

Expanding the scope of GI

# **Patient Instructions**

The purpose of this pH study is to monitor the frequency and duration of gastric reflux during a normal day. To get the most accurate results, you must eat, drink, work, and exercise as you normally would.

DO NOT take any antacid or anti-reflux drugs during your study unless instructed to do so by your physician. If in doubt, contact your physician.

### **Recording Events**

Events include meals, sleep and "other" types of activities with duration. Record an event in the Patient Diary sheet by marking the type of the event and writing down the event starting and stopping times, using the time displayed on the Bravo pH recorder. You can record a meal or a sleep event automatically also by pressing the appropriate event button on the Bravo pH Recorder.

11	Meals	includes snacks
بعنا	Sleep	includes lying down
	Other	includes sports and other activities

To record "other" type events use the Patient Diary (next page).

### **Recording Symptoms**

Symptoms include heartburn, regurgitation, and chest pain.

Record a symptom in the Patient Diary by marking the type of the symptom and writing down the symptom appearance time using the time displayed on the Bravo pH Recorder. You can record a symptom automatically also by pressing the appropriate symptom button on the Bravo pH Recorder.

Symptom Button	Symptom Icon
Δ	**
0	<b>e</b>
$\overline{}$	6)

The green indicator light turns on for 3 seconds and a beep is heard (if the audio alert feature is turned on). This tells you that the symptom was recorded.

# Bravo® pH Patient Diary

## Recorder Placement when lying down

You may remove the Bravo pH recorder when lying down or you may leave it on you. If you choose to remove it, place it on a stable surface within arm's length of your chest with the display facing up and the symptom buttons facing towards you.



### Recorder Out of Range

If the Bravo pH recorder is too distant from the Bravo pH capsule and reception is weak, it beeps for 30

seconds and the icon 1 (for 48-hour procedure) or 2 (for 96-hour procedure) disappears from the screen to indicate loss of communication. *Move the* 

recorder closer to you until the beep stops and the or icon reappears on the screen.

If you have any questions or encounter technical issues during your study, call

pH recorder and your Patient Diany to the

	Gl Lab at			ul y	
	**	2 2	#	91 05	

At the completion of your pH study, return the Bravo

Manufactured by:



Given Imaging 3950 Shackleford Road Duluth, GA 30096, United States www.givenimaging.com



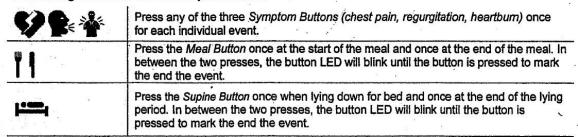
# Bravo<sup>®</sup> pH Patient Diary

Start Tim	ie	:	End T	ime _	:
Patient		ų.		8 3	, s.
Recorde	5 <u></u>				¥
Capsule	ID				

				Y	1	1:2	2	Δ	0									
Time of Event	Circle am or pm	/	105/00 M	S Meal Find	tie to alia	Taning Fig.	Par Paris	South Property of the Party of	TANK THE PARTY OF	- Sal	<i>)</i>			Comm	nents			
:	am pm		2							1		er w		. 15	Al .			19
:	am pm																19	
:	amlpm				-													
:	amlpm																	200 200
:	am pm																	
:	am pm																30	100000000000000000000000000000000000000
:	am pm	1.								· · ·				<b>3</b> .			2:	
:	am pm												V or verse					7700 40 00-
:	am pm														18		g 18	
;	amipm												•		10	52 Sh	100	
:	am pm													· .				3
<b>:</b>	am pm																	
:	am pm																# 10 m	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
. i	am pm															603		* 2 * 4
:	am pm							F						19.2	3	wells a		
•	am pm		55							14-							20 3 4	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	am pm				8					6		in .	E	1				8 8

Always refer to the time displayed on the recorder to write down the Time of Event above.

### Recording event on the Bravo pH recorder



### Notes:

All button functions are active only when backlight is ON. If OFF, pressing any of the enabled recorder buttons will first turn backlight ON and no function will be activated. Pressing the desired button when the backlight is ON will activate the desired function.