

Writing Your Life Mission Statement

Why do you want a Life or Personal Mission Statement?

When you know your mission and review it often you will stay focused and only apply for jobs, work or volunteer and be surrounded by people that support your life mission. You will be less likely to get sidetracked and engage in unproductive activities.

If you truly want to live life on your terms you need to know where you are going.

Before you write:

1. Describe Your Ideal Day

2. Imagine yourself at your 100th Birthday party surrounded by friends and relatives. What would you say to them is important in life?

3. Imagine that it is your 50th birthday. You have been asked to write a press release highlighting your achievements. What would you want to be remembered for having accomplished?

Write your Life Mission Statement

1. Identify past successes. Take time to self-reflect. Identify four or five examples where you had personal success.

2. Identify your core values. Develop a list of attributes that you believe identify who you are and what your priorities are. List can be a very lengthy list. Put your core values in order by importance.

3. Identify Contributions. Make a list of ways you could make a difference. In an ideal situation, how you could you contribute best to....the world, family, employer, future employees, friends, community?

4. Identify Goals. Self-reflect and think about your priorities and your goals (not what you think others want you to do).

5. Write Your Mission Statement. Use the information you discovered about yourself and write your mission statement.

Example of a mission statement – To live life on my terms being completely honest with myself and others while empowering others to reach their full potential. I want to wake up each day and know the bills are paid and that I still have enough money to help animals that need rescued. I want to have enough time remaining in my day to spend quality time with my husband, children and helping in the community. I will try my best to surround myself only with beautiful people and things. I no longer will tolerate rude and negative people in my life.

Now What?

Post your mission statement where it will remind you each day of how you want to live, what you want, and who will be in your circle of influence. It will also help you recognize what you will and will not tolerate when applying for jobs.

Put it on the back of your business card or use as your email tagline.