

You can get onto the patient portal on the web site and copy your records. If you do not have a login please call the office to get one. Records will be available to you until December 31, 2020 thru the web site.

Go to our website - [parkavenuemedicalgroup.com](http://parkavenuemedicalgroup.com)

Click on patient portal

Sign in: user name is your email

Password is your birthday (mmddyy) unless you have already been on the site and made your own.

Once on the site, click on the chart button on the left top

Then click on the continuity of care button on the first page

Click the *HTML* button on the top right and your chart will auto download onto your computer.

You can copy onto a thumb drive if you would like. Open the download and **print pages 1-6 for your next provider**. These pages will contain the information they would be interested in having. Many providers will not accept the thumb drive.

If you want to see your entire chart, click the chart button again then go down and click on the entire chart button below the continuity of care button. You can download that also if you would like.