



# THE VOICE

## President's Message: Your Voice will be Heard!



The Hawaii Dental Hygienists' Association is headed for an amazing year! This issue of *The Voice* marks another new year of leadership for HDHA, and I am honored to serve as your 2013 President. Thanks to 2012 President, Jill Rethman, RDH, BA, for being a friend and role model for me this past year. Jill served you and HDHA with confidence and dignity and I hope to make you proud as we head into 2013.

Our 21<sup>st</sup> Annual Scientific Session last month went off without a hitch! I want to thank all who diligently worked to provide a great session for us. Thank you to all of our speakers, sponsors, and exhibitors who made this year's Annual Session so successful. Most importantly, thank you to all who attended and participated. We could not have had this successful event without the contributions of our general membership. I am truly grateful to all of you for the effort, time, and energy you gave to make this event so successful.

We were privileged to have our District XII Trustee, Lancette VanGuilder, RDH present an update for us on what's happening with dental hygiene on the national level. She highlighted how simply being a dues paying member supports the mission of ADHA and HDHA. You demonstrate your commitment to your profession by your membership in your professional association.

I thank you for your support and encourage you to stress the importance of membership to hygienists who are not current members. There is strength in numbers!



### Our Mission:

To advance the art and science of dental hygiene by ensuring access to quality healthcare. To increase awareness of the cost-effective benefits of prevention through promoting the highest dental hygiene standards for education, licensure, practice and research.

We have a remarkable slate of talented people serving as officers on the Board of Trustees this year. Congratulations to our newly elected officers and thank you for stepping up to the plate, volunteering your time, and being willing to serve hygienists of Hawaii. As a continuous Board member since my graduation from UH Manoa in 2003, I am honored to serve as your President. I hope to carry out the duties of the office with enthusiasm and style (of course).

I am looking forward to an exciting year and hope to see our profession advance here in Hawaii as it is around the nation. This year, I hope to focus on increasing our membership, strengthening our relationship with student members as well as, helping current members and non-members see the benefits of their professional association. I have asked the Board and my colleagues to focus on this responsibility as well. The strength of our Association is one of the keys to our future growth and success of our endeavors.

So again, I thank you for this opportunity and look forward to everyone's participation. I am happy to answer any questions or concerns you might have, and I appreciate your feedback. Please feel free to email me at [memiyashiro@gmail.com](mailto:memiyashiro@gmail.com). Your voice will be heard!



Ellie Kelley-Miyashiro, RDH, BS  
President 2013

2ND ANNUAL HDHA ZUMBA-THON FUNRAISER

SUBMITTED BY: ELLIE KELLEY-MIYASHIRO, RDH, BS



The second Annual HDHA Zumba-thon fundraiser was a resounding success! This year's event was held on Sunday, October 7, 2012 at the US Taekwondo Center in Honolulu. In honor of National Dental Hygiene Month, Oahu hygienists brought to light the "Healthy Mouth, Healthy Body" connection with two hours of Zumba, sweat and FUN.

Pre-Sale Tickets were sold for \$10 with all proceeds going to the Hawaii HYPAC. With thirty-seven attending and additional donations, a total of \$460 was raised for Hawaii's dental hygiene Political Action Committee. HYPAC enables dental hygienists to collectively support candidates for congress who share our interests creating a stronger voice for oral health care concerns.

A big Mahalo to instructor Chanda Park, RDH for her enthusiasm and continued support of HDHA. Also donating their time were instructors Debbie, Noreen and Christopher. As an added bonus, a press release was sent to KHON Channel 2 News and a film crew arrived halfway through to film and interview then President-Elect, Ellie Kelley-Miyashiro, RDH.

The interview was aired that evening on the 5 O'clock news helping the public see Hawaii Dental Hygienists' commitment to their oral health and total body health! Start practicing your moves...we will see you next October for our Third Annual HDHA Zumba-thon fundraiser.

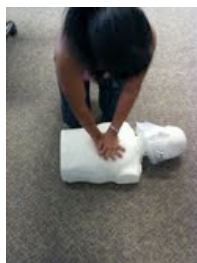


JUMP START THE HEART

Submitted by: Michele McTague, RDH, BS



A handful of dental hygienist came together on September 27, 2012, held at the Henry Schein room in the Ala Moana building, to renew their CPR certification which is required every 2 years for licensure. This is one of the many classes HDHA offers to members at a discounted rate!



## 2012 TABLE CLINIC WINNERS & PRESIDENT'S RECEPTION

Submitted by: Ellie Kelley-Miyashiro, RDH, BS

This year, the students from UHM School of Dental Hygiene were invited to participate in the Student Table Clinic Competition at the 21<sup>st</sup> Annual Scientific Session. Seven different entries were submitted by the fourth year students. The seven groups were:

- Leesa Dias and Cheriesse Uyehara: "Taking Comprehensive Care to the Next Level—Using Saliva to Detect Periodontal Disease"
- Traci Chang and NeShone Gardner: "Guard Your Grill: A Look at Oral Sports Injuries"
- Ariel Ita and Chortney Chun: "In A Nutshell—Betel Nut"
- Melody Hayase and Brianna Goto: "Wheel of Hypersensitivity"
- Dollcy Donesa and Pamela Terrado: "Putting Our Pieces Together"
- Lena Bento and Nadiene Oh: "Silver Diamine Fluoride—Bite the Bullet"
- Mindy Batt and Kathy Tsuji: "Rooms for Change"

The seven student groups showcased their displays and presentation skills at the President's Reception Saturday evening after the Annual Scientific Session. The participating students displayed their artistic, intelligent, and creative poster boards to session attendees and four qualified judges. HDHA Past President Pearl Arrington, RDH, HDHA member Terri Brown, RDH as well as last years award recipients, Karina Gurat, RDH and Shawncie Matsuoka, RDH judged the event and had the difficult task of choosing the winners.

This year's competition was excellent—full of current research-based topics. The winner's of this year's competition were Lena Bento and Nadiene Oh—"Silver Diamine Fluoride..Bite the Bullet," a fantastic poster relating to caries prevention and arrestment. Lena and Nadiene were awarded a \$1000 cash prize from HDHA. The second-place group Ariel Ita and Courtney Chun won a cash prize of \$800 from HDHA. The third-place group Mindy Batt and Kathy Tsuji won a cash prize of \$300 from HDHA. Students Dollcy Donesa and Pamela Terrado will be co-sponsored by HDHA and MCH Lend's Federal Grant to travel to Boston along with this years official delegates, June 19-25, 2013, where they will compete against other students from around the country.



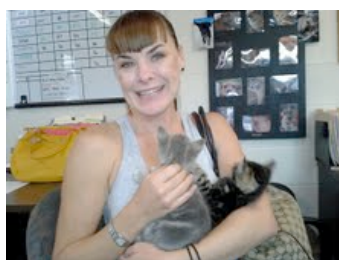
Having 1 CE credit as well as being able to view the table clinics was great, but what made it even better was that the Elite exhibitors partial sponsorship of the event. Henry Schein, Colgate, PDT and Patterson Dental were responsible for the wonderful pupu's and refreshments. HDHA truly appreciates your support! Congratulations again to all our winners and participants. Looking forward to next year!



**TAILS ON THE TRAIL: UPDATE**

Submitted By: Tori Clegg, RDH, BS

Christmas came a little early for the animals at The O’ahu SPCA thanks to the friends and supporters of The Hawaii Dental Hygienists’ Association. Pet items were donated during HDHA’s first annual “Tails on the Trail” fundraiser. President Ellie Kelley-Miyashiro along with Vice-President Tori Clegg enjoyed spending some time with the animals when delivering a \$300 check and donated pet items raised during the fundraiser.



O’ahu SPCA is one of the largest animal shelters in Hawai’i with a “no-kill” philosophy. Their mission statement is “Every healthy, treatable animal will find a forever home” and with your support they can continue to make this possible. Visit their website at [oahuspca.org](http://oahuspca.org) for more information, and keep an eye out for HDHA’s 2<sup>nd</sup> annual “Tails on the Trail” fundraiser this summer 2013. We hope you will all come out and join us!!

**HDHA ANNUAL SCHOLARSHIP**

Submitted By: Ellie Kelley-Miyashiro, RDH, BS

Congratulations to this years HDHA Annual Scholarship Winners. This year the Administrative Committee had the difficult task of choosing winners for \$1500 in scholarships. There were a total of six applicants who completed a 500 (minimum) word essay on leadership and the dental hygienist. They explained how he or she would use their knowledge and skills to become a leader in their state professional association, community and the dental office after graduation. Most importantly, they explained in detail, why they felt it was important to continue to be an active member of our professional organization (ADHA/HDHA) long after graduation.

Congratulations to:

- Dolcy Donesa            First Place        \$800
- Pamela Terrado        Second Place    \$500
- Nadiene Oh             Third Place       \$200



We welcome these future leaders into the HDHA family!

### HDHA Scholarship

Learning is a life-long process, and real learning occurs after we get out of school when we assimilate ourselves out in our communities and carry out our roles as health care providers. There will be a constant cycle of encountering problems, and in order to address these problems we need to educate and learn from others – particularly leaders and members from our profession. As a student member of the American Dental Hygiene Association (ADHA), I have the privilege of accessing current articles and journals from the website that definitely helps me with my research projects, literature reviews, and expands my knowledge base. Access to this reliable information is especially important long after graduation because it will allow us to stay up to date with current trends and issues that affect our practice. Research studies will enable us to apply Evidence-based-practice (EBP) in order to provide high-quality care for our patients. Consequently benefiting our workplace and profession, improving our clinical skills, and ultimately nurturing our cognitive skills.

Active membership with our organization is a great communication tool that will allow us to stay connected with our dental hygiene community. It extends our natural support system. Our leaders as well as group members can inspire, motivate, encourage, and empower us with knowledge for our professional development. Maintaining relationships with these individuals is vital to direct our profession to where we need to be. Our profession is definitely thriving. I have read multiple articles online within the past few months that state dental hygiene as one of the most promising careers of the future and where growth is expected. This is exciting! We should take this opportunity and use this momentum to advocate change in our workforce model such as creating a mid-level provider, the Advance Dental Hygiene Practitioner (ADHP). Other states such as Minnesota and California have already implemented this model of practice. And they were able to do so with the support of their stakeholders. So why can't other states and Hawaii do it? As members of the Hawaii Dental Hygiene Association (HDHA), we need to unite and create an organization that can actualize this vision. Hawaii faces many oral health care challenges, particularly increase rate of early childhood caries (ECC) due to lack of water fluoridation and oral health disparities due to limited access to dental care in some rural areas. As advocates, we must initiate the change that is needed in order to address our public health needs. Allowing the ADHP access to population that is currently underserved will help increase access to care and abate and eliminate oral healthcare disparities in a cost-effective approach in our local community. But to accomplish this goal, we need have a unified voice and work collaboratively amongst each other and our supporters. Communication and involvement of both our dedicated leaders and committed followers are vital in the process of changing and advancing our profession.

As a soon to be newly graduate dental hygienist, I am looking forward to working with individuals from our organization in developing and enhancing my leadership and professional skills and the contributing to the much needed dental care and education to our communities and patients.



**Dolcy Donesa**  
First Place Winner 2012

## SILENT AUCTION

SUBMITTED BY: ELLIE KELLEY-MIYASHIRO, RDH, BS

This year's Silent Auction held at the 21st Annual Scientific Session was another resounding success. A total of \$3416.02 was raised over the two-day bidding period. Highlights from the auction included dental hygiene instruments, including several hand instruments, cavitron inserts as well as a number of electric toothbrushes.

Other popular items featured were wine samplers, pet items, beauty products, gift sets and jewelry. Gift cards for Foodland, Times Supermarket, Jamba Juice and Starbucks, Ruth Chris Steakhouse and CPK also brought generous donations. Each item donated, as well as, your kind monetary donations and generous bids at



this year's Silent Auction will help UH Manoa dental hygiene students in next year's scholarship event!

Thank you to the following companies who kindly donated items: Colgate, Dentsply, Proctor & Gamble, PDT and Sunstar Butler. Mahalo to private contributions from, JoJo Farasati Beh Karen Hays, and Visualized Flooring, Inc. and Ferguson's Irish Pub. Thank you to local Oahu Dentists Dr. Wayne Chin, Dr. Bogden Rosala, Dr. Glenn Okumoto and Dr. John Wu, Dr. John Jones, Drs Norman, Mark and Mitchell Chun. Special thanks to HDHA hygienists who donated items: Gayle Chang, Ellie Kelley-Miyashiro, Sierra Spruce, Jill Rethman, Crystal Bell, Tori Clegg, Chanda Park, Mavis Gushiken, Terri Brown, Gerraine Hignite, Julee Omori and Carolyn Kuba.

Thank you again to all involved whether you contributed an item or generously bid on something special. We look forward to another fun and successful auction at next years 22<sup>nd</sup> Annual Scientific Session.

## OUTSTANDING HDHA MEMBER AWARD

SUBMITTED BY: ELLIE KELLEY-MIYASHIRO, RDH, BS

Vice-President Tori Clegg, nominated by the HDHA BOT for the outstanding HDHA member award and won unanimously. She has stepped up this year organizing the Tails on the Trail event and the CPR certification Class as well as securing our 2013 speakers Maria Perno Goldie and Carol Jahn for our upcoming Annual Scientific Session.

Thanks for your hard work and dedication to our association!



## JOIN US!

SUBMITTED BY: Ellie Kelley-Miyashiro, RDH, BS

100 Years of Dental Hygiene; A big event will be celebrated in BOSTON from June 19-25. Registration will start mid January 2013. Log on to [ADHA.org](http://ADHA.org) for more information.

### Calendar of Events

**June 19-25**

Boston: 100th Anniversary of The Dental Hygiene Profession

**November 9-10**

22nd Annual Scientific Session

## 30 Years of Dedication to Dental Hygiene

Submitted By: Michele McTague, RDH, BS



We proudly celebrated Ms. Darlee Motosue's 30th year anniversary with Naval Health Clinic Hawaii's Dental Department (Makalapa Dental Clinic) on December 14, 2012.



She proudly gave of herself with her dedication and enthusiasm in delivering excellent service to the brave men and women of the military!





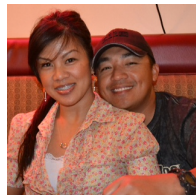
...GOOD BYE & FAREWELL...



Thank you for allowing me to be your editor for 2 years. Unfortunately due to family obligations, I will not be able to continue with this fun and mindful task of being your editor. Please stay tuned for the next edition of the VOICE. I appreciate all your feedbacks and your continued membership!



Joyfully Yours,



Michele McTague, RDH, BS

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THE VOICE

Hawaii Dental Hygienists' Association

Editor: Michele McTague, RDH, BS



THANK YOU FOR READING MY  
FINAL EDITION OF THE VOICE!