



Parashat Acharei Mot

How swiftly time passes! Pesach has come and Pesach has gone and we already find ourselves in the days between Pesach and Shavuot! During these days there is a special Mitzvah that we fulfill called “Sefirat Ha’Omer” – The counting of the Omer. What is the significance of counting each day and what can we learn from it?

With every step the Jewish people took when they just left Egypt, they were filled with ever growing excitement and they counted: “One more step away from Egypt! One step closer to Har Sinai!”

They treasured the time and they knew that they had to utilize each precious moment to prepare themselves for the Giving of the Torah!

Finding ourselves in the days between Pesach- “The Time of Our Freedom” and Shavuot-“The Time of the Giving of Our Torah”- we too are filled with ever growing excitement and we too count: “One more day more spiritually free than we were yesterday.” One day closer to the time we will accept upon ourselves and take within ourselves the Torah anew! We too treasure the time and utilize each precious moment to prepare ourselves! We fill these days with goodness and light and serve Hashem with renewed energy, excitement, dedication and determination, being ever cognizant that time is a precious gift given to us to treasure, and every moment counts!

Shabbat Shalom!

Rabbi David
Gesher Yehuda Yeshiva

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