

2019 Williston Coyotes Boys' Cross Country

Heen-Ihmels Invite

Aug. 24, 2019, 10:30 a.m.
Municipal G.C., Williston, N.D.

Team totals (Top 5/5,000 meters)

1. Dickinson, 34; 2. Williston, 48; 3. Minot, 98; 4. Trenton, 101; 5. New Town, 102; 6. Bowman Co., 159; 7. Minot Bishop Ryan, 229; 8. Stanley, 270; 9. Watford City, 306; 10. Max, 325
Individual winner: Brady Yoder, Dickinson, 15:54

Top 10 Finishers

1. Brady Yoder, Dickinson, 15:54; 2. Robert White, New Town, 17:13; 3. Fynn Krenz, Williston, 17:14; 4. Aiden Jung, Dickinson, 17:15; 5. Noah Rolfe, Stanley, 17:20; 6. Caleb Hansen, Dickinson, 17:21; 7. Gunnar Alvarado, Williston, 17:57; 8. Brian Miller, Bowman Co., 17:59; 9. Wil Olson, Williston, 18:03; 10. Hunter Gregoire, Dickinson, 18:10

Williston results

3. Fynn Krenz, 17:14; 7. Gunnar Alvarado, 17:57; 9. Wil Olson, 18:03; 14. James Powers, 18:32; 15. Tyrel Ackman, 18:34; 17. Gavin Jorgenson, 18:48; 22. Camden Jasmin, 19:17; 24. Cutter Jones, 19:29; 32. Ethan Fox, 19:56; 34. Nate Buckner, 20:02; 35. Ethan Moe, 20:11; 44. Noah Tarbox, 20:34; 49. Logan Dangerfield, 21:05; 52. Logan Ackman, 21:07; 60. Adam March, 21:58; 65. Jachin Icenogle, 22:12;
Notes: Dickinson had four finishers in the top 10 led by Brady Yoder who won the meet...Dickinson, Minot, Watford City and Williston made their season debut...There were 101 varsity runners.

Bowman Co. Invite

Aug. 29, 2019, 10 a.m.
Sweetwater G.C., Bowman

Team totals (Top 5/WDA (5,000 meters))

1. Williston, 21; 2. Bowman Co., 54; 3. Dawson Co., 86; 4. Stanley, 109; Watford City, Inc.

Individual winner: Micade Shumway, Williston, 16:37.71

Top 10 Finishers

1. Micade Shumway, Williston, 16:37.71; 2. Fynn Krenz, Williston, 16:46.06; 3. Noah Rolfe, Stanley, 16:50.87; 4. Brian Miller, Bowman Co., 17:02.48; 5. Ian Busche, Beulah, 17:05.66; 6. Gunnar Alvarado, Williston, 17:13.44; 7. Wil Olson, Williston, 17:15.27; 8. James Powers, Williston, 17:34.46; 9. Tyrel Ackman, Williston, 17:37.12; 10. Gavin Jorgenson, Williston, 17:47.11

Williston results

1. Micade Shumway, 16:37.71; 2. Fynn Krenz, 16:46.06; 3. Gunnar Alvarado, 17:13.44; 7. Wil Olson, 17:15.27; 8. James Powers, 17:34.46; 9. Tyrel Ackman, 17:37.12; 10. Gavin Jorgenson, 17:47.11; 14. Cutter Jones, 18:46.47; 17. Camden Jasmin, 18:50.98; 18. Ethan Moe, 18:52.20; 23. Noah Tarbox, 19:23.36; 25. Nate Buckner, 19:47.65; 27. Logan Dangerfield, 19:54.85; 28. Logan Ackman, 20:16.53; 32. Jachin Icenogle, 20:40.18; 48. Adam March, 22:44.31

Notes: Williston won the meet...Williston had six runners place in the top 10...Watford City also competed.

Anderson-Stavn Invite

Sept. 14, 1 p.m.

McDowell Dam, East of Bismarck, N.D.

Team totals (5,000 meters)

1. Century, 66; 2. Williston, 100; 3. GF Red River, 116; 4. Bismarck High, 120; 5. Dickinson, 140; 6. WF Sheyenne, 152; 7. Legacy, 164; 8. Minot, 201; 9. New Town, 253; 10. GF Central, 259; 11. West Fargo, 412; 12. Richey-Lambert, 430; 13. Hillsboro-CV, 432; 14. Beulah, 497; 15. Minot Bishop Ryan, 500; 16. Killdeer, 519; 17. Watford City, 544; 18. Mandan, 572; 19. Southern McLean, 577; 20. Max, 587; 21. Solen, 634; 22. Stanley, 647; 23. Medina-P-B, 672; 24. New England, 674; 24. Shiloh Christian, 677; 26. Standing Rock, 681

Individual winner: Brady Yoder, Dickinson, 15:33.15

Top 10 Finishers

1. Brady Yoder, Dickinson, 15:33.15; 2. Sean Korsmo, BHS, 16:11.11; 3. Jacob Knodle, WF Sheyenne, 16:20.19; 4. Robert White, New Town, 16:31.60; 5. Micade Shumway, Williston, 16:33.43; 6. Austin Wald, Century, 16:38.81; 7. Mason Kindel, Century, 16:42.24; 8. Griffin House, Century, 16:44.64; 9. Chase Fossom, Hillsboro-CV, 16:45.78; 10. Aiden Jung, Dickinson, 16:48.68

Williston results

5. Micade Shumway, 16:33.43; 12. Gunnar Alvarado, 16:56.66; 18. Fynn Krenz, 17:02.00; 29. Wil Olson, 17:38.55; 36. Tyrel Ackman, 17:53.65; 44. James Powers, 18:08.15; 45. Gavin Jorgenson, 18:09.51
Notes: There were 153 runners in the varsity race...Century won the team title and had three finishers in the top 10...Eight WDA teams took part...Dickinson's Brady Yoder was the individual champion...Weather conditions were sunny and warm.

Poplar Invite

Sept. 21, 11 a.m.

Poplar, MT

Team totals (5,000 meters)

1. Williston, 25; Glasgow, MT, 64; 3. Richey-Lambert, MT, 71; 4. Harlem, MT, 93; 5. Wolf Point, MN, 121
Individual winner: Micade Shumway, Williston, 15:30

Top 10 Finishers

1. Micade Shumway, Williston, 15:30; 2. Samuel Smith, Richey-Lambert, 15:55.75; 3. Gunnar Alvarado, Williston, 16:04.74; 4. Brad Cihoz, Harlem, MT, 16:14.31; 5. Wilson Overby, Glasgow, MT, 16:29.90; 6. Fynn Krenz, Williston, 16:41.63; 7. Wil Olson, Williston, 16:41.63; 8. James Powers, Williston, 17:14.35; 9. Gavin Jorgenson, Williston, 17:33.24; 10. Tyrel Ackman, Williston, 17:43.10

Williston results

1. Micade Shumway, 15:30; 3. Gunnar Alvarado, 16:04.74; 6. Fynn Krenz, 16:41.63; 7. Wil Olson, 16:41.63; 8. James Powers, 17:14.35; 9. Gavin Jorgenson, 17:33.24; 10. Tyrel Ackman, 17:43.10; 11. Ethan Moe, 17:48.02; 13. Nate Buckner, 17:57.25; 16. Camden Jasmin, 18:12.76; 16. Noah Tarbox, 18:21.29; 23. Ethan Fox, 18:51.61; 24. Logan Ackman, 18:51.76; 25. Cutter Jones, 18:56.32; 27. Logan Dangerfield, 19:06.71; 52. Jachin Icenogle, 20:58.03; 60. Donnie Stennes, 21:49.99
Notes: Williston had seven runners in the top 10.

Rugby Booster Invite

Sept. 28, 11 a.m.

Rugby Golf Course, Rugby

Team totals (Top 5/WDA, 5,000 meters)

1. Williston, 28; 2. New Town, 97; 3. Griegs Co. Centra, 153; 4. Rugby, 173; 5. Burke Co. Central-Kennare, 211; 11. Watford City, 307;

Individual winner: Hayley Ogle, Watford City, 18:52.99

Top 10 Finishers

1. Robert White, New Town, 16:04.49; 2. Fynn Krenz, Williston, 16:29.16; 3. Wil Olson, Williston, 16:31.47; 4. Noah Rolfe, Stanley, 16:33.29; 5. Gunnar Alvarado, Williston, 16:34.03; 6. Owen Duttonhefer, Killdeer, 17:14.04; 7. Jace Anderson, Killdeer, 17:24.12; 8. Ethan Moe, 17:26.17; 9. Addison Red Fox, New Town, 17:28.98; 10. James Powers, Williston, 17:31.90

Williston results

2. Fynn Krenz, 16:29.16; 3. Wil Olson, 16:31.47; 5. Gunnar Alvarado, 16:34.03; 8. Ethan Moe, 17:26.17; 10. James Powers, 17:31.90; 11. Leif Larsen, 17:43.17; 16. Camden Jasmin, 18:03.06; 18. Tyrel Ackman, 18:05.23; 20. Noah Tarbox, 18:07.60; 21. Cutter Jones, 18:08.18; 32. Nate Buckner, 18:45.50; 38. Logan Dangerfield, 18:55.27; 41. Ethan Fox, 19:03.08; 44. Logan Ackman, 19:18.38; 58. Jachin Icenogle, 20:03.70;
Notes: There was 123 varsity runners...Williston won the meet and had five runners in the top 10...Two WDA teams compete (Watford City, Williston)

Custer Co. Invite

Oct. 5, 11 a.m.

Custer City, MT

Team totals (Top 5/5,000 meters)

1. Williston, 21; 2. Hardin, MT, 58; 3. Laurel, MT, 93; 4. Billings, MT Central Catholic, 122; 5. Custer Co., 123
Individual winner: Micade Shumway, Williston, 15:51.67

Williston results

1. Micade Shumway, 15:51.67; 2. Fynn Krenz, 16:03.02; 3. Gunnar Alvarado, 16:04.97; 7. Wil Olson, 16:33.39; 8. Gavin Jorgenson, 16:45.49; 14. James Powers, 17:15.34
Notes: Williston's Micade Shumway was the individual champion...The Coyotes had six runners place in the top 10...There were 56 varsity runners

WDA Championships

Oct. 15, 1 p.m.

Heart River G.C., Dickinson, N.D.

Team totals (5,000 meters)

1. Williston, 48; 2. Century, 52; 3. Bismarck High, 107; 4. Dickinson, 114; 5. Jamestown 124; 6. Legacy, 137; 7. Minot, 144; 8. Mandan, 516; 9. Watford City, 527; 10. TMCHS, 755
Individual winner: Brady Yoder, Dickinson, 15:40.68

Top 20 (All-WDA)

1. Brady Yoder, Dickinson, 15:40; 2. Sean Korsmo, Bismarck High, 15:49; 3. Gavin Haut, Jamestown, 16:13; 4. Micade Shumway, Williston, 16:14; 5. Fynn Krenz, Williston, 16:15; 6. Ben Anteau, Jamestown, 16:19; 7. Griffin House, Century, 16:23; 8. Austin Wald, Century, 16:28; 9. Mason Kindel, Century, 16:31; 10. John Ness, Legacy, 16:32; 11. Gunnar Alvarado, Williston, 16:37; 12. Wil Olson, Williston, 16:40; 13. Jacob Ersland, Century, 16:47; 14. Aiden Jung, Dickinson, 16:48; 15. Ethan Bender, Century, 16:50; 16. Leif Larsen, Williston, 16:55; 17. Charlie Koebele, Century, 17:00; 18. Kaiden Meyer, Minot, 17:06; 19. Cole Jensen, Century, 17:09; 20. Micah Penn, Bismarck High, 17:12

Williston results

4. Micade Shumway, 16:14.67; 5. Fynn Krenz, 16:15.69; 11. Gunnar Alvarado, 16:37.35; 12. Wil Olson, 16:40.56; 16. Leif Larsen, 16:55.63; 23. Gavin Jorgenson, 17:19.99; 40. Ethan Moe, 17:44.76; 42. James Powers, 17:54.26; 50. Tyrel Ackman, 18:05.41; 51. Cutter Jones, 18:07.72; 55. Camden Jasmin, 18:11.36; 56. Nate Buckner, 18:11.58; 57. Noah Tarbox, 18:16.60; 80. Logan Dangerfield, 19:06.19; 83. Ethan Fox, 19:10.05; 88. Logan Ackman, 19:24.27; 106. Jachin Icenogle, 20:00.97; 128. Ivan Askin, 21:31.23

Notes: The meet was moved to Dickinson from Jamestown due to snow and wet course conditions there...Williston won its second straight WDA team title and ninth overall...Dickinson's Brady Yoder won his second consecutive WDA title...Seven teams (Bismarck High, Century, Dickinson, Jamestown, Legacy, Minot, Williston) had at least one runner earn all-WDA honors (Top 20)...Century had seven runners finish in the top 20...Williston's Micade Shumway was named W. Region senior athlete of the year...Century's Brad Lies was named W. Region coach of the year...There were 157 runners competing...Temperature at race time was 45 degrees under mostly cloudy skies

Class A Meet

Oct. 26, 11 a.m.

Souris Valley G.C., Minot, N.D.

Team totals

1. Century, 51; 2. Williston, 91; 3. Dickinson, 104; 4. Jamestown, 162; 5. Bismarck High, 165; 6. Legacy, 178; 7. GF Red River, 178; 8. Minot, 186; 9. Fargo North, 230; 10. GF Central, 289; 11. WF Sheyenne, 304; 12. West Fargo, 340; 13. Fargo Shanley, 396; 14. Devils Lake, 412; 15. Fargo Davies, 495; 16. Fargo South, 561; 17. Mandan, 627; 18. Valley City, 814; 19. Watford City, 734
Individual winner: Brady Yoder, Dickinson, 15:20.57

Top 20 (All-State)

1. Brady Yoder, Dickinson, 15:20.6; 2. Sean Korsmo, Bismarck High, 15:32.3; 3. Jacob Knodle, WF Sheyenne, 15:42.9; 4. Gavin Haut, Jamestown, 15:43.1; 5. Micade Shumway, Williston, 15:59.7; 6. Fynn Krenz, Williston, 16:05.8; 7. Mason Kindel, Century, 16:08.8; 8. Ben Anteau, Jamestown, 16:09.4; 9. Griffin House, Century, 16:12.2; 10. Ethan Bender, Century, 16:13.1; 11. Hunter McHenry, GF Red River, 16:15.8; 12. Austin Wald, Century, 16:17.0; 13. Jacob Ersland, Century, 16:21.5; 14. Aiden Jung, Dickinson, 16:22.0; 15. Caleb Hanson, Dickinson, 16:23.9; 16. Matthew Rongitsch, GF Red River, 16:26.1; 17. Sam Harmon, Fargo North, 16:29.6; 18. John Ness, Legacy, 16:31.4; 19. Gunnar Alvarado, Williston, 16:38.5; 20. Caeden Johnson, WF Sheyenne, 16:41.4

WDA teams

Century results

7. Mason Kindel, 16:08.73; 9. Griffin House, 16:12.19; 10. Ethan Bender, 16:13.03; 12. Austin Wald, 16:16.95; 13. Jacob Ersland, 16:21.42; 28. Cole Jensen, 16:54.28; 31. Charlie Koebele, 16:57.18; 42. Jacob Francetich, 17:11.21; 49. Iver Phillips, 17:23.85; 58. Luke Gasper, 17:29.29

Williston results

5. Micade Shumway, 15:59.66; 6. Fynn Krenz, 16:05.73; 19. Gunnar Alvarado, 16:38.49; 24. Ethan Moe, 16:51.40; 37. Wil Olson, 17:03.23; 43. Gavin Jorgenson, 17:13.07; 48. James Powers, 17:23.45; 53. Leif Larsen, 17:26.70; 60. Cutter Jones, 17:29.35; 67. Tyrel Ackman, 17:33.86
Dickinson results
1. Brady Yoder, 15:20.51; 14. Aiden Jung, 16:21.97; 15. Caleb Hanson, 16:23.87; 30. Hunter Gregoire, 16:44.39; 44. Griffin Obrigewitch, 17:15.22; 76. Aj Ash, 17:46.81; 137. Jace Cofer, 18:45.29; 138. Garin Anderson, 18:46.47; 140. Henry Nelson, 18:46.98; 174. Jacob Shilman, 20:43.79

Jamestown results

4. Gavin Haut, 15:43.08; 8. Ben Anteau, 16:09.40; 27. Chandler Rott, 16:53.67; 61. Cullen Flieth, 17:29.39; 62. Micah Hoke, 17:31.05; 83. Kade Schumacher, 17:51.96; 84. Zeb Willer, 17:51.97; 94. Daniel Ulrich, 17:58.24; 109. Sam Anteau, 18:19.11; 142. Thomas Schmiedeberg, 18:49.54

Bismarck High results

2. Sean Korsmo, 15:32.21; 32. Brady Korsmo, 16:57.78; 35. Michael Omvig, 17:01.51; 45. Parker Hintz, 17:19.18; 5. Juan Flores, 17:25.03; 56. Stephen Windsor, 17:27.90; 64. Kaden Renner, 17:31.99; 72. Micah Penn, 17:40.87; 75. Joey Patchen-Mills, 17:45.64; 88. Noah Cowley, 17:53.82

Legacy results

12. John Ness, 16:31.36; 25. Aidan Hasby, 16:52.57; 29. Braden Will, 16:55.04; 36. Drew Rempfer, 17:02.50; 70. Luke Morin, 17:36.67; 79. Eric Hasby, 17:50.00; 101. Ivar Martell, 18:09.48; 112. Keaton Goldade, 18:20.14; 119. Derek Shannon, 18:25.26; 123. Dalton Fleckenstein, 18:29.47
Minot results
2. William Walker-Rozo, 16:44.84; 23. Kaiden Meyer, 16:48.02; 34. William Barrington, 17:00.48; 38. Grant Schaeffer, 17:05.57; 69. Noah Jacobs, 17:34.80; 71. Oscar Hultz, 17:37.49; 81. Zac Gillett, 17:51.04; 85. Griffin Schaeffer, 17:52.85; 107. Bryce Rose, 18:17.72; 129. Austin Geyer, 18:32.47

Mandan results

39. Brayden Johnson, 17:08.93; 135. Justin Hale, 18:39.88; 147. August Fleck, 18:57.27; 152. Terry Brown Otter, 19:03.42; 154. Charles Hale, 19:09.26; 162. Jace Engestad, 19:47.58; 168. Leif Lahtinen, 20:17.66; 169. Alex Binstock, 20:18.88; 175. Gavin Corley, 21:00.86

Watford City results

102. Evander Long, 18:10.10; 113. Tanner Edwards, 18:20.43; 171. Tajah Francis, 20:35.87; 172. Brandon Edwards, 20:38.80; 176. Lane Odenbach, 21:10.67; 178. Brennan Scoggins, 21:13.88; 180. Timothy Gaab, 21:57.66; 182. Joey Dube, 22:54.51; 183. Chris Ferry, 28:21.73

Notes: Century won its third title in the last four years...The WDA had the top 6 teams (Century, Williston, Dickinson, Jamestown, Bismarck High, Legacy)...A WDA has won the state team title every year since 2004...Dickinson's Brady Yoder won the individual title in a time of 15:20...Yoder is the first Dickinson runner to win the title since Tim Wheeler (1977)...Fifteen WDA runners earn all-state honors led by Century which had five...Six WDA teams had at least one all-state runner...Ten WDA teams participated...There were 183 runners...Williston's Micade Shumway was named state senior athlete of the year...Williston coach Shane Wahlstrom was named state coach of the year...Minot hosted the meet for the first time since 2014