

## Belgrade Senior Center –May 2022 Activities

Activities may change without notice.

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 9:00 Full Body Workout 10:15 Line Dancing 12:00 Lunch 12:30 Pinochle	3 9:30 Full Body Workout 12:00 Lunch 12:45 Art Together	4 8:30 Pinochle 12:00 Lunch 1:00 Zumba	5 9:30 Full Body Workout <b>12:00 Cinco de Mayo Lunch</b> 12:45-1:30 Sing Along	6 <b>9:00-1:00 Volunteer Workday</b> 9:00 Full Body Workout 10:00 Needleaires 12:00 Lunch	7
8	9 9:00 Full Body Workout 10:15 Line Dancing 12:00 Lunch 12:30 Pinochle	10 9:30 Full Body Workout 12:00 Lunch 12:45 Art Together	11 8:30 Pinochle 12:00 Lunch 1:00 Zumba	12 9:30 Full Body Workout 12:00 Lunch 12:45-1:30 Sing Along	13 9:00 Full Body Workout 9:00 Needleaires 12:00 Lunch	14
15	16 9:00 Full Body Workout 10:15 Line Dancing 12:00 Lunch 12:30 Pinochle	17 9:30 Full Body Workout 12:00 Lunch 12:45 Art Together	18 8:30 Pinochle <b>May Birthday Lunch</b> 12:00 Lunch 1:00 Zumba	19 9:30 Full Body Workout 12:00 Lunch 12:45-1:30 Sing Along	20 9:00 Full Body Workout 9:00 Needleaires 12:00 Lunch	21
22	23 9:00 Full Body Workout 10:15 Line Dancing 12:30 Pinochle	24 9:30 Full Body Workout 12:00 Lunch 12:45 Art Together	25 8:30 Pinochle 12:00 Lunch 1:00 Zumba	26 <b>7:00-8:30 Breakfast Club</b> 9:30 Full Body Workout 12:00 Lunch 12:45-1:30 Sing Along <b>5:00-7:00 Spaghetti Dinner</b>	27 9:00 Full Body Workout 9:00 Needleaires <b>12:00 Memorial Day BBQ</b>	28
29	30 <b>Closed for Memorial Day Frozen Meals Available Call the Center for More Information.</b>	31 9:30 Full Body Workout 12:00 Lunch 12:45 Art Together				