA MCGUIRE

### MAY 23

SHARON CROSBY  
GLENN PARK  
JAMES SPEAKMAN

### MAY 24

OLAMAE COX  
STEVE EDSTROM  
DONA GREENE  
JUDY HESKETT  
GWEN PAINTER  
PENNY SAVAGE  
LINDA SAWYER  
DIANE SMITH  
SHELBY TUCKER

### MAY 25

MAUREN JACKSON

### MAY 26

CAROLYN ADAMS  
WELTHA GARRETT  
THOMAS MANRING  
LINDA WILLIAMS  
VINCE YANIGA

### MAY 27

BILL FRANCIS  
DIANE RHYMER

### MAY 28

HELEN EVANS  
CLIFTON RIPPETOE

### MAY 29

JAMES GRAVES  
PHYLLIS JENKINS  
ROBERT TEMPLE

### MAY 30

MARSH BARNES  
JOAN KENNEDY  
ROSEMARY PARSONS  
CAROL REICHELDERFER

### MAY 31

NAOMI ADKINS  
KELLY AGIN  
MARGARET BRASGALLA  
MAXINE GARRISON  
ESTHER HARRIS  
WILLIAM HILL  
JEAN HOWLEY  
DONNA MURPHY  
ZELDA TOMPKINS  
HELEN VAN BUSKIRK



**SPECIAL THANKS TO THE FOLLOWING PEOPLE...**

**New Members**

Barbara Ray  
Wanda Adams  
Diana Skaggs  
Kent Morris  
Pat Snuggs  
Dorothy Massie  
James Meyer  
Veronda Hulse  
Norman Wykoff



~~~~~  
**\$10 Fund Donations**

Andra & Jack  
McGill  
Patrick & Julie  
Smith  
Diane Reeser  
Robert Jones  
Jeane Crider  
Brad & Donna  
Thompson

**\$10 Fund Donations**

Donald & Joann  
Woodward  
Damon Lively  
Robert & Agnes  
Schroeder  
Juanita Thomas  
Gracille Kuhn  
Dallas & Cynthia  
Love  
Susie Little  
Anna Hedges  
Shirley Price  
John & Marilyn  
Irvine  
Robert Morgan  
Mabel Green  
Sara Jackson  
Jim & Sheila  
Gee  
Estalena Gee  
Line Dancers  
David & Mary  
Steele  
Richard Groff  
Gary & Debbie  
Greene

**\$10 Fund Donations**

Linda & Don  
Harden  
Charles & Susan  
Patrick  
Janice Wiseman  
Madeline Sanders  
Wanda Butler  
Cy Stickel  
Mona Lee Trego  
Shirley Carius  
Louise Boesiger  
Paul & Norma  
Gochenour  
Nancy Mayberry  
Billie Sue Carpenter  
Harriet Brown  
Esther Davis  
Kathy Henn



**Memorial/Honor of Donations**

In Memory of

Margie Stickel

Given By,

C.M. Stickel

~~~~~

In Memory of

Maribel Mace

Given By,

Judy & Carrie  
Cantwell

~~~~~

In Memory of

Maribel Mace

Given By,

Rick & Judy  
Clifton

~~~~~

In Memory of

Roma Conrad

Given By,

Martha Eitel

**Memorial/Honor of Donations**

In Memory of

Fred Davis

Given By,

Colleen Davis

~~~~~

In Memory of

Maribel Mace

Given By,

Donna Raines

~~~~~

In Memory of

Maribel Mace

Given By,

Judith Cantwell

~~~~~

In Memory of

Karl Carius

Given By,

Shirley Carius

~~~~~

In Memory of

Maribel Mace

Given By,

Sheila Writsel

**Estate Planning**

**It is often difficult during one's lifetime to give, yet many would like to make a significant contribution. You might want to consider a bequest to the Pickaway Senior Center.**

**We have established a Pickaway Senior Center Fund within the Pickaway County Community Foundation to help ensure we are able to continue meeting the needs of the seniors of Pickaway County well into the future.**

**Pickaway County  
Community Foundation:**

**Pickaway Senior Center  
Fund  
770 N. Court St.  
Circleville, OH 43113**

## Monthly Fellowship May 24, 2018

Please RSVP by the day before. Call 740-474-8831 to make reservations. May birthdays & anniversaries eat free on May 24 at noon.

- Baked Ham
- Sweet Potato Casserole
- Seasoned Green Beans
- Fruit
- Roll
- Dessert

**Entertainment:  
Memorial Service  
Betty Myers & Dorothy Drum**

## Tunica- Casino Capital of the South & Memphis-Home of the Blues

Dates: September 30– October 6, 2018

Price: \$595 per person  
(double occupancy)  
(\$75 due upon signing)



### Trip Includes:

- Motor Coach Transportation
- 6 nights lodging including 4 consecutive nights at a Tunica area Casino Resort
- 10 Meals: 6 breakfasts and 4 dinners
- Admission to Graceland
- Admission to Sun Studio
- Free time on Beale Street in Memphis
- Guided Tour of Memphis, TN
- Admission to Memphis Rock N' Soul Museum
- For more information please call the Center.

“Discover where to Recover”



### Pickaway Manor

Rehabilitation Center,  
Skilled Nursing & Assisted Living

A Macintosh Community

PT, OT and Speech Therapy  
Services Available

391 Clark Drive | (740) 474-6036  
www.macintoshcompany.com/Pickawaymanor

### ANDERSON INSURANCE GROUP

906 N. Court St.  
Circleville, OH 43113

#### Medicare Questions?

Plan Comparisons  
All types of Health Ins.

Contact: Nedra Betts  
740-477-2591

### BERGER HEALTH SYSTEM Your Hometown Health System

Nationally Recognized, Award Winning, Highly Trained,  
and all in YOUR community!

Berger Hospice	Nutrition Services
Cancer Center	Occupational Health Center
Cardiology & Neurology	Orthopedic Surgery
Ear, Nose & Throat	Pain Management
Endocrinology	Pharmacy
Emergency Department	Radiology
Gastroenterology	Sleep Center
General Surgery	Therapy & Sports Medicine
Imaging & Laboratory Services	Vein Specialists
Infusion Center	Women's Health & Maternity
Lung Care Center	Wound Healing Center

### Amity Home Health Care

Personalized. Uncompromised. Healthcare. Since 1993

- ♥ In home nursing, home health aides, physical, occupational, and speech therapies.
- ♥ Locally owned home care provider for over 20 years.
- ♥ Covering 9 counties, available 24 hours a day 7 days a week.

164 W Main St • Circleville (740) 477-6842



Wherever our patients call home,  
we provide hospice care.

740.420.0605  
heartlandhospice.com/Circleville

Heartland   
Hospice Care



Berger Health System  
600 N. Pickaway St.  
Circleville, OH 43113  
740.474.2126  
www.bergerhealth.com

  
BERGER HEALTH SYSTEM  
Care first. Community always.

## Unlock the Secret Lunch

May 10 @ Noon

A delicious fruit I truly am  
Spongebob Squarepants lives with me  
I love Hawaiian pizza  
And sometimes on a ham  
Is where I like to be

Hot or Cold  
Lattice or not  
π 3.141592  
Is the great number I've been taught

“ \_\_\_\_\_ ”  
(Two Words)

March Answer: Bacon Cheeseburger

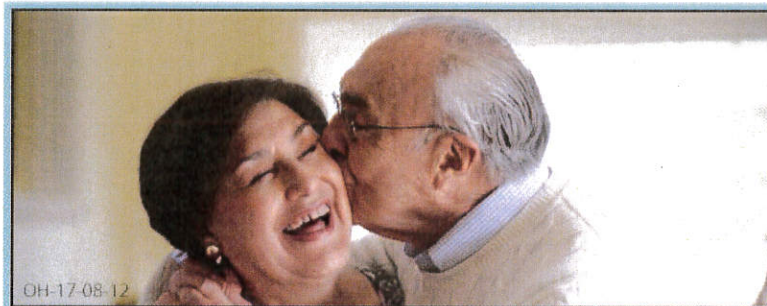
April Answer: Dirt Dessert

## Join us at the Center

May 17th at 11:30 am

Circleville Chiropractic Center will be at the center to discuss “How to Stay Young”

(the benefits of proper posture)



OH-17 08 12

**aetna**

Aetna Better Health® of Ohio

**MyCareOhio**

Connecting Medicare + Medicaid

[www.aetnabetterhealth.com/ohio](http://www.aetnabetterhealth.com/ohio)

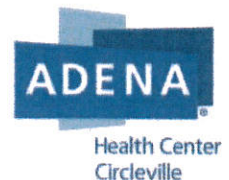
# Here For You, At Every Stage Of Life.



The more we age, the more complicated health issues can become. Fortunately, the experienced specialists at Adena Health Center–Circleville are here to treat sudden illnesses, like the flu or pneumonia; manage chronic issues, like arthritis or osteoporosis; and help prevent and treat conditions like heart disease and diabetes.

Schedule An Appointment Today:  
**740-779-FIND | ADENA.ORG/FIND**

**ADENA HEALTH CENTER–CIRCLEVILLE**  
140 Morris Rd.





Mother's Day Luncheon

May 14 at 11:30 a.m.

- Lemon Chicken
- Red Skin Potatoes
- Mixed Vegetables
- Chilled Fruit
- Roll
- Graham Crackers



If you would like to attend please call the Center by the day before.

Over 80's Luncheon

May 24, 2018 at Noon



(same day as fellowship)

If you are 80 and over you will enjoy a free lunch this day.

If you would like to attend please call the Center by the day before.

An advertisement for Ashville and Circleville Apothecary Pharmacy. On the left, a photograph shows two men in a pharmacy setting. One man is wearing a dark suit and glasses, and the other is wearing a white shirt and a red patterned tie. They are standing behind a counter with a large glass mortar and pestle. The background shows shelves filled with various bottles and jars. On the right, the text reads: "ASHVILLE CIRCLEVILLE APOTHECARY PHARMACY". Below this, it says "Ask Us About FREE Delivery!". At the bottom, it lists the addresses and phone numbers for both locations: Ashville Apothecary (3400 SR 752, Ashville, OH 43103, Ph. (740) 983-2501) and Circleville Apothecary (1200 N. Court St., Circleville, OH 43113, Ph. (740) 420-3784). At the very bottom, it says "38 of Being Your Locally Owned Independent Pharmacy" and includes social media icons for Twitter, Pinterest, Instagram, and Facebook, along with the website "www.apothecary-rx.com".

**Pickaway Senior Center**  
2105 Chickasaw Dr.  
P.O. Box 565  
Circleville, OH 43113

Non-Profit Org.  
U.S. Postage  
PAID  
Permit #200  
Circleville, OH 43113

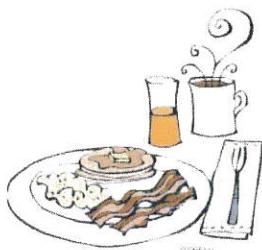
*RETURN SERVICE REQUESTED*

Current Resident



Join us at the Center on  
May 22 @ 9 am for the  
Breakfast Bar

- Scrambled Eggs
- Sausage Gravy
- Biscuit
- Hash Browns
- Coffee Cake
- Fruit Juice



**Don't miss our  
upcoming events and  
activities at the Center!**

San Antonio Trip..... Pg 3  
Birthdays.....Pg 4  
Tunica/Memphis Trip.....Pg 7  
Unlock the Secret Lunch....Pg 8  
Mother's Day Luncheon....Pg 9  
Menu.....Pg 10  
Activities Calendar.....Pg 11

**COAAA Advisory Council  
Meetings**

The COAAA Advisory Council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their communities and advise COAAA in its operations. Meetings are open to the public.

**2018 Dates:**

March 1	September 6
April 5	October 4
May 3	November 1
June 7	December 6

Advisory Council meetings are scheduled from 10:30 a.m. to 12 p.m. All meetings except the one in December will be held at COAAA's office, 3776 S. High St., Columbus, OH 43207. For additional information, call (614) 645-7250 or 1-800-589-7277.