

October 2019 Paramount Academy Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Trix Cereal Fruit & 100% Juice	2 Maple Madness Waffles Fruit & 100% Juice	3 Chocolate Donuts Fruit & 100% Juice	4 Cheese Omelet w/ WG tortilla Fruit & 100% Juice
7 Trix Yogurt w/ WG Crackers Fruit & 100% Juice	8 Cinnamon Toast Crunch Cereal Fruit & 100% Juice	9 Apple Frudel Fruit & 100% Juice	10 Blueberry Loaf w/String Cheese Stick Fruit & 100% Juice	11 Chocolate Crescent Fruit & 100% Juice
14 NO MEAL SERVICE	15 Lucky Charms Cereal Fruit & 100% Juice	16 Glazed French Toast Fruit & 100% Juice	17 Grape Crescent Fruit & 100% Juice	18 Sausage Pancake Wrap Fruit & 100% Juice
21 Strawberry Pop Tart Fruit & 100% Juice	22 Cocoa Puffs Cereal Fruit & 100% Juice	23 Mini Cinnis Fruit & 100% Juice	24 Powdered Donuts Fruit & 100% Juice	25 Turkey Sausage Sandwich Fruit & 100% Juice
28 Chocolate Chip UBR round Fruit & 100% Juice	29 Apple Cinnamon Cheerios Fruit & 100% Juice	30 Pancakes w/Syrup Fruit & 100% Juice	31 Chocolate Filled Cocoa Puffs Bar Fruit & 100% Juice	**Choice of skim white or 1% white milk served with each meal**

This institution is an equal opportunity provider