

Northeast Ohio Gymnastics League

December 9-10, 2023

Competition Schedule

Site: Great Lakes Gymnastics
33600 Pin Oak Parkway
Avon Lake, Ohio 44012
440-933-2674

Competitors: Bronze, Silver, Gold, Platinum, Diamond, Level 2 and Level 3

Session 1: Saturday, December 9, 2023
Level 2, Level 3, Bronze (7 & Under)
Gym Opens: 3:00 P.M.
General Stretch: 3:15 P.M.
Event Warm Up: 3:30 P.M.
Competition 3:45 P.M.

Session 2: Saturday, December 9, 2023
Bronze (8 & Over)
Gym Opens: 6:00 P.M.
General Stretch: 6:15 P.M.
Event Warm Up: 6:30 P.M.
Competition 6:45 P.M.

Session 3: Sunday, December 10, 2023
Gold (12 & Under)
Gym Opens: 8:30 A.M.
General Stretch: 8:45 A.M.
Event Warm Up: 9:00 A.M.
Competition 9:15 A.M.

Session 4 Sunday, December 10, 2023
Silver (9 & Under), Gold (13 & Over)
Gym Opens: 11:30 A.M.
General Stretch: 11:45 A.M.
Event Warm Up: 12:00 P.M.
Competition 12:15 P.M.

Session 5 Sunday, December 10, 2023
Silver (10 & Over), Platinum, and Diamond
Gym Opens: 2:30 P.M.
General Stretch: 2:45 P.M.
Event Warm Up: 3:00 P.M.
Competition 3:15 P.M.

Notes:

1. Age determination date is January 1, 2024