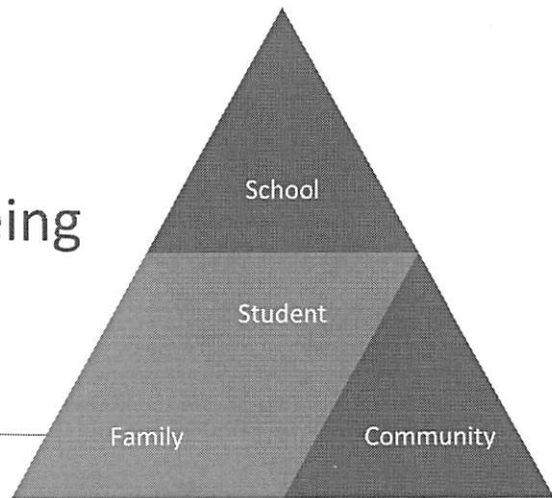


Physical, Social & Psychological Well-Being Framework

DRAFT for FEEDBACK - February 2019



Provide Feedback: <https://www.surveymonkey.com/r/PSPHSfeedback>

DRAFT

Physical, Social, Psychological (PSP) Well-Being in MCPS

Data

Mental health needs
Student discipline

Research

Students exposed to intentional social emotional learning in school perform better academically, as well as develop positive social behaviors

Student Voice

MCPS students express greater need for mental health and social skill development

Strategic Goals

Greater student sense of well-being	Student perception of whether schools are supportive Measured by student climate surveys & student voice about access to counseling and mental health services & supports
Improved academic achievement	Measured by district data, Evidence of Learning
Greater student engagement with school	Identification of student participation in school activities outside of the traditional classroom
Reduced chronic absenteeism	Developing positive attitudes about and emphasizing importance of school attendance Measured by district attendance data
Reduced disciplinary offenses	Reduction in number of students with multiple suspensions & disproportionality of student discipline Implementation of restorative justice & practices

6 Essentials

Physical
Social
Psychological

- ❖ Character Education and Empathy
- ❖ Mental Health and Wellness (includes Suicide Prevention at the Secondary Level)
- ❖ Trauma Sensitive Schools
- ❖ Restorative Justice & Conflict Resolution
- ❖ Physical Health and Wellness
- ❖ Building Positive Relationships among and between staff and students