

Ever Present

The truth never changes! He never changes. You can cry out with complete dependence on Him concerning anything situation. Psalm 46:1 tells us a vital truth for our lives, “ God is our refuge and strength, an ever-present help in trouble.”

“Psalm 46 was written out of the crucible of extreme adversity from which God had provided deliverance. It relates to anyone who is in a time of trouble, or to anyone who will face trouble, no matter how extreme. This psalm was written at the time when King Hezekiah of Judah was surrounded by the army of Sennacherib, King of Assyria. Forty-six towns and villages in Judah had been sacked. Over 200,000 residents had been taken captive, along with much spoil. At least 185,000 troops surrounded Jerusalem, and it looked like only a matter of time before the city fell. But proud Sennacherib did not reckon with the fact that Hezekiah’s God was the living God who would not be mocked.

Hezekiah prayed, God spoke, and in one night the angel of the Lord defeated Sennacherib by killing 185,000 of his soldiers (2 Kings 18-19; 2 Chronicles 32; Isaiah 36-37). <https://bible.org/seriespage/psalm-46-our-sufficient-god>

Are you feeling surrounded like Hezekiah was? What He did for them He is doing for you. How do I know this? Because He is an ever present help! Let's look closer at what “ever present” means.

- “Ever” is an adverb and means: at all times; always: continuously; at any time.
- “Present” in this Psalm is an adjective and means: being, existing, or occurring at this time or now; current: at this time; at hand; immediate: for current use.

When you are desperate, God is not. When you are uncertain, God is not. When you are surprised at the turn of events in life, God is NOT! Whatever is happening right now in your life, you can totally trust in Him and depend on Him for He is your ever present help in trouble.

Remember we cannot change most of our circumstances, but we can sure keep our faith in Him while we walk it out! And that, my friends, makes all the difference in how you finish. This Psalm specifically speaks on how to overcome feelings of concern when we are in uncertain or painful places. It is loaded with insight for our benefit and can guide us in difficult times. If God has you someplace, you can guarantee He will take care of you!

May we be able to say, “When I am afraid I will trust in You. Why should I be concerned? I will praise Your Word. I will boast of Your greatness, I will exalt Your name for You freed me from all my fears.”

*Dr. Gina Cobb
June 21, 2016*