

#### INFORMATION ABOUT CYBERBULLYING

We believe that whether or not we are on the web or in a classroom, the golden rule still applies: "treat others the way that you would like to be treated."

**Be Proactive:** Encourage open communication and develop clear rules and expectations about virtual interactions.

**Be Aware:** Understand the various technologies available to students and become familiar with their use.

**Support Others:** Listen and take steps to mediate on behalf of the bullied student. Consult the school counselor.

**Be Empathetic:** It is important to teach the student who is bullying how their actions impact others by implementing consequences. Collaborate to find a resolution.

**Be Responsible:** Any party who observes bullying is also responsible to take an active approach. Students can stand up for the victim and reach out to an adult for help and support.

# Parents can gain practical advice from these websites:

### StopCyberbullying.org

Contains information about cyberbullying for specific groups of people: children in various age ranges, parents, teachers, and law enforcement.

### Cyberbullying.us

An interactive website where visitors can explore a variety of helpful resources.

## KidsHealth.org/parent/positive/talk/cyberbullying.html

Designed for parents to educate themselves about the many aspects of cyberbullying

#### CommonSenseMedia.org

An enormous amount of resources about cyberbullying. Simply enter "cyberbullying" in the site's search box to see a listing of resources that are designed to educate parents and kids about how to prevent and deal with cyberbullying.