



AAU LAKE ERIE DISTRICT QUALIFIER

LEVEL 1-4 & AAU XCEL LEVELS BRONZE-DIAMOND

MARCH 9TH & 10TH, 2019



COMPETITION INFORMATION

SESSION 1:

Saturday, March 9th

Level 4, Xcel Silver ages 12 & over,
Xcel Gold, Xcel Platinum, Xcel Diamond

Gym Opens/Open Stretch: 2:30 PM

Event Warm-ups: 3:00 PM

Competition: 4:00 PM

SESSION 2:

Sunday, March 10th

Level 2 & Xcel Bronze

Gym Opens/Open Stretch: 8:30 AM

Event Warm-ups: 8:45 AM

Competition: 9:45 AM

SESSION 3:

Sunday, March 10th

Level 3 & Xcel Silver ages 11 & under

Gym Opens/Open Stretch: 12:45 PM

Event Warm-ups: 1:00 PM

Competition: 2:00 PM

Admissions: \$5 for adults and \$3 for students ages 5-17. Children ages 4 & under are free.

Age Determination: Gymnasts' age is determined by their age as of March 9, 2019.

Awards: Event & All-Around awards based on age groups will be given at the completion of competition. Ties will be broken by all-around score and highest event score. Awards will be distributed at a 50% + 1 ratio. Every athlete will receive an all-around AAU District medal.

Parking:

- Please be advised you can only park on the north side (gym side) of Taylor Pkwy.
- PLEASE DO NOT PARK IN THE FRITO LAY (BUILDING ACROSS THE STREET) PARKING LOT!!
- NO parking on the grass. Your car will be towed.

Area Hotels:

Country Inn & Suites, Elyria, Ohio

Radisson Inn, North Olmsted Ohio

Holiday Inn, Westlake, Ohio

When entering the gym's address into a GPS or Mapquest, you may want to use 38818 Taylor Street, Elyria, Ohio 44035. People have had difficulty getting here using the North Ridgeville address.

Equipment:

- Level 2 & 3 Vault AAI 32" Resi and 60' runway
- Springboards & Air-o Board available
- Level 4-6 & AAU Excel Gold-Diamond - AAI Vault Table and 78' runway
- Uneven Bars - Speith Anderson & AAI Uneven parallel bars
- Balance Beam - AAI Reflex Adjustable Beam & Speith Anderson Beams
- Floor Exercise - 42 x 42 GMR Spring Floor

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins.
- BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.