

# Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination – Aug 2013

Time: Two Hours

Max. Marks: 35 Marks

## NUTRITION AND DIETETICS (RS-3 & RS-4)

**Q.P. CODE: 1732**

Your answers should be specific to the questions asked  
Draw neat labeled diagrams wherever necessary

### LONG ESSAYS (Answer any One)

**1 x 10 = 10 Marks**

1. a) Discuss the importance of breast feeding (b) Explain the role of nurse in promoting and implementing BFHT policy in a hospital / community setting
2. a) What are vitamins (b) Explain the sources, functions and deficiency of Vit. B. complex

### SHORT ESSAYS (Answer any Three)

**3 x 5 = 15 Marks**

3. Growth chart
4. Pasteurization
5. Complementary feeding
6. Rickets

### SHORT ANSWERS

**5 x 2 = 10 Marks**

7. Food poisoning
8. Goiter
9. Colostrum
10. Baking
11. Vit K

\*\*\*\*\*