

# IRIE Natural Center For Health

DR. SONYA M JOHNSON

## Consent for Acupuncture, Cupping and Moxibustion Therapies

Acupuncture, cupping and moxibustion are all therapies of Oriental Medicine.

**Acupuncture** includes the insertion of sterile disposable needles at points in the body indicated by the methods of diagnosis specific to Oriental Medicine. Heat lamps and/or mild electric stimulation may be applied to the needles during the acupuncture treatment.

**Moxibustion** a procedure using a burning herb to warm specific points may also be applied.

**Cupping** is a suction therapy applied to the skin may be used to stimulate tissue stagnation.

I understand that acupuncture treatments in the state of Arizona are not a primary health care modality. I understand that seeing an acupuncturist for treatment that this does not replace seeing my primary care physician. I understand that if I am referred by my primary care physician for acupuncture, I will return to my primary care physician for follow up as needed.

If my practitioner is a naturopathic doctor, they may act at my request, as my primary care physician who is also licensed to perform acupuncture.

I understand that Chinese herbal formulas are not regulated in the state of Arizona and that under rare circumstances people experience certain side effects from the herbs. I will take the herbal formulas as directed and contact my practitioner if I experience any concerning side-effects.

I will inform my practitioner if I am pregnant, have a cardiac pacemaker or other implanted electronic device or skin condition that may contraindicate acupuncture as a treatment therapy.

### The Benefits:

I understand that I will be receiving acupuncture for the treatment of my health condition. I understand that the potential benefits of acupuncture include drugless relief of my symptoms and an improved state of health.

### The Risks:

- Pain at site of insertion
- Local burning
- Burns
- Fainting or dizziness
- Broken needles
- Local infection
- Collapsed lung if needling in the near lungs
- Spontaneous miscarriage

### Alternatives to Oriental Medicine Therapies

There are reasonable alternatives to Oriental Medicine Therapies within naturopathy and within conventional medical care appropriate to my condition. I have discussed these alternatives with my provider.

I have read this Consent Form and have had my questions answered about potential benefits, risks; and alternatives to my satisfaction and consent to treatment.

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

If signed by representative, indicate relationship: \_\_\_\_\_

Patient/Representative Signature: \_\_\_\_\_